लेख रचनाको लागि अनुरोध

- xhfs k|zlif0f s(b| xhfs ;]jfsf]kjj4]gdf 6]jf kt(g] :t/lo, df]ns / vf]hdfxs n(v /rgfx?sf]:jfut ub5 .

- n(v÷/rgf k7fpbf Soft (Digital) Copy / Hard Copy ;lxt jf 0-dh ul/Psf]xgkb5 . km]f]f]lk ul/Psf n(v /rgf :jlsfo{xg]5g\.

- n(v k7fpbf gkfnl eP k|lt kmt6 -;f0h !$_ df / cuhldf eP Times New Roman -;f0h !@_ df !%)) b|v @,))) zAbdf k7fpg'kb5 .

- k|sfzgfy{ k7f0g] n(v /rgfsf] ;]?df æ;f/fzÆ / cGTodf æ;Gbe{ ;fdulÆ clgjfof{?kdf ;mUg xbkgb5 .

- n(v /rgf k7fpbf n(vssf]k/f gfd, kb, 7]ufgf / ;Dks{g÷pNn(v ug(kg5 .

- k|ft n(v /rgfx? k|ylkstfsf cfwf/df k|sfzg ul/g]5g\. k|sflzt n(v /rgfx? axfsÆ nf0{hfgsf/L glb0{cGo kq-klqsfdf k|sfzg ug{kf0g] 5g .

- /rgf :jls[t÷c:jls[t ug] sf]65f6 ug{ ;Dk0f{ clwsf/ ;Dkfbs d08ndf xbkbf5 . c:jls[t n(v /rgf lkmtf{xg]5g\.

- n(v /rgfdf JoQm ljrf// n(vssf :jtGq Pjd\lghl ljrf/x? ePsff]h] ;f] k|lt n(vs :jod\lhDdjf/ xg'xbkbf5 . ;Dkfbs d08n / k|sfzs hjfkmbxl xg]5g\.

- n(v /rgf k7fpg / k|sflzt n(v /rgfsf]kfl/>ldssf nflu xhfs k|zlif0f s(b|, aa/dxn, sf7df8f}df ;Dks{ug{xf]nf .

इमेल ठेगानाः
hulakprashikshan@gmail.com

सम्पादकीय

b|cel/ ; -hfn /x>sf]g>kfnsf]xhfs ;]f lj=++!(#% ; fndf g>kfn xhfs 3/sf]gfdaf6 :yfkgf ePsf]xf]. lj=++@)!# ; fndf g>kfn ljZj xhfs ; 3df cfj4tf eP kl5 xhfsdf sfo{t /fhkqcglst / >0flljlxg -xhfsl, xNsf/f_ sd{f/lx?sf]1fg, ; lk, lfdtf clea|4 ug[dgfj]|Qdf ; sf/fTdds kl/jtg NofF0{xhfs ;]fnf0{uhxsdVl Pjd\u0f:t/lo agfpg] kdV p2[osf ; fy xhfs kzlzf0f s0b]sf]:yfkgf ePsf]xf]. o; s0bh]**हुलाक प्रशिक्षण केन्द्रको प्रशिक्षण संचालन सम्बन्धी मापदण्ड, २०७८** adf]|hd xhfsdf sfo{t sd{f/lx?sf nflu #) sfo0bg]sfof0{o ; Ffng tyf Joj:yfpg -;]fsfnlg_ tflnd nufot cGo 5fy)f cjlwsf cledVls/0f, pTk]/0{0ffdh]s tyf kgtfhul tflndx? ; Ffng ub]cfPsf]5 . ablnbf]; do cg'; f/ ; Ff/sf]dfWoddf cfPsf]kl/jtg ; u tflndnf0{u0f:t/lo Pj+k]efjsf/l agfpg kf7\ oqmdnf0{; dofgsh kl/dfhg ug{jf-5glo ePsf]h]rfn'cflys jlf0f(f; d]| s0bh]; Ffng ug[tflndsf kf7qmdx? kl/dfhg ul/Psf]5 .

o; s0baf6 ; Ffng ul/g]jflis0 sfo0bmdx? dWo]cw[flif0 ?kdf k>sfzg ul/g]xhfs klqsf -The Post_ sf]k>sfzg klg Ps dxGjk0{; sfo0bmd /x>sf]5 . o; klqsfdf ; dfj]z ul/g] nV /rgfnufot xhfs ; DaGwl cGo ljj/0fx?n] ; Dj4 JolQm tyf lgsfox? nfefllGjt xg]ck]lff ul/Psf]5 . ljZj xhfs lbj; cS6f]/ (sf]cj; ;/df k>sfzg xg nfu>sf]ljZj xhfs lbj; ljzilff°df xhfssf ; fy}; fh[lgs kzf;g ; DaGwl ; d; fdlos ljifodf cf gf dxTjk0[ljrf/ ; lxtsf nV /rgf pknAw u/fO{ ; xof]lu ul/lbg'xg] dxfgefjx? wGojfbsf kfq xgG5 .

<div style="text-align:right">; Dkfbs d08n</div>

विषय सूची

विपद् व्यवस्थापन र नेपालको सन्दर्भ

गोकुल बाँस्तोला*

परिचय

k[/jldf /x}sf ;du| hljx¿sf hljgrqmnf0{k[s|ts jftfj/0flo Pj+ljleGg s|qd tTjx¿n];d]. k[efljt kfl//x}sf xG5g . o:tf jftfj/0flo tTjx¿ dfgjsf]IgoGq0fdf 5}g\. ljkb\o:t}dfgjlo sfa'aflx/sf]/ k|tsh kl/l:ylt xf]. dfgj hljgdf dfgjlo IgoGq0feGbf aflx/sf 36gfsf sf/0f hlpHofg jf wg;DklQ jf bj}sf]gf$;g xg'g}ljkb\ (Disaster) sf]cj:yf xf].

gkfnl axt zAbsf]fn]cfkt\ cfklQ, si6sf]?kdf ljkbhnf{cYofPsf] 5 eg]ljkb\ hfl]vd Go$Ls/0f tyf Joj:yfkg PJg, @)&$ n]sg}:yfgdf cfktsfnlg cj:yf l;hgf e0{hg jf wgsf] Iftlsf];fy}hljgofkg / jftfj/0fdf k|tsh c; / kfg}k[s|ts jf u¿ k[s|ts ljkbhnf{ljkb\ sf]?kdf kl/eflift u/]sf]5 .

;ǝQm /fi6« ; 3lo ljkb\ hfl]vd Go$Ls/0f sfof{non]ljkbhnf{Pp6f To:tf]36gfsf]kl/0ffdsf] ?kdf lnPsf]5 h;df -s_ k|sfk|sf];JDvtf -v_ ;$6f;$gtfsf]ljBdfg cj:yf / -u_ ;efljt gsf/flds kl/0ffdsf]Go$Ls/0f jf ; fdgf ug}sf nflu ckof{ft Ifdtfsf]l:ylt xgk5{egsf]5 . ljkbhnf{k|sfk|, k[s|ts k|sf|jf b}l k|sf|klg eGgul/G5 . h]hg gfdn]IrlgPtf klg ljkb\ To:tf]36gf xf]h;n crfgs jf lj:tf/}36g u0f{hgwgsf]Iftl xgfsf ; fy}blNv si6sf]cj:yf l;hgf xg hfG5 . af9l, klx/f] cfunflu, e's0Dk, dxfdf/l, ef$d/l, b36gf cflbnf0{pbfx/0fsf ?kdf lng ;lsG5 .

प्रकोप र विपद् हुनका लागि मुख्य तत्वहरू :

; a}36gf k|sf|jf ljkb\xf]0gg sg}klg 36gf k|sf|/ ljkb\xgsf nflu lgDg tlg tTjx¿sf] pkl:ylt /x}xgkb{5 eGg]dfGotf 5 .

- ■ xfglsf/s tTjsf]pkl:ylt (Existence of Hazard)
- ■ xflgk/s j:tx¿sf]pkl:ylt (Existence of vulnerable objects)
- ■ hgwgsf]Iftl (Loss)

प्रकोप र विपद्

ljleGg b:tfj]hx¿df ljkb\/ k|sfknf0{Pp6}jf ;dfgfyl{zAbsf]?kdf kof]u ul/Psf]kfOG5 . ol b0{zAbnf0{kof)jfrl zAbsf]?kdf kof]u ug{;lsPtf klg bj}df sfx cGt/ klg /x}5 . Disaster = Hazard {emergence} Vulnerability k|sf|To:tf]8/nfUbf]36gf jf kl/l:ylt jf cj:yf xf]h;sf sf/0f hlp wgsf]Iftl jf gf$;g fgl

xGu0{hghlljsfdf lgs}klltsh cj:yf tyf cfly\$, ;fdflhs ult/f]\v jf jftfj/0flo klltshtf
l; h\(gf xG5 . klsflk lo:tf]36gfsf]>\[\vnf xf]h; n]hljg jf wg;\)klQ jf ba\}sf]lftl, gf\$; fgl
/ ;]fdlhs sfox\{¿df cj/f\vsf]cj:yf Nofpb5 .

klsflkaf6 l; h\(gf x\b]lftlk0f{cj:yf g}ljkb\xf]. sb\}klsflkn]ToIt a\hf ljkbfsf]?k lnG5 hlt
a\hf klsflkaf6 ; dbfosf]b\lgsl / cfd hghljg klfljt xG5g / cfkm\}p0m cj:yfaf6 lgoldt
cj:yfdf kms\g klg ; Sbg\g\. sb\}klsflkhGo 36gfsf] sf/0f pTkGg ulDe/ / jIt ks\ltsf]
dfgjljo jf eflts jf cflyS jf jftfj/0flo Iftl, gf\$; fglsf]To:tf]cj:yf hG cj:yfsf]; dwfg
jf Joj:yfkg klfljt ; dfh jf ; dbfon]cfkmh]dfq ug{g; Sg]xG5 To; klsf/sf]cj:yf g}ljkb\
xf]. o; cy\df klsfk sb\}cgklllftl, cfsl:ds / clkb 36gf xf]eg]pSt 36gf kZrft l; h\(gf
xb\]hgwgsf]lftl jf gf\$; fglsf]ulDe/ / 8/nfUbf]cj:yf ljkb\xf]eGg ; lsG5 .

विपद् किन हुन्छ ?

klsflk / ljkb\sb\}Ps sf/0fn]dfq xb\ . klsflk kls|lts / dfgjlo u/l dVo b0{ls; dn]
pTkGg xG5 . eflle\$, hn tyf df\}d ; DaGwl / h\ljs h:tf laifox\¿nf0{kls|lts sf/0fn]xb\]
ljkbsf]jub\f /fVg ; lsG5 eg]jftfj/0flo kblf0f, ljle\Gg b36gfx\¿ / o; sf sf/0f pTkGg xb\]
ljkbhf0{dfgljo sf/0fn]ljkbsf]jub\f /fVg ; lsG5 . ljkb\lsg xG5 eGg];DaGwdf km\/s
km\/s blli6sf]0fx\¿ kf0G5g .

wfldl\$, df0otf cg\;f/ lgDg sf/0fn]ljkbsf]cj:yf cfp5 eGg]wf/0ff /xsf]5M-

आध्यात्मिकः zfl/l/s tyf dfgl; S /fju (Mind is the subtle form of body and body is the gross form of mind) sf]sf/0faf6

आदिभौतिकः efllts ; +f/df xb\]u8a9l (Interplay of natural as well human induced actions and reactions) sf]sf/0faf6

आदिदैविकः ljkb eg\sf] sdf\sf] kmn, b\}sf] lnnf xf] eGg] wf/0ff (Outcome of your action, Spiritual justice)

cfwlgs df0otf cg\;f/ sb\}klg 36gf 36g u0{To; af6 hgwgsf]k0f{cyjf cfl\zs lftl
u/fpg\sf ; fy}bM\V, si6 Nofpb5 eg]To:tf]l:ylt ljkb\leq kb\5 . klsflts afx\$sf klloh;f]
ljkbx\¿ dfgjlo lqmofsnfksf]kl/0ffdsf sf/0f g}pTkGg xG5g\. ; a}cj:yfdf geP klg klsflts
ljkbdf ; dt\ dfgjlo lqmofsnfksf]7hhf]eldsf /xsf]xG5 . o; cy\df ljkbhf0{dfgjlo sdf\sf]
kmn klg eGg ; lsG5 .

विपद्का प्रकार

ljkbnf0{ljlEfGg cfwf/df jlu§/0f ug{;lsG5 . pTklQsf cfwf/df dVotofM lgDg b0{k§sf/df ljefhg ug{;lsG5 .

क) प्राकृतिक विपद्ः dfgjlo lqmofsnfksf]elÜdsf geP klg k[s|lts ?kdf 36g]k§sf|ksf 36gfaf6 xÝg]ljkbsf]cj:yf h:t}HjfnfdVl, e'Ü0Dk, ; ÿfdl cflb .

ख) मानवकृत वा गैर प्राकृतिक विपद्ः dflg; n]ljsf;sf nflu egÝ/ ul/g]ljgf; pÝdV lqmofsnfkx¿ kb§g . pbfx/0fsf] ?kdf unt ofÜgf tyf cfofÜgf, unt gllt lgodx¿, lj1fg k|ljlwsf] b?kof§u, jftfj/0f ljgfz, :jf:Yo k|tsÚh vfBkbfy{tyf ljifflbx¿, /fngÝts å©å cflbaf6 xÝg]ljkbsf 36gfx¿ . k[s|lts 36gfjf6 tTsfn xÝg]wghgsf]Iftlsf]thgfdf dfgjs[t ljkbaf6 xÝg]wghgsf]ljgf; s§f}+u0ff Hofbf xÝg]u/§f]tYonf0{ksfng ug{;lsGg .

विपद्का परिणाम र प्रभावहरू

; fdfÝotof s§}klg ljkb\sf 36gfaf6 ; sf/fTds kl/0ffd cfpg]ubÝg . t/ sÝx ljkbaf6 ; sf/fTds / gsf/fTds bÝ}c;/x¿ kg{;l5g . pbfx/0fsf] ?kdf e'Ü0Dknf0{lng ; lsG5 . e'Ü0Dkaf6 dfgj lgldt ; §rgf / hgwgsf]Iftl xÝ]dfq xf0fg csf{08/nÝbf}/ ljgf; sf/l ljkb\sf ?kdf ; gfdlnf0{lng ; lsG5 . e'Ü0Dk hÝbf cfunflu kÝng]klx/f]hfg]jf§w kÝ6g]hnkjfx ylgg] h:tf sf/0fn]af9l / 8}jgsf ; d:of lgDtg ; S5g\. Ùo:t}vfgÝfglsf]cfkl't{ oftfoft / vf§ kbfyÝsf]9jfgl cj?å xÝgk§bf vf§; §6, clgsfn / dxfdf/l k§lng u0{hg:jf:Yodf gsf/fTds c;/ / kb§ . ; sf/fTds c;/x¿df kj[tlo efu ; dy/df jblng, jxÝ§Üo vlghx¿ ; txdf cfpg; xfÝf]efu dfly p7g', kfglsf dÝ khÝ§', d§bl lsgf/f bljP/ aÝb/ufxsf nflu cg§h j§g', e'Ü0Dk t/ËÝsf] xofÜjf6 kÝjlsf ue§f s§/x¿ cÜoog ug{;lhnf]xÝ§'cflb xÝ ;S5g\ .

s§}klg k§sf§ / tt kÝrftsf]ljkb\sf]36gf kl5 s§l g s§l hg wgsf]Iftl t xÝ5 g}. sltko ljkb\sf]c; / / k§ej 5f§f]; oddf cÝÒo xÝ5 / s§}Ps lfÝdf dfq kb§ egsÝs}ljkb\sf]c; / / bl3§sfnÝd g§/Ixz/ xÝ5 . h:t}sflÝe8 dxfdf/lsf sf/0f gÝfln nufot ; ÷f/sf wÝ}}bzx¿sf] cy{Gqdf k§sf]k§ejaf6 k0f?kdf 5¶sf/f kfpg cem}nfdf]; do nfÝg ; S5 .

ljkbaf6 pTkGg xÝ]clsp kl/0ffdnf0{lftlsf]kÝolf dÝof°g ug{;lsg]/ kÝolf dÝof°g ug{g;lsg]u/l b0{efudf ljefhg u/Ý cÝÒog ug{;lsG5 . ljkb\sf]kÝfj eg§s§}lfÝdf dfq gk/l rf§kml?kdf ?kdf kb§ . sltko ljkbaf6 s§}Ps lfÝdf kÝolf k§f§ k/§sf]bÜVPtf klg cÝÒo ljleÜg lfÝdf ; d§ ck§olf kÝffj kl//xÝsf]xÝ5 . ljkbh]dhtM cflyÜ, ef§ts, ; fdflhs, jftfj/0flo /

dgf]ljflgs nufotsf lfgqdf k[Tolf jf ck[Tolf k]efj kfb5 .

विपद् व्यवस्थापन

hghljgdf xg ;Sg]ljle6g k]sf/sf ljkbx¿sf]k[fgqdfg / ljkbaf6 xg ;Sg]lftlsf]cgqdfg u/L To:tf ljkbsf]/f{syfd ug{ olb ljkbsf]sg}36gf 36bf]eg]pQm cj:yf kl5 lkl8tx¿sf] p4f/, /fxt / Joj:yfkg Pj+kg:yfkgf u/L hghljg ;fdflo agfpg]tkm{sf]ofhgfj4 / Jojl:yt sfo{g}ljkb\Joj:yfkg xf] .

ljkb\Joj:yfkgsf]kdV p2]Zo g}dfgjs[t, k[s[lts ljkbx¿af6 xg; ;Sg]lftlnf0f{/f{syfd ug{ kbf; ug{/ olb ljkb\e0xfn{sf]cj:yfdf xg ;Sg]wghgsf]lftlnf0f{; s]]Dd l0og{ agf0{tTsfn hghljg ;fdflo agfpg'g}xf]. o; k]sf/ ljkb\Joj:yfkgsf nflu lgDg ofhgf cfjZos kb5 .

s_ k[t/f]W ofhgf
v_ kj{tof/L ofhgf /
u_ l0ols/0f
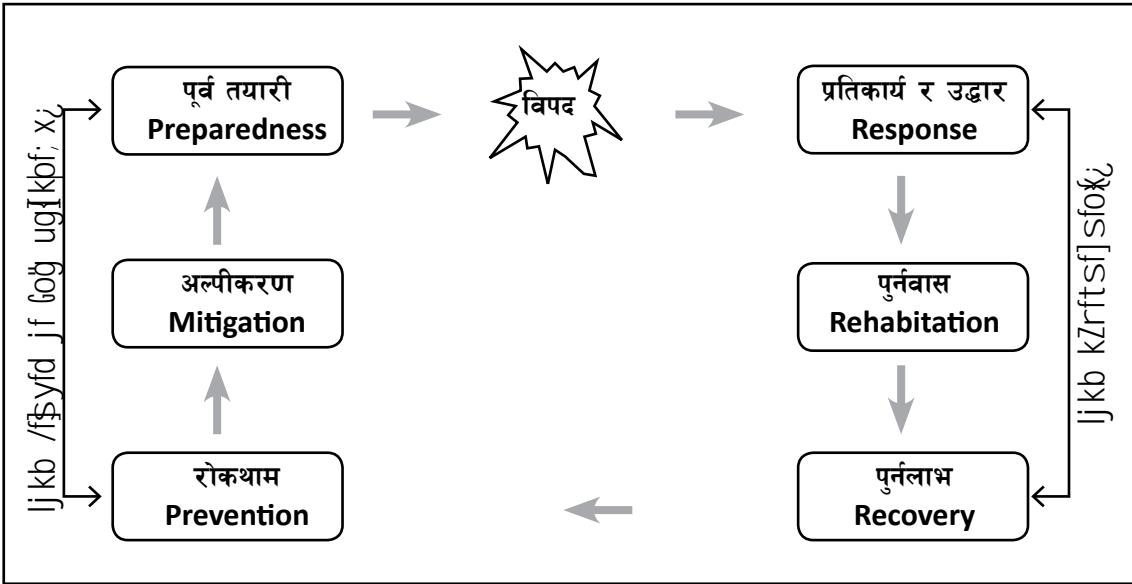
ljkb\ Joj:yfkgdf ljkb\ xg glbgsf nflu ;fjwfgL ckgfpg] ;s]]Dd ljkbsf]/f{syfdsf] kbf; (Prevention) ug{ sltko 6fg{g;lsg]ljkbsf nflu kj{tof/L ug{ (Preparedness)] ljkbsf]36gf e0xfn{sf]cj:yfdf tTsfn}lk8ltsf]p4f/ ug{ (Rescue), tTsfnsf]/fxt lbg](Relief), lkl8tx¿sf]kg{{f; sf]Joj:yf (Rehabitation) ug{/ ljkbaf6 ePsf]lftlsf]k[g{gdf0f{(Reconstruction) ug{; l0dsf ;du| sfo¿ kb5g . To;}n]ljkb\Joj:yfkgdf Rescue, Relief, Rehabitation, Reconstruction (4R) dxTjk0f{{x0G5 .

विपद् व्यवस्थापन चक्र (Disaster Management Cycle)

ljkb\Joj:yfkg Ps Jojl:yt / ofhgfj4 sfo{xf]. of]Psk6s u/]/ kUg] one shot event xf]0g . ljkb\Joj:yfkg ;Da4L sfo{ljleGg lqmofsnfkx¿nf0{r/0fj4 / Jojl:yt ¿kdf ;+rfng ul/g'kb5 . Ps r/0f k/f ePkl5 csf{r/0fsf]sfo{z? x0G5 . o;nf0{ljkb\Joj:yfkg rqmsf] ?kdf klg lng ;lsG5 . tn pNn]vt lrqaf6 ljkb Joj:yfkgsf]rqmnf0{a]em ;xh x0G5 .

पूर्व तयारी Preparedness → विपद → **प्रतिकार्य र उद्धार Response**

अल्पीकरण Mitigation

रोकथाम Prevention

पुर्नवास Rehabitation

पुर्नलाभ Recovery

ljkb /f§yfd jf ¢o¢ ug¡]kbf¥ x¡;

ljkb /¢$ylsf jf ¢o¢

lj kb kZrfltsf] sfo¥¿;

ljkb kZrftsf] sfo¥¿;

प्रभावकारी विपद् व्यपस्थापनको लागि पूर्व आवश्यकता

k¡sfk¡ Pj+ljkb\clglZrt, crfgs / c;/bf/ x¢g]ePsfn]o:tf¡]ljz¡]f cj:yfsf]¡oj:yfkg ug{ lg¢g ljz¡]f blftf / sf¢znsf¡]cfjZostf kb¡$. o; k¡sf/sf s¡x kj¡{cfjZostfx¿ lg¢g adf¡¡hd pNn¡¡y ug{;IsG5 -

- ■ glltut tyf sfg¢¢l Joj:yf
- ■ pkoQm of¡hgf tyf sfo¡¢md
- ■ ; ¡yfut ; A¢rgf -;/sf/L, u¢¡ ;/sf/L, lghL lf¢_
- ■ cfjZos ; fwg;f¢t¡
- ■ Joj:yfkslo blftf
- ■ g¡¡tstf / 0df¢bf/L¡fff
- ■ w¢¡fg, ;¢f¡hgsf/L, ; lfd / k¡ltj4 g¡¡¡j
- ■ kof¡t kj¡{cof¡L
- ■ /fhgllts / k¡zf;lgs sl6a4tf
- ■ ; xl ; ¡rgf

विपद् व्यवस्थापन सम्बन्धी उपागम (Approach)हरू

ljkb Joj:yfkg ;¢aGwL k¡dV pkfudx¿ lg¢g 5g M

१) **समुदायमा आधारित उपागम Community Based Approach** : ; dbfosf]¡cu¡¡/tf / ; xeflutfdf dfq ljkb\Joj:yfkg k¡efjsf/L x¢g ; S5 eGg]cjwf/0ff,

२) **क्षती न्यूनीकरण सम्बन्धी उपागम (Risk Reduction Approach)** : ljkb¡sf]¡k¡efjaf6 c5¡tf]/xg

; Oej 5g} . sg}g sg}ljkb\sf];fdgf ug{g}kb5 t;y{ljkbaf6 xg}Iftlsf]Go5ls/0fdf hf8 lbg'kb5 e5g]cjwf/0ff .

३) **समन्वयात्मक उपागम (Collaborative Approach)** : ljkb\Joj:yfkg sg}Ps lgsfosf]dfq kbf; / lfdtfn];ej xbg . t;y{ ;j}lgsfo / kIfsf];xsfo{ ;d5jofTds kbf;sf] cfjZostf kb5 e5g]cjwf/0ff .

४) **बहुक्षेत्रिय∕बहुआयामिक उपागम Cross-cutting Approach** : ljkb\Joj:yfkg sg}Ps lfg jf laifo;u dfq ;DjlGwt 5g . s[lif, :jf:Yo, lzIff, jftfj/0f nufotsf ljleGg lfg;u ;DjlGwt ePsfn]ljkb\Joj:yfkgsf nflu ;a}Ifgaf6 pkfox¿ cjnDjg ul/g'kb5 .

नेपालमा विपद् व्यवस्थापन

efuf]lns ljljwtf;u}blzsf]ljlzi6 efuf]lns agf6, efulesf ultzlntf, tyf hnjfo'kl/jtg Pj+dfgjlo lqmofsnfkjf6 l;lht ljkbsf bli6n}gkfn pRr hffvddf /x5sf]dh5 xf]. gkfn ljZjsf] ;fd"cfh Pp6f u/la b5dfq geP/ ljkb\pGdV b5sf]?kdf klg lrlgg]cj;yf cf0{s5sf]5 . hnjfo'kl/jtgsf sf/0f pTkGg hffvdsf]lx;fan]gkfn ; ≠f/df rfyf]dh5sf]?kdf /x5sf]5 . af9l klx/f]sf]hffvdsf bli6sf0faf6 tl;f}hffvdoOm dh5sf ?kdf /x5sf]5 eg]e5Dklo Iftlsf bli6n}klg cTo6t;j}dgznln Ifg dflgPsf]5 . gkfn ljZjdf g}e5Dksf]bli6n}hffvdoOm P3f/f}b5sf ?kdf /x5sf]5 . kxf8l dh5 ePsf]sf/0f af9l klx/f]t x/5 jiff02fddf xg]u/5sf]lyof]. xfdln]lj÷ ≠@)^(ajzfv @# ut]kfSv/fsf]; }tl gblpf 7hf]af9l cfP/ hgwgsf]Iftl ePsf]cj:yf, sf[zl gblsf]af9l, l;GwkfNrf[sf]h/[0f uPsf]leif0f klx/f] @)&@ ;lnsf]e5Dk nufotsf 7hf 36gf xfldn]axf[f}}xf}÷. tt kZrftsf];du| ; ÷f/nf0{g}cfqmf0t kf/{sf]sfle8 !(sf]c; / / kfefjaf6 gkfn klg c5?tf]/xg ; Sg]s'/]ePg . cfunflu, kxf8l Ifgdf af9lklx/f] t/f00df af9l / 8:afg Pj+zltnx/, cJojl:yt zx/ls/0fsf sf/0f cfhf] emf8fkvfnsf]dxfdf/l, xfhf, 8l÷ a8{ kln'; :jf0g kln'h:tf k:sfkhGo 36gf / ljkbsf]bINv xfldn]efl}b}cfPsf]xf]. cj t xfdf]guOo ofIbfg jf sg}e]dsf g}g/x5sf]lfjoaf6 xfdln]gu/5sf]ck/fwsf; hfo ; bt kfpg ynsf 5f}÷. ljZjJofkl tfkdfg jl4 / hnjfo'kl/jtgsf]sf/0f lxdfnx¿ kUnb}uPsf, clt jli6 / cgfjli6 ePsf]sf/0f hghljdf kfej k:sf]t 5b5 . bzsf0sf]dxgt / 7hf]nufgldf tof/ ePsf xfdf ljsf; kjffwf[sf]pkofu} dfly g}vt/f d8fl/Psf]b|Nv5 . pbfx/0fsf]?kdf dh0{rl vfgkfgl kl/ofhgfnf0{lng ; lsG5 .

नेपालमा विपद् व्यवस्थापनका लागि भएका नीतिगत तथा कानून व्यवस्थाहरू

!= gkfnsf]; ÷wfgn]klTof5 gful/ssf]:jR5 jftfj/0fdf aRg kfpg]xsnfO{dflns xssf]?kdf :yflkt u/]sf]5 . jftfj/0flo kblf0f jf xf[;af6 xg]Iftlafkt kll8tf0{klplfsaf6 sfg}g adf[lhd Iftlkl't{kfpg]d6} elgPsf]5 .

o;|u/l hnpTk(Gg k|sf|k lgo(Gq0f / gblsf]]Joj:yfkg ub{|lbuf]] / e/kbf{|ljsf; ug{|Pj+
k|fs|lts k|sf|kaf6 xg]]hff|vd Go|Gls/0f ug{kJ{{{; Ir'gf, tof/L, p4f/, /fxt Pj+kg:yfkgf
ug{|/fHosf]]glIt /x|$]sf]]5 .

;|l;wfgn]]ljkb\Joj:yfkg ;Da(Gwl sfo(nf0f{:yfglo txsf]]Psn clwsf/ tyf ;|3, kb|z /
:yfglo txsf]];femf clwsf/sf]]?kdf /fv|$]sf]]5 . ;|l;wfgdf gs|fn ;|/sf/sf]]lgoGq0fdf /xg]]
u/L cfsl:ds sfo|sf nflu cfsl:ds sf|lfsf]]Joj:yf klg ul/Psf]]5 s|}g s|}?kdf o;
sf||f klg ljkb\Joj:yfkg;|u hf|8g ;|lsG5 .

२. नीतिगत तथा कानूनी व्यवस्था

rfn' !% cf|$+ofhgfdf gk|fnnf0f{ ljkb\ hff|vdaf6 ;|/llft / pTyfgzln gkfn agfpg]]
bl3|$flng ;f|k /flvPsf]]5 eg]];a}ksf/sf k|fs|lts k|sf|k Pjd\u|/k|fs|lts ljkb\l ;|lh(t
dfgjlo, ef||ts, cflyf|$, ;|fdflhs, ;f||s|lts / jftfj/0flo lftl sd ug|lnosf ;fy ljkb\
sf]]hff|vd Go|Gls/0f / Joj:yfkg ;|Da(Gwl ljBdfg Joj:yfx¿sf]kg/fjnf$]g, ljkb\sf]hff|vd
tyf c;/x¿nf0f{Go|Gls/0fsf nflu ltg}]txsf ;|/sf/nf ljkb\Joj:yfkg ;|Da(Gwl sfo{ubf{
cG6t/;f/ ;|dGjo / ;|xsfo{ug|[ljkb\Joj:yfkgnf0f{;lksf{;ljmqfdf dhkjfxls0f0f/, ljkb\sf
;|Da(Gwdf ;|a}|$sf];|efmf aef|mf{sfod ug|(nufotsf ljleGg gltl tyf sfo|lltx¿ ln0nPsf]]5 .

ljkb\Joj:yfkgsf ;|a}lqmofsfksf];|dGofIds / k|efjsf/L ?kdf Joj:yfkg u/L k|sf|lts tyf
u|/k|sf|lts ljkbaf6 ;|j{fwf/0fsf]]hlkPof|fg / ;|fj||Igs tyf lghl ;|DklQsf]];|A|f0fsf]]p2|fo /fv|]
ljkb\hff|vd Go|Gls/0f tyf Joj:yfkg P|g, @)&$ / lgodfjnl @)&^ hf/L ePsf]]5 .

ljkb\hff|vdaf6 ;|/llft, hnjfo'cg|klnt tyf pTyfgzln /fli6af]]lgdfd{0f ub{|lbuf]]ljsf; df
oflbfg kf|ofpg]]lb3|$flng ;f|rsf ;fy ljkb\hff|vd Go|Gls/0f /fli6o gltl, @)&% hf/L
ePsf]]5 . o; sf cnjff sl/o sfg|il tyf glltut Joj:yfx¿ ;|dt /x|$f 5g\. /fli6o hnjfo'
kl/jtg gltl, @)&^ hf/L ePsf]]5 eg]]ljkb\hff|vd Go|Gls/0f /fli6o /0fglltsf sfo{of]hgf,
@)!*- @)#) ;|dt sfof|$ogdf /x|$]sf]]5 . ljleGg ljifout P|g, lgod, lgb|z|sf, sfo|ljwx¿n]
;|dt jftfj/0flo kbf[dN]of|sg u/|[dfq cfofhgf kl/ofhgf ;|~rfng ug|kg|[Joj:yf u/|$f
5g . ljkb\sf]]/f|syfd tyf Joj:yfkg ;|Da(Gwl ljleGg cGt/fli6o ;|ef ;|Ddng, sfo|(mddf
;|xeflutf hgf0f{ltgnf0f{sfof|$(jog ug|[k|lta4tf gkfnn]Jof{yf u/|$f]]5 . h:t}- Hyogo
Framework of Action, The Lhasa Declaration on Flash flood Management

३. संस्थागत तथा संरचनागत व्यवस्था

■ /fli6o ljkb\hff|vd Go|Gls/0f tyf Joj:yfkg k|flws/0fsf]]u7g / ;|~rfng

- k\wfgdGqLsf]cWoIftfd ljkb\hf¶vd Gog¶Ls/0f tyf Joj:yfkg /fli6o kl/ifb

- k\wfgdGqL b}l k\sf¶k p4f/ sf]¶f Pj+/fli6o ljkb\Joj:yfkg sf¶f

- ljkb\Joj:yfkgsf nflu ; Dks{dGqfnosf]¿kdf u¦x dGqfno . /fli6o cfkt\sfnlg sfo{ ~rfng s¶b¶sf]Joj:yf

- k¶o¶ kb¿df kb¿ ljkb\Joj:yfkg kl/ifb\/x¶sf]

- lhNnfdf ljkb\Joj:yfkg ; ldlt

- :yfglo ljkb\Joj:yfkg ; ldlt

- gkfn /¶qm ; f] f06l nufotsf /fli6o tyf cGt{/fli6o u¦ ; /sf/l ; 3; ¥yfx¿ o; lf¶qdf lqmofzln /x¶sf

कार्यक्रमगत तथा अन्य व्यवस्था

- /fli6o ljkb\ hf¶vd Gog¶Ls/0f tyf Joj:yfkg kf¶ws/0f, hn tyf df}d lj1fg ljefu, nufotsf lgsfox¿n]af9l klx/f¶] lxdkft, cfvaf¶/L, zltnx/ h:tf ; Defƒlo ; a}k¶sf/sf ljkbh¶Go cj:yfx¿sf]kƒ{¶gf ; fjƒnlgs ?kdf kjfx ug{u/¶f

- af9l k¶fljt s¶kl If¶qx¿df ; dbfodf cfwfl/t kƒ{¶gf k0ffnlsf]:yfkgf u/l ; ~rfngdf NofOPsf]

- hnjfo' tyf df}dsf]eljiojf0fl ug¦Joj:yfnf0f{j}If¶Glsls/0f ub¦yk ; b0f agf0Psf]Pj+ If¶qut cfwf/df ; d¶ df}dsf]kƒ{¶gfdg ug¦kl¶qmofsf]z?jft ePsf].

- e¶Dklo t/Ésf]; ¥gf b¶e/sf e¶Dklo ; ~hfn dfkm¶t\/fli6o e¶Dk dfkg s¶b¶af6 k¶Kt u/l tTsfn}/fli6o cfkt\sfnlg sfo{ ~rfng s¶b¶ dfkm¶t\kjfx x¶g]Joj:yf ePsf].

- ljkbh¶Go 36gfx¿sf]; ¥gf k¶fljt If¶qx¿af6 k¶Kt u/l Joj:yfkg ug¦ ; ¥gfsf]ljZn¶if0f / kjfx Pj+p4f/ tyf /fxt sfo¶sf];dGjosf nflu /fli6o cfkt\sfnlg sfo{; ~rfng s¶b¶ ; ~rfngdf NofOPsf].

- ljkb\ u ; DalGwt; a}k¶sf/sf ; ¥gf tyf ljj/0fx¿nf0f{ Pp6} :yfgaf6 k¶Kt u/l ljkb\ Joj:yfkgsf]sfon0f{yk ult lbg / ljkb\DaGwL ; ¥gfdf kxr ; lglZrt ug{/fli6o ljkb\ hf¶vd Gog¶Ls/0f tyf Joj:yfkg kf¶ws/0f c¶t¶t ; ¥gf k¶jlwdf cfwfl/t **BIPAD** kf¶l ; ~rfngdf /x¶sf].

- sf7df8f}¶pk¶Tosfdf ljkb\hf¶vdnf0f{dWogh/ u/l cfkt\sfnlg cj:yfdf cf>o:ynsf ?kdf kƒ¶l ug{; lsg]u/l *# :yfgx¿nf0f{vhfl¶qx¿ klxrfg ul/Psf].

- ljkb\sf]cj:yfdf gfkfnl ; ¥f, ; z:q kx/L, gkfn kx/L nufotsf ; /lff tyf cGo ; /sf/L lgsfox¿ kl/rflnt x¶g]Joj:yf ePsf].

- u¦, :jf:Yo, jg tyf jftfj/0f dGqfno nufotsf ljl¶eGg ; /sf/L lgsfox¿sf ; fy}ljl¶eGg u¶q ; /sf/L ; ¥yf tyf lgsfox¿n]ljkb\lgoGq0f;DaGwL hgr¶tgfdlns, /f¶yffddlns, påf/ dlns sfo¶qmd ; ~rfng ug{u/¶f .

नेपालमा विपद् व्यवस्थापनसँग सम्बन्धित समस्या वा कमजोर पक्षहरू

- ljkb\ o; af6 pTkGg xg]hf]lvd, o; sf]Joj:yfkg nufotsf laifodf oyfy{1fg / koflt ;+rgfsf]cefj . ljkb\/ ljkb\Joj:yfkgnf0{Jojl:yt / j}1flgs tj/n]eGbf klg k/Dk/ut / oyfl:yltjfbl 9En]ln0g]kjj1Q sfod}5 .

- xfdf]ljsf; ultljwL / ljkb\hf]vdsf]lardf ;dGjo / tfndh xg ;}sf]5g . ljsf;sf lqmofsnfkx¿ ljkb\hf]vdnf0{Wofgdf /fv} thf]f / sfofGjog xg g;Sg' . pbfx/0f dhDrL vfgkfgL kl/of]hgf .

- ;a}laifout lfgdf ljkb\hf]vd klxrfg tyf gSzf°g xg ;Sg'Pj+ljkb\hf]vd Go"gLs/0f / Joj:yfkgsf nflu :ki6 sfof }f]hgf / cfjZos nufgLsf]sdL /xg' .

- Jojl:yt / k}efjsf/L ;+rg k0ffnL / ;e+qsf]cefj /xg' .

- ljutdf k6s k6s ePsf k}s[lts ljkbaf6 vf;} kf7 l;Sg g;lsPsf] sf/0f ljkb\ Joj:yfkgsf]sfo{kfyldstfdf kg{g ;Sg' .

- ljkb\Joj:yfkg ;DalGwl koft kj{{tof/ldf Wofg kUg g; sf]5] . k}sfk}sf]36gf 36L ;s] kl5sf sfof{df a9L Wofg s]lGbt xg' .

- ljkb\Joj:yfkgsf nflu ljBdfg ;+qgnf0{alnof] agfpg] eGbf klg goff ;+rgf lgdf0{f xg]qmd g/flsPsf] . h:t}M sfef8 dxfdf/lsf]cj:yfdf /fli6o ljkb\hf]vd Go"gLs/0f tyf Joj:yfkg kflws/0fnf0{g ;lqmo agfpg' eGbf CCMC sf] :yfkgf eof] . o; n] ug{[; a} sfo{klqmos]af6 ul/Psf]eP klqmos/sf]; +yfut Ifdtf a9g hfGof]] / c:yfL ;+rgfsf] cfjZostf kbGof] .

- Vertical Pj +Horizental tyf cGt/lgsfo ; dGjo / ;xsfo{k}efjsf/L gxg' .

- /fhgLlts tyf k}zf;lgs k[ta4tf Pj+k}fldstfsf]cefjtf .

- ;}t; fwg / kljlwsf]ckof{Kttf -h:t}M @)&@ sf]e"Dksf]p4f/sf]qmddf 9nfg sf6g]d}zg / elTsPsf ejg leq dflg;; eP gePsf]kQf nufpg]klljw xfdl;u gxg]_ .

- k}s[lts ; }t; fwgsf]cJojl:yt / cTolws bfxg xg' .

- 5l/P/ /x}sf a:fl af; / cJojl:yt zx/Ls/0f cflb .

विपद् व्यवस्थापनलाई प्रभावकारी बनाउनका लागि सुझावहरू

- k}wfgdGqL b}lL k}sfk] p4f/ sflf Pj+/fli6o ljkb\Joj:yfkg sflf nufotsf ljkb\{u ;DalGwt ljleGg sflfx¿nf0{PlSss[t u/L ; ~rfng ug{ .

- /fhgLlts÷k}zf;lgs k[ta4tf / k}fldstf kfKt ug{ .

- Jofks hgr]tgf lj:tf/ u/L kj{{tof/L / ljkb\Jojkfgdf :yfglo gful/sx? / ; dbfonf0{ cyk0f{{?kdf ; xefuL u/fpg .

- pkrf/ ; fdfu}L, vfB ; fdfu}lsf ;fy /xt ; fdfu}lsf]kof{Kt e08f/0f / plrt Joj:yfkg ug{

- bdsn, 6sx¿, PDah[; , qmg nufotsf ;fwgx¿sf]kof{t tof/l ug{.
- ;l°gf ;eGqsf]Joj:yf / kbfl¡u, kljlwsf]kbfludf hf§ lbg].
- alnof]/ dfkb08 ;lxtsf]efl]ts kJfyf/ lgdf0{f ug{.
- ljBdfg gllt tyf sfg§sf]klffjsf/l kfngf ug{.
- Jojl:yt zx/ls/0fdf hf§ / ;xl a:tl Joj:yfkg ug{.
- laifout ?kdf ljkb\sf ;Deflj t ;a}lf¡sf]klxrfg / gS;f°g ug{.
- ljkb\sf]kj{{tof/ldf a9l hf§ lbg].
- ;Dal¡wt lgsfo / hgzlOmsf]lfdtf ljsf; df nufgl a9fpg].
- ;l3, kbz / :yfglo txalrsf];xsfo{ / ;fendf/l ug{.
- kefjsf/l c¡t/flf6o ;xofu kl/rfng ug{.
- plrt hg;ºVof / a:tl Joj:yfkg ug{cflb .

ljkb\cfsl:ds, cgkl]lft Pj+laifd kl/l:ylt xf]. o;nf0{k0f?df /f§g klg ;lsGg . ljkb\/ ljkb\Joj:yfkg ;Da¡wdf km/flsnf]/ alxt bli6sf0{f /fVg]Pj+;f|fx cg|; f/ kJ{tof/l ug{xf] eg]o; af6 xg]lftlnf0{eg}cjLo g}pNn]vglo ?kdf Go0f ug{;lsG5 . o;sf nflu rfx]xfdf hghlgsf blgs ultljlw xg\/fx]ljsf;;f ofhgf / lqmofsnfk xg\. ol ;a}kf|l:t la/fMl xf§g k|s|ltd}l (Nature Friendly) agfp0g'h?/l 5 .

सन्दर्भ सामग्री
g|kfnsf];lj+wfg- sfg§ lstfa Joj:yf ;ldtl
ljkb\hf|lvd Go|ls/0f tyf Joj:yfkg Pg, @)&$
kGwfº}ofhgf - /fli6o ofhgf cfofu
g|kfnd ljkb\hf|lvd Go|ls/0f tyf Joj:yfkgM el'dsf / lhDdjf/lsf];ldf°g, ;f/fz kltjdg @)&&, Oxford Policy Management limited
ljkb\hf|lvd Joj:yfkgM, fdfGo hfgsf/l lqe|jg ljZjljBfno jftfj/0f lj1fg s¡b|o ljefu
ljkb\hf|lvdsf nflu ljQlo Joj:yfkg /fli6o /0fgllt, @)&*
b}l k:sf|k tyf k:sf|k Joj:yfkg - l;x//h pk|tl
ljleGf tflnd s|ffx?df ljtl/t s|ff gf¤x?

शासन प्रणालीमा समग्र योगको आवश्यकता

डा. लोकनाथ भुसाल*

परिचय

gkfn cyfx ;Defjgfx¿ ePsf]kljq kfjgel'd xf]. kj'l6 bzgf]cf[tkf[t /x\$f]o;sf]; ‡s|t ljZjsf] ;j{l7 ; ‡s|t xf]. xfdl jl}bs ; ‡s|tsf cgbfol xf].. o; eldaf6 hGdg kfpg' g} cxfeflUo xf]. o;}el'daf6 xfdln]dfgjsf]jf:tljs dlQmsf]lauh kmfg}g/ cfkm'klg dlQm aGg] xf]. o;sf]nflu bzsf]zf;g klffnl klg ; xfos aGg'kb5 . jlbs ; ‡s|tdf cfwfl/t zf;gn] dfq dfgjsf]; du| ljsf;nf[dfuk'lljsf];nf;f]; ‡s|kt cfsif}f a9g'o;]sf]kdf0f xf]. t/ clxn]; al]t/ bz laluPsf/ o;]sf]kjfg sf/0f s\zf; gnf[cf]Nofpg] ul/Psf]5 . s\zf; g /fhglt, k}zf; g, ; dfh, ahf/, gful/s ; dfh nufotsf ; a}lf\gdf /x\$f] bl6f[6 cfd; ‡f/sf dflodx¿af6 bljgs ¿kdf kfpg ;lsG5 . zf;gsf kfq¿sl dflg; x¿ 0f(fg, hdfg / cfllds ; Toaf6 6fl9Psf 5g\. ; du|df zf;g cfldf x/fP/ akf]l ePsf]bl6Go5 .

zf;gf kfqx¿sf]ljj\$, ; bfrf/ / ghtstfsf]:t/n]; du| zf;g kfffnlsf];kmtf / u0f:t/ lgwf{f0f ub{5 . zf;lo ;kmtf dfkgsf]cfwf/ b\zsf]ljsf; / b\jf;lsf]hljgofbdf ;\wf/ g}xf]h;]n]ubf{b\ze/ ; V, zflGt, ;dgtf, ;Gtli6 / ;l4 kmljnof]\. ;fy}; a}gkfnlsf] o; nf\df / k/nf\df klg hljg ;kmn agf]\. o;sf nflu eujfg gftd a'4 / dftf ;ltfsf] hGdel'd /x\$f]gkfndf kj'l6 jl}bs bxfg tk:jl / Clifdyx¿n]kbfg u/\$f f; bl1fg / ; Tsd{f dfufnf{{g}zf;gf ; a}klfdf dfhkjfxsl0f ul/g' kg]{bl6Go5 . o; } Gbe{df o; cfnjfdf kj'l6 jl}bs bxfg @)cf}ztflAbsf dxfg Clif, slj, qmflGtsf/l, bfzglss tyf of\ul >l c/laGb]kl/tkfbg ug{ePsf]; du| ofu -Integral Yoga_ / o;nf\f{gkfnsf]zf;g kbfnlsf ; a}lf\df sfo{Gjogdf Nofpg kg{cfjZostfsf]af/]df rrf{ul/Psf]5 .

महर्षि श्री अरबिन्द

ef/tsf]snsQffdf ;g\!*&@ df hlGdg'ePsf dxlif{>l c/laGb]pklgjjfzsfnlg ahotdf cNoog u/\$f]ePtfklg bzkd]cf[tkf[t eP/ ahotl pklgjjfzsf]c6Toosf] nflu :jtGqtf ; ‡u|fddf ;xel'u xg' ePsf]lyof]. pxffsf]/fhgltst ro{gdf qmdzM cfWoflTds ro{;df 3fnPkl5 pklgjjfzsf sf/0f ef/tlo hlt cf}lnof]nfufsf]ofqf bfg'eof]. ; gtg wd{sf]qmldss ljgzn] ef/tlo ; l s\zf; ktufof{V agfPsf]bl\k5 pxffnf[;ltsf]pTkGg ugf{nflu pTkllt uof}sf] nflu ;l s\ktsf]pTvgg ugf\sf]. fkl qmddf pxff]aGbdflt/d h:tf klqsfdftkmt] pklgjjfzsf]Toosf]zj¿wlf ug\$of]. pxffsf]af{f8 nV0f0faf6 ql; jlfotl zf;n]pxfnf0f\hlk klg xfn]. t/ hlk pxffsf] nflu tkf]lyn aGofo s7f]/ ofu ;fwgsf]l;4l kf0f\t eof]. eujgsf]dfugf}\f cg'; f/ blllf0f ef/tsf]xfnsf]k8\r]ldf cf>d :ofkgf u/l pxffef/nf0f{ljZju¿ agfpb}lgg r]gfaf6 ul; t

dfgj s;/l cltdfg; r{gf -Supramental Consciousness_ sf]cj:yfdf kUg ;Sb5 eGg]
ljifosf]vf{hdf nfUg'eof]. o:tf]cj:yfnf{sltko cGo cfWolTds u¿x¿n]cfTdfgent -Self–
Realization_ sf]¿kdf JofVof u/{sf 5g\. o; qmddf pxfFn]kJl6 j);s bz{gsf]kg[Wofof ub{
cfWoflTds pGgltsf]goff dfu¿bz{g kbfg ug{eof]. o; nf0{; du| ofU} -Integral Yoga_ sf]¿kdf
k|:tt ul/Psf]5 . o; ofUsf]cEof; / l; åldf JolQm ; dfh, b¿ / ;du| ljZjnf0{nfe xg]/
JolQm :jodg}aX:y cj:yfdf kU/ dfgj hljgnf0g};fy{s agfpg]lfdtf /x5nf]5 .

महर्षि श्री अरबिन्दको समग्र योग सिद्धी

; fdfGotof ofjsf]cy{hf§g'xf]o; df cfTdfnf0{k/dfTdf;u hf§g];a}sfo{ k|qmofxy ; dflji6
xG5g\ . ;li6sf]cflbd sfnblvg}dfgj eujfg jf k/dfTdfsf] vf{ldf /x5nf]kli6 xfdf jb,
pklgifb, ultf nufotsf dxfg wflds tyf cfWolTds u¿yx¿af6 :ki6 xG5 . eujfg vf§g]
; jk[yd eujfgsf]af/{df hf§g' kg{/ Ta;l5 eujfgsf u0fx¿ cfkmbf ptfg{kg{xG5 . xgt
dfgjdf eujfgsf]cz /xsf]/ pQm cz qmlds ljsf;;åf/f a9ub}:jtM k5s6 xg]atf0Psf]5 .
t/ o;/l cfkm}k5s6 xg hglhgl nfUg]/ dfgjsf sfd+hglx¿ lgGg r{gf / aXf]ldf laGg]
xG5 . o; n]efFts ;¿/df bMV a9fpb5 . o; sf]cGTosf]nflu ul/g]; r{ kof;g}ofu xf].
According to Sri Aurobindo, the current status of human evolution is an intermediate
stage in the evolution of being, which is on its way to the unfolding of the spirit, and
the self-revelation of divinity in all things. Yoga is a rapid and concentrated evolution of
being, which can take effect in one life-time, while unassisted natural evolution would
take many centuries or many births.' kjlb] bzgdf ofusf hGdbftf dxlif{ktGhnl xg eg]
lzjnf0{cflbofUl dflgPsf]5 . ;doqmddf ktGhnlkbQ ofjnf0{lje¿g dxlif{ ofUl / u¿x¿n]
goff goff tj/n]JofVof, ljZn{f0f / cEof; u/{g 5g\. 1fg, elQm / sd{u/l ofjnf0{;fdGotof
tlg k¿sf/n]xg[{/ cEof; ug{ul/Psf]5 .

dxlif{>l c/laGbn]1fg, elQm / sd{f ljeQm/x{sf]ofunf0{Ps}7fFdf ;dGjo u/l ;du| Psls[t
jf k0f{ofU k2ltsf]lgdf0f ug{ePsf]5 . pxfn]o;sf]cEof;;åf/f dfgjdf cltdfg; jf b}l
u0fsf]cjt/0f u/fpg ;dg;l ofunf0{goff lbzf kbfg ug{ePsf]5 . o;sf nflu dfgjn]
cfhl/g eujfgdf k0f{ljZjf; /fv¿ o;sf]kflKtsf] tlj clek;f /fVg' kg{/ cfkmnf0{k0f{kdn]
eujfgdf ;dk{0f ug{kg{/ cfWolTds ljsf;sf cj:flnf0{c:jls[t ug{g}k¿{{tfO{lsPsf]5 .
o;f]u/{df dfgjdf /x{sf}l cz tlj|ultn]ks6 xb}hfg]/ cflTds r{gfn]ckf{{/ aXf]l df
k;ltdf /xgdl:tis, dg / zf/ll/S -Mental, Vital and Physical_ r{gfnf0{¿kf{t/0f ul/lbg]
ljifo g};du| ofjsf]sGbb{ ;f/ xf].

ha dfgjn]b}tfkjs ;cflTds r{gfåf/f cfkmnf0{#fng ug{yfNb5 k/dfTdf klg dfgjsf ;a}

r|gfdf cjt/0f xg]u/l ;du| ofu| k4ltsf]lgdf|0f / ljsf; ul/Psf]5.;du| ofu|sf]pb|]o dfgjsf] cjr|g tyf h8 ks|ltnf0{;|To r|gfnp0Qm agfpg' /x$f]5 . o;nf0{ r|gfsf] ljsf; dfkm|t dfgjsf] self-liberation/self-perfection sf] ;fwgsf] ¿kdf lng] ul/Psf] 5 . Integral yoga reunites æthe infinite in the finite, the timeless in the temporal and the transcendent with the immanent. o; ofu|df dfgjnf0{ Man af6 Superman df ¿kftr/0f ug]{; fdy{/x$f]5 .

According to Kumar (2022) "By Integral Yoga Sri Aurobindo aimed at a complete transformation of human nature through three stages of transformationM pshychic, spiritual and supramental - to raise human consciousness to the level of 'divine gnostic consciousness', which he called the supermind. This evolution was complimented by a necessary harmony that Aurobindo visualized between the temporal and the transcendental reality, along with the harmony between individual's quest for liberation and its collective experience, and the harmony between different paths of yoga. So evolution with harmony represents the central tenet in Aurobindo's ideation of transformation achieved through Integral Yoga."

समग्र योगका आधारभूत तत्वहरू

k|l6 j|ts bz|gdf cfwfl/t dxlif{>l c/laGbâf/f k|tkflbt ;du| ofu|sf sxl cfwf/e't tTjx¿ /x$f 5g\. ltglx¿dl|o]s|lnf0{b)fo adf||hd pNn]V ug{; ls$5M

क) सच्चाई वा पारदर्शिता -Sincerity or Transparency_M dgsf JolSQut 0R5f, cfsflff kl/Tofu u/]} eujfg k|ltsf]Psdfq clek;f /xghf0{;Rrf0{elg$5 . ;Rrf0§f nflu Every movement of the being -every thought, every feeling, every impulse - should flow towards the divine as the river towards the sea cfjZos /xg] atf0{Psf] 5 . ; du| ofu|n] dfgjnf0{ cfkm|+t kf/bzl{/xg k||t u/$f]5 . o; sf]dh ddg}dfgjn]lgofnf0{7u] tfklng cfkmnf0{sbfkl 7Ug ;Sb}g eGg] oyfy{xf]. x/]s ljifosf];Totf kÔf nufpg] To; nf0{bP;tfk]}s ckgfpg ul/of] eg]; Rrf0{/ kf/blz{tfdf V/]pqg ; lsg]o; sf]dfu|bz|g /xg$f]5 .

ख) ईश्वरमा आस्था वा विश्वास -Faith in the Divine_M o; ofu|n]dflg;sf]ljZjf; af6 g}eujfg k|s6 xg]bfla u/$f]5 . of]bfla ef8ts jf tflsÆ ¿kn]c;xh b]V\Ptfklng cfNofltds ¿kn];Dk0{;To xf]. cf:yf g]cfldfsf]jf:tljs :j¿k / k/dfdfsf]afhnf6 dflgPsf]5 . z/l/, dg / lbdfun]k0f{{kn];jlsf/ u/$f]cf:yfnn]g}cfldf-;flffTsf/ xg]o; ofu|sf]dGotf /x$f]5 . To; h]cf:yfnf0{eujfgsf]cflzjf{bsf]?kdf lnOPsf]5 / ;Dk0{tf klltsf]phf$f]¿kdf :jlsf/ u/lPsf]5 .

ग) समर्पण -Devotion_M ;dk0{ ; du| ofu|sf]dVo s|lblj$b"xf]. dfgjdf /xg]cxS/sf]cGTosf]

nflu eujfgkltsf]; dk[f efj clt g}cfjZos 5 . ; dk[f cfkm'/ cfkm{u /xg]; a}klfnf0{ ; [kdf{ tj/n] eujfgnf0{kfg ug[ljifo xf] . It is said that surrender is giving oneself to the divine -to give everything one is or has to the divine and regard nothing as one's own, to obey only the divine will and no other, to live for the divine and not for the ego. A complete trust and confidence in the divine power is indeed the main condition or essence of surrender. ; dk[flagf sd{ 1fg / elOm sg}klg ofusf]åf/ gvNg]o; ofusf] dfcotf /xsf]5 .

समग्र योगको आलोकमा नेपालको शासन प्रणाली

dxlif{>l c/laGbn]k[f hljg g}ofu xf]-All Life is Yoga_ e[g'ePsf]5 . ofu ; Tosf]vf[hl xf] / ; Tonf0{hljgdf ptfg[kbf; xf] . of]lagf dfgjn]ug[; a}sfd ck[f{x[5g\ . o; sf nflu pxf[h]1fg, elOm / sd[sf]ldngaf6 ; du| ofusf]lgdf0{f ug[ePsf]5 . ofusf sltko c[o dfx[¿ ck[f{5g\ / c[Todf o; }ofudf cf0[b5g\ . o; n]hljgf0{cflTds r[tgaf6 ; [fng ug[kg[u/l hf[8 lbPsf]5 . o:tf]r[tgsf]lj;tf/sf]nflu kl/jf/, ; dfh / ; du| lzIff k[fnldf cfd[kl/jt[gsf]cfjZotf /x]xG5 .

gkfn nufotsf b[x¿df afNofsfnblv g}o:tf]cflTds r[tgsf]lljsf; gePsf dflg; x¿ zf; gsf ljleGg txdf kl[sfh]b[zfsf]zf; g k[fnldf s[zf;gn]h/f uf8[sf]cj:yf 5 . cflTds ljsf; sf nflu cfjZos kg[; /fgf / k[fnlnf0[zf; gdf cfld; ft gul/Psf]b[leVG5 . JolOmut / ; fj[hlgs hljgf0{; du| ofun]lglbt[6 u/[sf]1fg, elOm / sd[sf]; du agfpg ; lsPsf]5g[. ; a}lfgsf g[t[jdf k[l[jbos ; kltsf]lfols/0f e0[x]xf]b[leVG5 . ; j[; [rf0[cf:yf / ; dk[f efjsf sdl xb]uPsf]ax[f[l ; dfh, ; [sf[/ ; klfsf]lgdf0[f e0[x]xf]cj:yf 5 . ; bfrf/ / g[tstfsf] gfz xb]uPsf]5 .

lgod, sfg[gsf]kfngf gePsf]kf0[G5 . :fyf[; 4lsf nflu ; Tonf0{tf[d/f[f] ug[ul/G5 . c; Tosf] ljho ePsf]klg b[leVG5 . ; a}k;f/sf e[6fr/sf]; a[af[bu[5 . zf; g k[fnldf ; /sf/f nflu sfgg[l, ; [yfut / c[o hlt; [aflx/l kf[; ul/Ptflg ha; [dd zf; lso kfqx¿df n[/ /x]xf] k/ddfsf]c[znf0[p; sf]z/l/, dg / lbdfud ptfg[; lsb[ta; [dd zf; g k[fnlsf]; [f/ ck/f[/ cw[/fg]/xG5 . c; Tonf/f0 u[sf]rnfvl lbdfun]clxn]b[zsf]zf; g k[fnldf xfldxfnl u[sf]5 . dfG5[kf]dg / dl:tsdf xl/ x/fPsf]b[leVG5 . o; n]Psflt/ zf; lso kfqx¿nf0{ kfkh[o sfo[f xf[]sf]5 eg]csf[lt/ axf]ldf /x]sf]o; lso kfqx¿f0{>l c/laGbåf/f k[ltkflbt ; du| ofudfkm[xf]df gNofP[d zf; lso ; [f/sf kf]; n[glthf glbg]:ki6 5 .

निष्कर्ष

g<jfndf h{dg'sf]tflsko{of}L a{g / zf;gnf0{klg j}bs ;s}tdo agfpgsf]nflu xf]. of}L hLjgsf]/x:o hf{g]/ hLjgnf0{;fy} agfpg]ljlzi6 dfu{xf]. >L c/la{bn]klltkfbg ug{ePsf] ;du| of}Lusf]dfu{n]hLjgsf ;du| kIfdf ;Rrf0{Nofpg, k/df}dffdfk}lt k0f{cf:yf / ;dk0f ug{ ;s{df cflTds r}tgfsf]Hof]lt pbo e0f{dfgjdf /xg]ck0f{tfx¿sf]qmdzM c{7o x{g] / dfgjdf clt dfg;sf]k}s6g x{g}bfaL u/}sf]5 . o:tf]lbjo r}tgf]zf;lo cxsf/sf]5} ;dh gi6 ug{ 5 . b}zsf]zf;gdf clxn]o:tf]cflTds r}tgf gePsf JolOmx¿sf]kwfgtf 5 . o:tf JolOmx¿af6 /fi6sf]cfTdfsf]vfhL ug{h/ o;nf0{klkm6g ug{b}zsf]dxTjk0f{sfdsf]z?jft ;d{ xg} ;s{sf] 5g\. lbdfusf rnfvn]u}/sf]clxn}sf]zf;gn]dfq dh'sdf zfl{t / ;d}4 Nofpg g; lsg]]:ki6 5 . o;n]ubf{zf;gdf ofht aflx/L ;wf/sf afhb klg ljs}tlx¿ a9}sf] 5g\. zf;gdf ;'zf;g Nofpg j}bs bz{gdf cfwfl/t ;du| of}Lunf0{b}zsf]lzIff nufotsf zf;g k0ffnldf ;a}kIfdf dhkjfxks/0f ug{h}/l blVG5 .

सन्दर्भ सामग्रीहरू

Kumar, N. (2022). Evolution with Harmony: Integral Yoga and Its Transformational Potential in the Philosophy of Sri Aurobindo. In: Puri, B. (eds) Reading Sri Aurobindo. Springer: Singapore.

Sri Aurobindo (1996). *The Synthesis of Yoga.* Pondicherry: Sri Aurobindo Ashram Trust.

Sri Aurobindo (1993). The Integral Yoga: Sri Aurobindo's Teaching and Method of Practice. Pondicherry: Sri Aurobindo Ashram Trust.

Sri Aurobindo (1977). *The Life Divine.* Pondicherry: Sri Aurobindo Ashram Trust.

विश्व हुलाक संघ, महासन्धिको (Convention) नियमानुसार (Article 27–106 Calculation and accounting for charges for items in transit a' de' couvert and missent items) मार्फति डाँक (A' de'couvert mails) को Statistical operation संचालन गर्ने तरिका: एक विवेचना ।

दिवाकर देवकोटा*

ljZj xhfs ; 3sf] dxf; lGwsf] -Convention_ lgodfg'; f/ o; sf ; b:ox?n]j 6]lzs 8fsnf0{ ; tx dfu{jf xjf0{dfu{f[6 9jflg u/l uGtJo xhfs;0d kbfpg'kb5 . pbfx/0fsf]nflu gkfnn] ef/tnf0{; tx / xjf0{bJ}dfu{eP/ 8fls k7pb}cfPsf] 5 . stf/nf0{eg] xjf0{dfu{ -Air route_ af6 8fls k7pb5 . ol bJ}b}zx?; u gkfnaf6 ; lwf xjf0{;]jf pknJw ePsf]gkfnn] ; lwf 8fls -Direct closed mail_ afw]/ k7pb5 . ol bJ}sf]xsdf ; lwf xjf0{; Dks{ePsf]dVo:y dh:sf]; Ug xbg . t/ ljZj xhfs ; 3sf]lgodfg'; f/ o; df sxl ckjfb 5 . pbfx/0fsf]nflu gkfnaf6 stf/ rnfg xg]w]}6h;f]8fs sf]tfh Pp6f rnfgldf # s}hl=eGbf sd xg]/x5 eg] To:tfdf gkfn;u ; lwf 8fls ;Dks{ePsf]bJ} dfst stf/ k7pg'kb5 . gkfnsf]; lwf 8fls ;Dks{ef/t;u ePsf]gkfn xhfsn]stf/ hfg] klt rnfgl # s}hl=eGbf sdsf]8fsnf0{ aG8n agf0{ef/t k7pg]; lwf 8fls -Direct Mail Bag_ y]hfdf aGb -Transit a' de'couvert_ u/l k7pg'kb5 . of]8fls y]hf ef/t kU]}/ vfh]kl5 ef/tlo xhfsn]gkfnn]stf/nf0{ Transit a' de' couvert k7pg]u/l afw]sf]aG8n lemsl ef/tn]stf/nf0{k7pg egl /fv]sf]8fls y]hfdf /fVb5 .

Article 27–106

Article 1=6 df dfkmtl dh's eP/ k7fPsf] -Transit a' de'couvert items_ lr7lkqsf] lx; fa lstfa ug]sf]nflu l; 4f[ttM k]lfs xhfsn]k7fPsf]lr7l kqsf] tfhnf0{cfwf/ dfGg'kg]{ xf]. o; f]ug]sf]nflu dfkmtl dh's]k]lfs xhfsnf0{cg/f]w ug{k5{/ p; n]-k]lfs xhfsn] :jlsf/ u/]sf]xg'kb5 . of]k]lfs ckgfpg bJ}klIf -k]lfs xhfs tyf dfkmtl xhfs_ n]a' de' couvert eP/ k7fpg]k]lfs} 8fls rnfgl ubf{k]lfs} bJ}sf]nflu 5§f 5§} tfh lng'kb5 . of]emm6ldf[k]lfs xf]. t/ o; f]ubf{s; h]klg lx; fj lstfadf 7luPsf]dx;' ug{kb5 . t/ clxn]; Dd klg of]emm6ldf[k]lfsnf0{s; h]ckgfPsf]kf0mb\g .

o; sf]ljsNkdf k]lfs xhfs / dfkmtl 8fls ;]f lbg]xhfsn]jif{sf]Ps dlxgf !% lbg jf ! dlxgf;Dd dfkmtl 8fls cfbfg kbfg u/]jf:tljs tYhsf]gdgf -Special Statistics_ lng]ub5g\ / bJ}klfn;]lnt tfhnf0{; jlsf/ u/l v08df To;sf]cfwf/df jflif{s 8fls cfbfg kbfgsf] nVf /fvl lx; fa ldnfg ub5g\ .

dfly pNn]Vt tYof° lng]k|sbfsf]jf/df ljZj xhfs ; 3sf]dxf; lGwsf]Article 27–106 -2_
Statistical operation -Volume II, Page #)!_ df bzf0Psf]5 .

२. तथ्यांक लिने प्रक्रिया (**Statistical operation**)

@! of] tYof° lng]k|sbf jif§sf]Ps k6s ; Ffng ul/G5 . cªuhl Sofn08/sf]lj;d -Odd
Month_ dlxgf cyfFt d] -May month_ Ps k6s / csfIjif§sf]; d -Even Month_ dlxgf
cyfFt cS6à/ -October_ df o:tf]tYof° lng'kb5 . ; g\@)@@ -Statistical period_ ; d
jif{-Even Year_ ePsfh]cS6j/ / dlxgfsf]! blv !% tfl/v jf ! blv #) tfl/v;Dd ef/t
dfkmt -a' de' couvert_ stf/ k7fpg# shl eGbf sd ePsf]lr7L kqsf]aG8nsf];fydf
CN 65 kmf/fd /fVg'kb5 . CN 26 jf CN 25 bundle label dWo]Pp6f tyf CN 65 bill df
"S" nVg'kb5 . 8fS yhfdf A' de' couvert j:tX?, /lhi68{jf Unregistered /xg5g\
-; fdfGotM o:tf j:tx? /xg]u5g_ eg]klg Pp6f jf b0I6f CN 65 df "Neant" -Nil_
nVl To; nf0{dVo 8fS yhfsf]CN 31 Letter Bill df gTyl ug{kb5 .

@# tYof° lng]cjlwe/ -Statistical Period_ a' de' couvert eP/ hfg]; j}8fS j:thf0{CN
65 delivery bill ; Lu}aGb yhf -Closed Bag_ df ; dfj} ug{kb5 . CN 65 delivery bill
kf/bzl{knfli6sn]ag5f]xg ; Sb5 .

@$ 8fS ; Ffng ug{tfljPsf]k|To5 ; Ffns, h:n]dfkmft -a' de' couvert_ rnfgL u/$sf]xf]
To; n]dWo o:ttf 8fS ; Ffng ug{tfljPsf]xhfsnf0{Accounting period sf]aGf o:tf]
8fS ljlgdo sf]sg]tYof° km/s k/$f]/x5 eg]To; sf]af/df hfgsf/L u/fpg'kb5 .

३ **CN 65** बील तयार गर्ने र त्यसको जाँच दिने

#! Accounting period sf]jhfdf uGtJo dh:sf]k|To5 ; dxsf]nflu CN 65 bills df 5§f 5§}
tYof° hgfpg'kb5 . CN 65 bills dWo]Pp6fnf0{/lhi68{gul/Psf]j:t' / csfInf0{/lhi68{
ul/Psf]j:tsf]5§f 5§}qmdfut ; Vof lbg'kb5 . hlt j6f CN 65 bills kbflu ul/Psf]xf]
To; nf0{CN 31 jf CN 32 letter bill sf]tflsf]7fpdf hgf0Lbg'kb5 . tflsPsf]xhfs
; Ffnsx?n]ljzif CN 65 bills df Sg}Vf; b}x?sf]qmddf hgfpg]u/L kbflu ug{cg'/fV
ug{; S5g\. CN 31 letter bills VfldPsf]yhfdf ; a}CN 65 bills xfNg'kb5 .

#@ k|To5 ; dxdf kg{bZx¿df A' de'couvert eP/ k7fpg]j:tsf]tfIn % ufd jf ; f]eGbf al9
/x5 eg]To; nf0{glhssf]!) ufddf kl/0ft ul/bg'kb5 . % ufd eGbf sd /x5 eg]
To; nf0{tnsf]!) ufddf kl/0ft ul/bg'kb5 .

dfWofldos sfofh]on]cfknm sxff knKt ePsf]a' de' couvert a:tSf]jf:tljs tfh / knf/fddf hgf0Psf] tfh ●) ufd eGbf al9 /xSf]kfPdf pQm sfofh]on] CN 65 biII df ; RofO{ CN verification note p7f0{8ffs k7fpg]ljlgdo sfofh]onf0{To; sf]dfWodjf6 hfgsf/L u/fpg' kbR .

#$ Statistics operation ko avdI ma ljbzaf6 knKt ePsf] 8ffs yhfleq CN 65 biII ; dfjz ePsf]/xg5 jf cs{bznf0{k7fpg' kgjIr7lkq eg]cfknm sxff knKt ePsf]/xf eg]knfks xhfsn]CN 65 biII tof/ u/L of]knf/fd knKt gePsf]hfgsf/L tyf cs{bznf0{k7fpg' kgjIr7lkq eg]cfknm sxff knKt ePsf]Joxf/f CN 43 Verification note hgf0{To; nf0{kJfs xhfsdf k7f0{lbg' k5{.

#% cs{bznf0{k7fpg' kgjIr7lkq -Missent mail_ eg]cfknm sxff knKt ePsf]/xf t/ To; sf] tfh lnbf CN 65 biII df hgf0Psf]tfh eGbf %) ufd eGbf al9n]knjIs /xf5 eg]dfly #$ df nJvP h:tf]lgoldt¿kdf CN 65 biII tof/ u/L /fVg' kbg .

CN 65 biII Weight of missent and a' de' couvert items tof/ ubf{Wofg kbfpg' kgjIsS'/fx¿M gkfnn]cGo Sg}klg dh:nf0{a' de' couvert items ; Jf kbfg gugjIeP klg gkfnn]Statistical operation period e/L a' de' couvert items Sf]ljj/0fnf0{CN 65 df o; /L eg{kbRM -

Dispatching designated operatorM Nepal Postal Services
Dispatching Office of ExchangeM General Post Office
No= 1
Priority÷ airmail itemsM l6S nufpg]
Office of exchange of destinationM New Delhi, India
Designated operator of destinationM India Post
A' de' couvert Box df l6S nufpg]
Statistics -during the statistical period_M
Date of dispatchM 15th Oct 2022
Mail No= 1

Notes
Groups of countries for which the transit charges are the same:
Nepal n]rf/j6f bzx¿M ef/t, yf0Nof08, hdgl tyf ; ●Qm /fHo cdJ/sfsf]xhfs eP/ a' de' couvert mail -dfknjIl 8ff_ k7fpg]ePsfh]Statistical period, cS6ba/ !% bJv #) tf/Jv;Dd kJToS lbg ufZjf/f xhfsn]of]CN 65 e/J] 8ff yhf;u}tl bzx?df k7f0{lbg' kbR .

ljZj xhfs lbj; ljzffff°

Groups of countries for which the transit charges are the sameM

dfly pNn]vt ;a}dhS;u Groups -;dx_ of countries for which the transit charges are the same df !) j6f ;dxsf bÝx?sf]gfd k7f0{lbg cg/fW ug{kb5} . tl bÝx?jf6 ;dxut gfd lgsf;f eP/ cfP kl5 To; }cg?k df vb tfh ;d} hgf0{sXl sXkmot eP vnf0{ k7f0{lbg' kb5} .

CN 65 table Sf]k5f/dfM

Dispatching office of exchange df uf½jf/f xhfSsf]j½lzs lr7lkq xb[dh ;|6/sf];DjlGwt clwsSÎtn]x:tfIf/ u/} rnfgL ug{kb5 .

o;df gaèmÞsf s/fx?sf]nflu xhfs ;Jf ljefusf]j½lzs zfvfdf ;fW lgsfzf eP/ cfP jdfÞhd ug{kb5 .

सन्दर्भ सामग्री
- ljˆj xhfs ;3sf]cfjlws kÍtjÞgx?
- ljˆj xhfs ;3sf]dxf;lÛw

सार्वजनिक खरिदको परिचय, महत्व र नेपालको सन्दर्भ

निर्मला थापा*

१. परिचय (Introduction)

vl/b cfwlgs ; dfhdf dflg;x?sf]blgs hljgdf e0/xg] k|qmof xf]. vl/b sfo{JolQm; sDkgl, ; ÷yf tyf ; fjrlhlgs lgsfox?n];dt ub§g\. JolQm / lghl sDkgl tyf ; ÷yfx?n] vl/b ubf{vl/bstf{/ ljqmtf alrsf];DaGw dfq dxTjk0f{xG5 . ; fjrlhlgs lgsfon]vl/b ubf{ eg] ; fjrlhlgs hjfkmblkxtf /xG5 . o; cfn]vdf ; fjrlhlgs lgsfo;u ; /f$sf/ /xg] ; fjrlhlgs vl/b ; DaGwl ljifoj:tx? dfq ; dfj[ul/Psf]5 . pQm ljifoj:tx?df ; fjrlhlgs vl/bsf]cy{ l; 4f6t, k|sf/, k|qmof, dxTj / glkfndf ; fjrlhlgs vl/b ; DaGwl gltut / ; ÷yfut Joj:yf / rgfftlx? ; dfj[ul/Psf]5 .

२. सार्वजनिक खरिदको अर्थ (Meaning of Public Procurement)

; fjrlhlgs vl/b eg$sf] ; fjrlhlgs lgsfosf] tkmaf6 j:t', ;]jf / sfd -Goods, services and works_ sf]dNo lt/L lng' xf] . ; fjrlhlgs vl/b Pb g, @)^# cg'; f/ vl/b eGgfn] ; fjrlhlgs lgsfon]Pb g adfljd s§ndn; fdfg, k/fdz{;]jf jf cGo ;]jf k|fKt ug$jf s§ngdfÜf sfo{ug{jf u/fpgs]sfo{; Dergkbg§ .

विश्व बैंकका अनुसार–

Public Procurement is a fundamental crucial component of democratic governance, poverty reduction and sustainable development.

OECD का अनुसार–

Public Procurement refers to the purchase by government and state-owned enterprises of goods, services and works.

/fli6o cy{Gqdf dfq xf0g ljZj cy{Gqdf ; dt ; fjrlhlgs vl/bsf]lx:; f 7'hf]5 . ljZj a$sf] Ps tYof° cg'; f/ ljZj cy{Gqdf ; fjrlhlgs vl/bsf]cz !% b|v @@ k|ltzt; Dd /x$f]5 . ; g\ @)@) df eg]sflle8–!(sf]dxfdfl/sf]sf/0f ljZjdf cfly$ ultljlw em08}() k|ltztn] vlDrof]. World Development Report 2021 sf cg'; f/ ; g\@)@) / @)@! Dff sflle8– !(sf] ; fdgf ug{!%&& c/a cdll/sl 8n/e0bf a9l /sd vr{eof]. o; df klg ; fjrlhlgs vl/bsf] lx:; f pNnVglo /x$f]5 .

३. सार्वजनिक खरिदका सिद्धान्तहरु (Principles of Public Procurement)

-S_ pO/bfloTj -Accountability_- ; fjrlhlgs vl/bdf ; mUg xg]lgsfofo, kbflwsf/l / cfkl't$tf{

---
*उपसचिव, वन तथा वातावरण मन्त्रालय

; d}: hgtfk|lt jf ;]fuflxk|lt pQ/bfol xgkb5 . o; sf]cnfjf ; f}t pknAw u/fpg]lgsfo,
; /sf/, ; +yfk|lt ; d}: pQ/bfol xgkb5 .

-v_ k|lt:kwl{cfkl't{ -Competitive Supply_- ; /sf/l gllt tyf sfg\'l Joj:yfnf0{kl6bf{ug{
k|lt:kwl{k|qmofdfkm{t dfq ; fj\rlgs vl/b ug{kb5 . k|lt:kwf{nf0{l; ldt ug{xb} .

-u_ Ps?ktf -Consistency_- ; fj\rlgs lfgn]ug[vl/b glltsf]; a]h]; dfg ?kdf kl/kfngf
ug{kb5 . vl/bstf{/ cfkl't{stf{?alr km/s ?kdf nfu' xg' xb} .

-3_ dbf{sf]plrt dNo -Value for Money_- vl/b ubf{nfut, u0f:t/ / blufk\gfsf]dNo
; lglZrt xgkb5 .

-a_ :jR5 sf/f]jf/ -Fair Dealing_- ; a}cfkl't{stf{alr ; dfg / e\befjljlxg Jojxf/ ug{kb5 .
Joj;flos lj:j; lgotfsf]; Alf0f xgkb5 . cfkl't{stf{?nf0{cgfjZos afwf / ef/ l; h{gf
ug{xb} .

-r_ glltut tbfFotf -Compatibility_- ; fj\rlgs vl/b gllt ; /sf/sf]cflys\ / ; fdflhs
gllt; u db]h vfg]xgkb5 .

-5_ 0dfFbfl/tf -Integrity_- ; fj\rlgs vl/bsf]qmddf e\6frf/ tyf c6o ngbgsf]sg}u\'-hfo;
xg' xb} .

-h_ ; "lrt lg0fO\ -Informed Decision Making_- ; fj\rlgs vl/b ubf{; xl, tYok/s /
; fj\rlgs ?kdf ; \Fgf ul/Psf]xgkb5 .

-em_ sfg\'l -Legality_ ; fj\rlgs vl/bsf]qmddf ljBdfg sfg\'l dNo / df\\otfsf]kfngdf sg}
; Demf{tf ug{xb} .

--_ lhDdf/f/lkgf -Responsiveness_- nllft ; dbfosf]cfjZostf / cfsfIffnf0{oyflrt ?kdf
; Dafljg klg ; fj\rlgs vl/bsf]l; 4f\t xf].

-6_ kf/blz{tf -Transparency_- ; fj\rlgs vl/df ; fj\rlgs sf\fsf]kbfu xg]ePsfh] ; a}sfo{
k|qmof / lg0fox? Kff/bzl{xgkb5 .

४. सार्वजनिक खरिदका प्रक्रिया (Public Procurement Process)

; fj\rlgs vl/bsf]kl/df0f, u0f:t/, k]kt cfldn]klg vl/b k|qofnf0{lgwf{/0f ub5 . ; a}
cj:yfdf vl/b k|qmofsf ; a}r/0f clgjfo{gxg ; S5 . ; fj\rlgs vl/df cfwf/e't k|qmofx?
b}kfo adfljnd 5g\

-s_ vl/bsf]cfjZostf klxrfg -Need Identification_- s]vl/b ug{, slt vr{nfug[, slt
kl/df0f / u0f:t/sf]xg[sg k|sltsf]vl/b ug[h:tf ljifox? oftr/0fdf klxrfg ul/G5 .

-v_ nfut cgdfgsf]l:js\t -Approval of Cost Estimation_- nfut cgdfgsf tof/l u/l
clwsf/ kfkt clwsf/laf6 nfut :jls\t ugkb5 .

-u_ vl/b of]hgfsf]tof/l -Preparation of Procurement Planning_- nfut cgdfgsf]; fy}
vl/bsf]ljlw; lxt vl/b of]hgfsf]tof/l ; fj\rlgs vl/b ug[lgsfon]tof/ ugkb5 .

-3_ vl/b sfof{jog -Implementation of Procurement_- of]r/0fdf b/efpkq jf afhkqsf]
tof/l, cfjÅfg, dNof°g, 5gf§, ;Demf}tf, jf:tljs vl/b jf sfo{0kfbgsf ;fy; fy}cgudg
;d} ul/G5 .

-ª_ vl/bsf]dNof°g -Evaluation_- vl/b ul/Psf j:t', ;]jf jf sfdsf]dNo, u0f:t/, ;do
cflbsf]dNof°g vl/b ug}lgsfosf] ;fy}cGo lgu/fgl lgsfon]klg ug{;Sb5g\. afxb
klf vf;u/l ;/f§/jfnf, gful ;dfh / ;#f/ hutn]klg vl/b sfof{sf]dNof°g ug{/
kl7kf}f0f0f kbfg ug{;5 .

५. सार्वजनिक खरिदको महत्व (Importance of Public Procurement)

cy{Gq, ;Zf;g, ljsf; / pQ/bfloTjsf]; Gbe}df ; fjhlgs vl/bsf]lgs}7hf]dxGj 5 . ;/sf/
/ hgtf alrsf];DaGw / ljZjf; :yfkgfdf o;sf]e\dsf xG5 . o;sf]dxTjnf0f{abfut ?kdf
lgDg ?kdf k|:t't ug{;lsG5-
-s_ ; fjhlgs pQ/bfloTj / hjfkmbÜxtf klj4§
-v_ kf/blz{tfsf]Uof°§6l
-u_ lghl If{gsf]lfdtf ljsf;
-3_ klt:kwf{klj4§
-ª_ ; fjhlgs ljZj;glotf klj4§
-r_ ljsf;df u0f:t/lotf
-6_ zf;slo k≈fjsfl/tf
-7_ lj1tf / lfdtf ljsf;
-8_ ;}t;f]pkofu
-9_ ; fdflhs Gofo
-0f_ nufgl klj4§
-t_ /fli6o / cGt/fli6o j\xtf klj4§ .

६. नेपालमा सार्वजनिक खरिद सम्बन्धी विद्यमान व्यवस्था (Existing Public Procurement Provisions in Nepal)

(क) नीतिगत र कानूनी व्यवस्था

Gfkfknsf]; Hwfgsf]k|:tfjgf, /fHodf glt lgb}zs l; 4fGt / glltx?df dh'sdf ;Zf;g :yfkgf
ug{lfljifo ;dfj}z ul/Psf 5 . /fhZj tyf vr{}Joj:yfsf]nflu pQ/bfloTjsf]Joj:yf ul/Psf
5 . x/{§ jif{cfo Joosf]ljj/0f ;+bfd kz u/l kf; ug@kb5 . ;fhlgs vl/b P}g, @)^# df
; fjhlgs lgsfon]ug{vl/bsf]ljlw, k|lqmof / lhDdf}jf/lsf]ljifodf a}xt Joj:yf 5 . ;fhlgs
kbflwsf/lx?n]cjnDag ug{vl/bdf lgDg adflhdsf]ljlwx? 5gM-

१) मालसामान, निर्माण कार्य वा अन्य सेवा

o; sf]nflu lgΩg k|sf/sf ljlwx?sf]Joj:yf 5 M-

■ cGt/fli6o :t/df vhf afhkq cfJxfg u/L

■ /fli6o :t/df vhf afhkq cfJxfg u/L

■ l; naGbl b/efpkq cfJxfg u/L

■ ; fem}vl/b

■ pkefQmf ; ldlt jf nfeufxL ; dbfonf0{; xefuL u/f0{

■ cdfgtaf6

■ Psdl6 b/ ljlw

■ Sof6nu ; lkÑ

■ lnld6}6 6Ω8l/Ë ljlw

■ jf0 Aofs ljlw -goff lng]k/fgf]lbg]

२) परामर्श सेवा खरिद गर्दा अपनाउनुपर्ने विधिहरु

■ Kfflt:kwfŒds k|:tfj dfu u/L

■ ; fem}jftftaf6

; fjflgs lgsfon]vl/bsf]Joj:yfkgsf]nflu vl/b 0sf0sf]klg Joj:yf ugŒbf5 . vl/bsf]nflu cfkltl:ttfsf]; l'l tof/ ugŒbf5 . t/ xfn o:tfl;l'l agfpg'clgjfo{gePtfklg lgodfg?k btf{ ePsf cfkltl:ttfx{?sf]; l'l cfjZostf cg'; f/ btf{ug{; lsGbΩJoj:yf ul/Psf]5 . afhkqdfkmt vl/b ubf{kj'{oflotf lgwf/{0f ug{klg ; lsG5 . o; sf]nflu k|:tfj cfJxfg ugŒbf5 . o; df offo ePsfx?dWoaf6 vl/bsf]nflu afhkq cfJxfg ul/G5 . afhkqsf]sfuhft tof/ ug{sfo{dxTjk0{{ xg]ePsfh]o; df lgs}Wofg k'/ofpgbΩbf5 . afhkqsf]; a}lj j/0f sf]; l'l agfP/ dNof°gsf]nflu /fVgbΩbf5 . k/fdz{; }f vl/bsf]lglZrt /sde'Gbf dflysf]vl/bdf cfzokq cfJxfg u/L :jls[t cfzokqx?dWoaf6 afhkq k|:tfj cfJxfg ugŒbf5 .

ख. संस्थागत व्यवस्था

; fjflgs vl/bnf0{Joj:yt ug{; fjflgs vl/b PsΩdf g};fjflgs vl/b cgudg sfofnosf]Joj:yf ul/Psf]5 . o; n];fjflgs lgsfon] vl/b ug{klqompmbnf0{; xlos/ f, cgudg / lgu/fgl ubΩ5 .

Psf]bkmf ^$ df ; fjflgs vl/b sfo0sf] cgudg, lgodg / ; fjflgs vl/b k|0fflnnf0{ Joj:yt ug{kwfgdGql tyf dGqlkl/ifbsf]sfofno cGtut{ Ps ; fjflgs vl/b cgudg sfofno /xg]Joj:yf 5 . o; sfofnosf]kdVef ljlzi6 >f0fsf]sdr{f/L -; lrj_ /xg]Joj:yf 5 . bkmf ^% df sfofnosf]sfd, st[o, tyf clwsf/sf]aft Joj:yf 5 . ; fjflgs vl/b lgodfjnl

@)^$ df klg ; fj[hlgs vl/b cgudg sfof[nosf]sfd, st{o / clwsf/sf]Joj:yf ul/Psf]
5 . lgodfjnlsf]kl/R5]b !$ cG‍tut{ lgod !$$ df of]Joj:yf 5 . o; lgoddf vl/b ;)aGwL
cgudg, ; fj[hlgs lgsfonf0{lgbÍzg, ; xhls/0f, clen‍yls/0f, ; l"gf kjjfx, cl‍boog cg'; Gwfg,
of‍hgf / tflnd, k‍ltj‍bg h:tf ljifox? /x]sf 5g\.

P‍gsf]bkmf !$* df ; fj[hlgs vl/b kg/fjnf[fg ; ldltsf]klg Joj:Yff ul/Psf]5 . o; sf]sfd
af‍hkqbftf jf k‍:tfjbftfn]kg/fjnf[fgsf]nflu lgj‍bg lbPdf ; f‍sf]kg/fjnf[fg ug{xf]. of]
; ldltsf]u7g gkfn ; /sf/n]ub‍5 . ; ldtdf tfl]sP adf‍hdsf of[lotf ePsfWoaf6 gkfn
; /sf/n]lgoOm ug{clWolf; lxt tlg hgf /xg]Joj:Yff 5 . ; ldtsf]5gf‍f ubf{kljlws lf‍g,
k‍zf:g Ifg / lj1sf];ml‍hg xg]Joj:yf ul/Psf]5 .

ग. सार्वजनिक खरिद ऐन र नियमावलीमा संशोधन
; fj[hlgs vl/bsf]ljifosf sltko klfx? Rfnfodfg x‍5g\. o; sf/0f P‍g lgoddf klg
; d; fdlos ; z‍ffg xgkb‍5 . g‍fnsf]; fj[hlgs vl/bsf sfg‍nx? Vff‍;u/L ; fj[hlgs vl/b
lgodfjnldf k6s k6s ; z‍ffg ePsf]5 .

; fj[hlgs vl/b P‍gdf ldlt @)&#.)#.#) df klxnf k‍6s ; z‍ffg ePsf]lyof]. o; df dfn;fdfgsf]
JofVofdf ; lhj jf lghl‍ j:t'klg ; dfj‍z ul/of]. ljz‍f kl/l:yltdf dxfdf/l klg yk ul/of].
nfut cgdfgsf]:jls[tsf]; DaGwdf s‍iL yk ul/of]. df‍hbf ; l‍L tof/ ugkg‍]klifonf0{Jojl:yt
?kdf pNn‍v ul/of]. vl/b clwsf/lsf]Joj:yfnf0{:ki6 kfl/of]. vl/b ljlwdf Psdl6 b/ ljlw
yk ul/of]. p‍Tkfbs jf clws‍t ljqmttfaf//f lgwf‍]t b/ -Sof6nu ; lkË_ ljlw / l; ldt af‍qbftfn]
dfq efu lng]-limited tendering_ ljlw / gofÍ lng]k‍/fgf]lbg]-buy back_ ljlw yk ul/of].
5gf‍f ePsf af‍hkqbftfnf0{al; k‍ltzt;Dd k‍zslsf]?kdf lbg ; lsg]Joj:Yff klg ul/Psf]5 .
vl/b ; D‍btfdf ljjfb ; dfwfgsf]klg kjwfg /fVgkg‍]Joj:yf ul/Psf]5 . P‍gsf]kfngf gu/‍df
To:tf kbflwsf/Lpk/ ljefulo sf/jfxL ug{; lsg]klfjwfg yk ul/Psf]5 . P‍g adf‍hdsf]vl/b
k‍lqmof ckgfpg'gkg‍{cj:yfx?sf]lj:t‍tLs/0f ul/Psf]5 . Affwf c8‍sfp kmsfpg]Joj:yf yk
ul/Psf]5 . g‍fnsf]; lwjfg hf/L ePkl5 ; f]cgs‍h agfpg ldlt @)&%.!!.!(df klg P‍gdf
; z‍ffg ul/Psf]5 .

; fj[hlgs vl/b lgodfjnL @)^$ df eg]xfn; ‍Dd !@ k6s ; z‍ffg e0;; ‍sf]5 . afÃf‍; z‍ffg
g‍fn /fhqmf ldlt @)&(.).#.@) df k‍sfzg ePsf]xf]. of]; z‍ffgn]lgodf0{ Joj; folsf]oflotfsf]
cfwf/df s‍L ; z‍ffg u‍;f]5 . :jb‍l afhf/jfnfx?al; r dfq kl:t:kwf{u/f{ vl/b ul/g]
lgodfjdf /sd a9f0 tlg ca{?kbflf6 kfr ca{?kbÍff k‍of0Psf]5 . b0{vfd ljlw -k‍ljlws
/ cfly‍ k‍:tfj_ af6 ul/g]vl/bsf]sof]kljlw yk ul/Psf]5 . lgdf0{fsf]sfosf]af‍hkqsf]ljz‍f
dNof°g ; DaGwdf klg s‍L ; z‍ffg ul/Psf]5 . ;lrj jf ljlzi6 >0‍lsf]k‍zf;slo kdVn]

cfkbgf]sfofhosf]nflu ul/g]vl/bsf]cfzokq dfu u/l Ps txdflysf]clwsf/lsf]:jls|t lng gkg[Joj:yf ul/Psf]5 . vl/b ;Demflfsf]cjlw yk ug{ljifodf ; zflvg ul/Psf]5 . ;Demflf ubf{qm]86 nf0gsf];ljwfsf]ljj/0f kbz ug[kg[eGg]Joj:yf x6f0Psf]5 . sfnf];Hlsf]lg0f6 sfof{jog ;DaGwdf ljzbf Joj:yf ul/Psf]5 .

७. सार्वजनिक खरिदको चुनौती (**Challenges of Public Procurement**)

; fjhlgs vl/bsf];jfn gkfndf lgs}rrf{xg]u/$sf]5 . ; fjhlgs vl/bsf]qmddf ; dodf sfd ;DkGg gxg'; DkGg ePsf]sfdsf]u0f:t/ sdhf]/ xg'; vl/bsf]ljlw kl/kfngf gxg'h:tf ; jfn cfd ?kdf blJG5 .

; dudf ; fjhlgs vl/bsf lgDg rbfftl /x$sf 5g\
-S_ Pg sfg]gnf0{; d;fdlos agfpg g;Sg'
-v_ ; fjhlgs kbflwsf/lsf]lfdtf, kltj4tf, ljZjf; / tTk/tf sdhf]/ xg'
-u_ lghl lfQsf]lfdtf / lhDd]jf/l kj4g xg g;Sg'
-3_ lgsfout ; dGjo, ; xsfo{/ ; fembf/leGbf xfgfyfk h:tf]blJvg'
-a_ ; dodf g}u0f:t/lo vl/bsf]nflu pTk/]/0ff gxg'

८. निष्कर्ष (**Conclusion**)

; fjhlgs vl/b ; fjhlgs lgsfon]dNo lt/l ug[vl/b xf]. o:tf]vl/bdf ; fjhlgs pQ/bfloTj xG5 . t; y{ sfggsf]kl/kfngf ljgfsf]vl/b ug{kfObg . ; fjhlgs vl/b ubf{lgod / lgot bj}}dxTjk0f{/xG5g\. o:sf]nflu klzf;lgs, klljlws / sfggl bIftf ; fjhlgs kbflwsf/ldf clgjfo{xG5 . o:sf]nflu lgsfout ; xofu / ; dGjo dxTjk0f{xG5 . ; fy} Jo0jxfl/s lj1sf] klg ; xofu lng ; lsG5 . vl/bdf cfkl'f{tfhnf{f0{lhDd]jf/ agfpg'klg plQs}cfjZos xG5 . o:f]xg ; sdf ; fjhlgs lgsfon]u/$sf vl/bx?df kZg p7g]]Defjgf sd /xG5 . ; Zf; g, blufl]ljsf;df ; 3fp kUg sf ; fy};/sf/ / cfd hgtf alrsf]ljZjf; kj4g xG5 .

सन्दर्भ सामग्री
■ gkfnsf]; ljwfg
■ ; fjhlgs vl/b Pg, @)^# / ; fjhlgs vl/b lgodfjnl
■ ljZj a}ssf]kltj]bg @)@!
■ ; fjhlgs vl/b cgudg sfof{nosf ksfzgx?
■ ; fjhlgs vl/b ; DaGwL klzlfs klzlf0f, @)&(cfiff9df ; xeful xbfsf ; fdul|x?

हुलाक बचत बैकः सिंहावलोकन

निशा थापा राउत*

परिचय

l; 4fGttM xhfs a}sª ;]f Pp6f ;fwf/0f art k)ffnl xf]. a}sf]kxf= gePsf a]nf ; /sf/n] lhNnf xhfs sfofno dfkmt xhfs sdf/L / ;j{fwf/0fdf 5I/P/ /x}sf]klhnf0f{Psls]t u/l gful/sdf art ug{afgLsf]ljsf; u/fpg] / ljQlo ;]f pknw u/fpg] p2/osf ;fy cf=j= @)##÷#$ b}v xhfs art a} ; ~rfng ub{cfPsf]5 . xhfs ;DaGwl k/lnt sfg)n]xhfs art a}s;DaGwl 5§}kl/efiff ul/Psf]geP tfklg xhfs sfofnox?af6 ;~flnt ePs}h]xhfs art a} elgPsf]kf0G5 .

cfwlgs a}sf];]f ;Dej gePsf ufdl0f euf ul/a / ljkGg hgtfdf artsf]afgL a;fNg]/ pglx¿nf0{klg a}sª ;]f]lx:;]bf/ agfpg]kdf;j¿k sl/a rf/ bzs cl3 b}v ;rfng xb}cfPsf art a}x? ;fgf tyf ul/a nufglstf{sf nflu ;/n / ;xh ljlQo ;]f kbfssf ?kdf /xb}cfPsf 5g\.

xhfs ;]f ljefusf]cflo;]f tyf l6s6 zfvfn]o; a} ;DaGwl sfo{xg]]ub5 eg]art a} ;DaGwl glltut lg0f6;]rf] tyf ; ~rf/ dGqfnosf ;lrjsf]cWolftdf /x}sf]xhfs art a} ;Nnfxsf/ ;ldltsf]l;kml/; df ;rf] tyf ; ~rf/ dGqfnosf ;lrjaf6 xb}u/]sf 5 . xhfs art a}sf] ;~rfng 5§}hgzlQmaf6 geO{xhfs art a} ;~rfng cgllt k[Kt xhfs sfofnosf]b/aGbldf sfo{t hgzlQmaf6}xb}u/]sf 5 . art a} ;~rfngdf ;xtf Nofpg / sf/f]f/sf]; dGjo ug{sfo{s/0Lbdf s0b|o wgfbz xhfsf]ub5 .

कानूनी आधार र व्यवस्था

xhfs P]g, @)!(,xhfs art a} lgodfjnl @)## tyf xhfs art a} sfo{{ ~rfng lgb{zsf, @)^^ sf k[jwfgsf]clwgdf /xl xhfs art a}x? ; ~rfng÷;~rfng÷Joj:yfkg xb}cfPsf]5g\. xhfs P]g, @)!(sf]bkmf $@ s tyf xhfs art a} lgodfjnl, @)## sf]lgod # adflhd gkfn ;/sf/nxhfs art a}sf]sf/f]f/ ug{kfpg]xhfs sfofno gkfn ;/sf/n]/fhkqdf ;rf] k;flzt u/l tf]g ;Gg]Joj:yf /x}sf]5 .

xhfs art a}nf{kef]fjsf/l 9utaf6 ;~rfng ug{sfddf xhfs ;]f ljefunf{; xofdu / ;Nnfx lbg cy{Dqfno / gkfn /f6«a}sf kltlglw ; dt /xg]u/l ;~rf/ tyf ;rf kljw dGqfnosf] ;lrjsf]cWolftdf xhfs art a} ; Nnfxsf/ ;ldt /xg]Joj:yf lgodfjnln]u/]sf 5 .

JolQmut vftf, ; ਰOm vftf / gfjfns vftf u/L tlg lsl;dsf vftf vfhL gkfnL gful/s /
k|rlnt gkfn sfgǥ adf]hd ul7t jf btf{ePsf ; ३; :yf jf lgsfon]art a\$df /sd hDdf ug{
; Sg]Joj:yf 5 . vftfjfnfnf0 dfl;s ?kdf Jofh k|bfg ul/G5 . a\$df df]ibft /x\$f]/sddf
lb0g]Jofhb/ / Jofh lbg]k|qmof xhfs art a\$; Nnfxsf/ ; ldltsf]l;kmfl/; df ; ⊞f/ tyf
; Čgf k|jlw dĞqfnon]tf]slbP adf]hd xৄ]ub৷ . xfn gful/sn]art u/\$f]/sddf ^ k|tzt
/ j[4j[4fsf]xsdf * k|tzt Aofh kৄfg ug{Joj:yf 5 .

a\$df art ePsf]/sd dWo]vftfjfnfx?sf]lgoldt sf/f]af/af6 a9L ePsf]/sd nufgL ug{
; lsG5 . /sd nufglsf nflu art a\$; ~rfng ug{xhfs sfof|on]nufgL ug{kJ{s|ǥlo
wgfb৷ sfof|no dfkmt ljefuaf6 nufgL cgdlt k|Kt ug[kg[xG5 . art a\$saf6 x¾]kf]e\$
nufglsf]:jls[t /sddf)% -zĞo bzdnj kf्r_ k|tztn];Jf zNs nfUb5 .

art a\$n]; sng u/\$f]/sd ; DalĞwt lhNnfdf /x\$f]gÚfn ; /sf/sf]; /sf/L sf/f|f/ ug{
a\$sf];fy}cĞo jfl0fHo a\$x?df art a\$; ~rfng ug{sfof|osf]gfddf vftf vf]L /flvG5 .
vftfsf]; ~rfng ; DalĞwt sfof|no k]dV / art a\$ zfvfsf]k]dVsf]; ⊞f b:tvtaf6 xৄ]
ub৷ .

art a\$; ⊞rfng ug{; DkDf{{xhfs sfof|ox? art a\$ sf/f|f/sf nflu sGfl]o wgfb৷ sfof|no
k|t hjfkmb\$L / pQ/bfol xৄ]ub৷g\ . art a\$sf]sf/f|f/sf]cf⯼tl/s n]Vfk/L|If0f ; DalĞwt
sfof| tyf n]Vf lgoĞqs sfof|no / clĞtd n]Vfk/L|If0f dxfn]Vf k/L|Ifssf]sfof|oaf6 xৄ]ub৷ .

वर्तमान अवस्था

cf=j=@)%)÷%! ; Dddf &) j6f lhNnf xhfs sfof|no, $ j6f xhfs lgb৷zgfno, uf7jf/f xhfs
sfof|no / $@ j6f 0nfsf xhfs sfof|no; d|t u/L hDdf !!& j6f xhfs sfof|nox?af6 art a\$
; Jf ; ~rfng xb}cfPsf[df cf=j= @)&&÷&* c〠To ; Dddf ^* j6f xhfs sfof|nox?af6 sf/f|f/
ePsf]b\$Č5 . ; a৷Gbf a9L lglfk ; sng ug{# j6f art a\$x? qmdzM lhNnf xhfs sfof|no
afs]] u了jf/f xhfs sfof|no / lhNnf xhfs sfof|no /f्tx6 /x\$f 5g\. $ b}V * s/f৷ ; Dd
lglfk ePsf]lhNnfsf]; Vof !! /x\$f]5 . o;u/L, ! s/f৷ b}V $ s/f৷ lglfk ePsf lhNnfsf]
; Vof @# /x\$f]5 .

sf/f|f/ ; ~rfng ug{xhfs art a\$x? dWo]%& j6fn]C0f nufgL ug{cgdlt k|Kt u/\$f 5g\.
sf/f|f/ ; ~rfngdf /x\$f art a\$x? dWo]%$ j6f art a\$x? gfkmfdf ; ~rflnt 5g\eg]^
j6f lhNnf xhfs sfof|nodf ; ~rflnt / ^ j6f 0nfsf xhfs sfof|nodf ; ~rflnt art a\$x?
3f6fdf /x\$f 5g\; fy}@ j6f lhNnf xhfs sfof|non]sf/f|f/ lgliqmo cj:yfdf /x\$f]b\$Č5 .

विवरण	आ.व. २०७७/७८ (रु.)
sh vftf ; Vof	^#*#%
sh bfloTj	!,^$,!),*),$$!=)(
nufgl	#,%(,$^,)),()=*)
a$ dfHlbft	!,^!,)@,)&,^*^=^!
vb gfkmf	$!,@*,#&,$%#$*
3f6f /sd	@,%^,*#,(%(%#
3f6fdf /x$f art a$x?	lhx'sf= wflba, lhx'sf= afh'/f, lhx'sf= /; jf, lhx'sf= aemfa, lhx'sf= 8flkf, lhx'sf= hfh/sf6, 0x'sf= l; d/f, 0x'sf= s[0fgu/, 0x'sf= lzjgu/ 0x'sf= 06x/l 0x'sf= 0g?jf 0x'sf= r$pk/,

समस्या र चुनौती

xhfs art a$af/]kof(t k|rf/k|; f/ gxg', xhfs art a$n]kbfg ug{Jofhb/ thgfTds ?kdf Gob xg', nufglsf]bfo/f sd{f/ldf dfq I; ldt xg', k|jlwdfGl xhfs art a$; ~rfng ug{u/pg g; lsg', 0nfsf xhfs sfofho?af6 nufgl gul/g' ,xhfs sfofho?df b/aGbl cg?k kbklt{xg g; Sg', art a$df sfo{t hzflOm sf]lfdtf ljsf; df nufgl sd xg'xhfs art a$; DaGwl kpV ; d:of xg\.

art a$; DaGwl k|rlnt P0g sfg"df ; d; fdlos kl/dfhg=; zf}lg ug{ nufglsf]Joj; flos/0f tyf ljljwls/0fsf nflu bl3{sflng /0fglt canDag ug{ xhfs art a$af/]Jofks ?kdf k|; f/k|; f/ u/l gful/s ljZjf; cfhg ug{ 3f6fdf ; ~rflnt art a$x?sf]clanDj Joj:yfkg ub{gfkmfdf ; ~rflnt art a$x?sf]gfkmfdf lbufkgf sfod ug{,k|jlwdfGl Ifdtfjfg / pRr dgf](|lxt hzflOm Joj:yfkg ug{ cgnf0g k|jlw dfkmf art a$x?sf]lgoldt cgudg dNof°g k0fnl ljsf; ug{r0fTl / cfjZostf alg; s$f]blV05 .

अन्त्यमा,

; tGm /fi6«; ; 3lo ljsf; sfo(qmdn]Postal Savings as a means of reducing poverty@ egl :jlsf/ ul; s$f]kl/jt} / u/lax?sf]a$sf]?kdf ef/tdf ; d} kl/lrt art a$x? cfkmdf ; zGm ljlQo ; tGq xg\.

art vftfsf]dfq$sf/faf/ xg]/ artstfnf0{lbgkgf[lofh ; /sf/n]Joxfg]dha't k|jwfgsf sf/0f tTsflng ; dodf hgdfg; df nfkol ag$f gkfnsf xhfs art a$?lt kl5Nnf]; do lhNnf xhfs sfofho, aemfa / /flx6df 36$f lxgfldgf h:tf 36gfsf sf/0fn]gful/sf]

cfzsf a9fPsf]cj:yf ljwdfg 5 . Joj;flos a$x?sf]thgfdf Goÿ Jofhb/ kf{Kt xÿ]/ C0f nufglsf];ljwf cfkmhf0{kf{Kt gxÿ]sf/0fn];dt kl5Nnf cflys jif{x?df art a$af6 /sd lem$g]art stf{x?sf];Vof pNn]Vglo dfqfdf j|4 xb}uPsf]blVG5 .

kl/jltt{ jtÿfg ;Gbeÿf, Aofhb/df ;dofg;h kl/dfhÿ, nufglsf] bfo/fdf lj:tf/, ;f+gf kl[jlwsf]pRrtd pkof|], lgoldt cgUdg dÑof°gsf]cfwf/df b08÷k/:sf/ / ;Wf/sf]kxn, art a$sf af/]cledlvs/0f / cfwlgs a$sª k0ffnldf cfwfl/t xhfs art a$; ~rfng g} art a$x?sf]cfhsf]cfjZostf xf]. art a$x?sf];du| cj:yfsf]lj:tt[cWoog u/l art a$; ~rfng ;Dafüwdf /0fgllts ?kdf cl3 a9g ;Dk0f{; /f$f/jfnf klfx?alr 3gle't 5nkm ,;dÿjo / ;xsfo{u/l gllt ut kxn xÿ'h?/l 5 .

सन्दर्भ सामग्री

■ xhfs Pÿ, @)!(
■ xhfs art a$ lgodfjnl, @)##
■ xhfs art a$ sfo{~rfng lgbl{zsf, @)^^
■ s$b|o wgfbÿz sfof{osf]jj[;f06
■ ljleGg ;dodf ljleGg kqklqsfdf k$flzt n]Vx?

कर्मचारी अवकाश उमेरहदको व्यवस्था, अवस्था र आवश्यकता

बाबुकाजी कार्की*

लेखसार

sg}klg ;Ul7t ; +yf ; #fngsf nflu blf hgzlOmsf] vffrf]k5{. ;+7gsf]p2}o kl/kl't{ ughf0{ljleGg tx / :t/df cfjZostf cg';f/ ; lfd hgzlOmsf] 5gf$ tflsPsf] ljlwkj]{$ ul/G5. hgzlOmsf]rogsf qmddf tflsPsf]kb / ;]fdf s]s:tf ;lawfx? kbfg ul/G5 eGg] af/[df ; +yfsf]k$|t cg';f/ Pg, lgod, sfg$, ljlgod cflbdf k|i6 pNn]V ul/Psf]xG5 . :yfOl ;/sf/sf]?kdf lrlgg]gk{kfnsf]lghfdtl ;]fd klg kblo xl;ot cg';f/ sd(f/lsf]sfd st{o / clwsf/ ;IglZrt ul/Psf]5 . sd(f/LnfO{cfkmgf]st$o pT;fxkj]{$;DkGg ug{o:tf pTkk$f0ffsf k{jwgfn]pNn$]o eldsf vli]jf:tljstf xf]. To;dWo]sd(f/lsf jsfrz pd]/xb, kl];g ; ljwfsf]klg pNn$]o eldsf vli]sf]xG5 . t/, jtdfg lghfdtl ;]fd sd(f/lsf]%* jif{[cjsfrz pd]/xb ljZj kl/jz tyf gkfn s}tYo / tYofssf]cfwf/df klg a9fpgkg{{rrf{ ahfavt rlnb}; hfpb}uPsf]huhfx$| g}5 . cjsfrz pd]/xb lsg / slt a9fpbf pkoOmxG5 eGg];beedf kl:t$t nYdf phfu/ ugefkbf; ul/Psf]5 .

विषय प्रवेश

;]f/t sd(f/Lnf0{; +7gsf]sfg$ adflhd ;]faf6 cfkÍrfl/s ?kdf ljbf0{ug{g}cjsfrz xf]. cjsfrz ;DaGwl ljZjJofkl dfGotf / cEof;x? 5g\. gkfndf lghfdtl ;]f Pg, @)$(tyf lgodfjnl, @)%) df lghfdtl sd(f/lx?sf]cjsfrz ;DaGwl Joj:yf ul/Psf]5 . lghfdtl ;]fsf]clgjfo{cjsfrz pd]/ lgwf{0f ug{ljleGg cfwf/x? xG5g\. b}zsf]cfly$; cj:yf, blf hgzlStsf]pknAwtf, a]/fhuf/lsf]cj:yf cflbsf]cnf dVottM gfful/sx?sf]t cfohf0{g}dVo cfwf/ dflgG5 . cjsfrz xb]pd]/ vf;u/l b}zsf hgtfsf]cf}t cfo'/ b}zsf]cfly$; cj:yfn]lgSof{th ub5 . clgjfo{cjsfrz kOfnlsf]p2}o zf/ll/s ?kn]c;dy{sd(f/lcf/fd lbg] sfof{t sd(f/lsf]kbf@gtl nufot jlOljsf; sf nflu cj; / lbg] / goff kjljO@lg/Gt/tf lbg' xf]. cjsfrz pd]/xbsf]lgSofth ljleGg cfwf/df 6}$l ul/G5 . h; df Gfful/ssf]cf}t cfo'. al/fhuf/ b/sf]cj:yf, ljleGg pd]/sf hg;+Vof, sd(f/l hgzlOmsf]zf/ll/s tyf dfgl;s tGb?:tl cflb kdV xg\.

अवकाश उमेरहद निर्धारणका आधार र अभ्यास

lgodsf]kl/dfhg{ cWoog cg';Gwfg tyf ljZj kl/jz sf]cfwf/ eGbf klg xrjfsf]e/df xbu]u/[sf]au|Ltl pbfx/0f kf0G5 . h;sf]Ps Hjn$t pbfx/0fsf]?kdf lghfdtl ;]f Pg, @)$(df %* jif{;]fcjlw kU[f sd(f/ln :jtM clgjfo{cjsfrz kfpg]Joj:yfkf0{lng ; lsG5 . lghfdtl

;]f P‌ℊ, ®)!# / lgodfjnl, ®)®! n]clgjfo{cjsfzsf]pd‌/ ^) jif{sfod u/‌§sf]lyof]. lj‌⸗‌⸗
®)$(; fndf lghfdtl ;]f Pℊ, ; z‌fℓg u/‌/‌‌‌‌/ cjsfz pd‌/ ^) af6 %* jif‌(df 36fpℬf gℂfnlsf]
cf} t cfo'%® jif{lyof]. o; /l ^) jif{af6 %* jif‌(df 36fpg‌sf]sf/0f k‌z‌f;g ; ‌f/ ; ℮mℓj
cfofl‌sf]k‌ltjℬg ®)$* n]sd‌f/l ; ℣ofdf s6‌tlsf]l; kmf/lz ug{k‌dV dflgPsf]5 . o; /l ^)
jif{pd‌/xb PsfPs %* jif{emf/‌/‌ ;]fcjlw #) jif{agf0Psf]lyof]. o; Joj:yfn]# xhf/ ® ; o
sd‌f/lsf]hflu/ vflℓ Psf]lyof].

lghfdtl ;]fdf cjsfz pd‌/‌xb j‌4 ug{rrf{ahfavt xℊ‌]u/§sf]5 . gℂfndf /flℓ6‌o hgu0fgf
®)^* cg';f/ gℂfnlsf]cf} t cfo'dlxnfsf]^& / k‌?ifsf]^% jif{kU‌sf] 5 . lzlff, :jf:Yo tyf
hgr‌tgfdf pNn‌/Yo ljsf; / lj:tf/ xb}u0‌x‌§sf]jt‌/dfg kl/j‌n]ubf{cfufndl jifℬ?df cf} t
pd‌/ cem a9ℊ‌df zsf 5ℊ‌‌. clxn]klg /fℂo sf‌faf6 tnj eOf vfℊ‌ljeℊg k‌]fsf]pd‌/ xbdf
ljljwtf / ljeℬ kfOG5 . /fℂonf0{b‌/ufdl c; / kℊ{clℂtd lg0f6 ug{cfℂxbfdf a; ‌§sf ; ⸗ℬflgs
kbflwsf/l tyf ; jif{r cbfntsf ‌ofowlzsf]clgjfo{cjsfz pd‌/ ^% jif{5 . lhNnf cbfnt
tyf kg/fjℬg cbfntsf ‌ofowlzx‌? ^# jif{; ‌Dd ;]fdf a:g kfpg‌; ljwf 5 . zf/ll//s /
afℓ4s‌kdf ; lℊm el‌dsf lgjfℬ ugℊ‌ℊ‌{‌lzlfsx‌?sf]nflu ^) / ljZjljBfnosf k℟ofdfksx‌?sf]
nflu ^# jif‌§sf]cjsfz pd‌/‌/ xb tflℂsPsf]5 .

csfℂℬkm{lghfdtl ;]fdf zf/ll/s tyf dfgl; s?kdf czQm xℊ‌]egl lghfdtl ;]faf6 clgjfo{
cjsfz ePsf %* jif{pd‌/ sf6l; s‌‌§sf lgal‌t sd‌f/lnf0{g‌}; aℓfflgs kbx?df ^% jif{; ‌Dd
lgolQmℬsf]cj; / / kbfg ug{lj//‌fℓfef;/K0f{5 . at‌f‌fg kℂjfg cg'; f/ k‌?ifn]#% jif{/ dlxnfx‌?n]
$) jif{; ‌Dd / :sf/l ;]fdf kjj‌/ ug{kfp5g‌\. o; /l $) jif‌(f ;]f kjj‌/ u/§sf dlxnf %* jif‌(f
cjsfz xbf !* jif{gℊ‌/l cjlwxℊ5 hjsl k‌‌‌; kfpg ®) jif{gℊ‌/l cjlw k‌g'kbℂℊ . o;
cyℬf klg clojxflℓs pd‌/‌xb dℊ‌g ; lsℊ5 . /fi6‌« / hgtfnf0{b‌/ufdl c; / kfg{lgolfℊ‌ txdf
a:g]o:tf kbflwsf/lsf]pd‌/‌/ a9l / gllt lgod sfofℂℊjog ug{/fi6‌«‌Js sd‌f/lsf]pd‌/‌df & jif{
; ‌Dd sdlsf]km‌/s xℊ‌df s‌ℊ}j}‌flgs cfwf/ 5ℊ‌‌. /flℓosf]:yflo ; /fⁿ/ ?kdf ln0Og]lghfdtl
;]fd b‌/ufnl c; / kfg{lgolfℊ‌ txo / ; ℑ‌osf]ljℓniℬf0 gu/l cfbℬ / lgbℂⁿsf]e// cjsfz pd‌/
36fpg]cj}‌flgs / ljeℬsf/l lgol0fℊ xℊ‌/b‌ℊ'lⁿo lyof].

अन्य देशहरुको अवकाश उमेरहद नीति

cℂo bℓx?sf]cjsfz pd‌/‌/ qmdz a9fpb}nu‌§sf]kf06‌5 . ; fs{/fi6‌Ⓧ?df gℂfnsf];aℂbf sd
cjsfz pd‌/‌/ 5 . ef/t, kflis:tfg, dfnlbℰ;, >lnⓢf / ckmuflg:tfgdf ^) jif{eⓢfgsf]^%
tyf a‌fnfbℓsf]%(jif{5 . rlg, hfkfg, dll;‌of nufotsf Plzofsf bℓx?df ^) jif{pd‌/‌/ xb
5 . ‌o:t}ljsl; t bℓx? gj‌/ gb/‌Noff08, 8ℊdfs{ cf0‌Nof08, ul‌;, 0h/fon cflb bℓx?df
^& jif{tflⓢPsf]5 . ciⓞnof, 8ℊℊdfs{ nShℬau{ ; f0k‌‌; nufotsf sltko o/⸗kℊg bℓx?df

^% jif{cjsfz pd/xb ePsf]kf0G5 . chG6gf, cli6of, rlg, /l;of, ahfot,r]} u0ftGq cflb b]zx?df k?ifsf]eGbf dlxnfsf]cjsfz pd/ sd /flvPsf]kf0G5 .

निवृत्तिभरण सम्बन्धी मौजुदा व्यवस्था र अवस्था

■ al; jif{jf ;f]eGbf a9L ;do ;Dd ; /sf/L ;]jf u/]sf]lghfdtl sd{rf/ln]h0Ddf ;]jf cjlw u0fg clGtd tna :sh /sdf0{%) n]efu u/] cfpg]/sd lgj|Qe/0fsf]?kdf kbfg ul/G5 .

■ lgj|Qe/0f kfpg]cj:yf / pd/sf]xb %) jif{k/f ePsf]/ ;Dat @)$(;fn sflQs @! ut]eGbf cl3 lghfdtl ;]jdf kj{z u/]sf dW]o]^) jif{pd/ ggf3g]u/L / ;]eGbf kl5 lgolQm ePsfsf]xsdf %* jif{ggf3g]u/L a9ldf & jif{Dd ;]jf cjlw ykl lgaQe/0fsf nflu l;kmf/l; ug{;lsg]Joj:yf 5 .

■ o;/l ;jR5s cjsfz lnb]Ps >Qfl dflysf]a9jf xg]kfjwfg klg /flvPsf]5 .

■ lghfdtl sd(f/lsf]tna al4 xbf tnasf]z? csdf hlt al4 ePsf]5 To;sf]b0{txf0{ /sd ;dfg kbsf lgj[t sdf(/lx?sf]lgj|Qe/0f /sddf yk ul/G5 .

■ ;]jdf 5b}jf lgj|Qe/0f kfpg yfn]sf]; ft jif{(gkUb};df/(/lsf]d]o'ePdf lghsf kl/jf/n] ;ft jif{(kUg]cjlw;Dd kfl/jfl/s lgj|Qe/0f kfpg]5g\.

■ lgj[t sdf(/lsf]d]o'ePdf lghsf]klt jf kTgln]cfhljg cfwf /sd lgj|Qe/0f kfp5g\.

■ To:tf]ljw// klt jf klTgn]csf{l]jjfx u/(df of];ljwf kfpg]5g\. t/ gfflnu ;Gtfgn] aflnu geP;Dd tfSlsPsf]/sd kfpg]Joj:yf 5 .

■ lgj|Qe/0f lng]sdf(/L akQf ePdf lghsf]kl/jf/nf{kbfg ul/G5 .

■ ;]jdf /xl sfd ub}(x]Psf]sdf(/L x/f0{{akQf ePdf pkbfg jf lgj|Qe/0f /sd lghsf]kl/jf/nf{ldb0G5 .

■ lgj|Qe/0f sflf Pj, @)&% n]ofu]ubf(lx]s lgj|Qe/0f kpfflsf]Joj:yf u/]sf]5 .

प्रस्तावित विधेयकमा राखिएका अवकाश उमेरहद र निवृत्तिभरण सम्बन्धी प्रावधान

lghfdtl ;]jfsf sdf(/lx?sf]cjsfz pd/xb al4sf]ljifodf nfdf];dosf]ax; kl5 /fHo Joj:yf; ldltn]6Ë*bfPsf]5 . lghfdtl ;]f Pj,)$(df /x]sf]%* jif(df cjsfz xg]kfjwfgnf0{ ^) jif{k]ofpg];{Qdt lg0fob ePsf]5 . /fHo Joj:yf; ldltdf ;xdlt eP cg';f/ lj= #@@! ;fndf hGd ldlt ePsfn]^) jif(df, @)) ;fn hGd ldlt ePsfn]%(jif{^ dlxgf, @)!(;fndf hGd ldlt ePsfn]%(jif{/ @)!* ;fndf hGd ldlt ePsf sdf(/ln]%* jif{^ dlxgfdf cjsfz kfpg]Joj:yf ul/Psf]5 . To:t}dfly tf]lsPsf cjsfz pd/xb leq /xg]u/L dVo ;lrjsf]sfo]fn # jif{/ ;lrjsf]sfo]fn % jif{/xg]kfjwfg ;dfj]Psf]5 . lj= #@$(sflQs @! ut]cl3 lghfdtl ;]jdf axfn e0{pd/xbsf sf/0f clgjfo]{cjsfz xg]lghfdtl sdf(/lsf];]jf cjlw lgj|Qe/0f kbfhgsf nflu ^) jif{g3fUg]u/L a9ldf b0{jif{yk ug{Joj:yf ljwbsf 5 .

lgjl|Qe/0f ; DaGwL k|:tfljt ljwb|sdf ; /sf/L sfdsf]l;nl;nfdf 3f0t]e0{czQm ePdf cfhljg kl|; g lbg] dl[o'ePdf oful|bfgdf cfwfL/t lgjl|Qe/0f nfu"xg'cl3 egf{ePsf lghfdtl sd[f/lsf] kl/jf/nf0{Psdl7 % nfv lbg]/ kl/jf/nf0{kl|; g pknmw u/fpg] oful|bfgdf cfwfL/t lgjl|Qe/0f nfu"eP kl5 egf{ePsf lghfdtl sd[f/lsf xsdf kl/jf/nf0{!) nfv pknmw u/fpg] ;xdt ; ldltsf]a]7sn]u/]$]f]5 . ; 3lo ; +bsf]clwj]z|g af6 kfl/t eP kl5 nfu"xg]o; ljwb|sdf cjsfz k|Kt sd[f/ln]k|olf / ;lqmo /fhglt u/]df, fdflhs ; befj vnaNofpg]] ;/sf/ / /fHo lj?4 cle|JolQm lbPdf, ufl|o ; |gfx? vhf; f u/]kli6 ePdf ; /sf/n]kl|; g /f$g ; Sg] goff kljwg klxnf|]k6s ; dfjlz ul/Psf]o; ljwbsn]lghfdtl ;]fnf0{;dosf]dfu cg'; f/ Jojl:yt agfpg ;fy] eldsf vfyff vll] cg{cl3 g/a$]]o; ljwbsn] lghfdtl ;]fnf0{;dosf]dfu cg'; f/ Jojl:yt agfpg ;fy] eldsf vfyff vll] cg{cl3 g/a$]]

निजामती सेवामा उमेरहद ६० वर्ष कायम गर्नुपर्ने कारण

- pd/xb a9fpg];Gbe{df k|zf; g ;f/ / ;efj ; ldltn]@)&! ; fndf g}lghfdtl sd[f/lsf] cjsfz pd/ xb %* af6 ^) jif{kl|ofpg Gofof0{|rt xg];efj ; /sf/df kl:tt ul/; s$]f] lyof] . To:t}nf$;]f cfof0{lun] ; d] pd/xb a9fpg plrt xg]/fo ; /sf/nf0{klxNo} lb0; s$]f] lyof].
- lj =+@)%* k'; @% df d$qld08nn]lg0f6|u'l nf$;]f cfof0{;u k/fdz{dfu;f]/ @)%(a*fv # ut]; xdlt kbfg u/$]f] lyof]. t/ JolStut nfexgflsf]lx;fa lstfa u/$] ;/f/fds cfjZos kl|qmof cl3 a9g ; skg .
- kl|; g nufotsf]vr{jl4, ; /b/ cfodf al4sf]sf/0faf6 hljgsf]pmhf$Ln ;dodf g}jlx/udg e}lgisb /xgkg|{jfNotf tyf /fHon]sdf/lsf]sfol:ftfsf]ldtf a9fpg nufPsf]nufnsf]klt]kd kl|; t xbf xb} cjsfz xgkg{Ioyf{tfnf0{;dl; aflog ug{ kfg pd/xb a9fpg'plrt 7x5{.
- kl5Nnf]t'Yof$s cg'; f/ gksfnsfl]cf}}t cfo'clxn]^(jif{kuj|f]5 . clxn$]f]%* jif{df g}cjsfz xg]kl|jfg cj]flggs / cJojxflvs 5 .
- ; fwf/0ftof|l @$,@% jif{f]pd/df zfvf clws$t kbdf kjl u/f$fn]pk;lrjdf a9jfsf] nflu lgofg'; f/ / a9jfsf]cfjZos Hol7tfsf]cs kl|Kt ug{!@,!# jif{ogj{k5{. oxl qmddf ; x;lrjdf a9jf xbf %@,%# jif{df dfq ; ej b|]VG5 . ;x;lrjdf a9jf ePsf]% jif{kl5 dfq ; Lrjsf]kl|ofzlvsf]nflu ofNo pDdbjfr/ xG5 . nuttf/ a9jf eP/ ; Lrj ag] klg k/f sfo$sfn sfd ug{gkf0Osg %* jif$]cjsfz kfjwgsf cfwf/df cjsfz xgkg{ blVG5 . vhf kl:t:kwf|af6 cfpg]]efjgf eP tfklg cgbj]jnf0{pk]ff ul/g'Gofof0{rt 7xl/G5 .
- sdf/lnf0{rfBjcjsfz lbP/ a/fflhuf// ojf hgzlQmnf0{/flhuf/l lbg]elgP tfklg

sh hg;Vofsf])@) kltzt hgzlOm lghfdtl ;]fsf]b/aGbldf aifGl s/la @ xhf/n]
cjsfz lnPsf xG5g . hasl klos lbg !^ ;o ojfhgzlOm cGt/flio0 ljdfg:yn
af6 aflxl/Psf]huhfx/ g}5 . ;fy] :yndfuff6 blgs ef/t kljz ug{nsfsf]sf]t
nVfhfVf g}5g\. t;y{ lghfdtl ;]fsf]cjsfz pd]xb 36fP/ aVfhuf/ ;d:of xn
xg]ts{/ tYon]kli6 ug{;Sbg\.

● cfkml eGbf dflysf]kbdf sfo/t kbflwsf/l rf6}cjsfz ePdf kbfGglt xg]:jfyl{;dXsf]
sf/0fn]klg cjsfz pd]xb a9fpg ca/fV ePsf]ugf;f]; lgG5 . cfkml kbfGglt eP kl5
xb a9fpg]t/ klxnf gdfGg]:jfyl{sd[f/ln]s]a]ngk5{eg)k5f8l 5 eGbdf uf8lsf]
cufl8sf]rSsf eGbf l9nf]u8sf]xbg.

● ;]flga]t ePsf lghfdtl ;]Jf, ;gf, kk/l, lzlfs nufotnf0{kbfg ul/g]kfkl; gsf]bfloTj
jif[lkR5]a9b}uPsf]5 . kl];g vfgsf];Vof lghfdtl lfgdf ^* xhf/ !)*, gkfnl
;gfdf ^& xhf/ $!$, gkfn kk/ldf ^! xhf/ ^!@, lzlfsdf #@ xhf/ &@), ;z:q
kk/ldf ! xhf/ $^& / /fli6o cg;Gwfgdf ##^ /x}sf 5g\. sh @ nfv !! xhf/
^^& hgfn]dfl;s ?kdf s/la @ ca{%) s/f8 ?kf}f+kl;g aml5g\. of];Vof s]fds
?kdf a9bf]5 . o; rfn'cflyk jifsf nflu dfq #% ca{?kf}fkl;gdf vr{xg]ePsf]
5 . kl];gn];fjhlgs vrsf]em08}$ kltzt cf6]5 . x/S; rf/ jifdf kl;g gsf]
Jooef/ bfla/ xb}uPsf]blVf5 . /fHosfifaf6 oltsf /sd abdl]hgzlOmsf]; bkofl
/fHon]vf;; }ug{;sf]sf]5g\. jtdfgsf]lje}sf/l kl;g gllltnf0{kl/jtg u/l lghfdtl
sdf;f/lsf]cjsfz pd]xb ^) jif{kofg]dfunf0{d;dlos g}dfGg ;ls5 .

अवकाश उमेरहद ६० वर्ष कायम गर्दा पर्ने सकारात्मक र नकारात्मक प्रभाव

glltlgoddf ;zflwg ubf{blVg];f/fl6ds / gsf/fl6ds klfx? xG5g\g}. t/ thgflds ?kdf
ax';Vos hgtfnf0{/ /fHonf0{clwstd km80f xg]gxg]ldlxg clOoog / cg'; Gwfgsf]cfwf/df
lgisifldf kfg'al4dfgl 7x5{. cjsfz pd]xb sfod ug{cfwf/x? ljleGg bzxbf km/skm/s
xg ; S5g\. gkfnsf; Gbeldf pd]xb al4sf ; sf/fl6ds / gsf/fl6ds klfx? lgDg xg ; S5g\.

सकारात्मक पक्ष

● /fli6o 9sf6ldf Jooef/ sd xG5,
● ;fwf/0f ahf/sf]ef/ nf0{Golg ub}ljsf; ahf/df al4 ug{6]f kNg hf5,
● /fHon]nufgl u/]l ljleGg tflnd, cNoog / cg'aj xfl;n u/]sd[f/lsf]]f kf0kt
xG5 . cyf{t gjkjztlnf0{tflnd cflbdf ul/g]vr{sd5{l xG5,
● ;6gdf pTkfbsTj a9b5,
● pTkfbsTj lfdtf xbfxb}cjsfzaf6 cfpg]hgzlOmsf]pbfl;gtf / ;fdflhs ;/Iffsf
nflu cfjZos lbgfglbg vr{; afNog klg ; S5,
● sd[f/l tnasf]cfwf/df lgj[lQe/0fsf]lx;fb ubf{;Dtldf klg %) kltzt /sd /fHonf0{

kmf0bf xG5 . cGoyf gf§/l cjlw aif{a9b}hfbf k[];gsf]lx;fa ug[;'q cg';f/ dfl;s k[]; g b/ klg a9g]xbf nfdf];dofjlw sfd ug{sdf{f/ln]@) k|tzt tnadf dfq}sfd u/\§f xG5g\. hjsl goff sdf{f/l egf{ug{lalOs}k/}tna :s]h lbgkg{xG5 .

नकारात्मक पक्ष

- a]/f]huf/l b/nf0{36fpg c; / kb§,
- a9jfsf]clGtd r/0fdf ku§f sdf{f/lnf0{lanDa xg ; S5,
- ;'u7gdf ojf hf[z hfu/ ePsf sdf{f/lsf]kjl{zdf GoGls/0f xG5,
- cfwlgs k[jlwdg]l ;'zf;gnf0{Jofkstf ck[lft gxg ; S5,
- jif[gl >dahf/ k[jl[z ug[pmhf[zln ojfx? /f[huf/lsf]nflu ljb[z knfog xg ljjz xg§g\
- ck[lft a]Q ljsf;sf cj;/df ;'?sf lbgx?df s[xl ;dosf nflu cj?4 xg ; S5 cflb,

सुधारका लागि सुझाव

- sdf{f/lsf]j[l}flgs dfgj ;;fwg gllt oyfzl3|nfu"ug{cfj[Zos,
- cjsfz pd]/xb ^) jif[Psk6s nfu"gul/sg qmdz ul/gkg{
- sdf{l cjsfz xgk]{{;fdflhs ?kfGt/0fsf nflu cfj[Zos ;lk / 1fgsf]tflnd lbgkg{
- cjsfz xg]sdf{f/lsf]lj1tf / lfdtsf] cfwf/df s[|b| b[|v :yfglo tx;Ddsf ljljw /rgflds sfddf nufpg]gllt agfpgkg{

निष्कर्ष

sdf{l ;]jf k[jl[z u/[kl5 cjsfz xg' :jefljs k[lqmof xf]. ;]jf k[jl[z / cjsafsf cfwf/x? ljleGg b[zx?df km'/s km'/s kf0G5 . sdf{lx?sf]l5gf§ tyf cjsafznf0{j[]flgs Pj+ojxfl/s agfpg ljljw dfkb08x? lgwf{[0f ul/Psf]xG5 . cjsaf pd]/xb lgwf{0fsf nflu b[z ljb[zsf] cEof; cf-cfkm}xG5 . gk[fnsf]lghfdtl ;]jfdf ljut nfdf];do b[|v ckgfpb}cfPsf]^) jif[cjsaf pd]/xb @)$(;fndf xrjfdf x6f0of]. k-rfotsflng sdf{lnf0{x6fpg]kk-rsf ?kdf of]cJofjxfl/s gllt ln0Psf]eStefJlx?sf]cfSng 5 . lghfdtl ;]jfdf ;'zf;g sfod ug{hf[z / xf[z ba§f]plOs}vfrf[f]kb§ . hf[z ojf;'u a9l xfhf xf] kfsf;'u a9l xG5 . t;y{hf[z / xf[z ba§bOm lghfdtl ;]jf g}a9l k[efjsf/l xg ;Sg]b[|vG5 . ctM dfhbf kl/l:yltdf cjsaf pd]/xb ^) jif[agfpg'Gofof[lrt / Jojxfl/s lg0f6 xg;S5 .

सन्दर्भ सूची

- gk[fnsf];+wfg, sfgg lstfa Joj:yf ;ldlt .
- lghfdtl ;]jf P[g, @)$(, sfgg lstfa Joj:yf ;ldlt .
- lghfdtl ;]jf lgodfjnl @)%), sfgg lstfa Joj:yf ;ldlt .+

वित्तीय सरकारी सम्बन्ध समस्या र चुनौती

रोशनीदेवी कार्की*

"वित्तीय संघीयताको संस्थागत सबलता र अन्तर सरकारी सम्बन्धको जीवन्तता"

कार्यकारी सारांश :–

gkfnsf]; ljwfgn] zf;lso clwsf/ / ;fj{efld;Qfnf0{/fHosf tlg}tx ; 3, kbz / :yfglodf ljeQm u/]sf]5 . zlQmsf]k|ysls/0f / zlQm ;(thgsf]cÈof; tlg}txdf xg]Joj:yf /x}sf] 5 . h; cg';f/ kbz / :yfglo txdf ljQlo >ft / ;fwgsf]hfŒxf]:jodn]ugÒkg]{/ 3f6l x]{l xf8 lgNg' kg[cj:yf /x}sf] 5 . /fhg]ts, cfly§ ;fdflhs, f≈s]ts, z}lfs, /fÓuf/lsf lfgflwsf/nf0{; ljwfgn]g}tlg txdf cg';'l/l dfkmt cf-cfkmÓh]ug] ; 3 / kbzn]ug[:yflo / kbzn]ug] ; 3, kbz / :yfglo ;a]ug[u/l clwsf/ / sfo{l/l af8kmf8 ; df ul/Psf]5 . /fHosf]; Ffng / hgtfsf]xs clwsf/ ;lglZrt ug{tlg}txsf ;/sf/alr ; xof]u, ;d$jo / ;xsfo{ugk5{eÈg]:ki6 Joj:yf ul/Psf]5 . ljQlo cgzf;; gljgf ; xsfo{; d$jo / ; xof]usf] ;fy{tf xÈg . cfhsf]zf;g Joj:yfnf0{c;n zf;g]; }f lbg ljQlo cgzf;g / kf/blz{tf ;lxtsf]hjfkmb]lxtf cfjZos kb5 . o;}h]; 3lotfsf]dd{egÇ}ljQlo ; 3lotfnf0{dflg05 . ljsf;, ; df4sf]dfkgsf]cfwf/ klg ljQlo cj:yfnf]x]Óul/05 . /sf/ slQsf]nf}{stqfllQs / hglkb 5 egl z¿df hfÓg]cfwf/ klg ljQlo Joj:yf g}xf] . ;/sf/ / hgtfnf]{hf}$g s8lsf]¿kdf ;dt ljQlo kÓfnlnf0{dflg05 . o;}h]; 3lotfnf]{hljÒt / fy}; agfpg ljQlo cj:yfnf]{bÛ agfpg cfjZos 5 .

१.विषय प्रवेश:

gkfndf tlg txsf];/sf/ u7g u/l ; 3, kbz / :yfglo tx dfkmt ;Èotf sfo{¡jog xb}cfPsf]5 . ;}jwfgsf]wf/f @#@ n];xsfl/tf, ;xcl:tÒj, ;d$jo nufotsf]c¢t/;DaGw tlg txsf ;/sf/lr /xg5 eÈg]Joj:yf u/]cg';fl f; fgÒ, sfo{ljlw / ;ÈGg tof/ u/l sfo{¡jog ul/b5 . sfo{¡jogsf]ljut # jifsf]cj:yfnf{ljZnÒf0f ug[xf]egl;l 4f6ttM hgtfnf]3/-3/df l;xb/af/ cyf£glhsdf ; /sf/, hgtfnf]{s]lblj¡bdf /fvl clt cfjZos ; }f ; lwwx? Pslst ?kdf :yflo txd}pknAw u/fpg]e$Vf5 . hgckff / ljZjJofkls/0fsf]5n¤tfn]ljsf;, ;dl4, zflÒt :yflkt u/fpg hgtfnf]dd{a%g] b/af/ ePg s]n /fhdfq ug[l;x a:gÒ3/ hgtfnfglhs kf}sl eÈg]efg e0{/x5 .

; 3lotf gkfndf ; fj{efld /f}f? ldn]/ agÓf]xfÒg, s}df ePsf]clwsf/ lj:tf/0f-l8 oÈg_ ul/Psf]xf]. oBkl Pp6f s}b| -l; xb/af/_ & kbz, && j6f lhNnfut sfof]nf / &%# :yfglo txdf klg' cfkm}df cfÒrof]{ / oufÒsf]Lkl/jtg rfxLkSs}xf]. hxf"xfdf]cf g}dfÒs ;xsfo{tf ;lxtsf]:jtGqtf / :jfoÒtfnf]df¿hdf cfPsf];3lotf xf]. ;}jwgtM tlg txsf

---
*उपसचिव, स्वास्थ्य तथा जनसंख्य मन्त्रालय ÷३६÷ ljZj xhfs lbj; ljzÒff°

; /sf/alr ; dfgfÚt/ / k|t:kwl{ ;DaGw ge0{ ; xcl:tTj, ; xsfl/tf / ; dÚjosf dfÚodaf6
; 3lo zf;g k0ffnl canDag ul/Psf]5 . oBlk sltko ljifodf :jfoQtf, :jtÚqtf / :jt:kmt{
clwsf/sf s'/fx? ; d} ; ljwfgn]tflÚslbPsf]5 . k|sf/fÚt/df xfdln]a%gkg][s]eg]tlg txsf
; /sf/n] ljQlo Joj:yfkgsf nflu sfg"g adflÚhd afx\$ /fh:j p7fpg, s/ nufpg gkf0g]
Joj:yf ul/Psf]5 . tlg tx jlrsf]Psn clwsf/, ; [t ; fwgsf]kbfÚ:kl//fgng ; femf ljifosf
d2fx? /fli6o Pstf / cv08tfsf ; jfnx?, cjlzi6 clwsf/ ; DaGwdf ; ljwfgn]g}; lglZrt
ul/lbPsf]5 . hxff ; femf ljifo /xÚ5 ToxL ; xsfo{/ cÚt/;DaGwsf]cfjZostf kb\$. olb ol
ljifodf ; denbf/L h6fpg ; lsPg eg]zf;gdf ; d:of kbf xÚ5 . snx / åÚå cfpg ; S5 .
; 3lotf ; ÷yfut ug{xDo xÚ5 .

/fHosf]zlÚml ljleÚg txdf ljefhg ul/Psf]Joj:yf g}; 3lotf xf]. sfg] agfpg]ljwflosl zlÚml
sfg] sfoffÚjog ug{sfof}; fl/0fl zlÚml / sfg}sf]JofVof ug{Úoflos zlÚml g}zf;slo d2f xÚ .
To:t}; ljwfgsf]efu !) df ; 3lo cflyÚ sf/f]Úffnl, efu !^ df k}b\$sf]cflyÚ sf/f]Úffnl /
efu !(df :yfglo txsf]cflyÚ sf/f]Úffnlsf]Joj:yf ul/Psf]5 . sfg} adflÚhd afx\$; 3,
kb\$ / :yfglo txn]s/ nufpg / p7fpg kfpg]5} eÚg]Joj:yf ul/Psf]5 . ljsf;, pÚglt,
; d[4 / ; $6 Joj:yfkgsf nflu tlg}txdf Lrt sflÚfsf]:yfkgf ul/gkg{{elgPsf]5 . ; ljwfg]
tlg}txsf ; /sf/sf] Psn / ; femf clwsf/ / ; lglZrt ul/lbPsf]5 . h; cg'; f/ Psn clwsf/
; 3nf]0{#% j6f, kb\$nf]0{@! j6f / :yfglo txnf]0{@@ j6f ljifodf ; 3} agfpg] sfoffÚjog ug{
tyf cÚo sfo{? ljeQmul/lbPsf]5 . To:t} ; 3 / kb\$sf]@% j6f ; femf clwsf/sf ljifox?
/ ; 3, kb\$ / :yfglo txsf]!% j6f ; femf clwsf/sf]ljifox? ; dt lgwf{{0f ul/lbPsf]5 .

२. समस्या ∕ चुनौती :
; 3lotfsf]sfoffÚjog tlg txsf]glltut, ; /ufÚls, ; ÷yfut, sfof}jlwut ljifodf ul/Psf]; ÷Qm
kbf;df lge{{ /xÚ5 . ; 3, kb\$ / :yfglo txsf glltut, ; /ufut, ; :yfut tyf sfof}jlwut
k\|qmofdf Ps?ktf / fdÚh:otf sfod ug{; s|fqm ; 3lotfsf]fy\$ sfoffÚjog dfkm{ ljsf; /
; d[4 xfl;n xÚ5 . oBsl tlg txalr Psn tyf ; femf clwsf/sf ljifox?d}; d:of / rÚf{tlx?
b}jP . hÚg o; k|sf/sf 5g M

२.१.प्रमुख समस्या :
* ; 3lo zf;g Joj:yfdf ; d aÚf0f0{sf]cefj xÚ' . cyf}t\; ; 3, kb\$ / :yfglo txn]cf-
cf gf]; lhnf$s}nflu gllt, offÚgf tof/ ug{jhÚDa]jf/L / pQ/bfoLxÚgj\$sf]alv of].
* ; 3, kb\$ / :yfglo txsf]clwsf/sf]kbf{df :ki6 gxÚ' । sltko cj:yfdf Psn
clwsf/ tyf ; femf clwsf/sf ljifox?df tlg}txsf ; /sf/sf]clwsf/sf]kbf{ / ljsf;
k\|qmofdf ki6 wf/0ff 5} । aÚf0f0df ; dfgtf 5} ।
* rfn' vr{sf]thgfdf kÚhut vr{cklÚlft ?kdf a9\$g g;S\g ljlgof]hg s'ztf /

sfofGjogdf blftfsf]sdL xg'. ljsf; ;xfotf pTkfbgz_ln lfQdf nufpg g;lsg'.

- cflys cgZf;gsf]kfngfdf sdl xg'. ;fjhlgs vr{Joj:yfkgdf sZn Joj:yfkg xg\g;Sg'.

- tflsPsf];dodf ljsf;sf cfofghgf lgwf(/t ;do, nfut, kl/0ffd / u0f:t/df ;DkGg gxg', qmdfut cfofghgfsf];Vof clws xg'/ cfofghgf sfofGjogdf ;Zf;g sfod xg g;Sg'.

- /fh:j jf8kmfB ljQlo Joj:yf ;DaGwL ljifodf km/s / leGg dt xg'. kfsLts >fL / ;fwgsf]Alf0f / pkofudf kbZ / :yfglo tx, Ps :yfglo tx / cGo :yfglo txalr bfxkf/fkgf / t/km/f/fsf]efjgf blVg'.

- kfsLts ;ft / ;fwgsf]pkeflu, ;ldf, Joj:yfkg ;DjGwdf ljjfb xg', ljjfb lg?kOfsf nflu lhDdjf/ ;eGq lgdfOf xg g;Sg'.

- ;xsfl/tf, ;xoflu / ;dGjo eGg]ljifo cdt{/ s;;h]s;hf0f{ugg;Sg' clwsf/sf] kfsflcfkmof /fVgkkljQ blVg', Ing nfnflot xg]t/ 5fBg sflx ;xh gdfGgkl/kf6L blVbf ol ljifox?n]dt{?k Ing g;Sg'.

- tlg txjlrsf];DaGwnf0{kefjsf/L / kl/0ffddVl agfpg g;lsg'. ljzIf u/L -Cross Cutting issues_ jxljifo;u ;/fs/ /fVg]d2fdf kefjsf/L Joj:yfkg xg\g;Sg'. h:tM dlxnfsf d2f, jftfj/0f, dfgj clwsf/, /fhuf/L ;DaGwdf tlg}txsf ;/sf/ / ;/sf/ ;Dj 4 lgsfox? jlr ;xsfo{xg\g;Sg'.

- ;3, kbZ / :yfglo tx -;dGjo tyf cGt/;DaGw_ Pg, @)&& sf]Jofks kfrf/ k|rf/, 5nkmn, jx; tyf kZjl u/fpg kxn gul/g'. ;fy}o; Pgn]/fhgLlts ljifonf0{;xh agfPsf]t/ ;}f kefjsfl/tfsf]ljifodf dfg blVg'.

- tlg}txn]cfgf clwsf/ leqsf ljifox? sfofGjogsf nflu sfggL b:tfjh tof/ ug{ g;Sg', kbZ / :yfglo txn]sltko ljifodf :ki6 sfggL b:tfjh tyf ofhgf kl:tsf agfpg g;Sg'.

- ljjfb, åGå ;dfwfg / ;Djosf nflu ;+yfut ;DjGw tof/ gxg'. Cross Cutting Issue, Human Rights, Environment Preservatation, kfsLts kfsfk Joj:yfkg, >fL / ;fwgsf];Alf0f tyf Joj:yfkgsf ;jfnx?df ljjfb lg?kOfsf nflu :ki6 gllt / ;+yf gxg'. ;Ljwfsf]dd{cg';f/ cGt/ kbZ kl/ifb\;dt u7g xg g;Sg'.

२.२. चुनौती :

- l; 4fGttM xfdf];lo k0ffnl s:tf]? cdl/sfsf]h:tf] Sofgf8fsf]h:tf] sfLl/ofsf]h:tf] ls ef/tsf]h:tf]jf cf g}df+ns ki6 gxbf sfofGjogdf r+fftL/x$sf .

- /fhgflts, ;fdflhs, Goflos, k/zf;lgs ;a}gtljjdf clwsf/sf]kfbl / af8kmf8df nf$tflnGqs cEof; u/fpg'.

- gkfnsf bl3§fnlg ; fĤ, lbuf]ljsf; nIosf]dfu{rq / kĠwf}ofĥgfsf]nIo xft; n xģ] u/l ; fjĥlgs vr{Joj:yfkg ugĤu/fpg' .

- ; fjĥlgs vr§sf]a9bf]dfunf0{s̈ntfkj§§ Joj:yfkg ubĮljQlo ; ૠotf sfof§jog ugĳ .

- ljlgofĥhg s̈ntf / vr{ugĭblftf clej|4 ug§/ rfn' vr§sf]; ldf lgwfĦ0f ul/g' .

- ; fjĥlgs vr{/ /fh:j kĠffnlnf0{kbĲ / :yfglo txdf ; ᵼyfut ugĭljifo, ; fy}kbĲ / :yfglo txsf]cfjZostf / pknᴼw >ftjlr ;ᢗthg sfod ug{yk rĝftl /x§sf]

- ljlzi6 clwsf/, ; fĕf clwsf/ / cjlzi6 clwsf/sf jf/§f tlg txd}kji6 sfgģl cfwf/ gxģ' .

- hgtfdf cĪoflws ef/ xģu/l s/ cflyᶘ bfloĵj yfkl/g' bfĶxᶄf]s/, eḟts ljsf;sf nflu hyfefjl ?kdf hgtfn]s/ ltg{kl//x§ . xh ?kn]ĵfsf];/ntf, u0f:t/tf, lgᴍzNs ;ĵf elgPtfklg o;ff]sfof§jog ePsf]5ĳ .

- ; ૠlo nf§tflᴳqs u0ftĳqflds zf;g kĠffnl;lxt ; ૠlo /fᶄo kĠffnl canDag gul/g' ; ૠlo zf;g kĠffnl egᶄsf]hgtfnf0{sᵾbdf /fvῖ ul/g]zf;g kĠffnlnf0{aeᶄfp5 . t/ Jojxf/df hgtfn]d)ᶘf]; /f/, xfdl nflu egl dx;';' ug{ ;ᶅsf 5ᶅg\.

- ; Ĵf;g, ; fdflhs ᦶofo, ; fdflhs ; ᵼIff, ; dfgkflts ljsf; ug§rĝftl /xg' jifᶅl dxfnᵼf k/lLlfssf]sfof§non]; ᵼyfut aᵽh's̈f]dxf; fu/ k̈sflzt u/ᶄf]x§5 . /fhgllts, kᵼf; lgs, sfg̈l, ; ᵼIff hg; ᵽgscodf el6rf/sf]; fj]; 0{r/d l8üldf kuᶄf]5 . ; dfhdf cᦶofo, ck/fw, / xᵼof ugĥnf0{/fhgllts ;4IfOf xģuᵼf]bᵾᵽG5 .

- ; ᶄf kjjfx / hgtfnf0{sᵾbljᶘbdf /fvl sdᶈf/l ; ᵉqnf0{;df0ᶄg tyf Joj:yfkg ug{; Ĭg; ; ᵼdf ; /fl sfof§nodf ; ᶄf uᶈxlsf]rfk 5ĳ tfklg cᦶoflws sdᶈf/l /xᶄf]5g\. * 3Ĺf sfd ugᶅgᶄt/ sdᶈf/lsf]; Ăof a9l xᶅf sfd}gu/l tna vfPsf]bᵾᵽG5 . kbĲ / :yfglo txdf cem}klg sdᶈf/l Joj:yfkg ug{; ls/x§sf]5ĳ . sltko ; ᵽ7gdf h:tᵾ-ᶄ oftfoft, dfnkᶄ sfof§nodf ljuts}b/aᶈbln]sfoᶉfᶅm a9§sf]bᵾᵽG5 .

- clwsf/sf]; fdᶃo lgdfᶀfsf nflu xᵽᵽafhl bᶄvg' tlg}txsf ; /sf/sf]rf;] f / lrᶈtf clwsf/;ᶅu dfq bᵾᵽG5 . st§o / lhᶌdᶄf/l hjfkmbᵽxl axg ug{klj5 ; gᶄt/ h; lng dᶈ]f]eᵾg]u/§sf]bᵾᵽG5 .

- ; d:of, ljjfb tyf ; dᵼjo ug{; sᶄq :ykgf tyf sfof§jogdf gcfpg; h:tᵾ cᵼt/ kbĲ kl/ifb, kbĲ ; ef cflb_ .

- ; ᶄ, kbĲ / :yfglo tx -; dᵼjo tyf cᵼt/; ᵼawᶅ_ Pᶄf, @)&& hf/l ePtfklg Pĥsfᶄdfᵼtf / rfxgf adfᶆhd tlg txdf ; ᶄotf sfof§jog xgᶄf ljĴj:t gxᵼ' ljzᶅf ?kdf ; aflᵽg ug§kgᶅsdᶈf/lsf]plrt Joj:yfkg, ljQlo Joj:yfkg, >fᵼ; fwgsf]; dfgkflts ljefhg, hgtfnf0{sᶄdf /fvl ; /sf/sf]sfod ug{l ug{hᶅqᶅt gxᵼ' ljzᵽf ?kdf ; aflᵽg ug§ljifo rĝftᵽlk0§blᵾᵽG5 .

३. अवसर तथा समस्या समाधानका उपाय

; fjhlgs vr{k0ffnldf ePsf glltut, sfg0gL k0qmofut Pjd\kljlwh0o ; Wf/, tlg txdf hgtfsf] cledtaf6 rlgP/ cfPsf lgjf(rt kbflwsf/lsf] ;lqmotf / k(fb0lzs tyf :yfglo cy{0qsf] ljsf/; , :yfglo >f(; fwgsf]pRrtd kl/rfngsf] ;efjgf / ljsf; ; fe0f/x?sf]; xfotf k(ltsf] em(fjnf0{cj; /sf]?kdf dflg05 . pNn0lvt ; d:ofx?sf]; dfwfg Pjd\rgf(tlx?nf0{cj; /df ?kfG(t/0f ug{; s0lf ljQlo c0t/ ; /sf/l ; DaGwaf6 ; 3lo k0ffnldf ; Wf/fTds km0sf]dfg{ ; lsG05 . pknAw >f(; / ; fwgsf]s0zn / kefjsf/l pkofu/ u/l ; dfhjfb pG(dV cy{0qsf] cfwf/ lgdf0{f ug{/fh:j, jrt, nufgl, ; fjhlgs C0f, tyf vr(sf]kefjsf/l kl/rfng cfjZos dflg05 . gfulr/sx?sf]j9(bsf]cfsfl{ff / rfxgfnf0{pknAw >f(; / ; fwgsf];ldfleq /xl ; af/g ug(kg{b0lV05 . ; fy} ; l(wfgn]kTofe't u/0sf dfh)ns xs sfoff(jog ug{agsf; sfg0gf];hgf u0sf cflyS; bfloTjx?sf]Joj:yfkg ul/(b}hfgkg{x05 . c0o ck0lft ; Wf/ lgDgfg;f/ /xg05gM

३.१ व्यवस्थापकीय / प्रशासनिक सुधार :

* c0t/ ; /sf/l ; d0jo, zf;g ; fgng / ljsf;sf nflu ;]fkljx ; Da0wL gllt sfg0g tyf dfkb08 tof/ e0{sfoff(jogdf Nofpg;'

* hjfkmb)xl, lhDd]jf/ ;]fufxldyl Jojxf/ ; Wf/sf nflu tlg}txsf ; /sf/ kbf;/t /xg;'

* ; xsfo{; d0jo / ; xeflutf kjn xg u}; 3lotfsf];fy} cEof; xg;'

* :jzf; g / ; femf zf;gsf cjoj; lxt k0qmofut hl6ntfsf]c0To xg;'

* zf; slo 0sf0x? -; 3, kbz / :yfglo tx_ alr cfjZostf cg; f/sf] ; d0jo / ; xsfl/tf k0fjsf/l xbf ; Jf kljfx ; b)f xb}hfg;'

* ; 3lotf k0lt hgtfsf]ckgTj jl4 xg;'

* ; 3lo zf; g k0ffnl ; an, ; b)f xg\u}hgcckff k/f xg;tkm(cu;| / xbf zf;lo k0ffnl rl/:yfl aGb)hfg;'

* /fHok0ltsf]hgljZjfj; clej(4n]; /sf/n]cl3 a9fPsf ljleG0g nlo p2)o / ofhgfx?df hgpT; fx j)4 e}hg;xeflutf pNn0Vo ?kdf j)4 xg;'

* hjfkmb)xl, Joj; flos / ; lfd k| ; fzgaf6 ; fjhlgs ;]fk(ltsf]hgljZjfj; clej(4 ub{; ljsf;nf0{glthf pG(dV agfpb}hfg;'

* ; fjhlgs kbzf; gnf0{; 3lo ; Argf cg?k ; an, ; lfd, ljZjj; glo, ;]fufxldVl / Joj; flos agf0b}hfg;'

* ; 3, kbz / :yfglo tx -; dGjo tyf c0t/; Da0w_ P0g, @)&& sfoff(jogdf cfpg;'

* ; Jf kljfx / zf; g k0ffnldf jxklfflo ; femf/sf]ljsf; xg'cflb .

३.२. वित्तीय सुधार :

* ; 3lo k0ffnl cg?k ; fjhlgs /fh:j, vr{ljQ, C0fsf] ; Argf, kpfl, pkefl, nufgl / vr{ug[(eldsf Pjd\lhDd]jf/ldf kl/jtg ePsffhn]; 3, kbz / :yaglo txn]

cf–cf gf] /fh:j ; ;ng, vr{sf] dfkbO8 tyf lhD]jf/L. p7fkbgdf nufgL. COfsf]
; ;ng Joj:yfkg tyf kl/rfng, jrtsf]Joj:yfkg adfnhd ; fjh]lgs >f]tsf]; +Hnt
/ Gofofl/rt ljlgofhng e0{sfoff]jogdf cfpg'.

● ; du| ; fjh]lgs vr{kOffnlnf0{kf/bzl{ hjfkmb}l / glthfdhs agfpg ; xh xg'.

● /fh:j, C0f, jrt, vr{sf]s'zntf, k]efjsfl/tf / lbufk[kg, pRr tyf u0f:t/lo khlut
vr{/ /fli6o khl lgdf0{f / ljOlo ; 3lotf sfofl{jogdf ; xh xg'.

● ; 3, kb]z / :yfglo txsf]ljsf; sf]cfjZostfnf0{; afWvg ug{u/l Gofofl/rt, ; Gtlnt
/ kl/k'/s ?kdf cGt/; /sf/l ljQ Joj:yfkg xg' ,

● ; 3lo kOffnl cg?k ; fjh]lgs ljQ ; Argf ; bO9 u/l nufgL, Joj;fo, s/aftfdb]l s/
k]zf;g dfkm{t pTkfbg jl4nf0{; xofl] k'Yofpb}clwstd /fh:j kl/rfng xg'.

● dh`ssf]ljsf; / ; dl4sf] nflu ; fjh]lgs vr{sf]a9bf]cfjZostf k'/f ug{/ jl]]zs
; xfotfdflysf]lge{tf sd ug{cfGtl/s >f]t kl/rfngdf jl4 xg'.

● ; a}kksf/sf cflys lqmofsnfkn0{; s/sf] bfo/df Nof0{/fh:jsf] cfsf/ km/lsnf]
agfpg'.

● ; 3lo kOffnl cg?k /fh:j kzf;sf]lj:tf/ tyf cfwlgsls/0f u/l s'zn, Joj;flos
/ :jR5tf sfod xg'.

● ; 3lo kOffnl cg?k /fh:j kzf;sf]; Argut / kOffnlut s'/fdf ; Wf/ xg'.

● cflys lj:tf/df ; xof]u xg'u/l s/ kOffnlnf0{yk nufgL dfkm{t Joj;flos dk}l agfpg'

● ; ;yfut / ; #7gfTds bfkf/fkg x6g u}Jldtjoltf sfod xg'.

● klsl]ts >f]t / ; fwgsf]; Alf0f / pkof]gsf cEof;;x¿ ; 'ki6 xg\u}lgsfout, lfg}ut,
ljifout Pjd\; 3lo 0sfOx?alr /x}sf]bfkf/fkg, laljwf / åå ; dfKt xb}hfg'.

● sdf]f/l Joj:yfkgdf ; xtf cf0{pRr dgf/] anoOmkk}kf; g ; e}Gqaf6 ldtJool / kklsf/l
;]f kljfx xg'.

● ; an, ; b9 kpf; g oG]qsf sf/0f l56f]5l/tf]sfo{Okfbgsf dflwodaf6 ; do / >f]tsf]
art xg',

● kmhh vr{ clgold ttf e]6rf/ lgoGq0fdf ; /S]f//jfnfsf]rf;f]/ lrGtfn]vj/bf/l ug{
pT; flxt xg'.

● ldtJolotf, sfoOlftf, / kklsfl/tfsf]Joj:ykslo b]ftfn] ; du| ljQlo Joj:yfkg
cAan xg'cflb .

४. तहगत सम्बन्ध तथा अन्तरसरकार सम्बन्धको विस्तार :

gkfnsf]; Ljwfgsf]k:tfjgfdf ; 3lo nf}stflGqs u0ftGqfTds zf; g Joj:yfsf]dfWodaf6 bluf] zflGt, ; zf; g, ljsf; / ; dl4sf]cfsflff k'/f ug}Joj:yf ul/Psf]5 . ; Ljwfgn]/fHosf]; Argf / /fHoz]Qsf]af8kmf8 cGtu{t ; 3lo nf}stflGqs u0ftGq gkfnsf]dh ; Argf ; 3, kb]z /

:yfglo tx dflgPsf]5 . tlg txsf ;/sf/sf]:j¿k x)bf{; 3sf]; Argf ; fgf] 5l/tf]t/ k|efjsf/l xgkg[Io; t}kb}zsf]; Argf ; 3eGbf km/flsnf]cyf{, 7hf]dfly ; 3; u / tn :yfglo tx;'u ; DjGw :yfkgfsf nflu ;]tsf]sfo{ug{/ :yfglo tx ;]f kljfx / hgtfsf]glhs /x]/ sfo{ug{ lj:tf/lt ?k xgkb5 . cGt/;DjGwsf]cfjZostfnf0{b}fo jdf]|hd k|:tt ug{; lsG5 .

- ; 3lo u0Ffgqf]ds gk[fnsf]; dl4sf]dh s8l tlg tx alrsf]; GtInt ljsf; xf|h; sf nflu ; xof[u, ; dGjo / ; xsfl/tfnf0{dflgG5,
- ; 3, kb|z / :yfglo txsf] clwsf/ lfg| cGtut{ sfg]; agfO{ ; fsf] sfof0{jogaf6 hgtfnf0{nf:tGqsf]cge't u/fpg ; d]| Psfk;df ; dw/ ; DaGw :yflkt xg' h?/l dflgG5,
- ; femf clwsf/sf ljifox?df ; xsfo{ ; dGjo ul/g'kb5 . cGt/;DjGw cfjZos dflgG5,
- Cross Cutting issues -jftfj/0f, bluf]]ljsf;, nfus Ix+fsf]cGTo, cGt/flif6o ; lGw ; amf|tfsf]sfof{jog_ x? sg}Ps ; /sf/, lgsfo, tx / lfg|udfq ; /fsf/ / xGg o; df] cGt/ lgsfoutf ; DaGw cfjZos dflgG5,
- k[s|tts ; fl| ; fwgsf] Alf0f, ; Da4g, kl/rfng tyf pkof]u ug{; ifndf cGt/lgsfo ; DaGwsf]cfjZos /xG5,
- s/, /hZj, vr{C0f tyf nufglsf ljifox?df ; /f}sf/jfnf;u ; dGjo / ; xsfo{ug{ ; DaGw lj:tf/ xg'kb5,
- /fli6o Pstf, ; fdflhs Gofo, ; fdflhs ; Wff[, bluf]]ljsf;, ; zflGt / ; d|4sf nflu ; ab|sf] dfg efjgf ljsf; ul/g'Ps csfalr ; DaGw lj:tf/ xg h?/l dflgG5,
- /fi6sf]uf]|lj, Plltxfl; s ; f+s[tts ljsf;, ; Alf0f / ; Da4gsf nflu ; ab|rf;f|IrGtf / oflubfg ul/gkg{xbf ; xsfo{sf]vflrf]]/xG5 .

निश्कर्ष :
; 3lotfsf]dd|; /f/ hgtfsf]glhsdf /x[? ;]f kljfx ug{ h;sf]hf|f blfft / lfdtf 5 . glhssf]; /sf/n]ug{zf; gsf]; ffng ubf{:jfoQtf, ; xsfl/tf, ; xofu / ; dGjoflds tj/n] dfga clwsf/sf]; Alf0f ub{|lbluf]]ljsf;, ; zflGt / ; d|4sf nflu ; 3lotfnf0{; +yfut ub{|hfg' cfhsf]cfjZostf dflgG5 . o;n]; 3lotf ; +yfut ug{lgDgfg' f/sf sbdx? rfNg'kb5 –

- :jzf;g / ; femf zf;gdf cfwfl/t zf;slo kf|fnlsf]ljsf; ug|cfbz{zf;g kf|fnl xgkb5,
- ; 3lo zf;g kf|fnl a9l k[hftfl|Gqs / ; xefltfdflhs xgkb5,
- o; n]cfdgful/sdf cj;/sf]; glZrttf / ; fdflhs ljljwtfsf]; +Nhg ul/gkb5,
- tlg .; ...sf]dfGotfgf?k :ki6 / k|i6 cfwf/ v8f u/L ; xsfl/tf,; xofu / ; dGjosf]efjgf km|hfpg' kb5,
- ljsf;sf]sf]sf|b| cemflkg ufld0f / ul/j sl6bt xg'kb5,

- ■ ;fwg / ;[tsf]dxQd pkofu u/l cfly; ?kn];efjgfoOm agf0g'kb5,
- ■ rfn'vr(f lgoGq0f u/l kPhlut vr(nf0{s'zn Jo:yfkg ul/gk5{
- ■ ;a$f]Psdfq nlo /fli6o cfsflff k/'f ug[xgk5{cflb .

cGlodf, ljQlo ;3lotfu ;xofu, ;xsfo{;dGjo cfkwg}dflnstf .

सन्दर्भ श्रोत

!= g[kfnsf];ljwfg,
@= kGwf}oflhgf,
#= ;3, kbz / :yfglo tx -;dGjo tyf cGt/;DaGw_ Pg, @)&&
$= kbz :t/lo ofhgf th(f lbUbzg, @)&% -gd'f_

"Culture links leadership in the World Senario: Reflection in the Development Scheme in Nepal".

Laxmi Ghimire[*]

World War-II brought a dramatic increase in globalization throughout the world. Globalization has created a need for leaders with greater understanding of cultural differences and increased competencies in cross-cultural communication and practice. Culture is defined as the shared values, beliefs and norms of a group of people and leadership is directly reflected in the performance of the skills. In this view, this article center on research that describes culture, its dimensions, effects of culture on the leadership process, leadership replication in 15th periodic plans and support to reach the targets of Sustainable Development Goals in Nepal.

Preface:

Since World War-II and with the onset of the United Nation Organization, globalization has been advancing throughout the world. "Globalization is the interconnection of economic, social, technical, political and governance among the nations as well as people. There is more international trade, cultural exchange and use of worldwide telecommunication systems. It has created closeness of the brainiest, our schools, organizations, continents and communities to become far more global than in the past. Increase globalization has created many challenges, including the need to design effective multinational organizations, to identify and select appropriate leaders for these entities, and to manage organizations with culturally diverse employees" (House &Javidan,2004). In this way, globalization has created a need to understand about cultural differences that affect leadership performance and the leaders to become competent in cross-cultural awareness and practice.

Leader's competencies:

Adler and Bartholomew, 1992 contended that global leaders need to develop five cross-cultural competencies; i) Leaders need to understand business, political and cultural environments worldwide. ii) They need to learn the perspectives, tastes, trends and technologies of many other cultures. iii) They need to be able to interact simultaneously with people from many cultures. iv) They must be able to adopt living and communicating in other cultures. v) They need to learn to relate people from other cultures and a position of equality rather that cultural superiority. In addition, Ting-Toomey, 1999 viewed those global leaders need to be skilled in creating transcultural visions. They need to develop communication competencies to enable them to implement their vision in a diverse

ljZj xhfs lbj ; ljzflff°

work place. Current leaders need to acquire a challenging set of competencies if they intend to be efficient and effective in the global societies. Despite the good performer in the delegated authority, the leaders should be culturally competent, multi-tasking and transformative to be existed in the fast changing miracles.

Cultural notions:

There is a longtime debate between anthropologists and sociologists about the meaning of the word 'culture'. Culture is an abstract term, it is hard to define in single mind, different people often define it in dissimilar ways. Simply, culture is defined as the learned beliefs, values, rules, norms, symbols and traditions that are common to a group of people. It refers to the shared qualities of a group that make them unique. Culture is dynamic and transmitted to others. "Culture is the way of life, customs and script of a group of people (Gudykunst & Ting-Toomy,1998)". Multicultural and diversity are the related terms to culture. Multicultural implies an approach or a system that takes more than one culture into account i.e. the existence of multiple cultures such as Asian, African, American, European and Middle Eastern. It also refers to a set of subcultures defined by race, gender, ethnicity, sexual orientation or age. Whereas, diversity refers to the existence of different cultures or ethnicities within a group or an organization. We know that Nepal is the multicultural refers religious, caste and regionalties as well as the countries with diversity of 125 ethnicities in South Asia.

The two concepts closely related to culture and leadership are ethnocentrism and prejudice. Both concepts interfere with people's ability to understand and appreciate the human experience of others. Further information, ethnocentrism and prejudice are demarcated as below:

i. **Ethnocentrism:** It denotes the tendency for individuals to place their own group as ethnic, racial or cultural at the center of their observation of other and the world. People can give priority and value to their own beliefs, attitudes and values over and above those of their group. Ethnocentrism is the perception where own culture is better or more natural than the other's culture. It is a universal tendency and each of us is ethnocentric to some degree. 'Ethnocentrism is like a perceptual window through which people from own culture make subjective or critical evaluations of people from another culture'(Porter & Samovar,1997). For example, some Americans think that the democratic principles of united states are superior to the political beliefs of other cultures. Gudykunst & Kim,1997 state ethnocentrism accounts for our tendency to think our own cultural values and ways of doing things are right and natural.

    Effective leadership take ethnocentrism as an obstacle for them because it prevents people from fully understanding or respecting the other's views. Such as, if a

person's culture values individual achievement, that feels difficult to understand another person whose culture emphasizes collectivity. Likewise, if one person believes strongly in respecting authority, that feels difficult to understand someone who challenges authority or does not easily comply to authority character. The more ethnocentric we are, the less open or tolerant we are of other's cultural traditions and practices. A skilled leader cannot avoid issues related to ethnocentrism, though they recognize own ethnocentrism, need to understand and tolerate some degree of ethnocentrism in others. In reality, it is a balancing act for leaders. On the one hand, they need to promote and be confident; on the other hand, they need to be sensitive to the legitimacy of other cultures. Thus, skilled leaders are able to negotiate the fine contour to overcome ethnocentrism and knowing to remain grounded in their own cultural values.

ii. **Prejudice:** It is a largely fixed attitude, belief or emotion held by an individual about another individual or group based on faulty or unproven data. Prejudice exactly states to judgements about others based on previous decisions or experiences. According to Ponterotto & Pedersen,1993 'prejudice involves inflexible generalizations that are resistant to change or evidence to the contrary'. Prejudice often is understood in the context of race as example of European, American vs African American but also applies in zones like gender, age, sexual orientation and other independent contexts. Nonetheless Prejudice can be positive in the case of thinking highly of another culture without sufficient evidence, but it is usually negative. One of the main problems with prejudice is self-oriented rather than other oriented. It leads person to achieve balance own self at the expense of other. It can apply to some degree, sometimes keeping partially fixed attitudes undisturbed and constant, and sometimes reduces anxiety by giving familiar way to structure one observation to others. Besides, attitude of prejudice inhibits understanding by creating a screen that filters and limits the ability to see multiple aspects and qualities of other people. Prejudice often displays itself in crude or demeaning comments as people make about others.

While fighting their own prejudice, leaders face the challenge of dealing the prejudice of followers. These prejudices keep path the direction of the leader or the leader's culture. Moreover, it is common for the leader to face followers who represent several culturally different groups, and these groups have their own prejudices toward each other. A skilled leader needs to find ways to negotiate with followers from various cultural backgrounds.

iii. **Dimensions of culture:** Well-known studies have addressed to characterize cultures. Hall (1976) mentioned that a primary characteristic of culture is the degree to

which they are focused on the individual (individualistic culture) or on the group (collectivistic culture). Trompenaars (1994) mentioned and classified organizational culture into two dimensions: egalitarian versus hierarchical and person versus task orientation. The egalitarian-hierarchical dimension refers to the degree to which cultures exhibit shared power as opposed to hierarchical power. Person-task orientation refers to cultures emphasize human interactions as opposed to stressing tasks to be accomplished. Hofstede (2001) has been the benchmark for much of the research on the world cultures, he identified five major dimensions on which cultures differ: power distance, uncertainty avoidance, individualism-collectivism, masculinity-femininity and long-term - short-term orientation.

The Global Leadership and Organizational Behavior Effectiveness research program known as GLOBE study by Robert House in 1991 has generated a very large number of findings on the relationship between culture and leadership. The GLOBE researchers identified nine cultural dimensions, each of them is described related to the countries' specificity in the following segments.

iv. **Uncertainty avoidance:** It refers to the extent to which a society, an organization or a group relies on established social norms, rituals and procedures to avoid uncertainty. It is concerned with the way cultures use rules, structures and laws to make things more predictable and less uncertain. United States, are more likely to have a flourishing entrepreneurial culture, where individuals are willing to take risks and make quick business decisions. In Middle Eastern countries, such as Kuwait and Egypt, taking risks and making daring decisions is not common; business deals are carefully thought through and examined before decision made. As a consequence, business deals and negotiations take a long time, and require cultivation built on a level of trust and reliability that comes with a long-term commitment.

v. **Power Distance:** It refers to the degree to which members of a group expect and agree that power should be shared unequally. Power distance is concerned with the way cultures are stratified, creating levels between people based on power, authority, prestige, status, wealth and material possessions. India still operates under the caste system, is a good example of a country that has high power distance. It seems power and authority as facts of life and everyone has a rightful place.

vi. **Institutional Collectivism:** It describes the degree to which an organization or a society encourages institutional or societal collective action. Institutional collectivism is concerned whether cultures identify with broader societal interests rather than an individual goals and accomplishments. North Korea is an example of a culture

with high institutional collectivism. A supreme leader rules the people, oversees the development of the country's values which place a premium on collective efforts and non-material incentives. As a result, group cohesion and loyalty are strictly required.

vii. **In-Group Collectivism:** It refers to the degree to which people express pride, loyalty, and cohesiveness in their organizations or families. It is concerned with the extent to which people are devoted to their organizations or families. In Middle Eastern cultures, such as Pakistan and Iran are high in-group collectivism. They favor family and religious affiliation; else they are often honor killings of family members who disagree or defy the paternal leader of the family. Religious divisions between the Sunni and Shia Muslims in such countries as Syria and Iraq have led to civil war.

viii. **Gender Egalitarianism:** It measures the degree to which an organization or a society diminishes gender role differences and promotes gender equality. Gender egalitarianism is concerned with the societies deemphasize members' biological sex in determining the roles that members play in their home, organization and community. Sweden is known as the world's most gender-egalitarian country, based on the firm belief that men and women share power and influence equally. An extensive welfare system makes it easier for both sexes to equilibrium work and family life. Contrast with the country like Afghanistan, many girls are not allowed to go to school and are often killed for defying their families' wishes.

ix. **Assertiveness:** IT refers to the degree where people in a culture are determined, assertive, confrontational and aggressive in their social relationship. Assertiveness is concerned with how much a culture or society encourages people to be forceful, aggressive and tough as opposed to encouraging them to be timid, submissive and tender in social relationships. Germany is high in the assertiveness dimension found a study in upper-level managers used straightforward and direct language and that conflict and confrontational debate were acceptable approaches in a work environment.

x. **Future Orientation:** It refers to the extent where people engage in future-oriented behaviors such as planning, investing in the future and delaying gratification. It emphasizes that people in a culture prepare for the future as opposed to enjoying the present and being spontaneous. Many Middle Eastern countries are past-oriented, concerned with traditional values and ways of doing things. They can be conservative in management and slow to change those things that are tied to the past. Americans believe, they can plan and control the future and idealize change for the sake of changing.

xi. **Performance Orientation:** It describes that an organization or a society encourages

and rewards groups members for improved performance and excellence. It is concerned with people in a culture are rewarded for setting and meeting challenging goals. The United States is very high in performance orientation where If schools are not making the mark, there are interventions and programs try to bring the scores up.

xii. **Humane Orientation:** It refers to the degree where a culture encourages and reward people for being fair-minded, selfless, liberal, caring and kind to others. It concerns with a society or an organization emphasizes sensitivity to others, social support and values of community. Switzerland is a country known for its high humane orientation. It is based on the Swiss people's helpfulness to others during and after World War I & II. The country adopts tolerance and responsibility as its central educational goals.

In such a way, GLOBE study found these nine cultural dimensions analyzing the attributes in the different countries. These dimensions make an arrangement for studying about the countries varied in their approach to leadership.

Clusters of World culture:

GLOBE researchers studied into regional clusters provided a convenient way to analyze the similarities and differences between cultural groups and made meaningful generalizations about culture and leadership. It is based on the factors as common language, geography, religion and historical accounts and grouped countries into 10 distinct clusters. Each cluster is unique and represent a valid and reliable way to differentiate countries. These are as follows:

i. **Anglo countries:** United States of America, Canada, Australia, Ireland, England, South Africa and New Zealand are included in this cluster. These countries are found high in performance orientation and low in in-group collectivism. It means they characterize to be competitive and result oriented, but less attachment to their families or similar groups.

ii. **Germanic Europe:** It consists of Austria, The Netherlands, Switzerland and Germany. These countries score high in performance orientation, assertiveness, future orientation and uncertainty avoidance but low in humane orientation, institutional collectivism and in-group collectivism. It shows they value of competition, aggressiveness and are more result oriented than people oriented.

iii. **Latin Europe:** It includes the countries like Israel, Italy, Switzerland, Spain, Portugal, France. These countries exhibit more moderate and fewer high scores on any of

the cultural dimensions, but they score low on humane orientation and institutional collectivism. It embodies the countries to value individual autonomy and to place less value on the greater societal communal. Individuals are encouraged to watch out for themselves and to pursue individual rather than societal goal line.

iv. **Sub-Saharan African:** Zimbabwe, Namibia, Zambia, Nigeria, South Africa are included in this cluster. These countries express high scores on humane orientation and people, normally found very concerned for and sensitive to others. It illustrates the important for these countries to be concerned for family and friends than concern for self.

v. **Eastern Europe:** This cluster consists of Greece, Hungary, Albania, Solvenia, Poland, Russia, Georgia, Kazakistan. These countries score high on assertiveness, in-group collectivism and gender egalitarianism but score low on performance orientation, future orientation and uncertainty avoidance. People related to this cluster tend to be forceful and supportive of their coworkers and to honor gender equality. They are less likely to be achievement driven, to emphasize strategic planning and to stress rules and laws as a way to maintain order.

vi. **Middle East:** This cluster comprises Turkey, Kuwait, Egypt, Morocco and Qatar. The countries of this cluster score high on in-group collectivism and low on future orientation, gender egalitarianism and uncertainty avoidance. People of this countries lean towards to show great pride in their families and organizations. They are devoted and loyal to their own people and treat people on different gender distinctly. Women afford less status than men and fewer women are in position of authority than men. There is a tendency to focus on current issues as opposed to attempting to control the future.

vii. **Confusian Asia:** This cluster is made up of Singapore, Hong kong, Taiban, China, South Korea, Japan. It exhibits high score in performance orientation, institutional collectivism and in-group collectivism. These are result driven, encourage the team working over individual goals and are devoted and loyal to their families.

viii. **Southern Asia:** Phillippines, Indonesia, Malaysia, India, Thailand and Iran are consisted in this cluster. These countries exhibit high scores on humane orientation and in-group collectivism. People of this cluster characterize as the countries that demonstrate strong family loyalty and deep concern for their communities. Nepal is also known as one of the countries in this cluster.

ix. **Latin America:** This cluster is made up of Brazil, Ecuador, El Salvadar, Colombia,

Bolivia, Guatemala, Argentina, Costa Rica, Venezuela, Mexico. People of this cluster score high on in-group collectivism and low on performance orientation, future orientation, institutional collectivism and uncertainty avoidance. Thus, they tend to be loyal and devoted to their families and similar groups but less interested in overall institutional and societal groups.

x. **Nordic Europe:** Finland, Denmark, Sweden, Norway is consisted in this cluster. They exhibit distinctive features. This cluster score high on future orientation, gender egalitarianism, institutional collectivism and uncertainty avoidance. They are low on assertiveness, in-group collectivism and power distance. The Nordic people place a high priority on long-term success. Women are treated with greater equality. They identify with the broader society and far less with family groups. In Nordic Europe, rules, orderliness and consistency are stressed. Assertiveness is downplayed in favor of modesty and tenderness; power is shared equally among people at all levels of society and cooperation and societal-level group identity are highly valued.

In such a way, categorical features of the diverse countries are described on the basis of their specific qualities. Some of the features as result orientation, in-group collectivism, future orientation and gender equality are more significant and lesson learned for the countries who are till now backward in socio-economic perspectives and rest of other countries need to focus for improve their performance onwards.

Leadership Behavior and its Application

It is crystal clear that people exist from diverse culture, thus their cultural differences view different leadership. We determine that ways in which cultural characteristics are related to culturally endorsed leadership behavior. We see that differences in cultures are related to transformations in approaches to leadership. According to implicit leadership theory (Lord and Maher,1991) individuals have implicit beliefs and convictions about the attributes that distinguish leaders from non-leaders and effective leaders from ineffective leaders. The standpoints of leadership are in the eye of the beholder and leadership refers to what people see in others when they are demonstrating leadership behavior. House and Javidan, 2004 have identified following six global leadership behaviors:

i. **Charismatic/Value-based leadership:** It reflects the ability to inspire, to motivate and to expect high performance from others based on strongly held core values. It comprises visionary, inspirational, self-sacrificing, trustworthy, decisive and performance oriented. Latin American and Latin Europe countries place the most importance on this kind of leadership.

ii. **Team-oriented leadership:** It emphasizes team building and a common purpose

among team members. It consists of collaborative, integrative, diplomatic, non-malevolent and administratively competent. Latin American countries place the high priority on this kind of leadership.

iii. **Participative leadership:** It reflects the degree to which leaders involve others in making and implementing decisions that focuses the quality of participative, democratic and non-autocratic. Nordic Europe and Anglo countries extremely emphasize of this kind of leadership.

iv. **Humane -Oriented leadership:** It emphasizes on that leadership excellence of supportive, considerate, compassionate, generous with modesty and sensitivity to other people. Leaders in Sub-Sahara Africa are known as caring leadership based on the Humane-oriented leadership.

v. **Autonomous Leadership:** It refers to independent and individualistic leadership which includes being autonomous and unique. For the Eastern-Europe and Middle East countries, this kind of leadership is highly ranked.

vi. **Self-protective leadership:** It reflects behaviors that ensure the safety and security of the leader and the group. It includes leadership that is self-centered, status conscious, conflict inducing, face saving and procedural. The Eastern-Europe and Latin American leaders put on this type of leadership in high importance.

Various analyses show the universally desirable leadership attributes are positive leader attributes and universally undesirable leadership attributes are negative leader attributes. They encompass following:

Table 1:

Positive Leader Qualities	Negative Leader Qualities
Trustworthy, Foresight, Confidence builder, Intelligent, Win-Win problem solver, administratively skilled, Excellence oriented, Just, plans ahead, Dynamic, Motivational, Decisive, Communicative, Coordinative, Honest, Encouraging, Motive Arouser, Dependable, Effective bargainer, Informed, Team builder, Visionary, transformative and Innovative.	Loner, Irritable, Ruthless, Asocial, Non-explicit, Dictatorial, Non-cooperative, Egocentric, Rigid, Non-sharing, Un-responsible, Machine minded, Traditional, Individualistic, Personalized in thought and Sarcastic.

Despite these leadership qualities, people from diverse cultures clearly view good

leadership based on integrity, charisma and interpersonal ability. Conversely, they conceptualize bad leadership emerging from leaders who are self-focused, dictatorial and asocial. It shows the many ways to view leadership and the integration of culture that helps us to expand and develop a richer understanding for the champion and smart leadership process. The application of leadership focuses on i) training and development programs teach cultural sensitivity and address issues related to cultural differences, ii)culture can help leaders understand their own cultural biases and preferences, iii) global leaders communicate more effectively across cultural and geographic boundaries, iv) Information on culture and leadership has also been applied in very practical ways such as culturally sensitive websites, design of new staff orientation program, conduct programs in relocation training, improve team effectiveness, facilitate multi-merger implementation and systematic sharing information to team performers.

Reflection on 15th plan and Sustainable Development Goals.

The 15th plan of Nepal: It has long-term vision of 'Prosperous Nepal, Happy Nepali'; A prosperous, independent, and socialism-oriented economy with a happy, healthy, and educated citizens enjoying equality of opportunities, dignity, and high standards of living. For this achievement, it has included leadership development in the chapter 'Democracy and Good Governance'. There is a need for honest and role-model leadership in all three levels of government for achieving people's wellbeing and country's development. The vision of leadership development is "develop leadership that is rooted in integrity, competence, honesty, and dynamism". Similarly, the goal is to develop capable and efficient leadership that can take forward the agenda of governance, management, and all-inclusive development of the nation based on democratic norms and values. There are two objectives as to develop capable and efficient leadership in all areas of national life including political, administrative, social, and entrepreneurial for the all-inclusive development and good governance in the country, and to develop a participatory and collaborative leadership style by deepening the interrelationship between the leadership at various levels.

The first strategy of leadership development is to prepare a plan for capable and effective leadership development. For its implication, the working policies consist of long-term, medium-term, and short-term plan will be developed and implemented for sector-wise leadership development; a leadership succession plan will be developed and implemented for enforcing intergenerational leadership development; legal provisions will be formulated for the job description, delegation of powers, punishment & reward system, administrative autonomy for capable and competent leadership development. The second strategy is to increase partnership and collaboration for developing an effective interrelationship between the leadership at various levels. For

its implementation, the two working policies involve that collaboration and partnership among the leaderships at various levels as well as with the public, private, government, and non-government organizations will be enhanced making them complementary to each other, and activities to exchange learning and experiences between government and private sectors, information sharing exercises, as well as internship programs, will be conducted for leadership development. The final strategy is to prioritize capability-based rather than position based leadership. For its implementation, the working policies comprise a culture of honoring successful leaders as the ideals and role-models will be developed, the system and mechanisms for evaluating leadership will be made more organized and systematic, and an appropriate environment will be created for the development of capable and competent leadership. In this context, necessary plans and laws that enable leaders to be capable enough for running the affairs of the state efficiently will have been in place, coordination and collaboration among the concerned stakeholders will have taken place, and the country's development will have taken a momentum with the competent and successful leaders in driving seats are the expected outcomes mentioned in this plan.

Sustainable Development Goals (SDGs): Similarly, like 15th Plan, SDGs include 17 goals these are related to development aspects like Basic aspects of human civilization, means for the fastest growth, challenges for future prosperity, human capabilities and high human expectations. The most important goal is based on goal no 16 that reflects an access and quality for all building effective, accountable and inclusive governance system. The goals target promoting the rule of law at the national and international levels and ensure equal access to justice for all, reducing illicit financial and arms flows, reducing corruption and bribery in all their forms, developing effective, accountable and transparent institutions at all levels with a steadfast leadership. Nepal has taken good initiation for implication of SDGs targets and has made some remarkable progress in some aspects. Now, Covid-19 pandemic First with Second wave is affecting the target to meet as the expectation, the result differs from province to province. Multidimensional poverty Index,2021 shows the 17.4 percent people are under the national poverty. We need further study about the poverty emerged from Covid pandemic in all sectors. It is conformed that, SDG is not only the responsibility of the government, it is the responsibility of the whole nation, thus it has internalized in the policy and plan development in sub-national level with the strong framework of SDG localization. Good Governance and leadership development are the prime factors of the government. The government is committed to promoting the culture and ensuring committed leadership in all levels of government, especially political and administrative sectors. It has adopted various legislations in its endeavor to implement the constitutional provisions on fundamental rights and is working to successively formulate more. Such legislations and institutional mechanisms facilitate

to promote culture and leadership focusing devoted, dedicated to the work culture and gender focused with honesty. The most essentiality seemed to be a strong government to ensure visionary and devoted leadership in national interest. Though Nepal has made significant efforts towards creating a peaceful, inclusive and just society, it needs to fast track progress in all the areas under SDG goals as a center in order to realize the 2030 Agenda.

The national review of sustainable development goals has concentrations that the country is taking on board all stakeholders to promote sustainable development. Through consultations, it has worked with the stakeholders on policies, programs, implementation and advocacy efforts. Nepal is committed to utilizing the knowledge, expertise, technology and financial resources of all stakeholders for promoting sustainable development. The government is gearing its efforts towards implementing the SDGs with a 'whole- of -government' and 'a Whole-of-society' approach. There is enough space for the private sector, cooperatives and civil society organizations to contribute in the goals related to poverty, education, health and employment. The private sector could utilize corporate social responsibility-related activities to contribute to achieving the SDGs. The government remains committed for consolidation and deeper coordination with all stakeholders, the private sector, civil society, parliament and major groups to take forward and deepen the SDG agenda in Nepal. Partnerships will be further promoted at the federal, provincial and local levels.

In addition, Nepal has made deliberate efforts to incorporate the concept of 'Leaving no one behind.' The fundamental equity-based principle of the SDGs has a strong reverberation in Nepal, as the country has now adopted a forward-looking and transformative constitution with accountable governance, visionary leadership and strong commitment in administrative reform. The constitutional provisions, specific laws, inclusive political and public institutions, creation of dedicated constitutional bodies, good governance, security provisions, and empowerment programs for the socio-political development, are all positive strides to develop culture and create smart leadership in the governance.

Conclusion:

After World War II, it has been a dramatic increase in globalization throughout the world. Globalization has influenced for leaders to understand cultural differences and cross-cultural competencies. Culture is defined as the shared values and norms of group of people. Leadership is influenced by the culturally contextual phenomenon. Ethnocentrism and prejudice are the factors that inhibit cultural awareness. Ethnocentrism becomes problematic for leaders because it prevents them from fully understanding the world of others. Similarly, prejudice has a negative impact because it is self-oriented and inhibits

leaders from seeing the many factors and qualities of others. Universally accepted leadership attributes contribute to a richer understanding of the leadership process and that is influenced by the unique ways of culture. In the context of Nepal, culture and leadership are very significant factors need to develop deliberately. Nepal needs cultural protection and promotion with ethical and transformative leadership. Nepal ranks in 98 scoring 66.7 in SDG assessment in 2022, shows to take greater intervention for the graduation from least developed to developing country till 2066 with the revolution of cultural transformation.

References:

Adler, N.J., & Bartholomew. (1992). Managing globally competent people. Academy of Management Executive.6, 52-65.

Gudykunst, W.B., & Ting-Toomy, S. (1998). Culture and interpersonal communication. Newbury Park. CA.SAGE.

Gudykunst, W.B., & Kim, Y.Y. (1997). Communicating with strangers: An approach to intercultural communication (3rd ed.). New York. Mc Graw-Hill.

House, R.J., & Javidan, M. (2004). Overview of Globe: culture, leadership and organization. The globe study of 62 societies. Thousand oaks, CA: SAGE.

Hall, E.T. (1976). Beyond culture. New York. Doubleday.

Hofstede, G. (2001). Culture's consequences: Comparing values, behaviors, institutions, and organizations across nations. Thousands Oaks.CA. SAGE.

Ponterotto, J.G. & Pedersen, P.B. (1993). Preventing prejudice: A guide for counselors and educators. Newbury Park, CA. SAGE.

Porter, R.E. & Samovar, L.A. (1997). An introduction to intercultural communication. Belmont, CA. SAGE.

House, R.J. (1991). Culture, leadership and organization. The globe study of 62 societies. Thousand oaks, CA: SAGE.

Trompenaars, F. (1994). Riding the waves of culture. New York. Irwin.

Ting-Toomey, S. (1999). Communicating Across Cultures. New York. Guilford.

Government of Nepal. (2019). "Fifteenth Plan:2019/20-2023/24". National Planning Commission. Singh durbar, Kathmandu.

Government of Nepal. (2016). "Sustainable Development Goals; Status and Roadmap: 2016-2030". National Planning Commission. Singh durbar, Kathmandu.

Government of Nepal. (2020). "National Review of Sustainable Development Goal". National Planning Commission. Singh durbar, Kathmandu.

Government of Nepal. (2021). "Multidimensional Poverty Index". National Planning Commission. Singh durbar, Kathmandu.

सामाजिक न्यायको अवधारणा र नेपालमा अभ्यास

सबिता कार्की*

विषय प्रवेश

/fHo ; ÷Gqdf ; a}ju{ lfq, hft, lnË, efiff, wd{/ j0f{f]kxr ; lglZrt ug[cjwf/0ff ; fdflhs Gofo xf]. o;n] ljljwtf Joj:yfkgdf hf§ lbG5 . ; g !(*) sf] bzsdf ljsf; ; dfhsf] cfjZostfdf cfwfl/t xÚk5{/ hgtfsf]; fjof§fdstfnf0{; DafÇwg ugK5{eÇg}df§otfdf ; fdflhs Gofo cfwfl/t 5 . ; dfhf xÚg]/fhg]lts, cfly§, ; fdflhs, ; f:s|ts, efÎts / dgfjÎflgs cGofosf]cGÇo ; fdflhs Gofo xf]. of]ljsf; ; sf]/0fglnt xf]. /fHo kÚ{Årgfsf]ljifo klg xf]. h;n]goff glnt lgdf0f{, goff ; Ârgf tof/ / kltlglwTjnf0{; lglZrt ub§ . ljsf;sf]cflws dfotf xf]. o;n] ; dtfdÎs kÎr, cytGqdf lbuf] cfly§ ljsf;, ; fdflhsdf ; dj{ls/0f, ; f:|tsdf wd{ ; ÷s|t / dÑo dfotfsf]klxrfg, ; Ddfg / ; Àf0f tof efÎtsf lbuf]cflyÌ; ljsf; / dgfjÎflgsdf r¯gf:t/sf]clevÏ4 ePsf]cj:yfnf0{; fdflhs Gofo eÇg ; lsG5 . of]hgtfsf] clwsf/ xfeg]/fHosf]bflloj xf]. ; f]bflloj k¯f ug{; /sf/ eÇbf aflx/sf kfqx? h:tgful/s ; dfh, gllh lfq, u¯; /f/l lfq, cÇt/flÛ6o ; dbfo klg lqmofzln /x}sf]kf0G5 . J S Mill n] ljt/0ffTds Gofo / cfly§ kbljt/0fn]; fdflhs Gofo xG5 egÏf 5g\. John Rawls ; fdflhs Gofo cj; /x?sf]kbljt/0f xf]egÏf 5g\. ; fdflhs Gofo zÎbsf]; jÍyd kof]u ; g\!*$) df nO¯l tsff/|lnln]u/$f xg\. ; fdflhs Gofonf0{; fdflhs ; dgtf kÑt ugÎ; fwg tof /fi6«lgdf0fsf]cfwf/sf]?kdf lng}ul/G5 .

सामाजिक न्यायको आवश्यकता र महत्व

; dhdf /xÑf ; a}kÑf/sf c;dfgtfx? / kÊ7e|l$df /xÑf ljefbx?sf]cGTo ug{; fdflhs Gofo cfjZos kbÇ5 . of]/fHosf]lhDd]jf/l / gful/ssf]clwsf/ xf]. h;df goff glnt lgdf0f, klitlglwÎj ; lglZrt / goff ; Árgsf]lgdf0f{kbÇ5 . ljt/0ffTds, kbÑt/0ffTds, ; ÅfÌf0ffTds, pkrf/fÌds tof kbÅyflkt Gofosf] ; dli6sf] ?kdf /xÑf ; fdflhs Gofosf] cfjZostf / dxÎjnO¯lgÙg abfdf pNnÌV ug{; lsG5M

- ljljwtf Joj:yfkg ug{
- ; dj|l nf§tÚqsf]Jojxf/df sfof§jog ug{
- ; dj|l ljsf;df hf§ lbÑa}Gofokf{f{; dfh lgdf0f ug{
- ljsf; klqmofdf kl5 k/Ïf JolÑmx?nf0{/fHosf]dÑkjfxdf Nofpg,
- zf;g kÊffnl / ljsf; Joj:yfkgdf ; aÏf]; xeflutf ; lglZrt u/fpg,
- ldfÑts[t, al~rtls/0f / lk5l8Psf ju{lfq / ; dbfosf]; Àf0f ug{
- ; |t, ; fwg, cjsfz / cj; /sf]; dGoflos ljt/0f ug{

- dfgj clwsf/sf];/Alf0f, ;Da4g / kjb{Vg ug{
- /fli6o Pstf / cv08tf dha't agfpg,
- ; dfj}Zl /fHosf]cjwf/0ffnf0{Jojxf/df ?kfGt/0f ug{
- ; fdflhs ; b}efj, ; lxji0f'tf, ; fdflhs PlsS/0f clej|4 ub{hgtfsf]hljg:t/ psf:g,
- Gofo / gj}tstfdf cfwfl/t ; dfhsf]lgdf0{0f ug{
- nf}t{Gqsf]k|tkm tNnf]:t/;/Dd k{ofpg,
- :yfglo ; j}t kl/rfng dfkm{t lbuf]cflyS ljsf; ug{
- wd{ ; ;s|tsf];Ddfg, klxrfng / ; /Alf0f ug{cflb .

सामाजिक न्याय कायम गर्ने तरिकाहरु

k/fgf]cjwf/0ff cg'; f/ ; dgtf g}; fdflhs Gofo sfod ug{kdV dfWod lyof]. To; sf]nflu ; g\!($* sf]dfgj clwsf/sf]ljZjJofkl 3f]l0ff0fkqn]o; df hf{8 lbPsf]kf0G5 t/ ljljwtf ePsf] ; dfhdf k|7el'd km/s ePkl5 ; dgtfn]dfq jf:tljs Gofo lbg ; Sb}g eGg]dfGotfsf]cfwf/df ; dtf jf ; sf/fltds lje}b hfo cNksfnlg tl/sfx? klg ckgf0Psf]x}G5 . k|rngdf /x}sf s}L tl/sfx? o; kfsf/ 5gM

- cf/If0f
- ; s/fltds lje}b
- ; dgkflts lgjfdfg
- ; zlQms/0f
- ; 3lotf
- ljs}b|l,s/0f
- nllft sfo0qmdx?

सामाजिक न्यायका सिद्धान्तहरु

nf}t{Gq / gful/s s}L{b}t ljsf; sf]cfwf/e't klfsf]?kdf /x}sf];fdflhs Gofo lglZrt df}otfdf cfwfl/t x}G5 . h;nf0{l; 4f}tsf]gfdn]klg lrlgG5 . dVo l; 4f}tx?M
- lfltkl't}sf]l; 4f}t
- ; dgtfsf]l; 4f}t
- ; dtfsf]l; 4f}t
- ; zlQms/0fsf]l; 4f}t
- k|tlglwTjsf]l; 4f}t
- lbuf]ljsf; sf]l; 4f}t
- l56f]ljsf; sf]l; 4f}t

- /fHo k|tsf]P\$oj4tfsf]l; 4fௌt
- :jfldTjsf]l; 4fௌt
- å௰å Joj:yfkgsf]l; 4fௌt
- dfgj clwsf/sf]l; 4fௌt
- :jzf; gsf]l; 4fௌt
- ljsf; df cyK0f{; xeflutfsf]l; 4fௌt

विश्वमा सामाजिक न्यायको विकासक्रम

- ; g\ !@!% Magna Carta– hgtfsf]k|tlglw ; ௹yf -; ௹b_nf0{; jfௌr dflgPsf].
- ; g\ !^*(Bill of Rights –gful/s clwsf/x?sf]sfgྪ৺åf/f k|ofel't .
- ; g\ !&&%-*# cd|/l sl :jtௌqtf ; ௹fd- hljg, wg / :jtௌqtfsf]; lglZrttf / hgtfsf] k|tlglw afxௌ c?n]s/ nufpg g; Sg]Joj:yf .
- ; g\ !&*(k|fௌ;|l :jtௌqtf ; ௹fd- ; dgtfdf hf৺ .
- ; g\ !*)# cd|/l sl ; ௹lo ; jfௌr cbfntsf]km৺nf- cbfntf0{Goflos kg/fjnf৺gsf] clwsf/ .
- ; g\ !**% A.V. Dicey n]sfg৺gsf]zf; gsf]rrf{u/৺$f .
- ; g\!(!* a৺hfotdf dlxnfnf0{dtflwsf/
- ; g\!(!(cd|/sfdf dlxnfnf0{dtflwsf/
- ; g\!(@^ bf; Tj lj?4sf dxf; ௉w
- ; g\!($* dfgj clwsf/sf]ljZjjofkfkl 3f৺f0ffkq
- ; g\!(%@ dlxnfsf]/fhg৺ts clwsf/ ; ௰aௌwl dxf; ௉w
- ; g\!(^% ; a}lsl; dsf hftlo e৺efj pௌd"g ug{; ௰aௌwl dxf; ௉w
- ; g\!(^^ cflyௌ, ; fdflhs tyf ; f௹lts clwsf/ ; ௰aௌwl cௌt/fli6o k|lt1fkq
- ; g\!(^^ gful/s tyf /fhg৺ts clwsf/ ; ௰aௌwl cௌt/fli6o k|lt1fkq
- ; g\!(&(dlxnf lj?4sf]; a}ksf/sf e৺efj pௌd"g ug{dxf; ௉w
- ; g\!(*(afn clwsf/ ; ௰aௌwl dxf; ௉w

सामाजिक न्यायका लागि पूरा गर्नुपर्ने आवश्यक पूर्वशर्तहरुः

; fdflhs ௉ofo ; fwg xf] ; l৺o xf৺g . b৷zsf]/fhg৺ts cflyௌ, ; fdflhs, ; f௹lts, ef৺ts kl/j৸ klg ; f৺l cg?ksf]xgkb$. o; sf]nflu zf; g k0ffnl, ljsf; sf]ofhੱgf, hgtfsf] r৺gf:t/ nufot tn plNnlvt ljifox? cgS'h xgkb$ୌ

- nf৺t௉q
- ljs৺b৺s/0f
- :yfglo ; fੱ kl/rfng

- sfgsf]zf; g
- alnof]gful/s ; dfh
- ; fjéfd ; 0f hgtfdf
- cfjlws lgjffg
- jflgs ; /sf/
- kf/bzltf
- dfgj clwsf/
- kefjsf/L ; fjflgs ;]f,
- ; lfd, :jtq, :j5 / kxfrof]o Gofok0fnL,
- cflys ljsf;
- kzf; lgs ; lfdtf,
- bluf]ljsf;,
- /fhgts :yfloTj
- pQ/bfol ; fjflgs kzf; g
- z0nl klysls/0f tyf lgoq0f tyf ; thg
- ul/al lgjf/0f
- ; dfgflts lgjffg
- ljljwtf Joj:yfkg
- pQ/bfol gllh lfq cflb .

सामाजिक न्याय सम्बन्धी दृष्टिकोण :

; fdflhs Gofo sfod ug{; Daïwdf ljfgx? alr cnu cnu wf/0ffx? JoQmePsf 5g\. ; dfhsf] agfj6, ljebsf]:t/, ljsf; sf]df8nsf cfwf/df ol bli6sf]0fx? agsf xgM

- ljt/0fffTds Gofo -Distributive Justice_÷-; dfgtfdf cfwfl/t Gofo_M ; t, ; fwg, clwsf/, nfe / cj; /sf]; dfg ljt/0f u/L k[o$nf0f{pglx?sf]lx:; f pknAw u/fpg]sfo{. of] k/fgf]dfGotf xf]. ; g\!(%) sf]bzsdf ljsf; ePsf]xf]. o;n]ljeb ubg t/ cf/lf0f nufotsf s/fnf0f{Wofg lbbn .

- kgMljt/0fffTds Gofo -Redistributive Justice_÷-; dtfdf cfwfl/t Gofo_M ; t, ; fwg, clwsf/, cj; / cflbnf0f{xgaf6 gxg]tkm{:yfgft/0f u/fpg]sfo{. o;n] c;dfg cj;yfdf /xsf JolQm jf ; dxalr c;dfg Jojxf/ u/L ; dtfhs ; dfh :yfkgf ul/gpg{dfGotf /fVb5 . kjltlzn s/, ; fdflhs ; /fffsf sfogmd, ljzff 56 tyf ; xlnot cflb dfkmt kgMljt/0fsf/L Gofo sfod ug{ul/G5 . of]; g\!(*) sf]bzsdf cfPsf]xf]o;df cf/lf0f ; z0nls/0f jf ; sf/fffTds ljebdf hf lbG5 . l56f]ktkm klsfsf nflu of]ljlw pkoQm xG5 .

- kgM:yflkt Gofo -Restorative Justice_M ljutsf]zf; Joj:yf, ; fdflhs ; rgf, åå,

।

k|s|ts k|sfk| jf cG0o sg}sf/0fn]cGofodf k/|$fnf0{kgM:yfkgf ug{[sfo{. /fxt ljt/0f,
cgbfg, kgM:yfkgfsf ljljw k0fs|hx?sf]3fif0f]f0ff u/l kgM:yflkt G0fo sfod ug{ul/G5 .
xlnof, affwf, bf;, sd}f cflb k|yfsf]cGGo u/l ul/Psf] kg{[yfkgf kgM:yflkt G0fosf]
pbfx/0f xf]. o;n]k|s|ts ; dfgtfdf hf[lbG5 . o;n]ljt/0fsf/l tyf k|ljt/0fsf/l
G0fosf ;sf/ffds klfx?nf0{Jojxf/df sfof[jog u/// l56f]k|tkm lbg]kbf; ub$.

नेपालमा यसका लागि भएका प्रयासहरु

gkfndf /fHosf]ljsf;;;u\}; fdflhs G0fofsf nflu kbf;x? ePsf 5g\ . ljsf;sf]cfwlgs
dfGotf;u\}/fHon]u/$sf ;a}kbf;x?n];fdflhs G0fodf sg}g sg}?kn]; xoflk k\ofPsf
5g\. sg|klg nf;tflGus /fHon]u/$sf ;a}kbf;x? ;fdflhs G0fodf g}s|lbt x@5g . t/ ;a}
kbf;x? pNn]V ug{;Dej ePsfn]s;x dVo kbf;x? o; k|sf/ 5gM—

नीतिगत

■ gkfn ;/sf/ j}wflgs sfgg, @))$M— zlOmk|ysls/0f, ; dgtf, lgjf{sgsf]Joj:yf tyf
   lgMzNs / clgjfo{k|f/Des lzIffsf]Joj:yf lyof]t/ of]; l|wfg nfu"ePg .

■ gkfnsf]cGtl/d zf;g ljwfg, @))&M— kbftGgsf]z? tyf /f0ff zf;gsf]cGTo .

■ gkfn clw/fHosf] ; lwwfg, @)!%M— zlOmk|ysls/0fnf0{ cfTd;ft, ; dgkfltsf lgjf{sgsf]
   Joj:yf / df]lns xsx?sf]Joj:yf .

■ /fHo /hf]sf Pg, @)!&M— ; fdGtl k|yfnf0{cGTo ul/Psf].

■ dh'l Pg, -@)@)_M— hftlo ljebsf]cGTo .

■ el'd ; DaGwl Pg, @)@!M— hUufsf]xbaGbl lgwf{/0f .

■ ; fdflhs Jojxf/ -; wf/_ Pg, @)##M— ; fdflhs / ;f±s|ts sbfsnfdf xg]km'hh vr{nf0{
   lgoGq0f ul/Psf].

■ gkfn clw/fHosf] ; lwwfg, @)$&M— :jtGq G0fofkflnsf, df]lns xssf]Joj:yf, sfg}sf]
   zf; gsf];glZrttf, /flio6o ; efdf ; fdkflts lgjf{sg / dlxnf k|ltlglwTjsf];lldt Joj:yf
   / ; fj{ef}lds Of hgtfdf /x$sf].

■ ; dh sNof0f Pg, @)$(M— u}; ;/sf/l ; ±yfx?sf]lgodg ug{[Joj:yf .

■ :yfglo :jfoQ zf; g Pg, @)%%M— ljskd|ls/0fnf nfu" :yfglo lgsfodf dlxnf / blntsf]
   k|ltlglwTj .

■ gkfnsf] cGtl/d ; lwwfg, @)^#M— ; fdkflts k|ltlglwTj, /fHo kgM/rgf, cf/If0f /
   ; d3lotsf]Joj:yf .

■ ul/al lgjf/0f sf}f Pg, @)^#M— u/la s;|lt sfof{qmdx? ; +rng .

■ hftlo eb]efj tyf 5'jf5't -s; ;'/_; hfo_ Pg, @)^*M— hftlo ljebnf0{uDel/ k|sf/sf]ck/fw
   dflgPsf]/ ; f$l cg'; f/sf]; hofsf]Joj:yf .

नेपालको संविधानमा भएका व्यवस्थाहरु :

■ k|:tfjgfdf jul6, hftlo, Ifg|lo / n}Ës ljebsf]cGTo ug{pNnV

■ wf/f # - /fi6sf]kl/efiffdf ljljwtfnf0{cfId;ft

■ wf/f ^- ; a}dftefiffnf0{/fi6efiffsf]dfGotf

■ wf/f !@ -cfdfsf]gfdaf6 klg gful/stf lbg ; lsg]

■ wf/f !* -; dfgtfsf]xsdf cf/If0f

■ wf/f @)- Gofo ; DaGwL xsdf u/lanf0{lgMzNs sfg}gL ; xfotsf]Joj:yf

■ wf/f @$ -5jf5't tyf ebefj lj?4sf]Joj:yf

■ wf/f @(- zf|f0f lj?4sf]xs

■ wf/f #$- >dsf]xs

■ wf/f #* -dlxnfsf]xs

■ wf/f $) blntsf]xs

■ wf/f $@ -; fdflhs Gofosf]xs

■ wf/f $#- ; fdflhs ; /Iffsf]xs

■ wf/f %!- sf]-`_ ; fdflhs Gofo / ; dfj]zls/0f ; DaGwL gLlt

■ wf/f &) /fi6klt / pk/fi6klt km'/s km'/s lnË jf ; dbfosf]xg]

■ wf/f *$ / *^ - k|tlglw ; ef / /fli6o ; efdf ; dfgkflts lgjf{rgsf]Joj:yf

■ wf/f (!, (@ / !*@ - ; 3lo / kb|z Joj:yflksfdf kdV / pkkdV dWo ! hgf dlxnf xgkg]Joj:yf

■ wf/f !## - ; jf{r cbfntdf Goflos kg/fjnf]sgsf]Joj:yf

■ wf/f !&^- kb|z;efsf]u7gdf ; dfgkflts lgjf{g

■ wf/f @!& -:yfglo txdf Goflos ; ldlt

■ wf/f @@@ / @@# -:yfglo Joj:yflksfdf dlxnf, blnt / cNk; Vossf]k|tlglwTj

■ efu @% / @& -/fi6o dfgj clwsf/ cfolu, /fi6o dlxnf cfolu, /fi6o blnt cfolu, /fi6o ; dfj|l cfolu, cflbjf;l hghftl cfolu, dw|l cfolu, yf? cfolu / dl:nd cfolusf]Joj:yf

■ wf/f @*# -; j|wflgs cu| / lgsfosf kbf lgoOlm ubf{; dfj|l l; 4f|t adf|hd ul/g]

■ wf/f @*& -efiff cfolusf]Joj:yf

चालु पन्ध्रौँ योजनामा सामाजिक न्याय सम्बन्धी व्यवस्थाहरु

; fdflhs Gofo cGt/ ; DalGwt ljifo ePsfn]rfn'cfjlws of]hgfsf]; a}lfgdf k|oIf jf ck|oIf ?kdf o;sf ljifox? ; dfj|z 5g\. dVo Joj:yfx? o; k|sf/ 5gM

■ 1fg / ; lkdf cfwfl/t /f|huf/lsf cj; / l; hgf,

- u/dl0f / bu{ lf{qdf Psls[t a:tl ljsf;,
- ljBfno lzIffdf ;dtfdh's kxr :yfkgf,
- :yfglo txdf k{fjlws lzIff / Joj;flos ;lksf]ljsf;,
- j}slNks lzIffsf]1fgnf0{cfodh's sfoqmddf cfj4,
- :yfglo 1fg, ;lk / k}jlwsf];Alf0f,
- axlf{qlo kf{f0f of{hgf bf]l{sf];fof{jog,
- oj{fdf :jo÷]l ; ÷s|tsf]ljsf;,
- ;a}ksf/sf n}Es c; dfgtfsf]c{To,
- Hof]7 gful/ssf]1fg, ;lk / cgб]jnf0{pkofu,
- ckfÉtfdц}l efl}ts ;/rgf lgdf0f,
- u/lal nllft sfoqmd ;ฆfng,
- Goб}td /f}huf/lsf]kÛofel't,
- ;fwg ;f[tdf nllft ju}sf];dfgkflts kxr a9fpg}
- u}/ ;/sf/l lfqnf0{;fdflhs Gofo d}l agfpg}cflb .

सामाजिक न्याय कायम गर्न गरिएका अन्य प्रयासहरू

- ;tl kyf / bf;; kyfsf]c{To,
- ;a}ksf/sf ;/sf/l ;}fdf cf/If0f,
- cgfkkrfl/s lzIff, b}/ lzIff / dftefiffdf lzIff ;Alfng,
- kl/jf/ lgofhhg sfoqmd ;Alfng,
- sdhf}/ ju{jf ;dbfonf0{pRr lzIff ;Dd lgzNs lzIff,
- cÉt/hftlo ljjfxnf0{dfб}otf,
- ;fdlxs hdfgl jf ljgf lwtf]shf{kbfg,
- ;xsf/l ;÷yf dfkmt u/lb0f a}s{a k0{fnlsf]ljsf;,
- pkefÛqf ;ldlt dfkmt ljsf;,
- u/lal lgjf/0f sf}{f dfkmt ;Alflt sfoqmdx?,
- /fiбklt dlxnf ;z0lls/0f sfoqmd÷kl/of}hgf,
- t/f0{dwۤ ;dl4 sfoqmd,
- kwfgdGql :j/f}huf/ sfoqmd,
- ;fdflhs ;/Iff sf}{sf]:yfkgf,
- z}lfs shf{
- dfgj clwsf/ kll8tnf0{lb0g]lfltkl't{
- ;fj{hlgs gllh ;febf/l sfoqmd,
- dhldnfk s}{b}sf]:yfkgf,
- ;/llft uek{tg ;}fx? cflb .

सामाजिक न्यायका समस्याहरु

ljsf; sf]kdV Ph08fsf]?kdf /x$sf];fdflhs ऀofo sfod ug{;/sf/n]dVo lhDdjf/L lnPsf] 5 . tlg txsf ;/sf/x?af6 glltut, ;꞉yfut / lqmofsnfkut kbf;x? ePsf 5g\. gful/s ;dfhn]cfjfh p7fpFsf] 5, gllhlft꞉ kj'f,w/df nufgl ug{tTk/ blVG5, u꞉;/sf/L lfꞗx?n] hgtfsf]efjgfnf0{;Ꞁafjlg ug{kbf; u/$sf 5g\. cꞁt/fꞗi6Ꞁo ;dbfon]dfgjlo ljQlo / ef꞉ts ;xoflꞀ pknbw u/fPsf 5g\. ul/al lgjf/0f ;/sf/sf]Ps dfq p2꞉o ag$sf] 5 . tfklg ckꞀlft k|tkꞀn k|ft ePsf]5g꞉ . h;sf ;d:ofx? o;k|sf/ 5gꞀꞀ

- kj'f/ lgdf0fdf Ꞁog nufgl,
- ;dfgkflts k|tlglwTjnf0{nllft ju0f kbfpg g;;g';
- sdhf꞉ ju{jf ;dbofsf]glltut txdf Ꞁog pkl:ylt,
- glltut ;dꞀjo sdhf꞉,
- /fꞗi6Ꞁo glltn]kꞀblꞀzs / :yfglo txsf]glltnf0{lgbꞀzt ug{g;;g';
- ljljwtf ePsf];dfhdf Ps}ksꞀltsf sfoꞀqmdx? ;꞉fng xg';
- cfly$ ljsf; ;dxf꞉,
- ljsf;df :yfglo ;Ꞁtsf]sd kl/rfng,
- dfꞀns ljsf; k4ltsf]Ꞁog cjnꞀag,
- ;Ꞁdflhs Pslss/0fnf0{/fꞗi6Ꞁo d2f agfpg g;;g';
- ;fklf dfꞀns xsx? a9l xg';
- gful/s ;dfh /fhglltls cf:yfsf cfwf/df kl/rflnt xg';
- :yfglo txsf]; ꞉yfut lfdtf sdhf꞉,
- :yfglo txx?alr ;xsfof$sf]sdl,
- 7'hf cfoflꞀhgf sd ;꞉fng xg';
- lzllft JolꞀx?sf]dgflljfgfdf kl/jt$g gxg';
- blntx?sf]a:tl 5l/Psf]xg';
- ljklf0faf6 kꞀत /sd cgꞀkfbs lfꞀdf vr{xg';
- Ꞁofdf kxꞀꞀ sdxf꞉,
- cf/lf0f kꞀffnl nllft jufꞀf sd kꞀg';
- ljsf; lgdf0fsf sfddf ;/$sf/jfnsf]jf:tljs ;xeflutf sdhf꞉ xg';
- 7'hf kj'f/ lgdf0fdf sd nufgl cflb .

dfly kꞀ:t't ul/Psf ;d:ofx? ;dfwfg u/L ;fdflhs Ꞁofonfnf{0{ckꞀꞀlft agfpg lgꞀg pkfox? cjnꞀag ug;꞉5ꞀꞀ

- jul꞉ cf/lf0fsf]Joj:yf ug{

- 7hf kj'f\f/df nufgl a9fpg]
- lbuf]cfly\ ljsf;df hf/ lbg]
- df]ns pBful;f]Joj;fols/0f ug{
- ljkf'f0fsf]pTkfbgzln lfgdf vr{ug{hf/ lbg]
- glltut ;dGjo sfod ug{
- ljsf;df :yfglo ;|t kl/rfng a9fpg]
- ;a}/fhg]ts zlOmalr ljsf;sf]Ph]8fdf Ps?ktf xgkg{
- kbz ;/sf/nf0{kefjsf/l agfpg]
- :yfglo txsf]; +yfut lfdtf ljsf; ug{
- Psls[t a:tlsf]ljsf; ug{cflb .

अन्तमा

;fdflhs Gofo cfwlgs /fHo ;+fng kOffnlsf]cfwf/e't dfGotf xf]. ljZjljofkls/0fsf]jtdfg ;dodf ljsl;t tyf u/la bZx?n];d] o;df g}Wofg s[Cblt u/]sf] 5g\. o;sf]Hjn+t pbfx/0f lbuf]ljsf; sf nIonf0{;a}bZx?n]:jlsfg{klg xf]. dVotof lj ;+@)) & sf]/fhg]ts kl/jtg kl5 ;fdflhs Gofo sfod ug{glltut, ;+yfut / sfodn+dut kbf; ePsf]blVG5 . lj=+@)^# ;fnkl5 o; sf]dfqf a9f0Psf]5 . h;nf0{dfyl ;Hfktf pNn]v ul/Psf]5 . oBlk cfzftlt ;kmntf kf{t xg ;sf]5g\ . of]lfgdf blVPsf ;d:of / ;dfwfgsf pkfox? dfly k:tt ul/Psf]5 . glltut, ;+yfut / sfodn+ddf ;dfj]z u/]/ ;kmfjx? sfof{jog ug{;sof jf:tljs ;fdflhs Gofo sfod xg5 .

सूचनाको हकः सूचनाको हकको कार्यान्वयनमा हुलाक कार्यालयको भूमिका

सीता निरौला फुयाल*

सारांश

@! cf}+ztfAblnf0{ ; ^gf kljlwsf]ztfAblsf ?kdf ln0G5 h;n] ; ^gfsf] xssf] k|efjsf/l sfof{Gjogdf ; 3fp k^ofpG5 . /fHo Joj:yfn0{ ; Zf;gsf]dfudf nul nf$tGqnf0{ ; ++yfut ug{; ^gfsf]xssf]dxTjk0{{el'dsf /x05 . gful/ssf]cfkm\gf] / ;fj\lgs ;/fsf/sf]s^kfl ; ^gfdflysf]kxr g; ^gfsf]xs xf. ; ^gfsf]xsnf0{gkfnsf}; ++wfgn]dflns xss]?kdf Joj:yf u/]sf] 5 . ; ^gf dfu]]kl#t ug{]cWoog ug{/ Tof]cWoogsf]cfwf/df ; ^gfsf]pkof]kl ug{]clwsf/ o; c0tut kb+5g\. ; ^gfsf]xs c0tut ; ^gf dfu ug{]/ k|Kt ug{]dfq ge0{kl#t u^sf]; ^gfsf]; dlrt kbfl{ ug{]kfpg]xs; d\ /x05 . ; ^gfsf]xs c0tut ; fj\lgs lgsfodf /x]f sb+lng lnvt, ; fdfu| jf ;f]lgsfosf]sfd sf/flxsf]cWoog jf cjnf$g ug{]clwsf/ tyf pNn]v ul/Psf lnvtsf]kbfl0ft k|tlnlk k|Kt ug{]clwsf/ kb$. ; fy}; ^gfsf]xssf] ;Alf0f, j+wg / k|rngsf nflu ; ^gf] xs ; DaGwl P^j] @)^$ / lgodfjnl @)^% sfof{Gjogdf /x]f 5g\. /flt6o ; ^gf cfof]u, ; +%f/ tyf ; ^gf k|jlw dGqno, k|wfgdGql tyf dlGqkl/ifb] sfof]no, dVodGql tyf dlGqkl/ifb]sfof]no, lhNnf k|zf;g sfof]no, lhNnf xhfs sfof]no / k|of$; fj\lgs lgsfo; ^gf clwsf/lsf]Joj:yf o; sf]sfof{Gjogsf nflu sfo{t ; ++yfut Joj:yf xg\. o; ;Abef{df ; ^gfsf]xssf]k|efjsf/l sfof{Gjogdf lhNnf xhfs sfof]nosf]klg dxTjk0{{el'sf /xb}cfPsf] 5 .

सूचनाको हक र नेपालमा अभ्यास

gkfnsf] ;Abef{df ; ^gfsf]xs ; DaGwl sfggl Joj:yfsf] kcofl ; a}Gbf a9l cfd ; ~rf/ dflodx? / To;df sfo{t kqsf/x?n] u^sf] kf0G5 . pglx/?n] kcofl u^sf] of] clwsf/ cfd; ~rf/sdl{sf]ljzif clwsf/; ge0{cfd gful/ssf ?kdf k|Kt clwsf/ xf]. ; fy}; /fsf/sf ljifoj:tfh/{ hgdfg; df k^ofpg / n}fpg vf{]Psf ljifo:t^sf] pTvgg ug{]Joj;flos wd{lgjf\xsf qmddf ; ++yfut ug{]xfq; /fsf/ dfuof]Pcfkml] ;/sf] ngdf0G5. kf/bzl{; dfh / pQ/bfol ;/sf/ lgdf0f u/l sfg;sf]zf;g g :yfkgf ug{]cfkmdf] dxTjk0{{sfo{xf]. ; ^gfsf] xs sfof{Gjogsf nflu bKfo adflhdsf}sfg;l tyf ; +yfut Joj:yf ul/Psf 5 .

सूचनाको हक सम्बन्धी कानुनी तथा संस्थागत व्यवस्था

; fj\efj; Qf ; Dkb\g hgtf ; jfQr zlQmsf]?kdf /xg ; Gb/ /fhglts k|0fnl nf$tGq xf]eg] ; Zf;g nf$tGqsf]d^b08 xf]. nf$tGq h:tf]pTs^6 k|0fnlsf]cEof; ul//xb} kf/lztaf, hjfkmb]xtf, pQ/bfloj / hg;xefltsf];IglZrttf af6 dfq ; Zf;gsf] cg'el ug{; lsG5 hg; ^gfsf];Alf0f, ; a4g / k|efjsf/l sfof{Gjogaf6 g};ej 5 . o; ;ljifonf0{dWogh/

---

u/l gkfndf klg ; ‰gfsf]xsnf0{pRr k[fyldstfdf /fVb};a‰flgs tyf sfgˌl Joj:yf u/l
o;sf]k‡rng / ; ‰lf0fsf];lglZrt ul/Psf]5 .

सूचनाको हक सम्बन्धी संवैधानिक व्यवस्था

gˌkfn clw/fHosf] ;ˌwfg, @)$$ n]klxnf]k6s ; ‰gfsf]xsnf0{dfl‰s xssf]¿kdf :jlsf/
u/ˌ$fl]lyof]]t/ pQm ; ‰wfgsf];dofjwe/l sˌ}Pˌ sfgˌ a‰g ; sˌg\/ o;sf]Jojxfl/s ?kdf
sfof{{jog xˌ ; sˌg . bf]]j]hgcfˌbfl‰g kl5 hf/l ul/Psf]gˌkfnsf]cˌtl/d ; ˌwfg, @)^# sf]
wf/f @& df kˌTo$ gful/snf0{cfkˌgf]jf ; fj{lgs ; /ˌsf/sf] sg}klg ljifosf] ; gf dfˌg]
jf kfpg]xs xˌ]Joj:yf ; lxt ; ‰gfsf]xsnf0{dfl‰s xssf]¿kdf /flvPsf]lyof]eg]lj=; ‡
@)&@ ; fndf hf/l ePsf]gˌkfnsf];ˌwfgsf]efu # wf/f @& df klg kˌTo$ gful/snf0{cfkˌgf]
jf ; fj{lgs ; /ˌsf/sf] sg}klg ljifosf]; gf dfˌg]/ kfpg]xs xˌ]t/ sg}klg adflˌjd uˌkˌo
/fVg'kg]{; ‰gfsf]hfgsf/l lbg s;‰f0{aˌˌo gkfl/g]]Joj:yf;lxt dflˌs xssf]?kdf Joj:yf
ul/Psf]5 .

सूचनाको हक सम्बन्धी ऐन, २०६४ तथा नियमावली, २०६५ का व्यवस्था

gˌkfnsf]cˌtl/d ; ˌwfg, @)^# n] ; ‰gfsf]xsnf0{dflˌs xss}?kdf Joj:yf u/]kˌrft
; ‰gfsf]xssf]Jojxfl/s sfof{{jog ug{; ‰gfsf]xs ; ˌaˌwl Pˌ, @)^$ / ; ‰gfsf]xs ; ˌaˌwl
lgodfjnl, @)^% hf/l e0{sfof{{jogdf /x]f 5g\h;df kˌTo$ gkfnl gful/snf0{; fˌlˌs
lgsfodf /x]f];‰gfdf kxˆr xg] ; ‰gfsf]xssf];ˌefg / ; ‰lf0f ug{; ‰gfsf]cˌlofjlws /
k[sfzg ug{; ‰gdf gful/ssf]kxˆr ;/n / ;xh agfpg‰ cfkˌgf]sfdsf/jfxl vhf / kf/bzl{
?kdf ug{; ‰gf clwsf/lsf]Joj:yf ug{kˌTo$; fˌlˌs lgsfosf]bfloTj xg]Joj:yf ul/Psf]
5 . ; ‰gf kˌKt ug{sfof{{lw, ; ‰gf clwsf/ln ; ‰gf pknˆw gu/fPdf ph‹l lbg ; Sg]jf
cfoˌ‰ ; dlf kg/fjˌbg lbg ; Sg] ; ‰gfsf]juˆf/0f ugˌkˌ ; ‰gf / ; ‰gbftfsf];ˌlf0f ug{
kˌg] ; ‰gfsf]b?kof]ˌl ug{xˌbn xˌ ; ‰gf kbfg gu/ˌf xˌn];hfo tyf ltltkl‹tˌsf]Joj:yf nufotsf
dxTjkˌ0{Joj:yfx? ; dˌ P‹n]u/ˌf]5 . To;}u/l ; ‰gfsf]xssf];‰f0f, ;‡4ˌ / k‰rng ug{
Ps :jtˌq /flˆ6o ; ‰gf cfof]ˌ /xg]/ cfof]ˌn]kˌ/fjˌbgsf]sf/afxl / lsgf/f ug{clwsf/
k‡ofofˌg ug{; ˌlg‹]Joj:yfx? o; P]df /x]f 5g\eg];‰gf dfu ug{; fˌlˌdf sfo{ljlw
Joj:yf lgodfjnln]u/ˌf]5 .

सूचनाको हक कार्यान्वयन सम्बन्धी अनुगमन निर्देशिका,२०७६

; ‰gfsf]xs ; Djˌwl P‹ tyf lgodfjnlsf]sfof{{jog ; ˌaˌwdf k[ffjsf/l ?kdf cgudg ug{
Joj:yf u/l ; fˌlˌs lgsfosf]sfd sf/afxldf kf/bl‹tf sfod ug{sˌ}b‹lo ; ˌjo 0sf0{
sfof{{jog cgudg 0sf0{kb‡ cgudg 0sf0{/ lhNnf cgudg 0sf0{sf] Joj:yf ; lxt ; ‰gfsf]
xs sfof{{jog ; ˌaˌwl cgudg lgb‹lzsf, @)&^ sfof{{jogdf /x]f]5 .

राष्ट्रिय सूचना आयोगको पुनरावेदन कारवाही र किनारा गर्ने कार्यविधि, २०७२

;‖gf dfustf‖n]dfu u/‖$f];‖gf k‖Kt gu/$f] v08df cfof‖ ;dIf kg/fj‖bg ug‖k‖qmof /
cfof‖n]pOm kg/fj‖bg k‖Kt eP k‖rft cjn‖jg ug{kg‖k‖qmof / cfb‖ ;‖DaGwL Joj:yfx? o;
sfof‖jlwdf ;d‖6Psf 5g\ .

सरकारी निकायले स्वत प्रकाशन गर्नुपर्ने विवरण सम्बन्धी निर्देशिका, २०७१

; fj‖lgs lgsfon];‖gfsf]clOmofjlws u/L k‖sfzg ug‖kg‖/ pOm k‖sfzgdf ;d‖6gkg‖ljifox?sf
af/‖df lj:t‖t ?kdf of‖lgb‖zsfdf Joj:yf ul/Psf]5 .

सूचनाको हकको कार्यान्वयनका लागि विद्यमान संस्थागत व्यवस्थाहरुः

क. राष्ट्रिय सूचना आयोग

/fOosf sfd sf/afxL nf‖tfl‖qs k4tl cg?k vhf / kf/bzl{agf0{gful/sk‖t hjfkmb‖L /
lhDd‖f/ agfpg, ;‖fj‖lgs lgsfodf /x‖$f];‖fj‖lgs dxTjsf];‖gfdf cfd gful/ssf]kx‖rnf0{
;/n / ;xh agfpg, ;+‖4‖ ug{/ ;‖gfsf]xssf]k‖rng u/fpg)/fOo / gful/ssf]lxtdf
k‖tsh c;/ kfg‖;‖fj‖lgs ;‖fOf ug‖pb‖zon];‖fg‖xs ;‖DaGwL P‖g, @)^$ sf]
bkmf !! df Ps :jtGq /fli6o ;‖gf cfof‖ /xg]Joj:yf cg?k lj÷÷@)^% h‖ @@ ut]/fli6o
;‖gf cfof‖ u7g eO{lqmofzln /x‖$f] 5 . cfof‖n];‖fj‖lgs lgsfodf /x‖$f] ;‖fj‖lgs
dxTjsf];‖gf ;‖Dj‖L clen‖V, lnvt tyf c‖o ;fdflsf]cIoog tyf cjnfsg ug‖To:tf
lgsfodf /x‖$f]clen‖V lnvt jf c‖o ;fdu ;‖DaGwL ;‖gf ;‖Ils‖t u/L ldnf0{/fVg cfb‖ lbg]
gful/ssf]hfgsf/lsf nflu ;‖gf ;‖fj‖lgs ug‖o; P‖g adf‖hdsf]bfloTj kfngf ug{u‖gf
;‖Dj‖t ;‖fj‖lgs lgsfonf0{cfb‖ lbg] gkfn ;/sf/ tyf ;‖gf tyf ‖/f/;‖u ;‖DaGwt
ljleGg lgsfonf0{;‖fj‖lgsk xssf];‖f0{/ ;+‖4sf nflu cfjZos ;‖efj lbg]jf l;kmfl/;
ug‖;‖fj‖lgsk xssf];‖f0{;+‖4 / k‖rng ug‖f nflu cfjZos kg‖cGo pkoGm cfb‖ lbg]
nufotsf sfo{? ub‖cfPsf 5 .

ख. संचार तथा सूचना प्रविधि मन्त्रालय

;+‖/f/ tyf ;‖gf k‖ljw dGqfno, /fli6o ;‖gf cfof‖sf]tfn‖s dGqfnosf] ?kdf /xl cfof‖nf0{
cfjZos ;‖‖t ;‖fwg pknAw u/fpgsf ;fy}cfjZostf cg‖f/ ;‖Dbo ug‖sfo{ub‖cfPsf]
5 . To;‖/L ;‖fj‖lgsxs ;‖Dj‖L P‖g tyf lgodfjnlsf]Joj:yfnf0{k‖efjsf/L ?kn]sfof‖jog
ug{;‖fj‖lgs lgsfosf]cgudg ug‖tyf ;‖gf clwsf/lx?sf]Ifdtf ljsf; ug‖lhDd‖f/L;lxt
dGqfnosf ;/jsf];‖fhskdf ul7t sfof‖jog cgudg 0sf0‖f];‖jfnosf]?kdf ;d‖ sfo{
ug‖el‖dsf dGqfnosf/x‖$f] 5 .

ग. प्रधानमन्त्री तथा मन्त्रिपरिषद्को कार्यालय

;"gfsf]xssf]sfof{jog ;"DjGwdf cgudg ug{u/fpg tyf tt\ tt\;"DjGwdf ;"dGjo sfod ug{ul7t s"b]lo ;"dGjo Osf0sf];"lrjfno k]wfgdGqL tyf dlGqkl/ifb]sf] sfofnodf /xg]sfg"gl Joj:yf 5 h;n] ;"gfsf]xs ;"DjGwL Pg tyf lgodfjnlsf]Jofj:yfnf0k{efjsf/L ?kdf sfof{jog u/fpg cfjZos ;"dGjo tyf cgudg ug{u/fpg] ;"gfsf]julL/0fdf ;xof"l ug{ ;"gfsf]xs ;"DjGwL glltut ljifodf gkfn ;/sf/ ;"dIf ;"emfj k]z ug{/ ;"f];"DjGwdf gkfn ;/sf/ / cfofljaf6 kfKt lgb]zgsf]kfngf ug{u/fpg]sfo{ub}5 .

To;"L/L ;"ft]6f kb]zdf dVodGqL tyf dlGqkl/ifb]sf]sfofnodf ;"dt kb]z cgudg 0sf0{/xl cf-cfkgf]kb]zdf cfjZos ;"dGjo tyf cgudg ug{u/fpg]sfo{xb}cfPsf]5 .

घ. जिल्ला प्रशासन कार्यालय

lhNnf l:yt ;"fj]hlgs lgsfoaf6 ;"gfsf]xssf]sfof{jog eP gePsf] lj;ifodf cgudg ug{u/fpg k"To{s lhNnfdf kb"V lhNnf clwsf/lsf] cWoIftfdf lhNnf cgudg 0sf0{/xg]Joj:yf 5 / pQm 0sf0sf];"lrjfnosf]?kdf lhNnf k]zf;g sfof{nox?n]sfo{ub{cf0/x}f 5g\.

ङ. जिल्ला हुलाक कार्यालय

lhNnf l:yt ;"fj]hlgs lgsfoaf6 ;"gfsf]xssf]sfof{jog eP gePsf] lj;ifodf cgudg ug{u/fpg k"To{s lhNnfdf kb"V lhNnf clwsf/lsf]cWoIftfdf /xg]lhNnf cgudg 0sf0sf];"b:o ;"lrjsf]?kdf lhNnf xhfs sfof{no kb"V /xg]Joj:yf 5 / ;"gfsf]xssf]sfof{jog tyf cgudg ug{lhNnf cgudg 0sf0f nflu cfofljn]cfjZos /sd lhNnf xhfs sfof{nodf pknAw u/fpg] / pQm /sdsf] vr{sf]ktf bjf/L k"To{s dlxgf / cgudg k"ltjbg k"To{s #÷# dlxgfdf dGqfno jf cfofljdf k7fpg"kg{sfg"gL Joj:yf /x]adflhd lhNnf xhfs sfof{nox?n]e"ldsf lgjf{x ub{cf0/x}f 5g\.

सूचनाको हक कार्यान्वयनमा हुलाक कार्यालयहरुको भूमिका:

Vhf, kf/bzL{ lhDd]jf/ / hjfkmb]xL zf;g Joj:yf ;"flng ug]kg{df"Gtf ljZjJofkL ?kdf /x]sf] ;"Gbe{df gkfn klg o;af6 cnu /xg ;"Sg]cj:yf 5}g . zf;g Joj:yfnf0{ Vhf / kf/bzL{ agfpg]sfodf bzfljofkL ?kdf g}; "gfsf]xssf]k]efjsf/L sfof{jog cTofjZos xg cfpb5 t/ o;sf nflu /fli6o ;"gf cfofljsf]s"boaf6 dfq ;"frfg /x]sf]/ kb]z tyf lhNnf txdf cfkmgf] ;"frfg g/x]sf]cj:yfdf ;"gfsf]xssf]k]efjsf/L sfof{jogsf nflu lhNnf xhfs sfof{nosf]b}fo dxtjk"0f{ ePsf] 5b5M

- ■ cfofljn]lhNnfleqsf ;"fj]hlgs lgsfodf ;"gf dfu u/]sf] ljj/0f tyf ;"gf lbPsf]jif lbg 0Gsf/ u/]ljj/0fsf]5}f5}}clenV /fv]g/fv]sf]cgudg ug{.

- ■ lhNnfl:yt ;"fj]hlgs lgsfon];"jt k]sf/zgsf]sfo{u/]gu/]sf]cgudg ug{.

- lhNnfl:yt ; fj{hlgs lgsfodf ; r̂gf clwsf/lsf]Joj:yf u/]gu/}$f]cgludg ug]/ gu/}$f] eP ; r̂gf clwsf/lsf]Joj:yf ug{lgbьzg lbg].
- lhNnfl:yt ; fjhlgs lgsfosf ; r̂gf clwsf/lsf]lfdtf ljsf;sf sfo{ug{ug{; Sg].
- ; r̂gfsf]xs ; DaGwL hg:t/df ; rtgf clej̦l4sf sfof{mdx? ; r̂fng ug{; Sg].
- ; fjhlgs lgsfoaf6 lhNnf:t/df ePsf]; r̂gfsf]xs ; DaGwL sfof{mdsf]ljj/0f tyf ; r̂gfsf]xssf]sfof{hogsf]cj:yfsf]af/{df k|tjjbg tof/ u/l dGqfno jf cfofudf k7fpg].

o; /l lhNnf:t/df ; r̂gfsf]xssf]; /åf0f / k|rngnf0{kefjsf/l agf0{kf//bzl{tf / hjfkmbjXltfsf]
kj̦l4g u/l gful/sdf ; zf; gsf]cgetl lbnfpg lhNnf xhfs sfofgosf]dxTjk_0f{el̇dsf /xg ; Sb5 .

निष्कर्ष :

nf̦tGqsf];b/ kIf egg$} ; zf; g xf]. sfgbl zf; g, hjfkmbjXtf, kf/blzttf, ; fdflhs Gofo, n|us ; dfgtf, dfgj clwsf/sf]; /åf0f cflb ; zf; gsf d?b08x?sf]lglZrttfsf nflu ; r̂gfsf]xssf]k̊efjsf/l sfof{hog g}Psdfq pkfo xf]. gful/sn]hf̊g kfpg]xsnf0{sfg̦l Joj:yf dfq koft xḃg . o; sf]k̊efjsfl/tfsf nflu gful/ssf]; r̂gf pRr xg'kb5 . xfdl]; Geb̦0f gful/s ; r̂gf / ; zlOqms/0fsf]åo̊gtfsf sf/0f ; r̂gfsf]xsaf6 gful/s nefflGjt xg ; ș$f 5̇g\. To; df klg pOml ljifodf kbȵ, lhNnf / :yflglo txdf ; r̂gfsf]xs gful/ssf]dflhs xs ePsf]/ o; sf]k̊rng s; /l ug{/ To; af6 dḣsdf ; r̂gfsf]Joj:yfdf 6|f k̊of0{0fnfe s; /l lng]eGg]af/{df wf}}; rt ePsf]kf0{0fg . ctM ; r̂gfsf]xssf af/{df ; 'l̇rt agfpb}gful/s ; zlOqms/0f ug$f nflu ; /sf/, lghl If̊q, u}/; /sf/l If̊q, ; fdflhs cleoGtf, ; ~rf/sd̦l{; r̂gful/s nufot ; af̦$f]cys kbf; cfjZos xf$5 . o; }; Geb̦0f ; r̂gfsf]xssf]k̊åf0f, j̆4g / k̊rngsf nflu ; af}lhNnf xhfs sfofgox?sf]dl̇t dxTjk_0f{el̇dsf /xg ; Sb5 h; sf nflu xhfs sfofgox?df yk ; ̇t ; fwgsf]Joj:yf u/l ; r̂gfsf]xssf]sfof{hognf0{cem ; zOm agfpb}; r̂gfsf]; lglZrttf dfkm̦t nf̦tGqnf0{dhab agfpg' cfhsf]cfjZostf xf].

सन्दर्भ सामाग्रीः

gkkfn clw/fHosf]; ljwfg, @)$&
gkkfnsf]cGtl/d ; ljwfg, @)^#
gkkfnsf]; ljwfg
; r̂gfsf] xs ; DaGwL P̦g, @)^$
; r̂gfsf] xs ; DaGwL lgodfjnL, @)^%
; r̂gfsf]xs sfof{hog ; DaGwL cgludg lgb̦lzsf, @)&^
/fli6o ; r̂gf cfof̦usf]kb/fjl̇bg sf/jfxl / lsgf/f ug{sfof{jlw, @)&@
; /sf/l lgsfon]:jt k̊sfzg ug{g̦l{ljj/0f ; DaGwL lgb̦lzsf, @)&!

सशक्तिकरणको आधार आर्थिक सवलीकरण

अन्जु ढुंगाना *

सारशं

oq gf/L khoGt] /dGt] tq b]tf, hxf" gf/Lsf] ;Ddfg xG5, Toxf b]tf klg /dfp5g\ . k/fkm]{sfndf gf/L / k?if Ps}/ysf b0{kfu[h:t}lyP . ;dfh cfwlgsLs/0f tkm{pGdV xb} ubf{; dfh lkt[Q]ldstf tkm{nfUof]. ljleGg wd{ ; =sf/, dNo dfGotf / lje}kK0f{Aojxf/sf sf/0f ;dfhdf dlxnfsf]cj:yf k?ifsf]thgfdf sdhf]/ aGg kUof].

eGg]ul/G5 gf/L hLjg / clwsf/sf ljifodf cfTd ljZjfzl xg]k}sbf g}; zStls/0f xf]. ;oSt /fi6« ;3sf]:yfkgf ;u;u}ljZjdf dlxnf ljsf; ;DaGwL cjwf/0ffut k}sbfsf];ef/De ePsf]kf0G5 . dlxnf dfly xg]]a}kfsf/sf eepefj pGdhg ug{; oSt /fi6« ;H3o dxf;lGw !(&(-CEDAW_ g}dlxnf clwsf/sf]sfZ9If df xf]. ; zStls/0f Ps dxTjkF0f{ka'sf xf]. h; n] sNofOsf/L, kx], ; r]tgf, ; xeflutf / lg0f6sf]txut :t/df k¥ofpg ;xofu kUb5 . nhus ; dfgtf sfod ug{lg0f6sf]:t/df dlxnf / k?ifsf]; dfg, ; fyS / cyK0f{; xeflutf xgkb5 . ; zStls/0fn]g}AoStlsf]klxrfg :yflkt u/fpb5 . klxrfgn]ljleGg tx / lgsfodf ; xefL xg dxTjkK0f{{el'dsf vln5 . klxrfg af6 g}k|tlglwTj sfod xG5 / k|tlglwTjn]g}k|ofefL't / k{efj sfod u/fpb5 .

cfly¥ ; zStls/0f dlxnf ; zStls/0fsf]dxTjkK0f{sl8 xf]. dlxnfsf]cfly¥ ; zStls/0fsf]lgldQ gkfnsf]; fjwfg tyf cGo sfgGx?df ; s/fTds ljell] ; lxt ljleGg Aoj:yfx? u/sf]5 . nhus ljell], ; dfhdf k|rngdf /x}f xfglsf/s kyf / k./Dk/f k|rngdf /x]df dlxnfsf]cfly¥ tyf ; fdflhs ?kfGt/0f xg ; Sb}g . gkfnsf]; fjwfg tyf cGo gllttut, sfgGl Aoj:yfsf]kffjsf/L sfofGjog af6 dlxnfsf]cfly¥ ; zStls/0f xg ; Sb5 . cfly¥ ; zStls/0fn]g}; fdflhs ?kfGt/df dxTjkK0f{eldsf lgjfx{ ub}5 . ; dfhdf /x}f]ljel]sf]cGTo; ¬}; dtfdKs ; dfh ; fhgf]Eo / v';l hLjg hlpg ; xof k¥ofpb5 .

---

१. विषय प्रवेश

Oxford living dictionary sf cg'; f/ ; zStls/0f egsf]cfkmgf]hLjg / clwsf/sf ljifodf a9L ; jn / cfTdlaZjf; xb]k}sbf xf]. ljsf; sf kaV kIf lzIff, :jf:Yo, /fhuf/lsf cj; /, ljQlo ; Gtx?df dlxnfsf]kx'r tyf ; fdflhs /fhgllts g]t[Tjdf dlxnfx?sf]; kb ; xefLtfn]dlxnf ; zStls/0fnf0{; fyS agfpb5 . ; zStls/0fn]dlxnfsf]; dli6ut klfdf dVo eldsf vln5 . ; oSt /fi6« ;3sf]:yfkgf; u; u}ljZjdf dlxnf ljsf; ;DaGwL jx; / 5nkmnsf]z?jft xg

---

yfNof]. ; oSt /fi6« ; 3n]; g\ !(&% nf0{gf/l aif§sf]?kdf dgfpg]lg0f6 uof{. To;µ/l ; g\
!(&^-*% nf0{gf/l bzss}?kdf ljZje/l ljljw sfo§dx? cfof]hgf u/]/ dgfpg]lg0f6 eof].
To:;µ/l dlxnf dfly xg]; a}ksf/sf e}efj pGdhg ug]; oSt /fi6« 3lo dxf; lGw, !(&(nf0{
gkfn ; /sf/n]; g\ !((! Dff cgdbg uof{. pSt dxf; lGwsf]wf/f !$ df ufdlnf0{ dlxnfsf nflu
ljzif Joa:yf ; dt u/]f] 5 .

dfgj ; li6 / ; Eotfsf] ljsf; df dlxnf / k?if ba§sf] pQls}eldsf /x§sf] kf0{65 . dlxnf
; zStls/0fsf nflu gkfndf ; g\ !(%^ df tTsflng kGrfot tyf :yfglo lasf; dGqfno
cGt/ut dlxnf kljgf0{0f s}bsf]:yfkgf ePsf]kf0{65 . o; s}bh]dlxnfnf0{3/fof; L tyf cfly§
lsbfsnfk ; DaGwL tflnd kbfg u/]f]lyof].

; g\ !(&) sf]z?jftdf ljsf; df dlxnfx? eGg]cjwf/0fff Nof0oof]. o; cjwf/0ffn]k/Dk/fut
dfGotfx?, k/Dk/fut s}if tyf 3/fo;L sdfaf6 dlxnfx?nf0{cfwglsss/0fftkm{pGd u/fpg
d2t u/]f]b}VG65 . o;n] ljsf; sfox?df dlxnf / k?if ba§; dfg dxTj lbb}x/§
ljifosf ; fy ; fy}dlxnfx?sf]u0f:t/lo hljg, lzIff, :jf:Yo, Hofnf cflbdf hf§ lbPsf]lyof].
To;µ/l ; g\ !(&) sf]bzssf]cGTo lt/ p:t}p:t}?kdf dlxnf / ljsf; eGg]cjwf/0ffsf]
ljsf; ePsf]b}VG65 . o; cjwf/0ffn]dlxnfx?nf0{cfly§ ljsf; sf lsbfsnfkx?df ; k
?kdf ; xeuL u/fpg]s/fdf s;fdf g}hf§ lbPsf]kf0{65 . To:t}dlxnfx?sf]cflyy tyf ; ffflhs
ljsf; sf]csf{kbf; ljsf; df n} s ; xefut xf]. of]dfGotf ; g\ !(*) sf]bzsf cfPsf]
b}VG65 . o; cjwf/0fn]ljsf; df dlxnf k?if ba§sf]ut/;DaGw / eldsfnf0{hf§ ; fy}
dlxnf / k?if; fflhs lasf; df Ps csf§f kl/k/s ePsf]; ba§sf]; fdlxs; xeflutfdf dfq
ljsf; sf ; fof{dx? k}hf/f/l xg; Sg] ; /fnf0{lazif bx}hf lbPsf]b}VG65 . -Internatational
Development and Reerecher Center,1989_

Dflxnf ; zStls/0fsf]; Gbe§df !* l8;Dj/ !(&(df cdl/sfsf]Gosf§dfk ; DkGg dlxnfx? dfly
xg]; a}lsl;df ljebx?sf]c6Tosf nflu ePsf]; Ddhg The Convertion on The Elimination
of all form of Discrimination against Women (CEDAW) dlxnf clwsf// / ; zStls/0fsf]
s}flzd}fsf]?kdf /x§sf]5 .

ut/f/li6o kbf; sf ; fy; fy}gkfndf ; dt ; g\ !(*) df dlxnf ljsf; zfvf :yfkgf e}ljleGg
; fof{dsf dfPodaf6 dlxnfsf]clay§ / ; fflhs ; zStls/0df offbg k§oPsf]b}VG65 . To:t}
; g\ !(*! Dff Plzofnl ljsf; a}sf];xofudf lwtf§jgfsf]dlxnf n3' C0f sfof§d / ; g\ !(*@
df uflld0f dlxnfsf nflu pTkfbg C0f Aoj:yf sfof§d ; Grfng ePsf]b}VG65 . -dlxnf ljsf;
laefu, @)%&_

; g\!((% sf]; [6l]a/df rlgsf]/fhwfgl a]hË zx/df ; DkÇg rf}yf]ljZj dlxnf ; Ddhg dlxnfsf]
; fdflhs tyf cfly§ ; zStls/0fsf]csf[>[vnf xf]. o; n]n]Ës ; dfgtfsf ; fy}dlxnf /
ul/al, dlxnf / lzIff, dlxnf / ; ﬆf/, dlxnf / :jf:Yo, dlxnf / jftfa/0f, dlxnf / cy{Çq,
dlxnf la?4sf]lx÷f, dlxnf / ; z:q labﬁx, dlxnfsf]lgldQ ; ﬆyfut ljsf;, dlxnf / gllt
lgdf0f{/ lg0f6{, dlxnf / dfgj clwsf/ tyf aflnsf u/l afx| ; /f}sf/sf dxTjk0f{laifodf hf{8
lbPsf]5 . (United Natation,1950)

To:t}lj=; ﹏@)!# ; fn b]]V ofﬁngfa4 ljsf; sf]z?jft ePtfklg 5ﬁf}k-r jlifﬁ ofﬁngf @)#&-
$@ df klxnf]k6s ljsf; sfo{df dlxnf ; xeflutf kﬁawÈ ug[15§]gllt ; dfj? ul/Psf]lyof]. lj=
; ﹏@)#^-@)#* df cy£zf:ql 8fS6/ dlgf cfrfof?sf]g]tﬁjdf gkfndf dlxnfx?sf]dofﬁbf:t/ -The
Status of Women in Nepal_ ljifodf cWog u/l gkfn ; /sf/nf0{kltj]bg a'´f0fPsf]lyof]. pSt
kltab]gdf dlxnfx?nf0{3/fof;l sfddf dfq l; ldt /fVgfn]cfly§ ljsf; ksﬁbfn]ult lng
g; Sg]xbf ufrl0f dlxnfx?nf0{pTkfbgdﬁs Iffdf ; xefu u/fpg' kgﬁpNnﬁV ul/Psf]lyof].
-dlgf cfrfof{ !(&(_ ; fﬁx cWoog kltj]bg cg'; f/ lj=; ﹏@)#* df :yfglo ljsf; d£qfno
cÇtu{t dlxnf ljsf; zfvf :yfkgf eof]. :yfglo ljsf; d£qfno dfkmt{ wflbË, tgx'', :ofËhf,
gjnk/f; l / ﹏V´l lhNnfdf zfvf :yfkgf ePsf]lyof]. ol; m gkfnsf]cfly§ ; xof}ﬁdf pSt
kfr lhNnfdf ufrl0f dlxnfx?sf nflu pTkfbg C0f Aoj:yf sfo§b (Production Credit for
Rural Women - PCRW) ; ﬁngdf Nof0Of]. dlxnf ; dﬁx u7g, art ; ﹏ng / kl/rfng, lagf
lwtf];fdlxs hdfgldf pTkfbg shf{[pknﬁw u/f0{cfo cfhg / dlxnf ; zStls/0fsf sfo§md
; ﬁngdf NofOPsf]lyof]-dlgf cfrf6,!(&(_. z?jftl lbgdf las6 ufrl0fa:tl, vfﬁhfgf, kxf8
; Çb/f l5rﬁh / lhNnf ; b/d'sfdf6 6f9fsf]ufpﬁa:tlnf0{cfo]lﬁgsf]?kdf 5gf§ u/l sfo§b
; ﬁng ul/Psf]lyof]. -dlxnf ljsf; ; ljefu, @)%&_

Dflxnf ; zStls/0f ng/Çt/ cfkﬁngf]hljg / clwsf/sf ljifodf a9l ; jn, ; lfd / cfTdlaZjf; l
agfpg]kﬁsof xf]. ljsf;sf kdV kIf lzIff, :jf:Yo /fﬁhuf/lsf cj; /, ljTQlo ; tﬁx?df dlxnfsf]
kxr tyf ; fdflhs /fﬁngltls g§ﬁjdf dlxnfx?sf]; sb ; xefultfn]g}dlxnf ; zStls/0fnf0{
; fy§ agfpb5 . dlxnf ; zlÇtls/0fsf kﬂr :t/x?nf0{yk kl6 kfg{lgDg ?kdf pNnﬁV ul/Psf]
5 .

महिला सशक्तिकरणका पाँच स्तरहरू

क) कल्याणकारीः of] dlxnf ; zStls/0fsf]klxnf]:t/ xf]. o;df ljzﬁftM dlxnfn]efﬂu/xﬁsf]
tfﬁsfnls ; d:of ; dfwgsf lgldQ ; ﬁng ul/g]sNof0fsf/l sfoﬁ? kb5g\. tﬁsfnlg efﬁts
cfjZostfx? kl/kl't{ ug[kﬁsf/sf sfoﬁqdx?, ljlehg sNof0fsf/l ; ljwfx?sf] k?if ; /x
pkofﬁsf]cj; /, :jf:Yo, lzIff, oftfoft, 3/fo; l sfdsfh cflbdf cfwlgs kﬁljwsf dfﬁodaf6

sfo{;/nls/0f, pTkfbgzln lfg{df ;m}gtfsf nflu cfjZos nufgl tyf jftfj/0fsf]s}l ;/n
Joj:yf ePsf]xG5 .

ख. पहुँच: of]:t/df sg}}klg >[l, ;fwg, cj;/ tyf ;h{gfx? dfly dlxnfgfx?sf]k?if ;/x
kxh{F a9\$f]xG5 . dlxnfx?n]cfkmgf]lfdtf, ;lk, 1fg ljsf; ug{[cj;/, plrt :jf:Yo ;]f,
;xh?kdf C0f ;ljwf tyf ljQlo ;xofu{ kf{t ub$g\ . dlxnf lzlffsf]];dfg cj;/, ;dfg
sfdsf]cj;/ kf{t u/l ljlegg k|sf/sf lgsfox?df dlxnfx?sf]kxh{F a9\$f]xG5 .

ग) सचेतनाः o; :t/df dlxnf n}{Es e}befj klxrfg ug{;Sg]cj:yfdf /x\$f xG5g\ . ;dfhdf
ln{Elo lje}b xg\$f]sf/0f :ki6 ?kdf ae{l o:tf lje}b}h{o k|rngx? dfly cfnf}rgf{ds l6kKk0fL
u/l ltgsf]lg/fs/0fsf nflu ;fdlxs kxn ug{/ n}{Es e}b x6fpg ;lsg]ljifo xf]e{g]s?/fsf]
ae{mf0f{ljsf; ePsf]xG5 .

घ) सहभागिताः o; :t/df dlxnfx? ;fdflhs / ;+yfut n}{Es lje}b x6fpg ljleGg lfg{df
;m}g xg yfN5g\ . o;sf nflu cfjZos ;}{gf kf{t, cjn}ag ug{[kfox?sf]klxrfg tyf
kfl/jfl/s, ;fdflhs tyf ljsf;;fltds lqmofsnfkdf ;efulutf ;dfg ?kdf ug{; lfd xG5g\ .

ङ) नियन्त्रणः o; :t/df dlxnfx? cfkmgf]cfo cfh}g{ k0f{{tofM lgo{Gq0fdf /fVg ; lfd xG5g\ .
3/fo;l lg0f{f{k|[lqmof, ;}klQ / cGo ; }{t ;fwdfly k?if ;/x ;/x lgo{Gq0f sfod ePsf]xG5 .
dlxnfx?df ;fdflhs tyf 3/fo;l lx+f lj?4 n8{g]lfdtfsf]ljsf; e}To:tf ;d:ofx?af6 dQm
xG5g\ . lgo{Gq0fsf]of]:t/df kU]kl5 dlxnf / k?ifljr n}{Es ;dftf sfod xG5 .

;zStls/0f lg/Gt/ rnl /xg]Ps dxTjk{Uf0f{k|s}af xf]. h;sf dflNodaf6 JolSQnf0f{{sNof0fsf/L,
kxh{, ;}{tgf, ;efulutf / lg0f{0f]sf]txut :t/df k?ofpg ;xofu k?ofpb5 . To;}}/l ;zStls/0fsf
lglNdQ k5fl8 k/}sf]/ kfl/Psf]ju}$f]lglNdQ cf/If0f / ; sf/fTds lje}b gllntnf0f{{sofff{jog ug{
cjn}ag ul/g]sf}fqmdsf]nflu kflxrfg, Kfx?, KfltglglTj, KfTofel't / k}fj h:tf tTjx? cfjZos
kb$g\ .

;zStls/0f Ps dxTjk{Uf0f{k|s}af xf]. h;n]sNof0fsf/L, kxh{, ;}{tgf, ;efulutf / lg0f{0fsf]
txut :t/df k?ofpg ;xofu k0fb5 . nl}us ;dtf sfod ug{[lg0f{0fsf]:t/df dlxnf / k?ifsf]
;dfg, ;fy]6{ / cyKf0f{{{;efulutf xg}kb$. ;zStls/0fn]g}{JolQmsf]klxrfg :fllkt u/fpb5 .
klxrfgn]ljleGg tx / lgsfodf ;xflu xg dxTjk0f{{eldsf vNnb5 . klxrfg af6 g}k}{ltglglTj
sfod xG5 / k}{ltglglTjn]g}k}{TofebL't / k}fj sfod u/fpb5 .
z;Stls/0f JolQm,u ;DalGwt 5 . zlQm lgDg k}sf/n]kolff{xg ;S5M
■ **Power too**, -s}l ug{;Sg]zlQm_

- Power with -; ∂St zlQm_
- Power within -d leqsf]cfTd zlQm ; Ddfg_
- Power over -C? dfly lyrfⁿdrf]ug{zlQm_

२. महिलाको आर्थिक सशक्तकीरणका प्रमुख सवाल

cfkⁿgf]hljg / clwsf/sf ljifodf a9l ; jn / cfldlaZjf; xg]lg/Ct/ k|sbf g}; zStls/0f xf].
cfly§ ; zStls/0fn]hlljsfⁿkfhg§df ; xhtf Nofpg§sf]; fy}hljg:t/df ; Wf/ u/l ul/aL 36fpg
dxTjk0f{eldsf vⁿlb5 . >li6nf0{lg/Ct/tf lbg]dlxnf / k?ifsf]; dfg dxTj / cfaZostf
/x§5 . t/ klg g§kfnL ; dfhdf lkt[; ofⁿlds ; fⁿ dNodⁿotfsf sf/0f k?ifsf]thgfdf dlxnfsf]
cj:yf sf?l0fs /x§f]5 .

nⁿus lae§ dlxnf lasf; df k?ifsf]; xeflutf ⁿoⁿg /xg] dlxnfsf]3/ⁿh' sfdsfhnf0{cfly§
klf;Lu hf8l/ gxⁿl/g' >d ahf/df dlxnf / k?ifalr lae§ /xg ; ; a}lf§df dlxnfsf]; xeflutf ⁿoⁿg
/xg'dlxnfsf]cfly§ z; Stls/0fsf kdV ; d:of /x§f 5g\. -/fli6o nⁿEs ; dgtf gllt @)&&_

३. महिलाको आर्थिक सशक्तकीरणका प्रमुख चुनौतीहरु

Dflxnfsf]cfly§ ; zStls/0fsf dxTjk0f{; d:of / rⁿf}tlx? o; k|sf/ /x§f 5gⁿ

- dlxnfdfly xg]ⁿojxf/ut lae§ x6b g; Sg'
- clzlff, xflgsf/s cⁿof; , nⁿus ljeb§ tyf lx÷fnf0{a9fjf lbg]; fdflhs ; Ⓡfgf, ; fⁿ dNo
  dfⁿotf, klyf k/Dk/f sfod /xg'
- dlxnf tyf afnjflnsf? dfly 3/ⁿh' ofⁿhⓉo tyf nⁿus tfdf cfwf/lt lx÷f ljBdfg /xg'
- nⁿus ; dfgtf klⁿ6bfpg'v08ls§t tⓎofⒺsf]sdl xg'; hflⁿd tyf ; fdflhs / kfl/jfl/s
  alxis/0fdf k/§f tyf lx÷f kll8t dlxnfnf0{k0f?kdf ; Alf0f, kg:yfⁿgf, ; zStls/0f /
  :jfjnⁿbal agfpg g; Sg'
- ; /sf/L tyf ljsf; ; f´bf/ ; f´xfx?af6 xg]sfoⁿdddf ; dⒼjosf]sdl xg'gⁿkfndf dlxnf
  ; zStls/0fsf kdV ; d:of tyf rⁿf§l /x§f 5g\. -kⓌwⁿ}ofⁿhgf_
- Dflxnfsf]3/hⓊuf tyf ; Dktldfly ; xh kxⓉr xg g; Sg'
- Dflxnfsf]klxnf]kfⁿyldstf 3/ xg]xⁿfn]Ⓐoj; floa tyf kfl/jfl/s dfldnfsf]plrt tfndⁿ
  ldnfpg g; Sg'
- ; xh ljlQo kxⓉr tyf ; xoflⓊsf]sdl xg'
- Dflxnf pBdlzntf ljsf; sf nflu kbf0{t cj; / klⓀt xg g; Sg' .

महिलाको आर्थिक सशक्तीकरणका सम्भावनाहरु

÷dⓈf}k~r alifⓀ ofⁿhgf @)#&-$@ af6 z? ePsf]dlxnf ; xeflutf kⓁⓉg ugⁿullt tyf sfoⁿⓈd
xfn ; fⓇawfg, ljleⒼg gllt tyf sfoⁿⓀmdx?df ; dfⓀ ub{lazⁿlf Ⓝoj:yf ub{cfPsf]5 . sⁿx

dxTjk0f{k[jwfgx? lg0g /x$f 5g|M

१. महिलाको आर्थिक सशक्तीकरणको लागि संवैधानिक प्रावधान

g]kfnsf]; |awfg sf]wf/f !* df ; dfgtfsf]xs c0tut hft, ju{lnËsf]cfwf/df s}g}ljebu gul/g]
pNn|V u/$f]5 . To;|u/l ; dfg sfdsf nflu n]Ës cfwf/df kfl/>lds tyf ; fdflhs ; /lffdf
s0g}ebefj gul/g]Aoj:yf u/$f]5 . k}t; 0kltdf n]Es ebefjlagf ; a}; Ctfgsf]; dfg xs
xg$5 elgPsf]5 . wf/f ## df /fh]uf/lsf]xs c0tut k[To$ gful/snf0{/fh]uf/lsf]xs xg]tyf
/fh]uf/lsf]zt{ ca:yf, a]/fh]uf/ ; xfotf ; 3lo sfng adf]hd xg]pNn|V ul/Psf]5 . wf/f #$
df k[To$ >ldsnf0{plrt >d cÉof;; sf]xs xg]pNn|V 5 . dlxnfsf]cfly$; zStls/0fsf]
; Gbef df ; |awfsf]wf/f #* df dlxnfnf0{lzlff, :jf:Yo, /fh]uf/l / ; fdflhs ; /lffdf ; sf/fTds
ljeb sf cfwf/df ljzif cj; / kfKt ug{xs xg$5 elgPsf]5 . ; fy}pSt wf/af ; 0kl0 tyf
kfl/jfl/s dfdnfdf b0kltsf]; dfg xsff]Aoj:yf u/$f]5 .

२.महिलाको आर्थिक सशक्तीकरणको लागि नीतिगत प्रावधान
(क) राष्ट्रिय महिला आयोग ऐन, २०७४

/fli6o dlxnf cfofu P}g, @)&$ df dlxnfx?nf0{cfldlge{ agfpg tyf ; zStls/0fsf]nflu
kflhlsf];]t ; fwg / k[jlwdf dlxnfx?sf]kxr a9fpg cfjZos pkfox?af/]; DalGwt lgsfonf0{
l; kmfl/; ug{pNn|V ul/Psf]5 .

(ख) औद्योगिक व्यवसाय ऐन, २०७६

cf0Bfl]us Aoj; fo P}g, @)&^ df dlxnf pBdlsf]dfq :jfldTj /xg]u/l pBfl] jf kmd{btf{u/fPdf
To:tf]pwfl] jf kmd{btf{ubf{sfgg adf]hd nfUg]b:t//df k}H; k]ltzt 5% lbg]Aoa:yf u/$f]
5 . ; fy}pSt P}gdf dlxnf pBdlsf]dfq :jfldTj /x$f]pBf|n]cfkmgf]pTkfbg lgoft ug{
kpfhgsf nflu sfl/af6 a]s^ kffnl dfkmt{ tfl]sP adf]hd lgofq sh{]pknAw u/fpg]kljwfg
/x$f]5 .

(ग) राष्ट्रपति महिला उत्थान कार्यक्रम

/fi6klt dlxnf pTyfg sfof{|jw, @)&^ sf]k|:tfjgfdf dlxnfx?sf]; lk tyf pBdzntf ljsf;
/ dlxnf ; zStls/0fdf|odaf6 cfly$?kdf sdhf]/ / ljkGg dlxnfx?sf]hljg:t/ psf:g]
pNn|V u/$f]5 . hlljsfkfhg ; |wf/ ljQlo kxr tyf pBdzltfsf]df|odaf6 cfly$; zStls/0f
ub{lbuf]ljsf;; xfl; n ug{pSt sfof|mdsf]p2]o /x$f]5 .

(घ) राष्ट्रिय लैङ्गिक समानता नीति, २०७७

/fli6o n]Ës ; dgtf glt, @)&& sf]nIodf dlxnfsf]cfly$, ; fdflhs / /fhglts ?kdf

; zStls/0f ; lxt ; dfgtf :yflkt ug{pNn]V u/]\$f] 5 . To:t}pSt gllts]]p2}odf dlxnfsf] cfly\$; zStls/0f ug{/ /0fglltdf dlxnfnf0{/f}huf/l pGd'V u/pg sfo(md ; #fng ug]] :j/f}huf/ /f}huf/l / pBdzlntfsf]Psls't sfo($dsf]dfNlodaf6 dlxnfsf]cfly\$; zStls/0f ug]] ; fl] ; fwgdfly ; dfg kxr lgoGq0f, lgofk k}sfdfd cyK0f{; xeflutf xg ; Sg]u/l cfly\$; zStls/0fsf dfNlodaf6 cfTdlge{ agfpg]pNn]V u/]\$f] 5 .

(ड.) सहुलियतपूर्ण कर्जाको लागि ब्याज अनुदान समबन्धी कार्यबिधि

Gffkfn /fi6« a}s\sf] ; xlnotK0f{shf{\$sf nflu Aofh cgbfg ; DaGwL sfo(alw, @)&% df dlxnf pBdlzntf shf{/ lzllft oJf :j/f}huf/ shf{\$f]Aoj:yf u/]\$f] 5 . h; cg'; f/ dlxnfnf0{ Joltmut jf ; fdlxs ?kdf pBdzln aGgsf nflu shf{pknAw u/fpg]Aoj:yf /x\$f] 5 . pSt sfo\$jlwn]dlxnf pBdlnf0{^ k|ltzt Aofhb/df ?= !% nfv ; xlnotK0f{shf{pknAw u/fpg ; lsg]Aoa:yf u/]\$f] 5 .

(च.) पन्धौं आवाधिक योजना (२०७६ ⁄ २०७७ देखि २०८० ⁄ २०८१)

kGwf}}cjfflws of}hgfsf]kl/R5]b & ; fdflhs lfg c\Gt't nf]E5s ; dgtf tyf dlxnf ; zStls/0fsf] laifo pNn]V ul/Psf] 5 . o;sf] nIodf dlxnfsf]; dfg tyf cyK0f{; xeflutf;lxt ; f/e; dfgtf sfod ug{laifo pNn]V 5 . pSt kl/R5]b cGt't 3/h' tyf kfl/jfl/s x}/fx; DaGwl ls|ofsnfksf]dNo sfod ug{ /fi6kllt dlxnf pTyfg sfo(umdnf0{b}\Aofkl agfpg]pBdlntf ljsf; sf]nflu ; xlnotK0f{C0f tyf laQlo kx}Fsf]Aoj:yf ug{laifo /0fglllt lnPsf]5 .

(छ.) नेपाल सरकारको बार्षिक बजेट (आ.व. २०७९ ⁄ २०८०)

Gffkfn ; /sf/]x/\$ jif{k:lt ug{jflif\$ ah}df dlxnfx?sf]cfly\$ ljsf; sf nflu ah}sf] kfjwfg /fv\$f]x\$5 . gffkfn ; /sf/ cy{dGqfnoaf6 k:lt ul/Psf]ah} jQmJo @)&(h} !% df Psn dlxnf ckfËtf ePsf dlxnf, afbl ; dbfo, sdnx/l, ljkGg, blnt, cflbjfl;l hghfit l; dfGtst ; a}; dbfosf dlxnf tyf lszf//lsf]cfo cfh\$ Ifdtf ljsf; / ; zStls/0fsf sfo(umd ; #fng ul/g]pNn]V 5 . To:t}dlxnfx?sf]nflu nw'; fgf, d´f}}f pBfu, Aofj;flos s|lif, ojf pBd, dlxnf pBd, tyf j}blzs /f}huf/af6 kmls]Psf Joltmx?sf nlu k}fg ul/g];xlnot K0f{shf{\$];ldf/ / lfq lgwf{/0f, Aofh cgbfg, ojf pBdlnf0{:f6f}ck Aof;fodf ; #Ug xg pTk]/0ff, kl/ofhgf lwtf]/fvl Ps kl|tzt Aofhb/df ?=@% nfv;Dd aljp” Kfmlhl shf{\$pknAw u/fpg] :f6f}{ck Aofj; fosf]btf{gjls/0f tyf ; jjx? Psåf/ kffnlnaf6 lgMzNs pknAw u/fpg]Aoj:yf ul/Psf]5 .

(ज.) लैङ्गिक उत्तरदायी बजेट

gffkfn ; /sf/]; g\ @))&÷@))* b}V g}n]E5s pO//bfol ah}sf]cf/De u/]\$f] xf] . n}E5s

pQ/bfol ah> dh:sf]ah>sf]ofubfgsf]k/lIf0f tyf nVfhfjf u/l nEs ; dfgtf xfl;n ug{[Pp6f dxTjk0f{;θq xf]. o;df ;xl / ;/n tl/sfn]dlxnf / k?if bj}judf kg{;Sg] ah>sf]nufgl, vr{tyf cfosf]kefjsf]n Vfhfjf tyf ljZnif0fdf ; xeflutfdds k|qmof / tl/sf ;dfj] ul/Psf]x05 .

निष्कर्ष

ljBdfg dlxnf ; zStls/0f ; DaGwL sfg>sf]; dofg:sh kl/dfh>, hlljsfkfh> ; Wf/, pBdlzntf ljsf; sf dWlodaf6 cfly≤ ; zStls/0f tyf ;dtfdhs /fi6« lgdf0f xg] xbf] k/Dk/ut dfGotfx?, k/Dk/ut slif tyf 3/fo;l sfdaf6 dlxnfx?nf0{cfwlgsls/0ftkm{pGdV u/fpb} cfly≤ ljsf; sf lspfsnfkx?df ; sb ?kdf ; xefu u/fpg]s'/fdf g}hf6 lbgkb05 . dlxnfsf] cfly≤ / ; fdflhs ; zStls/0f ; DaGwL ljifo axklflo ; /f$sf/]laifo xg[n]; /f$sf//jfnf lgsfo tx ;usf];d:djo, ; xoflu, ; xsfo{/ ;femlbf/laf6 g}dlxnfsf]cfly≤ ; zStls/0fnf0 ; zSt / ;÷yfut ug{; ls05 .

सन्दर्भ सामाग्री

■ gkfnsf]; Lwfg
■ kGwf}+of]hgf -@)&^÷&&-@)*)÷)*!_
■ /fli6o nl} s ; dfgtf gllt, @)&&
■ jflif> ah> -cf= j=@)&(÷)*)_
■ EDAW

नेपालको संवैधानिक विकास (वि.सं. २०४७ साल अघि) र संविधानवाद

केदारप्रसाद खतिवडा*

संविधान

- ;Ljwfg dh'ssf];jf[r sfgg\ xf]. o; nf0{sfgx?sf]hggl sfgg, /Hosf]dh sfgg klg elgG5 . ;Ljwfgn]zf;sf]uf]Gf]lgdf0f ub5 . /Hosf dVo c+x?nf0{kl/eflift ug{/ltglx?sf]sfd, st{o, clwsf/sf];ldf lgwf[0f u/l zf;gnf0{hgdVn agfpg]/fhlltsf ;xdltsf]sfgGl b:tfjh xf];Ljwfg . ;/sf/sf]:jljj\slo clwsf/lly ;ldf nuf0{gful/s clwsf/sf]/lff ug{b:tfjhsf]?kdf ;Ljwfgnf0{lng ;lsG5 .

- zf;g Joj:yf ;~rfng ug{dfu{bz{s l;4f+tx? ;Ljwfgaf6 g}to xG5g\ . /Hosf] cNksflng / lb3{sflng gllx? ;Ljwfgdf g}plNnlvt xG5g\. ;Ljwfg ljsl;t / lgldf{u/l b0{lsl;dsf]xG5 . of]dhtM /fhgltsf ?kf{t/0fnf0{;~yfut ug{cfwf/ xf].

संविधानवाद

;Ljwflgs ;jf{tfnf0{cfd;fy ug{ ;Ljwflgs dNo / df0otfsf]cfwf/df zf;g ;~fng xg];Ljwflgs cfbzf{tfsf]l;2f+tg};Ljwfgjfb xf]. ;Ljwfgjfbn]l;ldt / hgpQ/bfol ;/sf/ klfkf0f0f ub5 . ;jf{f; Qf;DkGg hgtfsf]dflns xs / dfgj clwsf/Uof]/]f6l, lg;s2tf / :jfrfl/tfsf]cGTo, ljlwsf]zf;g / pRr sf0f6sf]Ktlglw dhs k[hftflGqs kl/kf6lsf]k[rngsf] jsfnt ug{l;2f+t klg xf]of].

k/Dk/fut ?kdf lnlvt ;Ljwfg xghf0{; ;Ljwfgjfbsf]?kdf ln0g]ul/GY of]eg]cfwlgs ;dodf hgtfsf kltlglwaf/f lgldf{f]nf:tflGqs dNo / cfbz{(?n];\';lHht ;Ljwfg ePsf]cj:yfnf0{dfq ;Ljwfgjfbsf]?kdf ln0G5 . /fhllts ?kdf nf:tflGqs, ljsl;b:t / ;dfj]l zf;g, ;fdlhs ?kdf ;dlhs Gofo / ;dtfdf cfwfl/t ;dfj]l / ljljwtfsf];Ddfg ;xtf];fdlhs ;f=slts kfOfnl, cfly{ ?kdf ljt/0ffls Gofo / ;dtfdf / pgtl/0ffls Gofodf cfwfl/t lbuf] / ;dfj]l cfly{ cj:yf, sfgg\ ?kdf b08lxgtfsf]cGTo, ljlwsf]zf;g / lgZklf Gofokf0fnlsf] cj:yf g};Ljwfgjfb xf].

नेपालको संवैधानिक विकास र संविधानवाद

- sfgg\sf]qmdfut ljsf;sf]pkhsf]?kdf ;Ljwflgs ljsf; /x\bf]xG5 . z?df sfgg\sf] ljsf; eof]/ sfgg\df ;wf/ / ljsf; xb}hfbf lj:tf/}};Ljwflgs sfgg\sf]ljsf; eof].

- ;Ljwflgs ljsf;n]goff} ;Ljwfg lgdf{f]ug]/ ePsf];Ljwfgdf ;wf/ ug{ljifonf0{;d]6\5 . of] jf:tjdf /fhlltsf kl/jt{gnf0{;~fut ug{cfufgf kbfg ug{cfwf/sf]?kdf /x\bf]xG5 .

■ gkfndf klg /fhg{ts kl/jtg{ ;{u}; {Hwfgsf] z?jft eof] / /fhg{ts kl/jtg{ ;{u}
;{Hwfgdf ;Wf/ ug{[tyf goff;{Hwfg g}lgdf@f ug{[qmd rNof]. oxL qmddf gkfndf @))$
;fnb{Mv xfn;Dd & j6f ;{Hwfg lgdf@f eP . gkfnsf];{Hwflgs ljsf;qmd / ;{Hwfgjfbsf]
sl;df gkfnsf];{Hwflgs ljsf;qmdnf0{xb]f{lj= @)$& cl3sf ;{Hwfg / lt ;{Hwfgdf
;{Hwfgjfbsf]cj:yfsf]rrf{b}xfo adf]Hhd ug{;lsG5M

gkfnsf]klxnf]lnlvt ;{Hwfg dflgg]gkfn ;/sf/ jWflgs sfg{@))$ df hDdf ^ efu ^* wf/f
/ ! cg';{rsf]Joj:yf ul/Psf]lyof]. of];{Hwfgsf];{Ltsf]¿kdf >L # sf]gfd pNn{v ul/Psf]
/ ;{Hwfg hf/L ug{sf]p2{odf >L kzkltgfYåf/f ;/lIft Pjd\;{Alft k]7el'd gkfnnf0{ljZjsf
ljsl; t Pjd\cu]fdl dh;sx¿sf]bf{Hhdf{f k{ofpg ;fdflhs cfly¿ Pjd\/fhg{ts ;a};{Wf/ ug{
OR5f JoOQm ul/Psf]lyof]. of];{Hwfg lj=+=@))% j¿fv ! utb]Nv hf/L xb]s'/f o;sf]e{ldsf
v08 cyff{\efu-! df pNn{v ul/Psf]ePtfklg sfof{Hog ePg .

■ @))$;fn df3 !# ut]kbd{ zdz{åf/f hf/L
■ ^ efu ^* wf/f ! cg';{r
■ @))% j¿fv ! ut{af6 k0f?kdf nfu"xg]elgPsf]
■ % hgfsf]dGqlkl/ifb ->L # nf0{d2t ug{ wf/f -& v_
■ dGqld08nsf]sfo{fn $ jif{-wf/f (_
■ %-!% hgfsf]ufd k~rfot -wf/f !^_
■ !)-% hgfsf]gu/ k~rfot -wf/f !&_
■ !%-@) hgfsf]lhNnf k~rfot -wf/f !*_
■ /fi6{ ef / ef/bf/L ;ef u/L @ ;bgf<ds Joj:yflksf
■ /fi6{ ef ^)-&) hgf -wf/f @@v_
■ ef/bf/L ;ef @)-#) hgf -wf/f @@ u_
■ Joj:yflksf ;ef -;+Qm gfd_ sf !÷$;b:o k{o{ jif{kbTofu, goff lgjf{lg jf lgolQmaf6 ;ftsf]klt{
■ @ j6};bgsf]a¿s sd;{d jif{sf]@ k6s a:g]-wf/f @#_
■ Joj:yflksf ;efdf cgflws{t JoOQm kj{z u/]?=!)) hl/jgf xg]-wf/f @!_
■ P{g sfgg >L # dxf/fhsf]afxxL lgzfgl nfukl5 j}Hwflgs xg].
■ k{wfg hfrsl -dh;sf]cfDbfgL v¿sf]hfr ug{ -wf/f ^@ v_
■ Joj:yflksf ;efsf]5nkmndf nuftf/ $% lbg;Dd xflh/ ePg eg] ;b:osf]7fpF vfnl
7xl/g]-wf/f @(u_

- of]o sd{f/l etl{ug{b/vf:t kl/ifb -wf/f ^%_
- afwf c8\sfp km\sfpg]clwsf/ >l # df -wf/f ^^_
- /fi6¢ efdf sf7df08f}eQmk/', nlntk/ / lj/u~hsf kwfgk~r kbg] ; b:o xg].
- >l % / >l # sf]ul2 /fhqmd ; w\sf lgldQ ckl/jtg]lo cljR5b /xg]-wf/f #_
- dfl\ns xs !) j6f -wf/f $_ -JolQmut, jfs, k\sfzg, ; ef ; 3 nufot :jtGqtf, Plg sfg}l k0f{; dfgtf, l56f]/ zhe 0G;fkm dh\5e/ lgMzNs kf/lDes lzIff, pd]/ kl}sfn]ef6 ug{ kfpg]; dfg xs_
- zf/ll/s, dfgl;s, cflys lfdtf cg';f/ dh\s;f];/lff / sNof0fsf lgldQ zf/ll/s / dfgl;s >d ug{tTk/ /xg] ;/sf/nf0{ltgkfgg}s/ /sd lbg] nf\slxt xg]qmddf ; xfotf lbg] >l % / >l # df ; Rrf /fhel0m /fVg]nufot $ j6f gful/s st}o -wf/f %_
- kwfg Gofono -wf/f %#_
- ! kwfg / !@ cGo Gofoflwz, ^% jif{Dd axfn -wf/f %$_
- >l # af6 ljz}f cbfnt V8f ug{; lsg]-wf/f %!_

संविधानवादको दृष्टिमा
अनुकुल विषय
- ; ljwfgsf]cfwf/df zf;g ; #fng ug{dfGotfsf]; qkft
- gful/ssf dfl\ns xssf]Aoj:yf
- :jtGq Gofonosf]Joj:yf
- ljsl\Gb\s/t zf;g ufd k~rfot gu/ k~rfot
- of]otf k0fnlsf]; /\f0f ug{b/jf:t kl/ifb\sf]Aoj:yf

प्रतिकुल विषय
- k\ofofl\nt clwsf/ dfkmt hf/l ePsf]hgtfsf]; ljwfg agfpg]clwsf/sf]alv{fk
- hf/l ug{clwsf/ >l # df
- ljleGg aGb\h ; lxtsf]dfl\ns xssf]Joj:yf
- ;j\wflgs pkrf/sf]Joj:yfsf]cefj,
- ; ÷f\wgsf]Joj:yf gePsf]

नेपालको अन्तरिम शासन विधान २००७
of] ; ljwfg gkfnaf6 !)$ jif{k//fgf]/f0ffzf;g ; dfKt ePkl5sf]klxnf]/ dh\sf]; ;j\wflgs ljsf; qmddf bf]j{; ljwfg xf]. o; df & efu &# wf/f / # cg';rL /x\sf lyP . of]zf;g ljwfg @)) & ; fn rg} !& ut]dlGqd08naf6 kf; ePsf]/ ; fKl r}\sf]@(ut\b\lv nfu"ul/Psf]lyof]. @))* ; fn efb\ $ ut\sf]gkfn uh\df k\sflzt ul/Psf]o; ljwfgnf0 ljleGg ; dodf u/l &

k6s;Dd ; zfjg ul/Psf]/ cGtl/d ; zfjg lj≑≒@)!^ cfiff9 !$ ut]ul/Psf]lyof].

मुख्य विशेषताहरु
■ & efu &# wf/f ! cg'; ÷L
■ @))& rḁ @! ut]:jls[t rḁ @(ut]3fjf0ff
■ tIsflng /fhf lqejgåf/f hf/L
■ ! k}wfg Gofofwlz / cfjZostf cg'; f/ Gofofwlz >L % af6 lgoQm
■ ^ k6s ; zfjg
■ /fHosf gllt lgbḵs l; 4f6tsf]Joj:yf -wf/f #_
■ ; Nnfxsf/ ; efsf]Joj:yf -wf/f ##_
■ uf[d k~rfotsf]Joj:yf -wf/f ^_
■ a$f/, j4, la/fdlnf0{; fdflhs ; /'lff kfpg]xs -wf/f &_
■ sfo$fl/0fl clwsf/ >L %, dGqlx¿ / cGo sfo$f/Låf/f kbfↄ ug{; lsg]-wf/f @@_
■ !$ jif{sdsf afnsnf0{sf/vfgf / vfgldf sfd nufpg gkf0g]-wf/f @!_
■ >L % nf0{; Nnfx lbg Ps dGql d08nsf]Joj:yf -wf/f @$_
■ cfly$ sfo{k]ffnL -wf/f @*, @(_
■ >L % / /fhkl/jf/sf]ljifodf sxlↄ 5nkm ug{gkf0g]-wf/f %#_
■ dxfnↄf k/l11fs -cl86/ hg/nsf]Joj:yf_ -wf/f ^)_
■ nf$;]jf cfofↄ -klↄs ; le{ sld; g_ -efu %_ wf/f -^$_
■ lgjf{rg cfofↄsf]Joj:yf -wf/f ^(_
■ @% lbg; Dd ; efsf]aↄsdf cgdlt ljgf cgkl:yt /xↄf ; Nnfxsf/ ; efsf]; b:osf]kb l/Qm -wf/f ^& u_
■ dflg; sf]aↄljvg / aↄ aↄ/ dgfxl -wf/f @)_
■ lgaↄ juↄf]ljzↄf Wofg lbP/ lzlff, :jf:Yo / cfly$ lxt pↄlt ug{-wf/f !!_
■ :ql k?if bjↄf0{; dfg sfdsf nflu ; dfg tna -wf/f % 3_

संविधानवादका दृष्टिले
अनुकुल विषय
■ /fHosf gllt lgbḵs l; 4f6tsf]Joj:yf -wf/f #_
■ :tↄq ; jↄflgs cↄx?,
■ :tↄq Gofokflnsf
■ lgiklf Pjd\ :tↄq lgjf{rg
■ ; zfjg ug{; lsg]-^ k6s ; Dd ; ↄfjg_
■ ; dfgtfsf]xs -:ql k?if bjↄf0{; dfg sfdsf nflu ; dfg tna

- gful/ssf df]ns xssf]Aoj:yf
- :jtGq Gofonosf]Joj:yf
- of]otf k0ffnlsf]; Alf0f

प्रतिकुल विषय
- ljleCg aGblh ; lxtsf]df]ns xssf]Joj:yf
- zlOmsf]>f]t /fhf - hgtf xgkg]
- ljwflosfsf]Joj:yf gxg'- ef/bf/l ; ef
- zlOm klysls/0f / lgoGq0f / ;Gthg gxg'

नेपाल अधिराज्यको संविधान २०१५
gkfn clw/fHosf] ;ljwfg, @)!% sf]d:ofbf tof/ ug{@)!$;fn r0g # eujtlk|;fb l;xssf] cWolftfdf Ps kff ; b:olo ; ljwfg d:ofbf sld;g u7g ul/Psf]lyof]. o; sld;gsf cGo ; b:ox¿df /fd/fhf kGt, ;0k|;fb pkfWofo, /0flw/ ; Aaf / ; b:o ; lrjdf lx/fk|;fb hf{L /x]sf lyP . of]; ljwfg lj= #@)!% kmfug ! ut]zfxl 3f]f0faf6 hf/l ul/Psf]lyof]. o; ; ljwfgdf !) efu, && wf/f / # cg';Llx¿ /x]sf lyP

मुख्य विशेषताहरु
- ; ljwfg dh sfg]g -wf/f !_ -klxnf]k6s Joj:yf_
- ; ljwfgn]>L % dxf/fhlw/fhsf]jzfgqmd u2lqmd, /lt, k/0k/f abNg]sfg]g agfpg aGblh -wf/f ! pkwf/f @_
- !) efu && wf/f
- @)!% kmfNu0f ! ut]hf/L
- wf/f &# / &% t?Gt / cGo wf/f >L % af6 tf]sPsf]lbgaf6 nfu"xg]-wf/f @_
- j}olOms :jtGqtf, ; dfgtf, wd{; DklQ, /fhglts :jtGqtf, ; jj}hlgs lxt nufot df]ns xssf]Joj:yf -efu #_
- ; jwflgs pkrf/sf]xs -wf/f (_ -klxnf]k6s Joj:yf ul/Psf]
- sfo}sfl/0fl clwsf/ >L % df -wf/f !)_
- /fli6o kl/ifbsf]Joj:yf -wf/f !!_
- dGqld08nsf]Joj:yf -wf/f !@_
- >L % n]:jljj}n]dGql lgoOm ug{; Sg]-wf/f !#_
- >L % dxf; ef / kltlglw; ef ; d}sf];bsf]Joj:yf -wf/f !*_
- dxf; efdf #^ hgf, !* lgjf{rt, !* /hfaf6 dgflgt, kbfjlw ^ jif{-wf/f !(_
- kltlglw ; ef !)(hgf -wf/f !(_

- ; bgdf cgflws[t pkl:yt eP / dtbfg u/] x/}$ lbg % ; osf b/n]hl/jfgf -wf/f @%_
- >l % af6 clwj}zgsf]cfx}jfg / cGTo -wf/f @&_
- >l % / df}kmsf pQ/flwsf/lsf]cfr/0fnf0{lnP/ ; bgdf ax;df aGbh}h -wf/f #$_
- Joj:yfkg sfok[0ffnlsf]Joj:yf -klxnf]k6s Joj:yf_
- ljw}s kf;kl5 zfxL :jls[lt -wf/f $@_
- cfly$ sfok[0ffnlsf]Joj:yf -kl/R5}b ^_
- cfsl:ds sf}jf -wf/f %)_ -klxnf]k6s ; j+flgs Joj:yf_
- >l % af6 cWofb}z hf/L ug{; Sg]-wf/f %@_ -klxnf]k6s Joj:yf ul/Psf]
- ; fdfGo axdtn]; ljwfg ; zf}wg ug{; Sg]-wf/f %#_
- ; s6sfnlg clwsf/ >l % df -wf/f %^_
- Gofokflnsf -efu ^_ -! k}wfgGofofwLz / cfjZos cGo JolQmx¿, >l % df}kmsf]:jljj}}df
  lgoQm ug}]
- nf}s; }If cfofu -wf/f %(_
- cWoff}f / ; b:osf]sfo}fn % jif{-nf}s; }If cfofusf]
- dxfn}vf k/LIfs -wf/f ^!_
- /fhu2l pQ/flwsf/L Pj} agfpg]clwsf/ >l % df -wf/f ^#_
- pkflw, ; Ddfg, ljelf0f >l % af6 -wf/f ^&_
- g[kfnL efiff /fi6efiff -wf/f &)_ -klxnf]k6s Joj:yf_
- ; qmd0fsfnlg Joj:yf >l % df lglxt -wf/f &%_
- afwf c8\sfp kmsfpg]clwsf/ >l % df -wf/f &&_

संविधानवादका दृष्टिले
अनुकूल विषय
- ; ljwfg df} sfgg -wf/f !_
- ; j+flgs pkrf/sf]xs -wf/f (_
- Joj:yfkg sfok[0ffnlsf]Joj:yf -klxnf]k6s Joj:yf_
- k}tZkwf{ds axbnlo ; +blo zf;g k0ffnl
- khftlGqs zf;gsf]:yfkgf,
- gfful/ssf]dfln}s xssf]Aoj:yf ,
- jflnu dtflwsf/ / cfjlws lgjf}fg,
- zlQm k[ysls/0f lgoGq0f / ; Gthg
- ; j+flgs cu+x?sf]:yfkgf,

प्रतिकुल विषय

■ sfo§fl/0fl clwsf/ >L % df

■ /fhfdf :jljj}lo clwsf/

■ :jt©q Gofokflndf x:tlf[k- Gofolwz lgoOm >L % sf]:jljj}df

■ ;Ljwfg ;÷f]jg ; fdf©o ljifosf]?kdf -;fdf©o axdtn]; Ljwfg ; zf]vg ug{; Sg]-wf/f %#_

नेपालको संविधान २०१९

lj÷÷@)!& df :j÷ >L % dx[bh]lgjf[rt ; /sf/nf0{lj36g u/l axbnlo zf;g Joj:yfnf0{ lg/b/nlo k~rfotl zf;g Joj:yfn]lj:yfkg u/].. o;/l axbnlo Joj:yfaf6 kbM k~rfotl Joj:yfsf];?jft u/Ukl5 dx[bh]lj÷÷@)!(kf[f]! ut]gkfnsf]; Ljwfg, @)!(hf/l u/].. ;f] ; Ljwfg lgdff[f Clifsz zfxsf]cWolftfdf zDek;fb 1jfnl, k[sfzzaxfb/' vql, cu~/afaf hf[l, 8Da/gf/fo0f ofbj ;b:o tyf shzq//' zdf{; b:o ; lrj /x§f]; Ljwfg lgdff[f ; ldlt u7g ul/Psf]lyof].. ;f]; Ljwfgdf @) efu (& wf/f / ^ cg;'rl /x§f lyP ..

मुख्य विशेषताहरु

■ k~rfotl ; Ljwfg

■ @) efu (& wf/f ^ cg;'rl

■ @)!(kf[f]! df >L % df dx[bhaf6 hf/l

■ ; Ljwfg dh sfg§g -wf/f !_

■ /fi6«/ / /fHosf]kl/efif -wf/f @, #_ -klxnf]k6s Joj:yf_

■ b]jgful/s lnlksf]gkfnl efiff /fi6efiff -wf/f $_

■ /fli6o em08f -xfns} wf/f % -klxnf]k6s Joj:yf_

■ gful/stfsf]Joj:yf -efu-@_ -klxnf]k6s Joj:yf_

■ df}ns st{o / xs -efu #_ -$ j6f st{o, Pj+;dfgtf, :jt©qtf, zf[f0flj?4, b}z lgsfnflj?4, wd{;DaGwl, ;Dkl0Q / ;j]wflgs pkrf/sf}s u/l & j6f df}ns xs_

■ k~rfot kDffnlsf lgb]zs l; 4f©tx¿ -efu $_

■ ;fj]ef}d;Qf >L % df lglxt /xg]5 ..-wf/f @), pkwf/f @_ -klxnf]k6s Joj:yf_

■ /fh; efsf]Joj:yf -efu ^ wf/f @#_

■ >L % :jod\ dGqlx¿ jf sd{rf/laf6 sfo§fl/0fl clwsf/ kfofu ug[-wf/f @$_

■ >L % nf0{; Nnfx 6qmbfpg Ps dGqlkl/ifb Joj:yf -wf/f @%_

■ /fli6o k~rfotsf ; b:osf]@% kltzt dGqlx¿sf]Joj:yf -wf/f @^_

■ :yfglo k~rfotx¿-ufpf / gu/ ; ef, ufpf / gu/ k~rfot, lhNnf ; ef, lhNnf k~rfot, c~rn ; ef, c~rn k~rfotsf]Joj:yf

- !$) ; b:olo /fli6o k~rfot -s‖Gbp ljwflosf_ -wf/f #$_ -pd‖ @% jif{k'/f ePsf‖] kbfjlw % jif{
- k~rfotsf ljleGg hgjul(6 ;'u7gsf‖]Joj:yf -efu !)_
- /fli6o k~rfotdf ljleGg ljifosf ;'+blo ;'ldlt -wf/f $! s_
- Joj:yfkg ljlw -wf/f %%_
- ljwfbsdf :jls[t >l % af6 -wf/f %^_
- cflyS sfoK)ffnl -efu !)_
- /fhkl/ifb / /fhkl/jf/sf]‖vr{; l~rt sff[jdfly Jooef/ -wf/f ^!_
- clVtof/ b¿kofu LgoGq0f cfofug-efu !) u_ -klxnf‖]k6s Joj:yf_
- ;jfKr cbfnt -efu !!_
- ! kÇwfg Gofofblwz / cGo ^ hgf Gofofblwz -pd‖ ^% jif{‖ld_
- ghl/ afllosf/l xg]wf/f -&#_
- Gofo ;]f cfofu -wf/f &$_ -klxnf‖]k6s Joj:yf_
- dxfnofyf k/LIfs -wf/f &%_
- nf$;;]f cfofu -efu !# wf/f &&, &*_
- lgjfÇg cfofu ! kfdV cfoOm / >l % n]cfjÇos 7gf]cg'; f/ cGo cfoOm -wf/f &* s_
- dxfGofoflwjÇmf -efu !$_ -klxnf‖]k6s Joj:yf_
- ;%6sfnlg clwsf/ >l % df -wf/f *! s_
- >l % sf]3fÇf0ffaf6 ;Ç-jwfg ;ÇzfÇwg -wf/f *#_
- pkflw, ;'dfg, ljeflf0f / dfkml >l % af6 wf/f *$, *%
- c~rnfwlz kb ;Çjflgs -wf/f *^ s_

संविधानवादको दृष्टिले
अनुकुल विषय
- ;Çjflgs cuÇx?sf‖]Aoj:yf
- ;Çjflg dh sfgg
- dfÇms xs / gful/ssf st‖osf‖]Aoj:yf
- ;jfKr cbfntnf0{l/6 hf/L ug‖ÇÇclwsf/

प्रतिकुल विषय
- bnljxlg Joj:yfsf] ;'?jft
- sfo$fl/0fl clwsf/ /fhfdf
- zlÇmkÇoksls/0fsf‖]cefj -/fHosf tlg}cu‖sf‖]sÇ‖b‖]o clwsf/ /fhfdf

- ; ljwfgsf]cf]krfl/s ; [|tsf ?kdf /fhf
- ; ljwfg ; zf]wg /fhfsf]zfxl 3f]if0ffaf6 xg]
- df]ns xssf]kbfu pk/ aGbh ug{; Sg

अन्त्यमा

; jÞwflgs ljsf; sf]lx; fan]clfoÞt}ptf/r9fjsf]?kdf ln0g]of]cjlwdf gkfndf rf/j6f ; ljwfg
hf/L eP eg]ltgj6f ; ljwfg sfofjogdf cfP . ; ljwfgjfbsf]bli6n]xbf{sdhfy/ dflgg]lj÷
@)$& eGbf cl3sf ; ljwfg /fhtÞqflds zf;g Aoj:yfnf0{yk alnof]agfpg]p2Íon]hf/L ePsf]
kf0G5 . dhÍdf ljbÞdfg axbnlo k)ffnlnf0{ckb:t ugÍlgbÞnlo k~rfotl ; ljwfg ; dÍ ; dfjÞz
xÞ]o; cjlwsf]; jÞwflgs ljsf; n]gkfndf gful/ssssf dfÔns xs clwsf/, ; jÞwflgs cÇx?sf]
ljsf;, Gofokffffnlsf]; ÷yfut ljsf;, , ; ÷blo k)ffnlsf]]ljsf;df dxTjkÞ0f{eldsf lgjffK u/Þsf]
s:/fnf0{gsfg{; lsbÇg .

सन्दर्भ सामाग्री

lj÷ @)$& eGbf cufl8sf gkfnsf]; ljwfgx?, gkfn sfgÞg cfofÍu

नेपालको सार्वजनिक क्षेत्रमा जनसम्पर्क र सेवा प्रबाह

गोबिन्दप्रसाद पाण्डे*

hg;Dks{; ₩7gsf]P()f xf]h;af6 ;]fu(xln];₩7g k|tsf]cfkn(gf]klxnf]wf/Off agfp5 . s()} klg ; ₩7gsf]hgtf};sf];Dks{ larf/ cfbfg k()fg tyf enfs';f/L nf0{hg;Dks{elg05 . hg;Dks{hgtf;₩sf]lgofl(ht, lg/()t/ s()fsnfk tyf c()t/lsof;'u ;Dal()wt xG5 . ;₩7g / ;]fu(xl alrsf]cfk;L l ;xof(u / ;dembf/L a9fpg / ;₩7gsf]ck|lft nlo kf(lKtsf nflu hg;Dks{cfjZos xG5 . o; sf]nflu ;₩7gsf]rnfodfg zlOm dflgg]sd(f/L)d(:sfg ;lxtsf] ;]f; lxt ;]fu(xl d()l t6:y / :jR5 5lj lgdf(0f ug({kg(]xG5 . s()}klg ;₩7gsf]lsbfsfksf k|lo(} r/0fdf hg;Dks{sf]lalzi6 :yfg /x(sf]xG5 . ha;Dd ; ₩7gn];()a4 klfx? alr cfk;L tfndh, ldqtf Pj+; fxfb(tfsf]efjgf b(vfpb(g) ta ;()d pQm ;₩7g 3f]lift nlo kf(lKtdf k5fl8 kb(5 . To;(h];]; ₩7gfds Aoxxf/df hgtfsf]:yfg w/])dfyL /x(sf]xG5 . ;₩7gn];()d}AolOm dfly ul/Psf]jf ul/g(Aoxxf/ g)pQm ;₩7gsf]jf:tljs 5lj xf]. ;₩7gdf /x()f sd({f/lx?n] hgtfnf0{h:tf]Aoaxf/ ub()g\To:t}lsl dn(aflx/L ; dfhdf pQm ;₩7gsf] ;()bz{ u)/x()f xG5 .

sfd lazl(fn]s()} sfof(n(odf sg()AolOm hfbf p;n]Toxf+s:tf]Jojxf/ kfof]< ck()ff d(flsas xg ; Sof(]jf ; sg < lgod sfg()sf]ckAloflofsf]cf8af6 hgtfnf0{st()x?fgl t lb0Psf]5()} < ;]s eGbf zf(s aGg ;kalQ b)/f0Psf]5 5()} < cflb s(/fx? hg;Dks{cGtu{t c)Coog ul/g]laifo xg\. s()}klg ;fj(lgs sfof(no b{zsf /fhwfgL zx/)bvl bu()d ufp"Dd 5l/Psf xG5g\. /H(on] hgtfnf0{k(}ofpg] ;]jf/ ltg};]/sf/l Pj+;fj(lgs lgsfoaf6 kbfg ul/Psf xG5 . xfdln] ;]fu(xln]kKt ug(]]fdf b)fg()f]ojxf/af6 hgtf]; /sf/nf0{xg({bli6sf(0f aGg k()b5 . ; /sf/ slt hgs()bt 5 egl hfRg]s;l egsf]pQm sfof(nosf]hgtf;'u xg();Dks{/ ;]f kjfxsf]:t/ g)xf]. lghllfg Pj+u)/;f(/ l ; ₩yfx?n]blfPsf]Aojxf/af6 hgtfx? a9L k(fljt e)/x()f] xfnsf]cj:yfdf ;]fu(xln]lgsfoaf6 kb()]]fsf]u()f:t/df k()gx? ul/g yfn()fkf05 . To;(f] t xfd()f]b)fsf];]-wfgl hgtfnf0{; fj(ef()l 7f(b}pglx?nf0{j:t' / ;]f kjfxssf] dfWodaf6 hlt /fd()f]ojxf/ lbg ;Sof()lt /fd()]ofaf; l ;/fn(]kfpg]ub)5 h;n)ubf{;/ff/]a9tf a95 / ;kfL ;/fn(]hgtfn]lgjffg dfkm{t ug lg/()t/ lbg];()efjgf xG5 .

;fju(lgs bflo)j ePsfx?sf]dflyNnf]clwsf/L xb}; +b / hgtf)dd klg])3)bfp(f]pQ/bflo)j /)fn]ca sfd gug()blfNoPsf]5 . k/fgf]pl()(jl pQ/bflo)jsf]abnf ca ;k/)f0h(/, ;dslfl, ;]fu(xl nufot k(ltsf]jf axpQ/bflo)jnf0{a9l hf0) lbg'kg()blfNoxG5 . o;df ;]fu(xl k(ltsf] pQ/bflo)j dfly kNn)j ul/P h:tf]3)bfp(f]kf(fln]ge0{;wf}xG')h?/l 7flg05 / o;nf0{a9l dxTj lbgkg()blfNoPsf]5 . gkfnsf]; +wfgdf /floPsf];'))l(rt xG kfpg];afflgs xssf]

sf/0fn]klg hgtf w/}hfu?s / ; r] ePsf 5g\. To; h];fjh]lgs clwsf/ln]cfkn]gf]lg0f6
Pj+sfd sf/jfxl x]' cufl8 / k5fl8sf] tYout hfgsf/l dfu\sf avt kfpg]ck]ff hgtfn]
ul//x\sf x05g\.

; ; l'rt x]g kfpg'kg[; j]flgs xssf]sf/0f hgtfn]hg ; /f\sf/sf x/\s laifosf ; l'gfx? Dffu
ug]ePsfn]hjfkmb]lxtf, kf/blz]tf, sfg]gsf]zf; g, ; xeflutf h:tf tljx?sf]a9f0/l x05 h; n]
b]zdf ; zf; g k]a0gdf 6]f kfg]bl]v05 . sltko ca:yfdf k]efjsf/l ;]f kjfx u/\sf]lghl Pj+
u/}; /sf/l lf]g cfslif] x]]/ ; /sf/l bfloTj hgtfk]lt /x]ePsfn]klg ; /sf/l Psflwsf/ ePsf
To:tf lf]gdf hgtfn]eng u0f:t/lo Aojxf/ / ;]fsf]ck]ff ul//x\sf x05g\. ueb]v lrxfg; Ddsf
x/\s spfsnfkdf ; /sf/sf]pkl:ylt s]}g s]}}?kdf b]vg]ePsf]klg ; fjhlgs lgsfodf
c; n hgf]ojxf/sf]ckl/xfof b]vg cfp5 .

; j{ fwf/0fnf0f0{; /sf/sf]tk[af6 cfjZos ; l'gfx? kjfx ubf{; /sf/sf]5ljnf0f0{klg Wbfg lbg'
kg[x05 . k]efjsf/l ?kdf ; l'gfx? kjfx ubf{o; n]ubf{; /sf/ xfdl}nflu cxf/fq b0lrQ 5
e0g]efjgf hgtfdf hfub5 eg]hgtfn]; /sf/ lgsfoaf6 ;]f lnb]f s]s:tf zt{/ a0bhnsf]
kfngf ug[fg]xf/]e0gaf/{df :ki6 ePdf dfq To:tf ;]fx?sf]kflktdf ; xtf cfpg]x05 . ;]f
lbg] s]ddf hl6n lljlw gckgfof0f{pglx?sf]efjgf, OR5f / cfsflfnf0f0{a%g' h?/l 5 h]g ; /f
hg;Dksf]6 dfq k0f nflub5 . ; /sf/ hgklo a0gsf]nflu hgtfsf]; /sf/ klltsflli6sffaf]f s]
5 < e0gs; /f k0f nufpg'h?/l 5 . To; h];hgtfsf cfkl%ostf, ubf{f, klltskfx?, lj/flwsf
:j/x? ; lgg'kbf5, o:tf s; /f k0f nufpg hgtfnf0f0{glhsffaf]f a%g' / x]g0{h?/l 5 . hgtfsf
efjgf / cfsflfnf0f0{; fjhlgs lgsfo cg?k 9fNg jf kl/jt]g u/fpg klg hg;Dks{cTofjZos
b]vPsf]5 .

b]zl ljsf; sf]dxfg o1df hgtf tyf sd/{f/Ln]; /sf/nf0f{; fy lbg'h?/l 5 . To; h];hgtf;'u}
3hld eP/ ; /sf/l gllt tyf ofhgf th]fsf nflu cfkZostf klxrfgb]f gllt lgdf0f0{,
laZnf0ff0{, sfof}jog, cgldg d]Nof}g tyf k[7kfif0{nf nufotsf ; a]r/0fdf hg;Dksf] 7hf]
eldsf v}Nb5 To; }u/l c]o lf]g e]bf ; /sf/l lf]g /df/]5 e]g]kefjsf nflu klg hg;Dks{
cfsflf b]v05 . ljsf; sf]afxxs ; /sf/ PSn}df k]g g; Sg]jt}fg0fg kl/l:ylxdf lghlllf]gnf0f0{
cul; / u/f0f0fnsf/Lkl/jltt{ ; be]e]f xfdl sdf/{l kl/jtn/sf]Djfxs, pTkf]/s / ; xstf{eP/
/xg'kgl[b]v05 . o:tfll0f:ynfd hgtfaf]f klft ; l'gfsf]cfwf/df lalefg gllt lgdf0f0{, klf/wf/sf]f
lasf/, ; fdflhs cflyk ; lasf/, , ; j{ he ; lfkjfx ; fdflhs 6ofo h:tf laifodf hgtf;'u /x\sf
cg]tnf0f0{hg;Dks{sf]dfNodaf6 klft ug{; lsG05 . sdf/{l lgofdssf]e]bdf lghllf]gnf0f0{
kf[]flxt ug]f dfgjzlQm ljsf; ; ug{nufotsf sfodf nfUg hg;Dks{af6}; 3fp kNb5 .

––ç९––   ljZj xhfs lbj; ljzi{f°

laubf]zflᏀt ; ⁄lffsf]jt₫fg kl/k[]odf hgtfnf0{ljZjf; df /fv⁄ glthfd\l lsbfsnfkaf6 dfq
; /sf/ pᵉf]nfᏐg]ePsfᵻh]emᶜem6nf] k[lsbfd\l sfo[ḁlt TofᏐg h?/l b[\vPsf]5 . To; ᵻh]5l/tf]
k[zf; gåf/f hgtfnf0{cem a9l ; lawf lbg hgtf; ⊎ kᵉfjsf/l cᏀt/lsbf cfaᏃos xᏀ5 . elgᏀ5
ckf/blz₫fdf ei6frf/ dfᵻhfp5 . o; ᵻh]ei6frf/ GoᏀls/0f / kf/blz₫fsf lglᎠt klg kᵉfjsf/l
hg; Ꭰks{cfaᏃos xᏀ5 . ; /sf/n]cfkmᵻgf sfdsf/jfxlsf]a⃒wtf hgtfaf6}lngkgᏣ[/ cfkmᵻgf j:t'
/ ;]fsf]jsfntsf nflu klg hg; Ꭰks{h?/l 5 . o; /l x/₴ ; fjfᵻhlgs lgsfo rfx]Tof]s[]bbdf
jf las6 ufp"a:tlx?df lsg gxf]\ hg; Ꭰks₫f6 6fᵼ9g jf PlSng ldNbᏣ / ; OᵻᏐg klg . ctM
hg; Ꭰks{/ ; fjᵻhlgs lgsfosf];]f kᵻjfxalr Pscsf₫f g· df; 'h:t}uf9f ; ᎠaᏀw /x₴f]xᏀ5 .

sᏣᵻg}klg ; fjᵻhlgs lgsfodf hg; Ꭰks{ckl/xfo{tᎥj xf]eᏀgᵼ]yfxf kfpbfkfpb}klg xfdᵼ ; /sf/L
sfofᵻhox?df o; nf0{Tolt uᎠel/tfsf ; fy lnPsf]kf0ᵻbᏣ . o; df ; /sf/ PSnᵼhf0{bfᵼᏐl 7fgl
pᎠsg ldNg]klg b[\vbᏣ . hgtf jf uᵼfxssf]cgle1tf, rᵼtgfsf]:t/ cflb h:tf tᎥjx?n]klg
o; sf]uᎠel/tfnf0{cem ⊎l7t agfPsf]b[\vᏀ5 . hg; Ꭰks₴f]; Ꮐbe₫f b[\vPsf tdfd ; d:ofx?nf0{
oxf" pNny ug[]hdsf[ul/Psf]5 . ; /sf/L lgsfosf]hl6n sfo[alw, sfofᵻhox?sf]; hfj6
/fdf]gxᏣᵻ uf[]otfafbl ; ⊩s[]t tyf ; j{fwf/0fsf]s⁄/f ; /sf/L sd(f/lx?n]; Ꮐb}g;Ꮐgᵼ] ; lsnf
kf₇fsf wf/L, rlghfg / eg; ᵼg dfkm₫ cfPsfnf0{dfq cfkmᵻgf] ;]fuᵼ]xl 7fᏀg]kᵼ]Qn]clwsfrᵶ
; ᵼfuᵼ]xl dsf(f kgᏣ[u/₴f ubf]f]k6s k6s aflx/ cfpgᵼ]u/₴f]5 .

ph⁄/l / uᵼf; fsf]kᵉfjsf/l ; Ꮐjf0ᵻsf]cefj, ph⁄/l k[]6sfx? Ḁoal:yt gxᏣᵻ sfofᵻhodf x∏k 8₴;
gxᏣᵻ sfofᵻhodf hg; Ꭰks{tyf ; ᵵgf clwsf/l tyf kᵻḀQᵻsf]Ḁoj:yf gxᏣᵻ ePdf klg gfd dfqsf]
xᏣᵻ lfltkl't{; lxtsf]gful/s a8ffkq gxᏣᵻh];]fsf]uᎠf:t/lotf ; Ꮐtfᵻᵼkᵼ b[\vbᏣ eg]clwsfrᵶ
sd(f/ldf ;]fuᵼ]xl kᵼ]t b[\vfpg]:jefj dflnssf]h:tf]xᏣᵻ hgtfnf0{zfl; t / cfkmᵻhf0{zf; ssf]
?kdf xᏣᵻ{ ;]fsf]efjgf gbᏐvᏣᵻ afᵻhldf ; Ꭰdfg / cfb/efj ; d₴ gkf0g; ; /sf/L sfd slxnᵼ]
hfnf 3fd eᏀg]efjgf tyf sfddf cfn6fn ugᵵ{kᵼ[tn]gᏒfnsf]lghfdtl ;]fdf hg; Ꭰks₴f]:t/
GoᏣ /x₴f]b[\vᏀ5 .

GoᏣ hgrᵼtgfsf]:t/n]ubf{;]fuᵼflx?n]of]sfd lsg ePg < slxn]xᏀ5 < h:tf kᎥg ; fᎥᵼ
sfd ug{8/fpg] tyf ; j{fwf/0f cfkmᵻhf0{s/sftfsf]x∏; otdf kᵻbᏣ ug{8/fpg]ub₴g\ eg]
s⃒l sd(f/lx?nf0{xftdf lnᵼ0{; ᵽSs sfd u/fpb}cfkmᵻgf]bᏣf] ; fᵽᵵofpg]kᵼ]Qsf n[\vgbf;
tyf la₹lᶠmnofx?sf]a9᷵bf]laulauln]klg sd(f/l / hgtfsf]; ᎠaᏀw ; sf/ᵵds g/x₴f]b[\vfp5 .
; dod}tfᵵsPsf];]f nllft ju{; Ꭰd gkᵼᏐg; cfkmᵻgf]clwsf/ k⃒t ; j{fwf/0f ; hu gxᏣᵻ ; /sf/L
sfd sf/afxldf hg; xefltfsf]sdl, g⃒tstfsf] :t/ ; fx₴ sdhf/⁄ xᏣᵻ; sfd kᏀ5fpg]kᵼ]Q
cᎀolws xᏣᵻh]ubf{; /sf/l sd(f/l k[]tsf]hg laᏃjf; df sdl cfPsf]b[\vᏀ5 . o; n]ubf{
; /sf/sf]a⃒wtfdf ; dᵼ cfᵶ klᵶ₴f]kf0Ꮐ5 .

sfoflnodf kbflu ul/g]kmf/fdx? ; j{fwf/0fn]alemg]efiffdf gePsf] kmf/fd eg{s}nflu ;]fufxl n\vgbf; jf larflnofsf] z/0fdf k0g]]u/\$sf] clen\V ^oj:yfkgsf] sdhf/ln] ubf{vf\h}f sfuhx? ; dod}gel]6g] ;]fufxl g}kmf0fsf] kl5kl5 nflu' kg[clwsf/sf] af\8kmf8 tNnf] :t/;]Dd gul/g\; ;]fsf nflu 306f]wfP/ ; b/d]fdf jf :yfglo txsf s]b\|/x}f 7fp ; Dd k0gkg[af\0otf / ;]f k}Kt ubf{nflg]; dodsf]nfdf]cGt/fnn]pQm sfdsf]dxTj 3l6; s}f]x]gh]; /sf/l ;]f eml6nf6nf]/ vlrlnf]ePsf]cg]lt ;]fufxln]u/\$sf]kf/0f5 .

lghfdtl sdf{f/l / hgtfsf];Daw ; dw]/ xg g; s}f]s\/f cfhsf]s6'; To ; flat ePsf]5 . o;/l xbf{hg;Dks\$f] ;Gbe]df cglu6l ; d:ofnf]xfdf] ; fjfhl\nlgs lgsfox?df ulx/f] h/f uf87\]/x}f]efg xG5 . ol ; d:ofnf0{; dod}; dfwfg ubfghhfg]xf]eg]; fjfhl\nlgsfsf]ljs]t lj?4 hgtfx? vh7\}cfpg]/ lghfdtl ;]fsf]cfl]rTodf k\/g lrGx nflg]ePsfn}o; tkm{ ; a} ; /f{f/lnfnsfsf]Wofg cfslif{ xg'kg[bln\VG5 eg]; fjfhl\nlgsfodf /x}f hg; Dks{; d:ofsf] ; dfwfgsf] pkfofx? af/]oxf“ rrf{ug{hdsf]{ul/Psf]5–

dflysf ofjt ; d:of? ; w}f nflu / ; a\$f nflu ; d:ofs}f?kdf /lx/xg lbg'lghfdtl sdf{/l / hgtfsf]lxtdf xb}} . kfefjsf/l tyf hgdVl ; fjfhl\nlgs ;]f kjjfx u/l ; /f/l 5lj pHof/nf] kfg{s; ; /t xfdl ; a\$6 xg]lgtf:dt h?/l 5 . lghl Lfq\df cfj;folx?n]cfkmgf]k;n cufl8 ग्राहक हाम्रा देवता हुन eGg]gf/f /fv\h:t}; /sf/l Lfq\df ; dl;};fufxl k\|t; fxfb\|ljftfjf/0f; @hgf u/l ;]fufxlnf0{bl3;flng ; fendf/]/f ?kdf x??, ;]fufxl jf hgtf slxNo}unt gxb}]wf/00ff ; a\}sdf{/ln]agfP/ cufl8 a9g'kg[bln\VG5 .

;]f lbb\f ;]fufxlnf0{cfkmgf]AolQmut / 3/fo;l ; d:of gemNsfpg]; @j eP;Dd ;]fufxlx?nf0{lg0f6 k]sbfdf ; fdh u/fpg] . sdf{/l tyf hg k]tlglwlx?n};]fufxlnf0{;]f lng pTk\|]/t ug[vfnsf]efiff kbflu ug{u/l / ;]fufxl;u slxNo}klg dflnss]]?kdf k]:t gul/;]fufxlsf ph/\lsf]lgoldt clen\V /fVg] ; do ; dodf k\/fjnf;g ug[;]fufxlsf]egf0f0{/fdl ; @g]dgg ug[x\}'/ clen\Vdf /fVg]u0f sdf{/ln]xg'h?/l blIVG5 . ; @j eP;Dd ;]fufxlsf]ck\|lft ;]f / jf:tljs ;]fsf]cGt/ kl/eflift ug[. b\/ b/fhsf] gk9\;f]f ;]fufxlnf0{cfkmg} kl/jf/sf ; b:o ; @elm sdf{/lnf0{xbf blV ; xhls/0f ul/lbg]ug[kb\\5 .

lgodsf]cjnDagsf]gfddf To; @sf]bf; aGg]kfQ TofUg'kg[cfkmgf]; #7g / sfdsf]af/]/f kof0{ hfgsf/l /fvl ;]f kjjfx ug[; fd xg g; Sgfsf]sf]0f af/]:ki6 hfgsf/l lbg] ;]foflnodf]ef}}ts ^oa:yfkg /fdf]]xgkg[; dflnf0{cfaGldf ;]foleq ; a}u /fdf]]; Daw / ; #tlnt ^ojxf/ ug[ug{g; Sg];]f/fsf]kt1f gul[tyf v/f/]?kdf s;]f]cfnfl?gf gul[c?nf0{klg sdf{/l s]f /f/fg lbg' kg[pkoQm sdf{/lnf0{pkoQm 7fpdf v6fpg] ;]foflnosf

b|VG5 . xfnsf]sd{f/ltGqnf0{hgtfsf] hgtfsf nflu / hgtfn]agfPsf]sd{f/L Aoa:yfdf ?kfG6t/0f u/L ; #, kb|z tyf :yfglo tx dfkmt ;]f kbfg ug{/fHosf]kdV k|zf;lgs cusf ?kdf ljsf; ug{kg[b|VG5 . ; u7gsf]cgxf/sf]?kdf /x$f]hg; Dks{; DaGwL s|bfsnfkx?nf0{ d':sfg ; lxtsf]]f, c; lfd tyf c; xfo k]yd, 3/ 3/df]]f, ; }{gf k]jlw d{gl ;]f h:tf cfwlgs z}nx? canDag u/]/ ; /n, ; he / u0f:t/lo ;]f kbfg u/L k/ftg z}nnf0{Aofks ?kdf kl/jtg ug{kg[b|VG5 . o; sf]nflu /fhg]ts k|taåtf, k|zf;lgs tTk/tf / gful/s shfzlntfsf]caZostf 5 .

; /sf/L sd{f/Lnf0{; /sf/n]hljg lgjf{ ug{; Gttlsf]k7gkf7g ug{kUg]tnj tyf ; lawfsf] Aoj:yf ug{kb$ eg]sd{f/Lx?df dfhfpb|]uPsf]ef0{tsafbl ; sf//, c:j:y k|t:kwf{ cglrt ; f7uf7, clt /fhglts/0f, cfr/0f tyf cg{zf;g kfngf gug]{; :sf/ tTsfn kl/jtg ug{kb$. /fHon]sd{f/L hutdf xfn dfhfpb|]uPsf]gsf/fTds tyf c:j:y k|t:kwfnf0{sd ug{efifl0f u/]] dfq xb}ã . /fhg]ts lfgdf b|VPsf ofjt las]t tyf la; utlx?nf0{; d] ; dod};RofO6' kg{b|VG5 . ljZjsf ljlelfg b|zf ; /sf/n]xfn}u/$f ; wf/af6 klg xfdln]kf7 l; Sg'k5{. gkfnsf]Gbe$nf of]; do cfzf >hgf u/L /fi6« lgdf0{f tyf ljsf;df h$ug]]afnf xf]. o; af6 Ps 0Gr klg tn dfly ug{55{ s]g}tf s]sd{f/L s;}nf0{klg 5ã . hgtf gafh]klg ; a}sf Ps Ps lx; fj lstfj /fv$sf xG5g\. ; do cfP kl5 ; ah]lx; fj r0mf ug{kb$. clxn]/fi6« lgdf0{f tyf ljsf;sf nflu ; a}gafsfnl RofOltg]xf0{g hfl8g]afnf xf].

ol ; a}s'/fx? k|zf; gsf]cgxf/sf]?kdf /x$f]xg; Dks$f ; wf/ u/$ dfq ; Dej xg]b|VG5 . To; h]hg; Dks{/ ;]f k|jfxnf0{Ps l; Ssfsf b0{kf6sf]?kdf x${ul/VG5 . gkfnsf]]ghfdtl ;]fdf klg lk|G; kn–Pg}6 lzåfG6 cg'; f/ hgtfnf0{; fx'dfg$]/ sd{f/ln]; fx'sf]Pn}6sf]?kdf lalefg$g hft, hflt, efiff, efifL, lnË, j0f{ ; dbfonf0{;Ddfgk'Q{s Joaxf/sf ; fy}l56f] 5l/tf] / u0f:t/lo ;]fkf;fx ug{kg{b|VG5 . ;]f hflifxl xdf{ xg, sfofno xdf{]dlGb/ xf]eGg] efjgf /fVl xdf ; a}gghfdtl sd{f/lx?n]cfcfkmgf]7fp$af6 ; bfzlntf b]jf0{;ljwtfalr Pstf cg'; f/ sfd ug{xf]eg{ hgtf / sd{f/Lsf]; Dafw ; bw'/ xg]/ ;]f kjfxdf ; d{ ltaltf cf0{ hglaZjf; a9${ hgtf / sd{f/lalr lautdf 6f9f ePsf]bå glhs cfpg]/ ; /sf/ tyf sd{f/L hgdVl ePsf]cefif hgtfn]kfpg]b|VG5 .

सन्दर्भ सामाग्री

!_ k|zf;g klqsfsf laleGg csx?, ; #lo dfldnf tyf ; dfGo k|zf;g dGqfno l; xb/jf/ sf7df08f} .
@_ lghfdtl klqsf, nf$;]f cfofU, sdn kfV/L, sf7df08f} .
#_ ljsf; klqsfsf laleGg csx? /fli6o ofhgf cfofU, l; xb/jf/, sf7df08f} .

सहभागितामूलक योजना र विकास

ढल बहादुर जि.सी.*

योजना

■ ;fdfÇo cyÇf sÇ}sfdnf0{;do ;ldf lglZrt u/l sÇ ;dodf s;/l ug{egl lglbÇ6 ug{ g}ofÇhgf xf].

■ sÇ}sfd ug{cl3 pQm sfdsf nflu tof/ ul/g}vfsf g}jf:tjdf ofÇhgf xf]. o;df lglZrt p2Ço xfl;n ug{pknÇw ;fwgsf];Jojl:yt, ;÷l7t / lgofÇht ¿kn]pkofÇu ug{t/lsf pNnÇv ul/Psf]xÇ5 .

■ cNa6{jf6/;gsf cg;f/ egf0df ljlzi6 p2Ço kflÇtsf nflu pknÇw pQd ljsÇk 5gfÇ} ug{;Çul7t, ljjÇzln tof cgj/t kbf; ug{g}ofÇhgf xf].

■ ofÇhgf eljiodf xfl;n ug{rfxÇsf]p2Çonf0Çjoxf/df ¿kfÇt/0f ug{/0Çfglt xf].

■ sÇ}klg sfdsf]klxrfg, kÇyldsls/0f, ljZnÇifÇf, thÇf, sfofÇ{jog, cglwdg, dNofÇ@sg / ;~rfngsf]pkoÇm Joj:yfkg ;Çdsf ultljlwx¿ ofÇhgfdf ;dÇ6Çg\ .

विकास

ljsf; ;sf/fÇds kl/jtÇg xf]. pÇglt, ;dÇ4, pÇsÇ6 cj:yf, ;fdlhs, cflyÇs kÇlt, hljg:t/df cfPsf];wf/, efÇts kÇfÇjf/ / ;fjÇlgs ;ÇfxÇsf]u0ffÇdÇds cj:yfnf0{x7Ç ljsf; sf]cfÇsng ug{;lsÇ5 .

■ Development is a multidimensional process involving changes in structures, attitudes and institutions.

■ ;dfhsf ;a}lfÇsf];dÇjt klÇt g}jf:tjdf ljsf; xf].

■ Gunar Mirdal sf cg;Ç/ f/ Development is a way from under development.

■ ;eÇQm /fi6«; aÇlo dxf;efsf cg;Ç/ f M ljsf; Ps Jofks cjwf/0ff xf]. ljsf; cflyÇ, ;fdlhs, ;faÇlts, /fhglts h:tf klfÇsf]bl34ÇfÇfnlg ;wf/ xf].

■ ljsf;df ;DkÇf{hgtfsf]:tÇÇq, ;lqmo / cyÇ0f{;xefutf xÇkb5Ç .

■ dfgj hljgsf]:t/ psf:g' / pglxÇ¿nf0Ç;Çtl6 kfg{ljsf; sf]clÇÇtd nIo xf].

■ ljsf; ;fklÇft xÇ]ePsfh]Çlxxf]h;n]Çf{ ;wfgf]cTolws pkofÇu ug{;ÇofÇTo; nf0{g} ljsf; elgof]. t/ cfh lbuf]/ ;dfjÇl ljsf; sf]cjwf/0ff;u}Çfÿ / ;wgfsÇlt pQd pkofÇu / To;sf nfexÇ¿sf]Çoflos ljt/0f nf0{ljsf; eÇg yflnPsf]5 .

सहभागिता

■ cfkmÇ}u ;/f;f/ /fÇVg}sÇ}klg ljifosf ;a}r/0f, klÇmof / kl/0ffddf ;lqmotfkÇsÇ ;l/s xÇ]cj:yfnf0{x]efutf elgÇ5 .

■ cfkmÇ} cfkmÇgf]kl/jf/ / ;dbfo dfly kÇfj kfg{sÇ}klg ljifodf ;/f;/jfnf hgtfsf];lqmo

/ k]efjsf/L pkl:ylt ePsf]cj:yf g};xeflutf xf].

■ ;a}gful/sn]zf;g / ljsf; k]qmofdf ;lqmo, :jt°q / cy{Of{¿kdf ;xefuL x\g] kfpg] cj; /nf0{;xeflutfn];lglZrt ub{\ .

■ ;/sf//åf/f ul/g]s\g}klg ljsf; lgdf{Of{ tyf ;]f ;ljwfsf]klifx ;DaGwL sfo{df hgtfsf] ;xdlt h°fpg];jf{Qd pkfo ;xeflutf g}xf].

■ Participation is a process, not an event, that closely evolves people in the economic, social, cultural and political process that affect their lives. -Human Development Report,1993

सहभागितामूलक योजना

■ Participatory planning is a process through which stakeholders influence and share control over development initiatives and the decisions and resources that affect them-World bank

■ Participatory planning is the initial step in the definition of a common agenda for development by a local community and an external entity or entities. - Olthelen 1999

■ ;xeflutfd"ns of]hgfn]ljsf;sf lqmofsnfkx?df gful/snf0{;xeluL x\g]cj; / k}fg ub{\ .

■ of]hgf eljiodf ul/g]lqmofsnfk ePsfn];dfj]z x\g]ljifo / lqmofsnfkdf ;/sf//jfnsf] ;xeflutfdf ug{\ub{\ eGg]dfGotfsf]ljsf; xb}uPsf]5 .

■ of]hgf th{fdf ;xeflutfn]cfof]hgfsf]th{ df dfq geP/ sfof{Gjog / k|ltkmn pkefug] cj:yf ;Dd k]efj kfg{/ ;xeflutfnf0{;lglZrt ug{;xofu\ k\b5 .

■ ;xeflutfd"ns of]hgf ;DalGwt cfof]hgfaf6 k]efj kg]{gful/sx?sf]pkl:yltdf tof/ ul/G5 .

सहभागितामूलक विकास

ljsf; k]qmofsf]lg0f{, sfof{Gjog, cgudg, d"Nof*sg, nfe pkofu\, Joj:yfkg tyf ljsf; k|qmofaf6 pTkGg x\g ;Sg]hfl\vdx¿sf]Joj:yfkgdf ljsf;sf]nfestf{hgtfsf];lµGgtfnf0{g} ;xeflutfd"ns ljsf; elgG5 .

सहभागितामूलक विकासको सैद्धान्तिक पृष्ठभूमि

/fHosf]kdV p2}o gful/sx¿sf]lxt / ljsf; ug{/x}sf]x9G5 . /fHosf clfy§, ;dflHs, /fhglIts, ;f§s[ts lqmofsnfk ;~rfng ubf{gful/ssf];xeflutfdf ug{\ub{\ . gful/sx¿n] ;dlxs OR5fsf]xLtsf nflu s}L JolIdut clwsf/x¿ ;fpfjfhL u/L /fHonf0{b08fTds zlQm

kbfg u/$f xG5g\. t/ ; doqmddf /fHon]gful/sx¿k|t lgefpg' kg{lhDd]f/laf6 x6$f]cj:yf
klg b||vG5 . o; qmddf **Rousseau** n]dflg; x¿ cfk; l ; j+fb / 5nkmm åf/f cfdOR5f (**General will**) klxNofpG5g\ . cj; / Pjd\hf]|vd ; dfg ¿kdf ax|fg{k|khftGqnf0{ cfld; ft ub$g\ egl
jsfnt u/$f]kf0G5 . x/$ gful/sx¿ ; dfg x]; ot /fVg]ePsfn]h]/fHon]k|hftflGqs Joj:yfaf6
cfdOR5fsf]k|tlglwTj ug{kb$ egl c7f/f}|zt fAbldf g}pgn]l; 4f0t k|tkfbg u/$f xg\.

- !(cf}}ztfAbldf **John Stuart Mill** n]hg; xeflutfdf :j}R5s dNosf]jsfnt ub$:yflo
  tj/bl|v g}hgtfnf0{; xeful agf0{zf; g Joj:yf ; ~rfng ug{kb$ egl hf$ lbPsf lyP .
- ; xeflutfdf'hs ljsf;sf] cjwf/0ff ; g\ !(^) sf] bzsbl|v a9l rrf|df cfPsf]xf] .
  hg; xeflutfsf]ljifonf0{klxnfk|N6 k|:tt ug{klyd JolQm kh]; sf /fhgllt1 Pjd\bfzf|gs **Alexix de Tecequevelle** xg\ .
- ; øOm /fi6« ; ªBsf]cfly$ tyf ; fdflhs kl/ifbn]; g\ !(&# df ljsf; df hg; xeflutf ljifodf lgDg cg'; f/sf]k|:tfj kfl/t u/$f]lyof] .
- The government of state members of the United Nations Should encourage wide popular participation and co-operation in the development process in setting the goals, implementing the plans and enjoying the benefits of development.
- ; g\ !(() sf] bzsdf ; øOm /fi6« ; ªBlo ljsf; sfoqmdn]dfgj ljsf; sf]cjwf/0ffnf0{ cl3 ; fb|ljsf; eg$f]lzIff, :jf:Yo, cfo tyf ; xeflutfsf]dfllodaf6 dflg; sf]5gf}6sf] bfo/f km/flsnf]kfg{xf]egl JofVof u¥of] . dfgj ljsf; sf]o; cjwf/0ffnf0{cd||o ; øl h:tf ljsf; cy$f:qlx¿n]|4fl0ts dnhn lbPsf lyP . ; g\ !(() sf]bzsdf cdl|sl cy$f:ql **Elinas Storm** n] ; fdlxs ; |qx¿sf Joj:yfkgdf lghl lfl|q tyf ; /sf/ e0bf hgtfsf ; fdlxs ; ªu7gx¿ k}efjsf/l xG5g\ eGg]lgisif{lxt k|s|lts ; |qx¿sf]lbufkgf pkofl$ / Joj:yfkgdf gful/s ; xeflutf dxTjk0f{ljifo xg egl cl3 ; f/$f]kf0G5 .

Objectives
The purpose of participatory planning is to create a platform for learning rather than plunging directly into problem solving. The process is expected to enhance.
- Identification of the felt needs of the people.
- Bringing forth consensus.
- The empowerment of local disadvantaged groups.
- Integration of local knowledge systems into project design.
- Two-way learning process between the project and local people.
- Political commitment and support.
- Accountability in local governance.

महत्व
- hgtfsf jf:tljs cfjZostfnf0{Dafl|vg ug{; Dej agfpb5 .

- nfut, nfe, nrstf / cu|; /tfsf b|i6n]pkoॏm cfofhgf ; ~rfng ug{; lsॉ5 .
- ofhgfdf ; dfjॅ ug{sfoॄmd / cfofhgfx¿nf{ldsls/0f ug{; xh xॉ5 .
- :yfglo ; [t, ; fwg / >dsf]cॕolws pkofॖsf];॓efjgf /xॉ5 .
- lbuf]ljsf; sf]cjwf/0ffnf0{nfu"u/fpg ;॓ej xॉ5 .
- nf§tflॅqs k4ltsf]sfof{Gjog xॉ5 .
- e|6frf/, clgoldttf, l9nf; '॑tl / u0f:t/lxgtfnf{lgoॅq0f ug{; lsॉ5 .
- ; [t ; fwg hॕfpg / kपflॖ ug{; lhnf]/ cfd hgtfk॑t /fHosf]ljॷjf; / e/f]f a9ॆb5 .
- ljsf; df :jfldॅjsf]efjgf ljsf; e0॓lbuf]l6sfp xॉॖf ; fy}pkofॖdf fjwfgॅsf]ljsf; xॉ5 .
- :jfledfgॆ / cfॕdlgeॄ ; dfhsf]ljsf; df ; 3fp kॖb5 .
- hgtfx¿nf0{; zlॏs/0f ug{; 3fp kॖb5 .
- clwsf/df cfwfl/t ljsf; n]; fyॅtf kॕt ugॅf ; fy}cfॕdan a9ॆg]/ :yfglo :t/df gॅlॖj / lfdtf jlॎ4 xॉ5 .

योजना र विकासमा सहभागिताका सिद्धान्तहरू

ljsf; ultljlwdf hgtfsf]; xefltfsf u/fpg]sॅl l; 4ॉtx? /xॉf 5g\. ljsf; sf]cfjॐostf, ;॓efjgf / cj; / cg'; f/ hgtf;ु ; dॖjo u/L ljsf; sf ultljlwx¿df ; dfjॅ ug॒b5 . ; xefltfn]u0f:t/lo sfo{॓kfbgsf nflu ; xofॖ ub5 . of] cjwf/0f lgॕg l; 4ॉtx?åf/f lgbॅl|zt xॉ5 M

-!_ jॏtfsf] l; 4ॉt (Theory of Legitimacy)M ljsf; ultljlwx¿df hgtfsf] ; xefltfaf6 ;॓kflbत sfdsf]jॏtf sfod xॉ5 .

-@_ klॅtlglwॅjsf]l; 4ॉt (Theory of Representation)M ljsf; lqmofsnfkdf hgtfsf]klॅtlglwॅj xॖ ; sॕf To; af6 /fdॅ]; kmltf xfl; n xॉ5 .

-#_ :jfldॅjsf]l; 4ॉt (Theory of ownership)M :jfldॅn]ljsf; ; lgdf0f sfoॅsf]lbufॖgf / u0f:t/df kॖfj kf/sॅf]xॉ5 . ; xefltf gॅTo:tf]dfलod xf]h; n]ljsf; df hgtfsf]:jfldॅj :yflkt ub5 .

-$_ ; fdflhs dfॖotfsf]l; 4ॉt (Theory of Social Recognition)M ljsf; sf lqmofsnfkx¿n] ; fdflhs dfॖotf kॅत xॖ ; sॕf To; n]lg/ॉt/tf / lbufॖgf ; lglॕrt xॉ5 . ; fdflhs dfॖotfnf0{pॅr agfpg hgtfsf]; xefltf ; aॅबf pkoॏm dfलod xf].

-%_ ; zlॏs/0fsf]l; 4ॉt (Theory of Empowerment)M ljsf; sf x/॓ r/0fdf hgtfnf0{; xefl u/fpg hgtfx¿ ; zlॏs/0f xॉ5 . hgtfnf0{; zlॏs/0f ugॆf dfलod g}hg; xefltf xf].

-^_ pॕ/bfloॅjsf]l; 4ॉt (Theory of Accountability) M pॕ/bfloॅjsf nflu klg hg; xefltf cfjॐos kb5 . hgtf :jod / hgtfsf klॅtlglwnf0{pॕ/bfl agfpg ljsf; lqmofsnfkx¿ kl/df0fॅds / u0fॅds bj}ब|i6af6 ;॓kfbg xॉ]s'/fdf lglॕrttf /xॖb5 .

-&_ sfof{ds l; 4f6t (Functional Theory)M ljsf;df hgtf ; xeful ePdf sfo{l3}tf / kefjsfl/tf jl4 xG5 .

विकास प्रभावकारिता र सहभागितामूलक योजना

ljsf; lqmofsnfkx¿df hgtfnf0{Jojl:yt, lgofl]ht / p2Zo p{dV agf0{kefjsf/L sfof{jogsf nflu ; xeflutfsf k]To} r/0f / klqmofx¿df b}fo adfl]hdsf]s/fx¿nf0{cjnDag ug{kb5 .

-!_ Effective Outreach : ; xeflutfsf nflu nlIft ; dbfo / ; d:ofsf]s]bdf kl]g]/ hgtfsf] nflu sfo{qmd ; ~rfng ePsfin]pglx¿sf]; xeflutdf hf8 lbgkb5 .

-@_ Equal Access : ljsf; df ; xeful xg ; abhf0{; dfg cj; / / kxr k}lofpg'kb5 . hgtfsf] ljrf/nf0{; dflxt ug{/ pglx¿sf]efjgfsf]sb/ lg0f6df xg]cj:yf l; hgf ug{kb5 .

-#_ Impact : gllt lg0f6, txdf hgtfsf] ; xeflutnf0{ e}befj/lxt agfpg] cj:yf lgdf0{f ug{kb5 .

-$_ Accountability: ; xeflutfsf]pknlAwnf0{sfof{jog / klj46g ug{kb5 .

विकासमा जनसहभागिताका तहहरू

ljsf; sf ultljljwx¿df hgtfsf]; xeflutf :t/ km/s xg; 5 . o:tf]; xeflutf ljsf; lqmofsnfksf] k|sf/, kl/l:ylt, ; dfhsf]ljsf; lqmofsnfkdf ; xeful xg]cjwf/0ff cflbdf lge{/ xG5 . o; ; Gbe{df ljsf; df hg; xeflutfsf txx¿ tkl; n adfl]hd /x}f 5gM

-!_ lgisb ; xeflutf (Passive Participation)M ljsf; sf]sfsd ug{lgsfon]sfo{qmd sfof{jogsf nflu hg; xeflutf cfjZos 5 eg}sf]sf/0f ; xeful xghf0{lgisb ; xeflutf elgG5 . o:tf] ; xeflutdf hgtf lg0f6, klqmofdf ; xeful ePsf xb}g\ . ljsf; kl/ofhgf Joj:yfkgsf] k0f{lgoGq0f nfestf{hgtfdf xb}g . ljsf; sfo{qmd af/]hgtfl]/fdf]; u hfgsf/L ; dt gkfPsf]cj:yf xG5 .

-@_ ; Rgf kljfxåf/f ; xeflutf (Participatory Information)M ljsf; sfo{qmd ; ~rfng ug{cl3 ljsf; af6 nfe kfpg]/ cGo ; /fsf/jfnfn]sfo{qmdsf]af/]df ; Rgf ; aSng / ljZnif0f ug{ ul/G5 . ; fy}sfo{qmd sfof{jog / ; DkGg eP kZrft klg ; Rgf ; aSng ul/G5 . o:tf] ; xeflutdf cfof}hgfsf]; Defljotf cWoogsf]r/0f / ; DkGg eP kZrft hgtfx¿ ; Dks}df /xG5g\ .

-#_ ofubfgaf6 xg]; xeflutf (Participatory by Contribution)M ljsf; ; u k]Tolf ¿kdf ; /f$f//fVg]gful/sx¿n]gub, >dbfg, klj]lw / ; lksf]ofubfg lb0{ljsf; lqmofsnfkdf ; xeful xG5g\ .

-$_ ; /; Nnfxåf/f ; xeflutf (Participatory by Consultation) M ljsf; lqmofsnfkdf ; mUg xg]lgsfon]sfo{qmd sfof{jog ug{cl3 lgoldt ¿kdf ljsf; af6 nfeflGjt xg]hgtf; u ; /; Nnfx u/L lg0f6 lnG5g\ . hgtf; u ; /; Nnfx u/]klg clGtd lg0f6 ug{clwsf/

; DalGwt lgsfodf /xG5 . tfklg hgtfn]cfkmgf]egf0{/fVg kfpg]ePsfh]ljsf; sfo{mddf :jfldTj jl4 xG5 .

-%_ sfof{jogdf ; xeflutf (Functional Participation) M ljsf; sfo{md;U k]Tolf ¿kdf ; /f$sf//fVg] / ljsf; af6 nfe kfpg]hgtfx¿sf]; dX agf0{; f]; dXaf6 ljsf; sfof{md ; ~rfng ug{sfof{jogdf ; xeflutf xf]. o:tf] ; xeflutfn]ljsf; lqmofsnfk kf/bzl{xg]/ hgtfsf] :jfldTjdf jl4 xG5 .

-^_ cGt/lqmofTds ; xeflutf (Interactive Participation) M ljsf; sfof{mdsf x/]s r/0fdf ljsf; ;fn]sfddf ; ~Ug xg]lgsfo / ; f]af6 nfe kfpg]; dbfox? ldn]/ ; +Qm¿kdf lg0fo{ ug{cj:yf /x$sf]xG5 . ljsf; af6 nfeflGjt / k]fljt xg]hgtf ; dfg xs]; otdf ljsf; lqmofsnfkdf ; xeful xg]cj:/ kfPsf xG5g\.

-&_ :jMkl/rfng (Self Mobilization) M hgtfx¿ :jtMkmt{¿kdf g};dXs][t e0{cfk;L ; xof}u, ljZjf; / ;befjaf6 cfkmgf] lfhgsf] ljsf; sfkm}ug{; ~Ug xg]cj:yfnf0{:jMkl/rfng elgG5 . hgtfsf]kO{lgoGq0f /xg]/ /fHo tyf cGo lgsfosf]; xof}u ljgf g}o:tf ljsf; sf sfof{mdx¿ ; ~rfng ePsf xG5g\.

नेपालमा सहभागितामूलक योजना र विकास

- gkfndf cfkrfl/s ¿kdf ljsf;df hgtfsf]; xeflutf lnR5ljlsfnb]lv g}k|f/De ePsf]xf]. Toltarf :yfglo :t/df ; fjhltgs sfd ubf{emf/f, >dbfg lng]ul/GYof].

- dWosfnlg gkfndf k~renfbldlaf6 :yfglo ; d:of ; N6fpg]ul/GYof]. ; fy}kf6L, kf}jf, wf/f, shf]agfpbf] hg; xeflutfdf ug{k|rng lyof].

- /f0ff zf; gsfndf hgtfx¿n]af6f] shf]h:tf sfdx¿ cfk;}ug{ubf{y].

- lj÷+@))* ; fndf]:yfglo :jfoQ zf; g dGqfnosf]:yfkgf eof].

- lj÷+@))(; fndf lqejg ufd ljsf; sfof{md nfu"eof].

- lj÷+@)@$; fndf ufpkmsf{/fli6o cleofg ; ? eof].

- lj÷+@)#@÷)## df ; fgf ls; fg ljsf; sfof{mdsf];?jft .

- ljsf{Gbs/0f P)g @)#(, lgodfjnl, @)$@ / cfkmgf] ufpf cfkm}agfpf cleofg, @)%@ n] hg; xeflutfdf hf\§ lbPsf lyP .

- lj÷+@)%% ; fndf :jfoQ zf; g P)g, @)%% / lj÷+@)%^ df lgodfjnl, @)%^ NofOof]. o; P)gn]:yfglo :jfoQ zf; gsf l;4f{Gtdf cfwfl/t /xl hg; xeflutfnf0{ljzrf hf\§ lbPsf] lyof]. ; fy}ljsf; lgdf0{fdf pkefQm ; dX u7gsf]Joj:yf u/]sf]lyof].

- ; fjhltgs vl/b P)g, @)^# df lglZrt sfdx? pkefQm ; ldtåf/f ug{kfpg]Joj:yf ul/Psf]5 .

- ; Zf; g -Joj:yfkg tyf ; ~rfng_ P)g, @)^$ df hgtfsf]; xeflutf / :jfldTj ; DaGwL Joj:yfdf gkfn ; /sf/n]s}hLkl/ofhgf jf cfof}hgf hgtfsf]k]Tolf ; xeflutf / :jfldTjdf ; ~rfng xg]Joj:yf ldnfpg ; Gg]5 eGg]pNn]v ePsf]. ; fy}kZf; lgs sfo{~rfngsf

cfwf/ d\o]hg; xeflutf / :yfglo ;ftsf]clwstd pkof]u klg ; dfj}z ul/Psf]5 .

■ ;'Zf;g -Joj:yfkg tyf ;~rfng_ lgodfjnl, @)^%n]hgtfsf]; xeflutf / :jfldTj ;'DaGwL Joj:yfdf kl/ofhgf jf cfofhgdf hgtfsf]Tolf ; xeflutf / :jfldTj ;'DaGwL Joj:yf sfnd ubf{b/fo adflhd ug{kg}5 eGg]Joj:yf /x}sf]5 M

-S_ kl/ofhgf jf cfofhgfsf]5gf{ ubf{hgtfsf]dfu / cfjZostfsf]cfwf/df ug{.
-v_ kl/ofhgf jf cfofhgfsf]; ~rfng pkef]Qmf ;ldlt dfkmt ug{Joj:yf ldnfpg].
-u_ kl/ofhgf jf cfofhgfdf pkef]Qmfsf]nufgl x}]Joj:yf ldnfpg].
-3_ kl/ofhgf jf cfofhgfsf]sfof{jog, cgudg tyf dNof^ªsgdf hg;xeflutf ;lglZrt x}]Joj:yf ldnfpg].

■ lj=; =@)^% ; fndf :yfglo zf;g tyf ; fdbflos ljsf; sfof{qmd ; ~rfng eP kl5 ljsf;df hg;xeflutfnf0{clwsf/dVl ljsf; tyf ;dfj}l ljsf;sf]bfo{ leq Nof0Psf]5 .

■ gkfnsf]; li=wfg -@)&@_ df /fHosf]ljsf; ;'DaGwL glltdf ljsf; lgdf0fsf]k}sfdf :yfglo hg;xeflutf jl4 ug{s/f f pNn}V 5 .

■ :yfglo ; /sf/ ; ~rfng P}g, @)&$ n]klg ; xeflutfd}hs ofhgfsf]l; 4flt cg; f/ ljsf; lqmofsnfk ; ~rfngdf hf}8 lbPsf]kfO05 .

विकास आयोजनामा जनसहभागिताको प्रयोग

-S_ ; fdflhs kl/rfng (Social Mobilization) M ; fdflhs kl/rfngsf]dfb\odaf6 goff ; dfxsf] lgdf0f u/]{jf k/Dk/fut ; dfx¿sf];]; zOmlts/0f u/]{hgtfnf0{ljsf; sfo{qmddf kl/rfng ug}kl/kf6L /x}sf]kfO05 . ljutdf art, C0f tyf ;}l7t lgdf0fsf dfb\odaf6 hlljsfkfh{g ; wf/df ;}llt sf/faf/ k4ltdf ; fdflhs kl/rfng kbflwdf /x}lyof] . ;g\ @))* b}V ; dfj}l zf;g tyf ljsf;sf]5ftfleq /xl zf;g tyf ljsf; k}lqmofdf gful/ssf]cyk{0f{; xeflutf / cfly{s, ; fdflhs tyf /fhg}lts ; zOmls/0f ug{kbflwdf Nof0Psf]5 .

-v_ ; fdflhs p0Q/bflolTjsf] dfb\omaf6 (Social Accountability) : ljsf;df ; æUg lgsfosf] hgtfkl|tsf]p0Q/bflolnf0{ljsf;df ; fdflhs p0Q/bflolTj elg5 . ; fdflhs p0Q/bflolTjsf] ; lglZrttfsf]nflu · fjlhsf ;]ªjf0{ ; fdflhs kl/rfng, · fjlhsf k/LIf0f, · fjlhsf vr{; fjlhsf ug{ ; xeflutfd}hs cgudg, gful/s a8fkq, · fjlhsf cfoJoosf]:ki6tf, · fjlhsf ubf;f]]Joj:yfkg ljlwx¿ kbflwdf Nof0Psf]5 .

-u_ pkef]Qmf ; ldltsf]dfb\omaf6 M ljsf; ; dfb\Qfsf lqmofsnfkx¿ ubf{tf}]sP adflhdsf lf0ªx?df lglZrt /sd ;}Dd pkef]Qmf ; ldlt dfkmt ug}; lsg]Joj:yf 5 . :yfglo txx¿n]laleGg cfofhgfx¿sf]sfd pkef]Qmf ; ldlt dfkmt ug}u/}sf]kfO05 . pkef]Qmf ; ldlt u7g ubf{cfde}hfaf6 ul/g]ªbf Jofks hg;xeflutf hf}]cj:yf x}5 .

-3_ cGo tl/sfx¿ M ; fdflos jg, ;xsf/l cfbfhng, n3'C0f tyf art sfof{qmd tyf k/Dk/fut

; fdbflos ; d:ofx¿ dfkmt ljsf;df hgkl/rfng ug[ul/G5 . u}; /sf/l ; ÷yfx¿n]art tyf C0f kl/rfngsf dflodaf6 hg;xeflutf ho6fPsf]kf0G5 . ufpF tyf ; x/ vh}f ; xsf/lx¿n] klg cfly§ ljsf;sf] lfqdf hg;xeflutfsf] ;kmn kbofl u/}sf] kf0G5 . ; /sf/sf]bfo/f aflx/ /xL ul/g]k/Dk/fut ; fdbfkmt ul/g]hgkl/rfngn]klg ; xeflutfds ljsf;nf0{g}a9fjf lbPsf]kf0G5 .

सहभागितामूलक योजनाबाट विकासमा पुग्ने सहयोग

■ sg lfgjsf]ljsf; lqmofsnfkn]kfyldstf kfpg]xf[To; nf0{cfoofhgaff6 ;Daflvg xG5 .

■ ljsf; / ofhgfalr tfndlhsf]cj:yf /xG5 .

■ cfofhgf 5gf6 blv g};DalGwt klfsf];xeflutn]sfof{jogdf ; dt hgtfsf];xeflutf ; lglZrt xG5 .

■ ljsf; af6 klKt xg]nfesf]pkof]u ; a}lfgn]klKt ug[cj:yf /xG5 .

■ k/lge{ ; ÷s]tsf]cGTo u/fpg ; xofl kUb5 .

■ ljsf; lqmofsnfkdf ; /sf/l nufgl 36b5 .

■ ljsf; lqmofsnfkx¿ lgwfl/t ; dodf g};DkGg u/fpg ;Dej xG5 .

■ ; fdflhs pQ/bfloTjnf0{; lglZrt ub5 .

■ hgtfsf]/fhnf0{ ; flrf0{ cfjZostf cg'; f/sf]ljsf; ; Dej xG5 .

■ cfofhgf sfof{jog ug{u/fpg ; xh xG5 .

■ clwsf/df cfwfl/t ljsf;n];fyStf klKt ub5 .

सहभागितामूलक योजनामा देखिएका कमजोरी पक्षहरू

■ cfofhgf th¿df ubf{; DalGwt lfgjsf]; d:of;u kl/lrt gePsf juf6 xg] .

■ cfofhgfsf]lg0fo tyf nfe pkofudf :yflo ; lldt ju}f]jr{j .

■ cfofhgf 5gf6df xfn klg Top down kl0ffnln]dVo el'dsf vh}f]5 .

■ hgtfx¿sf]; xeflutf lgisb vfnsf]blVPsf] .

■ /fHon]g}ljsf; ul/lbG5 eGg]fjf0ff klljtg gePsf] .

■ :yflo ; lt ; fwgn]kfyldstf kfpg g; s]sf] .

■ ; /sf/l glItsf af/df clwsfz hgtfx¿ ; ' lrt xg g; s]sf .

■ pkef0mf ; ldt dfkmt xg]sfd lgdf0f Joj;fofl6 sfd u/fpg]cOof;; /x]sf] .

■ cfofhgfsf]cGo r/0fdf ; xeful gu/f0{sfof{jogdf dfq ; xeful agfpg]k]rng .

■ hgtf cfkm÷; xeful xg]eGbf klg ; xeful agfpg' kg{cj:yf /x]sf] .

सहभागितामूलक योजनालाई प्रभावकारी बनाउने उपायहरू

- ljsf; cfjZostf b]|v k|tkmn pkefu] ;Dd ;DalGwt hgtfx¿sf];lqmo ;xeflutf xg]
  jftfj/0f >]hgf ug]{kb{5 .
- gful/sx?nf0{ljsf; lqmofsnfkx¿sf af/]df ;r]t u/fpg]/ ;zSt agfpg].
- ljsf;sf sfddf :yfglo ;[lt, ;fwgnf0{a9L eGbf a9l kl/rng ug]{.
- ;Dej xg]lfgdf >ddhs kljlw cjnDag ug]{.
- pkefQmf ;ldlt tyf gful/s ;dhsf JolOmx¿sf]lfdtf ljsf; xg]sfoqmd ;~rfng ug]{.
- jftfj/0f ;Alf0f, lbuf]ljsf;;, ;dfj]zl ljsf; h:tf ljsf;sf goff cjwf/0ffnf0{Jojxf/df
  ptfg]{.
- ;fj{lgs ;fjf0f{ ;fj{lgs k/Llf0f tyf ;fdflhs k/Llf0f h:tf ;fdflhs pQ/bfloTjsf
  ljlwsf]klotnf0{u};/sf/L tyf s[blo lgsfoaf6 xg]sfoqmddf klg ;~rfng ug]{.
- Monitoring, Result based Feedback system, Result oriented Management, Social
  Mobilization h:tf cjwf/0ffx¿sf];fy[cEof;;f nflu glltut, sfggfL / Jojxf/df ;dt
  ;'wf/ ug]{.
- ;xeflutfsf];a]Gbf /df]]pkfo pkefQmf ;ldlt afx[cGo ljsNkx? klg vf]lg].
- cfof]hgfsf]lsl;d, cfsf/, k|s[lt x¿l pkefQmf ;ldlt dfkmt ug]{jf pkefQmf ;ldltn]/Jvb]V
  ug]{jf ;[lfo txaf6 g};xeflutflds 9Frfn];~rfng ug]{eGg]af/0f :ki6 gllt agfpg].
- ljsf; lqmofsnfkx? cfly[jiflsf]c[Todf ge]/ ;dod}; ~rfng ug]{kl/kf6L ljsf; ug]{.
- ljsf; lqmofsnfkdf ;fjf0f lgsfox¿af6 xg]cgudg / dNof\?sgnf0{k]jljsf/L / kl/0ffdVl
  agfpgkb{5 .

सन्दर्भ सामाग्री
- gkfnsf]; ljwfg
- kw]}of]hgf
- :yfglo ;/sf/ ;~rfng P]g, @)&$

जनसंख्या सम्बन्धी मामीलाहरू

रामजी घिमिरे*

जनसंख्या

;fdfGo cy(df s§};ldfleq Ps ; dodf a;fJf; u/§sf JolQmx?sf] ;dX hg;Vof xf] . aˌt ?kdf x|of{hg; Vof cGt/ut axˌfoflds kIfx? kb§g\b;leq a;fJf; ug§dflg; x?sf]ljz|[ftM lf§ut, efiffut, hfltut, z§lfs cj:yf, /f§huf/Lsf] cj:yf cflbsf cfwf/df ul/g] cWoog klg o; cGtu{ kb§ . Population typically refers to the number of people in a single area, whether it be a city or town, region country, continent, or the world= Government typically quantify the size of resident population, within their jurisdiction using a census, a process of collecting analyzing, compiling and publishing data regarding a population (Wikipedia)

hg; Vofsf]cfsf//, agfj6 / ljt/0fdf hGd, dfO}o' / a/f0f{ /f0fˌ]c; / u/§sf]xG5 . hg; Vof kfˌt ug§;fˌtsf]?kdf dVo dVo ?kdf hgu0fgfnf0{lnOˌ5 . hgu0fgf]Joljl:yt ?kdf hg; Vofsf cfwf//, ljz§ftfsf af/§df hfgsf/L lbG5 .

जनसंख्या परिवर्तनका तत्वहरु

- hGd
- dˌo'
- a; fO0{ /fO0{
- ; fdflhs ljs§t
- cJojl:yt zx/Ls/0f
- ; fjˌhlgs ;/0ffffdf rˌf}l
- ;ˌt ;fwg ;]jfdf clws rfk

नेपालमा जनगणनाको इतिहास

gkfndf lj÷ =!(^* ; fnbˌV hgu0fgf ug§sfd z? ePsf]/ Io;kl5 nueu k|f}b§ !)÷!) jifˌsf] cGt/df hgu0fgf ; ~rfng xˌb}cfPsf]5 . lj÷ =!((* ; fn;Dd ePsf hgu0fgf Head count sf ?kdf dfq ;lldt lyof]eg]lj÷ = @))÷!! ; fnbˌV ; ~rfng ePsf hgu0fgfx? hg;Vofsf ljz§tf ;dˌt ;�ˌng ul/Psf sf/0f cfwlgs -j§flgs_ hgu0fgf dflgˌ5 . dˌf/f]hgu0fgf dˌf/f] ; xeflutfˌl eGg]dh gf/sf ; fy ; DkGg ePsf]@)&* ; fnsf]hgu0fgf !@ cf}hgu0fgf xf]. @)&* ; fnsf]hgu0fgfsf]kˌ/Des glthfsf s§l tYof°x? lgDgfg; fr/ 5gM
/fli6o hgu0fgf @)&* sf]kˌ/Des glthfdf gkfnsf]goff gS;fsf] ;Dk0f{eˌefu ; dˌ6Psf]h;

cg';f/ gkfnsf]hg;Vof @,(!,(@,$*) hgf kU\$f]5 . hg; bzjif{cl3 @)^* sf]hg;Vof @,^$,($,%)$ sf]thgfdf @^,(&,(&^ n]a9l xf]. o; /l !) jif(df gkfnsf]hg;Vof !)=\!* k|tztn] a9\$f] b|VG5 . sh hg; Vofsf] !,$@,(!,#!! -$*={^ k|tzt_ k?if / !,$(,)!,!^(-%!=)$ k|tzt_ dlxnf 5g\. h; cg';f/ n]Es cgkfft (%={! xg cfp5 .

जनसंख्या व्यवस्थापन

dh'sdf pknAw xg];f]t ; fwg tyf /fi6sf]tTsfnlg cfjZostf cg';f/sf]hg; Vofsf]cfsf/ agfpg]klqmofnf0{hg; Vof Joj:yfkg elgG5 . hg; Vofnf0{kefj kfg]tTjx?sf]plrt lgoGq0f ug\$sf ; fy\}; Jf, ; ljwf / cj;/n]wfGg]u/l hg; Vofsf]kl/rfng / lgwf{0f ug\$sfo{xf]. hg; Vofsf]plrt Joj:yfkg gxbf cefj, ef$sdl/, ul/jl, cJojl:yt hljg h:tf ; d:of ef]Vgkg\$ cj:yf l; hgf xG5 .

जनसंख्या व्यवस्थापनका उद्देश्य

- hg; Vof / pknAw ; ||talr cfk; df ; Gthg sfod ug{
- hg; Vofsf]jfl~5t cfsf/ sfod /fVg'
- jftfj/0flo ; Gthg sfod /fVg'
- cfwf/e't cfjZostfsf j:tx?sf]cfkl't{kOffnlnf0{; xh tNofpg'
- hgtfsf cfwf/e't, ljsf; flds / cfsl:ds cfjZostfx?sf]; xh ; Daflwg ug{
- bluf]cfly$ / ; d|4 xfl; n ug{.

जनसंख्या व्यवस्थापनमा देखिएका समस्याहरु

- hg; Vof Joj:yfkgnf0{dxTjk0f{lji folsf ?kdf g:jlsfg\{.
- hg; Vof Joj:yfkgsf]df6f]; Xpbof]glltsf]cefj xg' .
- hg; Vof Joj:yfkgsf]nflu k|efjsf/L tYof° / vfh / cGjif0f gxg' .
- a; f0{ /f0kf0f0{Jojl:yt ug{g; Gg' .
- c:tJo:t zx/ls/0f .
- cfl>tx?sf]hg; Vof j|4 .
- ; fdflhs ; /lffsf oy0f6 sfofqmdx?sf]cefj .
- hg; Vof lzlff / rtgfsf]:t/ sdhf/ .
- Population bonus use ug{g; lsPsf]cflb .

जनसंख्या व्यवस्थापनका लागि गरिएका प्रयास
संवैधानिक

- /fHosf glltdf gful/ssf cfwf/e't cfjZostf ; Daawl gllt
- ; fdflhs Gofo tyf ; dfj\$ls/0f ; Daawl gllt

नीतिगत

- /fli6o hg; Vof gllt, @)&!
- hg; Vof tyf ljsf; ; DaGwL @) jif{-@)^&-@)*)_ bl3{fnlg ofhgf
- !% cf}ofhgdf lnOPsf hg;Vof ; DaGwL gllt, /0fgllt / sfofglltx?

;/llft ofg tyf khgg :jf:Yo, kl/jf/ lgofhg, ;/llft dft[j / ;/llft uektg nufotsf ;]fnf0{clwsf/dVL sfofqmdsf]?kdf ljsf; ug{.

राष्ट्रिय शहरी नीति २०६४

- hg;fVos nfefz ; bkofln ug{1fg / ;lkdf cfwfl/t /fhuf/sf cj; / l; hgf ug{.
- clwsf/df cfwfl/t n]us ; dfgtf / ; dfjls/0fsf]dfodaf6 hg;Vof / ljsf;df dhkjfxls/0f ug{.

बसोवास

sg}lglZrt e6fudf dflg;x?sf]af; :yfgsf] ; dli6 g}a;f}jf; xf]. dflg;x? lglZrt e6fudf ; fdflhs ; f:s[ts cG t/; DaGw, ; lxi0f' / cG t/lge{tfsf cfwf/df ; xtfsf nflu ; fdlxs ?kdf a; }f xG5 Tof]g}a;f}jf; xf].

gkfnsf clwsfz 7fpx?df dflg; sf 3/x? 5l/P/ /xsf 5g\. lxdfnL / kxf8L Ifgdf dflg; x?sf] a;f}jf; 6f9f 6f9f ePsf]kfOG5. zx/L / ahf/ Ifgdf dflg; x?sf]a;f}jf; glhs / 3/x? hf}8PPsf xG5g\. ljsf;sf sf}f{ef/x? af6] vfgkfgl, ; 8s, ljhhl, 6]nkmfg cflbsf]lgdf0{f ug{ afwf gklg]u/l kj{of}hgf agfP/ ag}sf]j:tl Jojl:yt a; }f xF]. 5l/Psf]j:tldf ol ; jf k}ofpg vr{a9l nfU5.

नेपालको बसोवास सम्बन्धी तथ्यांकीय झलक (२०७८ सालको जनगणनाको प्रारम्भिक रिपोर्ट अनुसार)

sg hg; Vof M	@,(!,(@,$*)
k?if M	!,$@,(!,#!! -$*{^ kltzt_
dlxnf	!,$(,)!,!^(-%!=_$ kltzt_
hg3gTjM	!(*

भौगोलिक क्षेत्रको आधारमा

lxdfnL	!&,!*,!)$	^=(kltzt	#$ -hg3gTj_
kxf8L	!,!&,$*,%$*	$)@% kltzt	!(@ -hg3gTj_
t/f0{	!,%^,^%,*@*	%#=^^ kltzt	$^! -hg3gTj_

प्रदेशगत आधारमा जनसंख्या वितरण

kb}Z	hg; Vof	hg3gTj	k[tzt
kb}Z g=≠!	$(,&@,)@!	!(@	!&=)# k[tzt
dw}Z kb}Z	^!,@^,@**	^#^	@)={((k[tzt
afudtl	^),*$,)$@	#))	@)=*$ k[tzt
u08sl	@$,&(,&$%	!!^	*$(k[tzt
nlDagl	%!,@$,@@%	@#)	!&%% k[tzt
s0ffhl	!^,($,**(	^!	%%! k[tzt
; b}/ klZrd	@&,!!,@&)	!#^	(@(k[tzt

शहर र गाउँमा बसोवास गर्ने जनसंख्याको अवस्था

xfn zx/lLs/0f j|4 e0/x}sf] cj:yf 5 . ufp+af6 zx/df a;f0{/f0{ ug[kjj|lQ /x}sf] 5 . gu/kflnsfdf a;fjf; ug[hf0{zx/l hg; Vof dfg}/ @)^* sf]hgu0fgfdf ^#=(k[tzt klu}fdf @)&* ; fndf of]^^=)* k[tzt klu}f] 5 . ufdl0f hg; Vof eg]##={@ k[tzt /x}sf] 5 .

lfg	hg; Vof	k[tzt	nlËs cgkft
zx/l	!,(@,(!,)#!	^^=)*	(^#%
ufdl0f	(((,)!,$$(	##={@	(%,)%

बसाईसराई (Migration)

sDj}klg lgwfl{/t ; doleq Ps kl/eflift lflgaf6 csf{kl/eflift lflgdf hg; Vof jf JolQmsf] j; fjf; kl/jtg{xj}u/l ul/g]hg; Vof :yfgf{t/0f sfo{g}a;f0{/f0{xf]. Ps :yfgaf6 cGo :yfgdf u0{a; fjf; ug[kslbnf0{; fdfGotof a;f0{/f0{elgG5 t/ of}lcNksfnsf nflu ge0{ bl3{sflnsf nflu xgkb5 . -Movement of people from their place of usual residence, whether within a country or across an international border, temporarily or permanently and for variety of reasons.

a;f0{/f0{dVotof :yfol -!) jif{eGbf a9l_, c:yfol -%-!)_ / cfjlws -df}d 5Ng_ u/l tlg lsl; dsf]x}G5 . hg; Vofsf]cfsf/df kl/jtg{Nofpg]Ps tTj a;f0{/f0{xf].

बसाईसराईको प्रवृत्ति

- a;f0{/f0{kjj|lQ ## k[tzt
- Rural to rural ^*@ k[tzt
- ufdl0faf6 zx/l *) k[tzt
- zx/ af6 ufpdf & k[tzt
- ljb}Z - !# k[tzt
- zx/ af6 zx/ @=* k[tzt

बसाईसराईका प्रकार

क. आन्तरिक बसाईसराई

b}leq Ps :yfgaf6 csf{ :yfgdf a;f0{/f0{ug[k]qmof cf6tl/s a;f0{/f0{xf] . cf6tl/s a;f0{/f0h]hg;}Vofsf]ef}ufl]ns tyf k[bl}zs lj t/0fdf k]ejf kf5{. gkfndf cf6tl/s a;f0{/f0{ dVo ?kn]b}xfosf 5gM-

- Ps uf[dl0f lfg[bl}V csf{uf[dl0f lfg[df
- kxf8l lfg[af6 t/f0{lfg[df
- zx/l lfg[af6 uf[dl0f lfg[df Ps zx/l lfg[af6 csf{zx/l lfg[df

ख. अन्तराष्ट्रिय बसाईसराई

Ps /fi6af6 csf{/fi6df ul/g] a;f0{/f0{cf6t/fli6o a;f0{/f0{xf] . o;n]cfly6, ; fdflhs, ; f#s]lts nufot hg;}Vofsf]jgfj6 / lj t/0f h:tf lfg[df k]ejf kf5{. kljf;g / cfkljf;g u/l b0{kf[sf/n]cf6t/fli6o a;f0{/f0{xf#5 .

बसाईसराईलाई प्रभाव पार्ने तत्व

Pull Factor (आर्षणका तत्वहरु)

- ;]f, ; ljwf / ; xlnotsf]cj:yf
- zfl6t ; /#lffsf]cj:yf
- cfwlgs kljlwsf]pknAwtf
- kf[s]lts ljkQlsf]hfl]vd sd
- /fdf[hljgsf]cj; /sf]pknAwtf

Push Factor (विकर्षणका तत्वहरु)

- ;]f, ; ljwfsf]cefj
- c;/#lff, ; fdflhs å#b
- kf[s]lts kf[sfk, b}l kf[sfk
- kj#f#jf/ ;]fsf]sdl
- k/Dk/fut dNo, df6otf
- cljsl;t cfly# cj:yf
- dgf]j~hgsf ; fwgsf]sdl

बसाईसराईको परिणाम
१. सकारात्मक

- /fhuf/l cj; / a9g]
- ef\$d/l sd xg]
- elfo / af9L klx/f]hfvd sd xg]
- 3/ 5f8L cGoq u0{sfd ug{JolOmn]k7fPsf]/sdn]cfly\$ cj:yfdf ;Wf/, lzIff, :jf:Yodf ;Wf/ xg]
- kfslts ;Dkbfsf];Alf0f xg]
- hg;Vof Joj:yfkg ug{;lhnf]xg]k]f'fWf/, hg;Vofalr tfndh xg]

२. नकारात्मक

- ojf / lzllft hgzlOmsf]sdl
- kltefsf]knfog
- hg;Vof c;Gthg / c;dfg ljt/0f
- czQm / a4a4f / dlxnfsf]afxNotf
- sfd ug{dflg;sf]cefj xbf vtlofGo hldg af\$m e0{pTkfbg 36g].
- cflyS sf/fjf/df sdl
- ljsf;sf ultljlw zGo
- ;#skltsf]nfk xg ;Sg]vt/f
- pknAw ;ft ;fwgsf]Go'g kbfl

गन्तव्य स्थानमा पर्ने
१. सकारात्मक प्रभाव

- blf hgzlOmsf]pknAwtf ;ft ;fwgsf]clws kbfl
- gjlgtd kljlwsf]kjz xg]
- ;lk / 1fgsf];f6f;f6
- ;f#sklts 3hgzlntf a9g]
- pBfl, snsf/vfgfsf]:yfkgf / ljsf;sf]cj; /
- ;fdflhs, ;f#sklts ljljwtf xg].

२. नकारात्मक प्रभाव

- cJojl:yt j;fJf;sf];Defjgf
- /fhuf/lsf cj; / Gog

- kmf[xf/ dh\fdf j|4, sf\hfxn a9g\]∨t/f, wfldf\, hftlo lx÷fsf]∨t/f
- ck/flws lqmofsnfkdf j|4
- a; f]f; sf]; d:of
- Elite domination n]; dfh ljeflht xg\ ; Sg]
- ;f]tx?sf]clws kbfljl xG5 .

३. बसाईसराईलाई व्यवस्थित गराउने उपायहरु

- /fHon]5l/P/ /x}sf j:tlnf0{sd ug[{ ;Dk0f{;]f ; ljwf ; lxtsf]Plss[t j;f]f; lfg\ lgwf[{0f ug[.
- ;j}lfgx?df ljsf; sf kf]fw/x?sf]Jojl:yt ljt/0f .
- j:tlaf6 6f9f cfBfl\us lfgx?, c:ktfn, ljBfnox? lgdf[0f ug[.
- pkoOm j; f]f; sf lfgaf6 cGoq a; f0{ /f0nf0{lg?T;flxt ug[gl.lt lng].
- b]df zfl0t / l:y/tfsf jftfj/0f agfpg ; ah]kxn ug[kg[.
- blud :yfgdf ePsf wfldf\, ; f÷s\lts ;Dkbfsf];\/HfnfY ub{{kof6slo lfgsf]ljsf; ug[.
- k]zf; lgs / eflts kf]fw/nf0{ljsf0]bl\s/0fsf]dflodaf6 dflg;nf0{pbud :yndf g} a; f]f; ug{kfl]flxt ug[.

सन्दर्भ सामाग्री

hgu0fgf -@)&*_ sf]kf//lDes kltj]f\g
hgu0fgf -@)^*_ sf kltj]f\g
/fli6o zx/l gllt, @)^$

सम्पत्ति शुद्धीकरण तथा भ्रष्टाचार निवारण

सुजित कुमार साह[*]

विषय प्रवेश:

u/;sfg\u0g0L lsbfsnfkaf6 cfh\u0ge{0 ul/Psf];\u0gDkltnf0{c\u0goo a\u0gw tyf z'4 jf sfg\u0gL tl/sfsf]sfdaf6 sdfPsf]egl b\u0gfpg]k\u0gsbfnf0{;\u0gDklQ z'4ls/0f elg\u0g5 . of]unt sfo{u/l sdfPsf]k\u0gfnf0{ ljle\u0gg axfgfx? agf\u0g0{rf\u0gf\u0gf]kfg\u0gsfd xf] . o:tf]sfonf0{c\u0gt/f\u0gt\u0gi6o :t/df g\u0gcfly\u0g5 ck/fwsf] ?kdf ln0\u0g05 . Globalization n]ubf{o:tf]ck/fwsf] hfnf]sj\u0gPs b\u0gz leq ge0{ljZjsf ljle\u0gg b\u0gzx?df 5l/Psf]kf0\u0g05 . s/, e\u0g; f/, c\u0gtzNs, a\u0gsË, 3/hUuf, :6s / ljle\u0gg axfgfdf ;\u0gDklQ z'4ls/0f sfo{s\u0glds ?kdf a9b\u0gu0{x\u0gsf]cj:yf 5 . gkfndf klg cfly\u0g5 nfe ug\u0gf nflu ePsf ck/fw tyf u/\u0gsfg\u0gL cfo cfh\u0ge ;\u0gDklt hf\u0g3g]sfo\u0gsf]dfqf a9bf]5 .

o:tf]ck/fw tyf lgo\u0gGq0f ug{/ e0\u0gxfnf0{df ; hfosf]Joj:yf ; dt{ ug\u0gsf nflu ;\u0gDklQ z'4ls/0f lgjf/0f P\u0gg, @)^\u0g th\u0gdf u/l sfof\u0g{jogdf Nof0\u0gPsf]5 . ; DklQ z'4ls/0f lgjf/0f P\u0gg, @)^\u0g sf] bkmf \u0g n];\u0gDklQ z'4ls/0fsf]k0l/efffdf \u0ges; h]s/ 5Ng\u0gjf cftssf/l lsbfsnfkaf6 K\u0glolf jf ck\u0gol ?kdf k\u0gft u/\u0gsf] a9/a9fPsf];\u0gDklQnf0{sfg\u0gL agfpg ;\u0gDklQsf];\u0gft]lk n\u0gsfpg] To:tf]ug\u0gfnf0{sfg\u0gL sf/jfxlaf6 arfpg]p\u0g2\u0gon];\u0gDklQ ?kfct/0f ug\u0gl n\u0gsfpg] :yfgft/0f ug\u0gsfonf0{;\u0gDklQ z'4ls/0f xf\u0gA eg\u0gsf]kf0\u0g05 .

;\u0gDklQ z'4ls/0fnf0{ Washing Dirty Money klg elg5 . o;sf]klrng cd\u0gl\u0gsfdf ;g\u0g !(@) sf]bzslt/ ePsf]dflg\u0g05 .

सम्पत्ति शुद्धीकरणका चरणहरु :

;\u0gDklt z'4ls/0f lg\u0gDg lnlvt ltg r/0faf6 xg]ub{5 .

Placement (रकम राख्ने)
- cj\u0gw ?kdf sdfPsf]k\u0gf jf /sd sxl g sxl kbf\u0gu ug\u0gjf /\u0gVg] .
- h\u0gdf u/\u0gf]jf nufgl u/\u0gf]/sd kg\u0gM csf\u0ga\u0gdf /sdf\u0gt/ jf e\u0gmfgl lng\u0gJoj:yf ub\u0g5 .

Layering (रकमको तहकीकरण गर्ने)
- b\u0gleq jf aflx/ Wire dfkm{t cfkm\u0gbf vftfdf /sd Transfer ug\u0gjf cl:tTj gePsf a:t' tyf ;\u0gf e\u0gmfgl ug\u0gub\u0g5 .
- sf/f]jf/sf r\u0g0fx? y\u0gb\u0ghfg] o; cg\u0g; f/ cg\u0g;\u0gwfg ug\u0glgsfox?sf]cfvfdf gk/\u0gf] egl sf/f]jf/ ug\u0g .

Intregration (सम्पति एकीकृत)

- Wf7}txx?df sf/f]jf/ ePkl5 To:tf u/sfg/L sdfPsf]/sdnf0{dh ljOlo kpffnldf
  Nofpg]kspf .
- Jofkf/ Joj;fo, :yfoL ;Dklt, 3/hl4uf sf/f]jf/df nufgl ug{.

सम्पति शुद्धीकरणका सम्भाव्य क्षेत्रहरु

- Nffu'cfjfw / cjw xftxltof/,
- Eflj6frf/ / ljOlo lxgfldgf,
- lr¶lf 7ul tyf dflkmof,
- x08l, ljbzl ljlgod ckrng, hjf tyf tf; Sofl;gf] ;~rfng,
- cft°sf/l sfo{tyf cftf°sjfb,
- dfgj t:s/l, cdNo ;ªS6f;Gg / hflvd hlj j:t; afkla?jf t:s/ / alrlavg cflb .

सम्पत्ति शुद्धीकरण निवारण सन्दर्भमा नेपालको प्रयास

- ;Dklq z4ls/0f lgjf/0f Pkm, @)^$ / lgodfjnl, @)^^ lgdf0f e0{sfofjijogdf NofOPsf]5 .
- /fli6o cg'; Gwfg ljefunf0{money laundering sf]cg'; Gwfg ug{enforcemnt agency tf]sPsf]5 .
- alsª kpffnl tkmsf]cfly{ ck/fwsf] ¨gf gkfn /fli6o alk cGtut /xsf]ljOlo hfgsf/l Osf0h]/ cGo tkmsf]gkfn kx/l cGtut sIbbp cg'; Gwfg Ao'/fh]; sng ub5g\.
- ;Dklq z4ls/0f ;DaGwL d2f ljzif cbfntdf bfo/ ug{/ Toxfaf6 ePsf]km}nf pk/ ;jf0Lr cbfntdf kg/fjbg nflg]Joj:yf ul/Psf]5 .
- bz nfv ?kof jf ;f] eGbf al9 /sdsf]alsª sf/f]jf/ xbf ;DalGwt ag]sn];f$f]hfgsf/l gkfn /fli6o alk cGtut /xsf]Financial Intelligent Unit df lbg' kg{.
- clVtof/ b'?kofu cg'; Gwfg cfofu, /fli6o ;tstf s[Sb, /fli6o cg'; Gwfg ljefu, gkfn /fi6« alk, cbfnt, cf0tl/s /fhZj ljefu, gkfn kx/l, lhNnf kl2f;g sfof0o, /fh:j Gofoflws/0f, ladf ;ldlt cflb ;+yf k[of] k/[f ?kdf ;Dklt z4ls/0fdf nfus]f] kf0G5 .
- ;Dklq z4ls/0f ;DaGwL gllt lgdf0f ug{tyf lgoGq0fsf]sfddf ;3fp k[ofpg ;dGjo ;ldlt /xg]Joj:yf ul/Psf]5 .
- dxfGofolwjStf / dftxtsf jlsn sfof[on]anti money laundering d2f txlssf't ug{/ d2f rnfpjf grnfpg];xdlt lbgkg[kf]jfg 5 .
- ;Dklq z4ls/0f ;DaGwL d2fdf cleoQm /xbf To:tf cleoQm tyf dltof/sf]; d¹ ;DklQ hkmt xg]Joj:yf ul/Psf]5 .

सम्पति शुद्धीकरण गर्ने तरिका

; Dklt z'4ls/0f ug{tl/sf w7}ePklg ; fdfGotof b|fosf tl/sfx? Kfrngdf /x$f 5gM-

- **Cash Intensive Business:**M cj\W ?kdf sdfPsf] ;DklQ z'4ls/0f ug{p27on]e0/x$f] Jofkf/ Joj:ffodf nufpg]tl/sf . Jofkf/ Joj:ffodf nufgl u/l cj\W 9fs5f$k ug{ul/sf .
- **Over Purchasing:** 0; tl/sf cg'; f/ cj\W ;Dkltaf6 ; fdfg vl/b u/$f]b|vf0{lan agfpg]/ kl5 /sd lkmtf{ln0{vr{b|vfpg]kjjl0Q .
- **Bank cash smuggling:** ef]lts ?kdf g}Ps 7f]df cj\W ?kdf sdfPsf]k}f csf[7f]df /fVg] . of]k|sbf ubf{;DklQ z'4ls/0f lgjf/0f kpf; sdhf/] x05g\ .
- **Smurfing:** 0; nf0{ Structuring klg elgG5 . a$df k}f /fVbf jf lem$bf lgodg ug{ lgsfon]tf$$f] ;ldfG0bf sxl tnsf]:t/df sf/faf/ ug{tfls lgodg ug{lgsfonf0{/ cg'; Gwfg ug{lgsffox?sf]cfVf gk/f/}\ . h:t}gkfln /fi6«a}sn]?$) nfv e$bf a9l sf/ sf/]f} ljQlo hfgsf/l 0sf06df k7fpgkg{]/ pQm 0sf06h; sf:kb sf/faf/ xf]xf$f0g egl olsg u/l xf]eg]tlkkZrft\ ;DklQ z'4ls/0f cg'; Gwfg ljefudf yk cg'; Gwfgsf]nflu k7fpg]ub$. 0; l/ 5Ngsf nflu ;Dklt z'4ls/0f ugr]h]?= (()),))) jf ; f];ldfG0bf sd /sd lem$g]u/$f]kf0G5 . 0; nf0{ smurfing elgG5 .
- **Trade Based Laundering :** cGt/flli6o Jofkf//df clws jf 06a lahksls/0f u/l klg ;DklQ z'4ls/0f ug{ul/Psf]5 . 0; df ; fl t n$f0Psf]x05 .
- **Bank capture:** ;DklQ z'4ls/0f ug{k?n]a$df cfkmgf]:jfy{l; 4 ug{a$ g}Sofkr/ ub$g\ . ;Dej eP;Dd lgodg sd ePsf] lfg jf lgoGq0f sd ePsf] :yfgdf /x$f] a$x?d}cfkmgf]xs :jfldTj sfod u/l lo; a$af6 cj\W?kdf cfh$ ub$g\ .
- **Casino:** Sofl; gf$f uP/ jf ljb}lt/ 3f$f bf$, afhldf uP/ sdfPsf]egl kdf0f k$ u/l klg ;DklQ z'4ls/0f ug{u/$f 5g\ .
- **Shell companies and trust:** 0:tf ; h} sDkglx?n]k$sf]dflnssf]af//df kl/ro ufhf /fvl 5Ng ;Dej u/fp$g\ . 0; nf0{emh]sDkglsf ?kdf lrlg05 .
- **Real state:** l/on :6f$df nufgl u/l jW agfpg]w$bf .
- **Bank salaries:** slltko sDkglx?n]k6s]jf c:yfol jf lgoOdl glb0$g jf lagf ; Demlf u/l nuf0Psf]sfdbf//x?nf0{tna lbg]ub$g\

भ्रष्टाचार निवारण

परिचय:

JolOmut kmf0bfsf nflu ;fjhlgs kb / xl; ot tyf ;[t ;fwgsf]b?kofu ughf0{el6frf/ elg05 . cfkmg]cfr/0df cfPsf]el6kgn]sfgg}tM ugkg[sfd gug{/ gugkg[sfd ug{klg el6frf/ xf$. v/fa cfr/0fsf]kmn:j?k 3; vfg]cfkmh]kfPsf]egf a9l clwsf/ kofu ug{

cjॄw sfd wGbf ug{ ;/sf/L ;Dklॖ lxgfldgf ug{b'/fzokOf{gllt lgdf@f ug{h:tf sfo{? ej6frf/ cGtut{ kg{xbf o;af6 bॄzsf]cy{Gq w/f;olL aGg kॅb5 . clws ej6frf/ ePsf dh'sdf ej6frf//n]kॉffnlut :j?k wf/0f u/}sf]xG5 . cg'; Gwfgljb Bo Rothstein sf cg'; f/ clws ej6frf/ kॉffnlut ;d:of xf]hxff kॉॸ JolQm ej6frf/ hGo sfoaf6 dॖm 5 eGg]s/f s;गू]s;f kॉ]s1ldg ljZjf; ub}gॅ. jf:tjdf OdfॅGbfl/tfsf ;fय sfd ugh]7hf]JolQmut dNo r'sfpg' kb5॓ ;fय}; Tolgi7fk]॓s sfd ughॖ]JolQmnf0{kb / bhf]pknAw u/fPsf]cj;/ Tofu ug{dV{ JolQmsf]?kdf lrq0f ul/G5 . ej6frf/ dVo u/l rf/ ?kdf bVॅf kb5॓.

- ;/sf/L ;Dkltsf]lxgfldgf,
- 3'; vf]॓L,
- b'/Zfok0f{gllt,
- Gfftf uf}tfdVl kjj|0 s॓॓t .

of] Policy corruption / pity corruption sf ?kdf /xॅf]x॓5 . ej6frf/L /fHo ; eGq eGbf a9L rt'/ xg]/ /fHo Joj:yfleq 8}f hdfP/ /xg]xbf ej6frf/ a9L emfTub}uPsf]kf0G5 . o;n]b॓, hgtf, ;/sf/nf0{Wj:t kfb5॓ .

Ef6frf/ lgDg rf/ 7fpॅaf6 a9L ePsf]b|VG5 M

- Vfr{ug{
- k}f p7fpg]
- lg0fo{ug{
- ;]If kljfx xg]7fpF.

भ्रष्टाचारले पार्ने प्रभाव

- ul/al a9fp5,   -j}Dॖlzs nufgldf xf; cfp5,
- åGॖå a9fp5,   -czflॖt÷snx lgDTofp5,
- Gofo ;Dkfbgdf hl6ntf nufp5, -Kfॖzf; g hgdVl xbॺ,
- KfॖhL knfog x॓5,   -/fi6sf]absgfd x॓5,
- -; fwgsf]b?kofॗL x॓5,   -s}qd dNo j|4 u/fp5,
- -; fdflhs ljs॓lt a9॓,   -KfॖhtGq tyf ; Zf; g sdhf/॓ x॓5 .

भ्रष्टाचार हुनुका कारण

ljifout ?kdf x}॓kbf{b॓xfo cg'; f/sf]/fhlglts, kॖzf; lgs, ;fdflhs, ;ॅ:klts, cfly॔ sf/0f g}dh lhDdjf/ b|VG5 .

क) राजनैतिक कारण :–

- /fhglltस ;s}d0f / cl:y/tfsf]cf8df u}sfgg॓l ;Dkl0 cfh॓g ug}sf]; a॒Vof xjfrQ} a9}sf]b|VG5,

- :jfy{k]l/t gllt lgdf0f ug{p2t /xg'

- /fHosf]lgu/fgl lgsfodf kbflwsf/l lgoQ}n ubf{bnlo efuj08f xg]u/$f]sf/0f e]i6frf/
sd ug{ldn$f]5g,

- /fhgllts txsf JolOaf6 e]i6frf/lnf0{; /lf0f ug{

- :jo+/fhgllts bnsf]cfo Joo transparent gxg'

- Rfgfj vlr(f]xg' / lgjf(rt hgk)tlglwdf rgfjdf ePsf]vr{c;h tkm{nflUg]kjj]lQ
xfjl xg'.

ख) **आर्थिक कारण :–**
- Dfflg; df wgk]ltsf]df{ a9b}hfg'

- cfo cfhgn]hljg gwf(bf rf)/af6f];dfpg'

- a9bf]dxË{lsf] thgfdf ;fj(lgs lgsfodf sfd ug{sd{f/lsf]kfl/>lds / ;ljwf
ckofk{t xg'

- sdhf)/ ;/sf/l lgu/fgl xg'

- yf7}; dodf Gog nufgln]l56f]wgl xg]nfn;f a9g'.

ग) **सामाजिक कारण :–**
- ;fdflhs k]ti7f cfly$ k4tl;u uf[;bf wgl xg]nfn;f a9} hfg'

- ;bfrf/l eGbf e]i6frf/l ;Ddflgt xg] ;#sf/n]ubf{e]i6frf/ lgoGq0f sfo{sljtf /
syfdf l;dlt xg'

- ;dflhs l/ltl/jfh kmhh vr{ug{vfnsf]ePsf]sf/0f e]i6frf/ gu/l gxg]cj:yf xg'

- Gfful/s ;dfh klg e]i6frf/ ug{lt lj/fw ug$sf]abnf dVbz{ aGg kUg'

- Gfftfjfb, s{fjfb / rfs8L rfKn';l nufot sf]hl tyf gh/fgf r9fpg]kjj]lQL xfjl xg'.

- ;dfhn]; DklQsf];[tnf0{e\bf :j?knf0{dxTj lbg'.

घ) **प्रशासनिक कारण :–**
- 3dfp/f]/ nfdf]vfnsf]k{zf;lgs sfok4lt sfod /xg'

- pRRf kbflwsf/lsf]/fhgllts g]t[Tj;u ;ff7uff7 u/} gllt tut e]i6frf/ ug{

- ;/sf/l lgsfo alrsf];dGjo -sdf//lx?, zfvfx?, sfof(nox?alr_ sdhf} xg'

- ;?jf, a9jf cflbdf ;d} dfhdfjnf0$sf]kjj]lQ xfjl xg'

- ugf;f]f];Gg];#q kefjsf/l gxg'

- b08lxgtfsf sf/0fn]h]u/klg xG5 eGg]dfgl; stfsf ;fy e]i6frf/ xg]u/$f]

- k{zf;lgs lfjqdf ;d} clws /fhgllts x:tlfk] xg'

- lhDdf]jf/l kG5fpg]/ lg0fo{ug$bf{klg dflysf]dV xg}{kjj]lQ xg'

- cfly§ clgoldttf cflb .

ङ) संस्थागत कारण :–
- clVtof/sf]cg'; Gwfg fact base vs value base xg',
- clVtof/ tyf ; ts{fs]bdf sd{f/lsf]v6gkf6g ; /sf/af6 xg',
- ; /sf/ / gful/s ; dfhalr ; xsfodf sdl xg',
- Kf}f eP km;] aRg ; lsG5 eGg]efjgfTds dfgl; stfsf]ljsf; xg',
- Efj6frf/sf]lgoGq0fn]; j{ofkstf ; dfpg g; Sg'h:tf]lghllfgdf Cartelling, syndicate sfnfhf/l 8/nUbf]xg',
- /fhglts lgtsf JolQm / pRr txsf kbflwsf/lx?nf0{sf/jfxL ug{cb'‹‑cf=xlRsg'.

भ्रष्टाचार नियन्त्रणका लागि भएका प्रयासहरु
(क) कानूनी व्यवस्था
- cb'‹‑cf=nf0{; ljwfgn]lbPsf];j{flgs dfGoftf -wf/f @#*, @#(_,
- ej6frf/ lgjf/0f Pg, @)%(, ljz'If cbfnt Pg, @)%(,
- cfly§ sfof]jlw Pg, @)^%, lgodfjnl, @)^$,
- /fh:j rxfj6 tyf lgoGq0f Pg, @)%@,
- ; fj{hlgs vl/b Pg, @)^#, lgodfjnl, @)^$,
- :yfglo ; /sf/ ; ~rfng Pg, @)&$,
- lghfdtl ; Jf Pg, @)$(, lgodfjnl, @)%),
- ; 'Zf'; g Pg, @)^$, lgodfjnl, @)^%,

(ख) संस्थागत व्यवस्था
- /fli6o ; ts{f s§b],
- CIAA sf]:yfkgf / clwsf/x? kbfg ul/Psf]
- Efj6frf/ ; DaGwl d2f km}nf ug{5§}cbfnt -ljz'If cbfnt_ /xg]Joj:yf,
- ; /sf/l jlsn, dxfnyf k/lIfs Joj:yf, Gofo kl/ifbsf]Joj:yf,
- CIAA sf]kfb]lzs sfofno x?,
- ; fj{hlgs nyf ; ldltsf]; :fblo lgu/fgl,
- ; DkIQ z'4ls/0f cg';Gwfg ljefu -lghllfg xg]I /fh:j cg';Gwfg ljefu, /fh:j Gofofwls/0fsf]Joj:yf,
- Public Audit, Social Audit, Public Hearing को व्यवस्था ।

(ग) कार्यगत व्यवस्था

- e|6frf/ lj?4 zero tolerance gllt,
- ;DklQ 3f|f0ff tyf ;DklQ laj/0f k}z ug{k|jwfg,
- ph^/L lbg$f]k|t/lff ug{Joj:yf,
- b08÷k^:sf/ lbg]k0ffnl,
- gful/s j8fkqsf]Joj:yf,
- White culture sf]ljsf;df hf{,
- Mass media, kqklqsfx?,
- ljleGg toll free sf]Joj:yf .

(घ) अन्य व्यवस्था

- e|6frf/ ug{hf0f{cjsfz kl5 klg g5fl8g]k|jwfg,
- ;[jtlagfsf];Dklt u/sfggL xg]
- x/]$ jif{;DklQ ljj/0f a}ffpgkgf{flof]fds k|jwfg,
- klqsf dfkm{t Dofb tfdhl xg]Joj:yf .

भ्रष्टाचार नियन्त्रण हुन नसक्ने कारणहरु

- sfg}g cfkm}df e|6frf/ ug{;3fp k|Ug]k$sf/sf]xg'
- Kffljlws klfdf cg';Gwfg sdhf]/ /xg'
- Dffgj ;[t ;fwg Joj:yfkg klf sdhf]/ /xg,
- Policy Corruption sf]ljZni|f0f u/]? ;/sf/nf0 gllut ;Wf/ ug{;emfj lbg g;Sbf e|6frf/L xfl}; g]jftfj/0f a}g',
- cg';Gwfg, cleofhg d2fdf ;lksf]sdlsf sf/0f bfo/ ePsf d2f clVtof/sf]ljklfdf km}nf xg'
- /fhgllts k|tj4tf / OR5fzlQmsf]sdl xg'
- c}b}c=cf=sf]bfo/fdf $) k|tzt klg 5|g, kl/efffn]g]g; df}5sf]^) k|tztdf clws dfqfdf e|6frf/ xg'
- cfofljn]glltut e|6frf/ x}{gkfpg'cflb .

भ्रष्टाचार निवारणमा ध्यान दिनुपर्ने क्षेत्र

(क) राजनितिक क्षेत्र

- bnnf0{vote sf cfwf/df operating cost lbg],
- bnsf]cfoJoo ljj/0f audit u/L ;f$sf]kltj}g ;jf|hlgs ugkg{

- s[bb]v :yfglo tx;Ddsf ;DkOf{lgjfk(rt hgk|tlglwx?sf] ;Dklt laj/Of clgjfo{ ;fj(hlgs ug{kg]
- /fhglIts ;Alf0f / bnlo efujf08fdf /fhglIts lgoQml ug{k|rngsf]cGTo ug{kg{
- Efi6frf/ kDdfl0ft eP slxNo}pDdbjf/ xg gkfpg]Joj:yf ug{.

- e[6frf/ lgoGq0f convention gllt cg?k sfof{jog k4IQ cjnDjg ug{
- h3Go vfnsf e[6frf/ ;DaGwsf d2f dfldnfdf cleoOmnf0{s]xL ;do ygfd}/fv] cg';Gwfg ug{
- cGt/fli6o dxf;Gwx?df k|tj4tf u/]jdf]hdsf gllt lgod th{f u/l sfof{jog ug{
- Zero tolerance gllt cjnDag ug{
- Efi6frf/ lgoGq0fsf]sfof{fo clwsf/ / zlOm Jofks agfpg]
- Efi6frf/ lgoGq0f ug{clwsf/sf]bfo/f -;of, Gofolwz, u}= ÷ ÷ bn, lghlIfq_ a9fpg]cflb .

- dxfnVf k/lIfssf]a?Ph' c;hpk/ ug[];doleq c;h geP hl/jfgf ;lxt c;h ug{ /0fgllt lng]
- cDb'c=cf=nf0{:jtGq, ;Ilfd / lgikIf cg';Gwfg ug{;Sg]lgsfosf]?kdf ljsf; ug{kg[
- ;fj(hlgs lgsfosf sfd sf/jfxlnf0{z?blv sfof{jog tyf cgludg tyf dNofᵃsg ;Dd g}kjlwwd]L agfpg]
- lgu/flg ug{lgsfosf]eldsf a9fpg]-CIAA, ; ts{f_
- tflnd / ljsf;sf sfo(md ;~rfng ug{cflb .

- egf{ubf{ofDotf kDffnl / a9jf ubf{Hoi7tf kDffnl cjnDaGf ug{
- a9bf]dxEsf]cfwf/df ;dofsh tna tyf ;ljwf jl4 ug{Joj:yf ldnfpg]
- ; /sf/l lgsfosf]sfdsf/jxldf kf/blz{tf sfod ug{
- cfr/0fsf]kfngf ug{/ OdfGbf/nf0{k/:sf/sf]Joj:yf ug{
- k}f p7fpg] vr{ug{lg0fo{ug{tyf ;]f kjfx ug{7fpx?df ljzf ef lgu/fglsf]Joj:yf ldnfpg]
- tflnd tyf k|zlf0f pkndAw u/f0{sfo{t /xsf sdf{/lx?sf]Ifdtf ljsf; ug{cflb .

Efi6frf/ ljZjsf kfo clwsfz dh{x?sf];femf ;d:of xf]. To;df klg xfdl]h:tf]sdhf/

cy{Gq ePsf]ljsf;f{]dv dh\x?df cema9l b]vg]ub\ . ;fjf{lgs lgsfox?df kf/blz{f /
cfly\ cg\zf;gdf b]vg]u/\sf]l;lyntf / ;fj{lgs kbflwsf/lsf]g\ts dNodf{otf / cfr/0fdf
ePsf]xf{; n]ubf{e]6frf/ dfhfpg]u/\sf]kf0G5 . e]6frf/ lgoGq0f cb'\c\cf=sf]PSnf]kbf; n]xg]
laifo xf]0g . To; sf nflu dh\ssf ; a}lgsfo / kbflwsf/l Pj+hgtfsf]plts}; fy / ; xof]usf]
sf]h?/l kb\ .

सन्दर्भ सामग्री :
; DklQ z'4ls/0f -dgl nfpG8l/E_ lgjf/0f Pjg, @)^$,
e]6frf/ lgjf/0f Pjg, @)%(,
k]zf; g / Joj:yfkg M >ls]0f >]7,
ljleGg ;dodf ljleGg dGqfnoåf/f k]sfzgx? ePsf n]vx? .

निजामती सेवामा उत्तर-आधुनिकतावादको झलक

नवराज जोशी*

साराशं:

sg}klg s^/f lr/:yfol xb/g cyff{\l; 4f6tdf dfq}ge0{; dofg'; f/ rNgkg[kl/jtg[ug{kg[lsl;dsf] ; dfnf[rgfTds gjlgtftkm{lx8fpg l;sfp5 p0/-cfwlgstfjfbn] . o;}hf0{ cfwf/ dfgl xbf{sdf7 lghfdtl ;]fn]/fi6nf0{cul'fdl pfgtlsf]dfu{lbzfdf n}hfg]s^/f ; To xf]. t/ lghfdtl sdff{/lx¿nf0{lj=÷=@)$^ ; fnkl5 /fhglts cf:yfsf cfwf/df ljefhng ul/of]. h; n]]jfleq b08 / k^/:sf/sf]l; 4ftn]:yfg kfpg ; sg . /fhglts txaf6 bxf]/ s7f^/ k[ta4tf cfJZos /x$f]; fy}sdff{/lx¿nf0{x:tlkm{ gug[/fhglts ; ¬Gqsf]ljsf; ug{; Sg'klg o; ; jff{]nflu Ps k;sf/sf]p0/cfwlgstf xf].

मुख्य शब्दावली:

k[zf; g, tYof°, OlGhlgol/[a], k//fi6« k¬tf6fhsl, cljlR5Gg, k[t:kwf{{ bz¬gzf:q, sfnv08, p0/-cfwlgs, z¬ojfbl, >[vnf4, c5:tf] k[hljfbl, axhjfb, u7a¬wg, c¬jf0{f cflb .

निजामती सेवाः

; fdfGotof dh:sf];fj]; fjh[lgs k[zf; g ; ~rfng ug[{:yfol ; ¬Gqsf ¿kdf :yflkt /fi6«]sx¿sf] ; dli6ut ; /rgfnf0{lghfdtl ;]jf elgG5 . gfknsf]; lj'wfgsf]wf/f @$# cGtut{ :ki6ls/0fdf lghfdtl ;]jfsf] kbae egGfn] ; Igs jf gkfn kx/l jf ; z:q kx/l an, gfknsf] sdff{/lsf] ; jfsf]kb tyf lghfdtl ; jfsf]kb xf0{g egl Pg adf/]ld tf]lsPsf]cG0o ; jfsf]kb afx$ gkfn ; /sf/sf c¿ ; a}; jfsf]kb ; Dema'k5{egl pNn]V ul/Psf]5 .

; fy}lghfdtl ; jf Pg, @)$(sf]bkmf # adf/]ld u7g ePsf ; jfx¿ M- gkfn cflyf{ ofhgf tyf tYof° ; jf, gkfn OlGhlgol/[a] ; jf, gkfn s[lif ; jf, gkfn Gofo ; jf, gkfn k//fi6« ; jf, gkfn k[zf; g ; jf, gkfn n]vf k/LIf0f ; jf, gkfn jg ; jf, gkfn ljljw ; jf, gkfn lzIff ; jf nf0{lghfdtl ; jf elgPsf]5 . o:t}; fl Pjsf]bkmf !^ sf]:ki6ls/0fdf …o; bdfsf]k[of]hgsf nflu /flghfdtl ; jf elgGfn] ÷b\;]jf / gkfn :jf:Yo ; jfnf0{; dt hgfpg5 egl pNn]V ul/Psf] -lghfdtl ; jf Pg, @)$(_ . o;/l sfggl cfwf/ k[Kt lghfdtl ; jf k[t:kwff6 5flgP/ cfPsf ux/{lghlts sdff{/lx¿sf]; jf ;E7g xf] kb xf]. of]ux/{;]jgs rl/qsf]/Hosf]:yol sfof{fl0fl / cljlR5Gg ; ÷yf xf]. o; ;]jfn]:yolkjsf ; fy;fy}of]ofltof]tf k0ffnl, sfggl cfwf/, jl0Q ljsf;sf]cfwf/, /fhglts t6:ytf cflbnf0{dVo ljz¬itfx¿sf]¿kdf lnPsf]5 .

उत्तर-आधुनिकतावादः

pQ/-cfwlgsnf0{cfwlgsfÚ/ klg eÝg]ul/Ù5 . o;nf0{bzÝzf:qsf] lfÝdf Pp6f ljlrqsf] bzÝsf]¿kdf lng]ul/Ù5. pQ/ eÝg]lalOs}vf; ;dobÙv otf, vf; sfnv08bÙv pQ/ eÝg] aleÝ5 . pQ/-cfwlgstfsf] Ps csf[{;dfg zAb dÝfdfÚlgÝd xf] . pQ/ cfwlgstf -pQ/-cfwlgstf jf pQ/-cfwlgs cj:yf_ cflyÝ jf ;f≈s|ts cj:yf jf ;dfhsf]cj:yf xf]hÝg cfwlgstf kl5 cl:tJjdf cfPsf]xf]. -o; ;ÝbedÝ Ácfwlgsæ nf0{Æ; dsfnlgæ sf]cydf kbfÙ ul/Psf]5Ý, t/ s}n 0ltxf;;df Ps ljlzi6 cjlwsf]nflu gjlgtd gfd 3fiÝf0ff ;Ùd ul/of]] . o; sf]Ps dfgs÷;jÝfÝo kl/efiff 5Ý . o;df sÝ}eJo / Ps¿k ljifoj:tÝ¿ gePsfÝh]of]; a}
lfÝdf blÝvPsf]; a}k≈sf/n]cyfÝ\nf6fÝ kf0f{nf6af]clg af7fÝf kf0f{af7af]oUsf]lrgf//l xÝ cfPsf]5 . Ío;ÝÝh]eÝg]ul/Ù5 lg, kfÝi6dfÝlgÝd 0g Pl≈kfÝ/ .

o;n]jtÝfÙg ;dodf 1fg, lj1fg, bzÝÝ, snf nufot ljljw lfÝdf pynkÝyn NofPsf]cj:yfn] o;nf0{Ps klsf/sf] kl/jtÝgsf]qmfÝtsf]¿kdf ;d lng]ul/Ù5 . ;gÝ\!*&) df Ps la|6; snfsf/ hfÝg jf60sGÝ; RofkDofgn] cfkÝgf] snfsfl/tfnf0{ pQ/-kÝfjjfbl eÝg] ;Ùf lbPsf] sygaf6 pQ/-cfwlgstfsf]ljsf/ ; ePsf]dflgÝ5 .

o:t}; gÝ\!(!& df Ps hdÝg nÝvs ?8flnÝkm kfglarn]tÍsfnlg zÝojfbl nÝvsx¿nf0{oÉ ubÝÙ goff / pQ/-cfwlgs dfÙ5Ý]sf]]; 1f lbP . Ps :kÝg; nÝvs kÝ6l/sf]8l cfl]; gn];j};yd ;gÝ\ !(#$ df pQ/-cfwlgstfjfb zAbsf]kÝfjÝ u/Ý;f]kf0ÝÙ5 .

o; nf0{s; }s; Ýh]÷; gÝ\!($* lt/ kÝfÝdf cfPsf]egl eÝg]u/Ý;f]kf0ÝÙ5 egÝ]s; Ýh]÷; gÝ\!(^), s; Ýh]÷; gÝ\!(^* t s; Ýh]÷; gÝ\!(&) lt/ kÝfÝdf cfPsf]nv sf6b5gÝ\. o; jfbnf0{sltkon] khÝljfbl 6§gf]f0Ý; / sltkonÝPs cÝt/ffÝic6o kxÝÝsf]¿kdf ;df ax; ugÝ{u/Ý;f]kf0ÝÙ5 .

of]@) cfÝztfÙblsfÙalrbÙv ljsl;t ePsf]cfÝbfÝing ePsf]/ o;sf lrÝtsx¿n]leÝgtf, kÝg/flÚ clg u$y-sygx¿nf0{abÙg cl:tJjsf]PsÝ¿ktf h:tf cjwf0/0ff ljsl;t u/]. o; bzÝÝn]zlÚm ;DalGw, lghls/0f, ;Tltf / ljZj blÝi6sf]Ýfsf]Ýfsf]0fdfÝfdf kjÝrgsf]dxÝjdfly kÝg ug{ePsfÝh]o; df pQ/-cfwlgstf / cfnfÝrgflds l;4ÝÝtsf];ful nlov¿df jf:tljstf, gÝtstf, ;To, sf/0f / ;fdflhs kÝultsf]ljZjljofkls wf/0ff ;dfjÝ 5 . of]zAb ;fdÝotof cfwlgs olsf]Ýofsf]0fdf ug{kbfÙ ul/Psf]/ h;n]cfwlgstf / o;sf]oUsf]kjÙ k5bf0{/xÙ5 .

Ío;Ýh]o; jfbnf0{sltkon]cfwlgstfsf]lgÝt/tf / >vÝnfnf4 lj:tf/sf]¿kdf, cfwlgstfsf] ljR5Ýbsf]¿kdf, gjlg lrÝtgsf]¿kdf, axjjfbnf0{cÉfNÝg] lj1fgsf]¿kdf lrÝg]ul/g5 egÝ]

sltko ljåfgx¿n]o; bz{gnf0{cfwlgstfjfbsf]lj/f\l jfbsf]¿kdf lng]ub5g\eg]sltkon]
cfwlgstfn];hgf u/\$f]jf lgdf0f u/\$f]d‰o df5otf k|tsf]ltvf]cfnf‰rgflds b|li6sf0fsf]fsf]
¿kdf lng]u/\$f]kf0&5 .

निजामती सेवामा उत्तरआधुनिकतावाद :

;fjhlgs Ilf{sf]ld;g Pp6f ;'¦lHht zf;g k0ffnlsf]:yfkgf, ;~rfng / pQm zf;g
k0ffnl Pp6f gful/s / gful/ssf]jf:tljs rf;f|f6 6f9f ghfcf]\ e‰g] x%h] ;fjhlgs
k‰zf;g ;~rfngfy{:yflkt gkfnsf]lghfdtl ;Jfdf klg ;dofg';f/ goft÷goft cfofd, kl/jr{ Pj+
b|li6sf0fx¿ leœofP / sfl kf0k nf0gd}5g\.

gkfnsf]lghfdtl k¿zf; g /fi6«lgdf{tf >l % a8fdxf/fhflw/fh kf|jljgf/foOf zfxsf]kfnfdf k¿zf; g
;~rfng ug{ljleGg hftl ljzfnfn0{skl kbef/ lbPsf]/ skl sfofnox¿ :yfkgf ul/Psf lyP
eg]:yfglo txdf Gofo lg;fkm lbg]rng lyof]. la÷÷@))* ;fndf !) j6f dGqfno :yfkgf u/l
tl dGqfnox¿df ;lrj, ;x-;lrj nufotsf kbx¿ ;hgf u/l k¿zf; g ;~rfng ul/Psf]kf0&5 .
o:t}la÷÷@))(df k¿zf; g ;‰wf/ ug{ef/tlo gful/s Pd‰Pg\ arsf]cWofIftfdf Ps 6fhl u7g
ul/of]. h;nf0{ar sld;gsf]gfdn]xfnsf lbgdf klg lrlgg]ul/0&5 . o;n]k¿zf; g ;‰wf/ ug{
ljleGg ;‰hfjx¿ lbof]. h;df dVo u/l sdfr/l egf{ 5gf{, lgolQm nufotsf sfo¿ nf$;Jf
dfkm‰ xgkg[;‰hfjnf0{dVo ¿kdf ln0{xfnsf lbgdf klg ;f];‰hfj sfof‰jogdf /xsf]5 .

gkfnsf]lghfdtl ;Jfsf]dVo sfg‰g cfwf/ la÷÷@)!# ;fndf tTsfnlg k¿fgd‰ql 6°k\;fb
cfrfof{sf]cWofIftfdf ul7t k¿zf; g ;‰wf/ cfof‰gn]l;kmfl/; u/‰adfÓ‰hd lghfdtl ;Jf P‰, @)!# /
lghfdtl ;Jf lgodfjnl, @)!# ;'? eof]. o:t}la÷÷@)!& ;fnsf]k~rfotl Joj:yfn]lghfdtl
;Jf P‰, @)!# ;zflwg u¥of]/ o;}fy lghfdtl ;Jf lgodfjnl, @)@! lgdf0f u¥of].

la÷÷@)@% ;fnsf]aÓfgÓb em‰sf]cWofIftfdf, la÷÷@)#@ ;fndf 8f= emlafxfb‰/ yfkfsf]cWofIftfdf
klg k¿zf; g ;Jf/ cfof‰l u7g eP / k¿zf; g ;Jf/ ug{ljleGg ;‰hfjx¿ lb0Psf]kf0&5 . la÷÷
@)@* ;fndf :yfglo k¿zf; g cWofb‰j hf/l eof]. o:t}la÷÷@)$^ ;fnsf]fhgllts kl/jt{g
kl5 lghfdtl ;Jf P‰, @)$(/ lghfdtl ;Jf lgodfjnl, @)%) lgdf0f eP / sfof‰jogdf Nof0P .
la÷÷@)$* ;fndf tTsfnlg k¿fgdGql lul/hfk¿;fb sf0l/fnfsf]cWofIftfdf pRr:t/lo k¿zf; g
;Jf/ cfof‰l u7g ul/of]. h;n]xfnsf]lghfdtl ;Jfdf bYf k/\$f ljleGg ljljwtfx¿ leœofof].
o:t}k¿zf; g ;Jf/ ;‰hfj ;ldtsf]kÓtj‰g, @)&) n]klg ljZjJofkls/0f, vhf cy{{Gq, pbf/
cy[oj:yf, ;aÓfg klljwsf]ljsf;, lghl Ilf{sf]ljsf;, gful/sx¿df cfPsf]rÓ/tgf h:tf sf/0fn]
lghfdtl ;Jfdf kg/fjnf$g ugfÓ{cfjZostf bJvPsf]/ ljsf; k¿f; gsf]cEof; af6 xfl;n
ePsf pknAwx¿sf]'dlIff u/l ljsf; k¿f; gdf bJvPsf rÓf&lx¿ cf°ng ub{kjfÓfwf/ ljsf;

/ sNof0fsf/l sfo{df ; /sf/sf]el'dsf a9fpg lghfdtl ;]fn]cxd\el'dsf v}]g]; ėmfj lbof].
o; ; ėmfjnf0{klg gḁkfnsf]lghfdtl ;]fdf pQ/-cfwlgstfjbsf]eḁnssf]¿kdf x}]ul/Ḡ5 .

cl:tTjdf klxnf g}cf0; sḁfklg bf]]f]ljZjo'4kl5 ; a}If}df pQ/-cfwlgstfjbn]cfkm̌gf]lfg̹
lj:tf/ u/}$f] 5 . o; jfbn] snf, ; dsfnlg snf, bḁo snf, ; flxTo, ; flxlTos cḂoog,
; f=s{ts cḂoog, ; fdflhs l; 4f]t, ; Ëltbḁ̌v lzIff, lj1fg, k}jlw, z}lfs ljifox¿sf]Ps lj:t}t
>ḁ̈vnf nufot ljljw lf̹df cfkm̌gf]klxrfg agfpḁ}cfPsf]cj:yf 5 . lsgls, ljZj dfgj
hutdf kl5Nnf];do k}km̌6 goff̌goff̌ljrf/wf/fx¿, gjkljt̹gx¿, hljg hutdf cfPsf]kl/jt̹g
tyf dfgjlo ; Ḏaḡwdf cfPsf]lj:tf/ Pj+; du| ljZjnf0{g}hg; Ṡ}JolQmn]cfkm̌gf]ufh̹ldf af$l
lxBḁg ldNg}u/l ljsl; t ePsf]cflwgs k}ljwx¿ cyf{ḁ$gfh̹hsn k}t:yfkgn]ubf{; fǰlgs
; ¡yf, lghl lfg̹ ; Ë7g, JolQmsf]; Argf, 0{; /sf/sf r/0fx¿, 0{; /sf/l ofḁ̌gfx¿, 0{; /sf/l
p2ḁo Pj+kḁaḡw ljsf;, 0{; /sf/l /0fgllt nufot 0{; /sf/sf]kḁfnnl ljsf;n]0{; /sf/df pQ/-
cfwlgstf bḁ̹vf k/]; }|u}; /sf/sf]pkl:yltnf0{hgtfdfem k}ofspg]hdftsf]¿kdf lrlagg]gḁfnsf]
lghfdtl ;]fnf0{klg pQ/-cfwlgstfjbn]c5̹tf]/fVg ; ḁ}. kmn:j¿k o; ;]fdf klg lfg̹ut
¿kdf pQ/-cfwlgstfjbl kḁfjsf eḁnsx¿ bḁlvg yfn]. h;nf0{lgḎgfg': f/ k}:tt ul/Psf]5 .

निजामती सेवामा क्षेत्रगत उत्तर–आधुनिकतावाद :
gḁfnsf]lghfdtl k̹zf; gdf /x}sf ljleḡg lfg̹x¿nf0{pQ/-cfwlgstfjbsf]bḁli6af6 x}bf{k̹zf; lgs
lx; fan]klxnf gḁfndf ; /sf/l ;]f ljfx ug]{/ ub̹cfPsf ; /sf/l sfof̌nox¿ s}l dVo
; ljwfoḡm 7fpḁdf dfq lyP cyf{ḁ̌lhNnf ; b/dsfdx¿ glxs lyP egḁ| xfnsf lbg; Ḏd cf0ǩbf
hgtfsf]3/ cfḁgdf clwsḁtḏ̌s k̹zf; lgs ;]f Joj:yfsf]rḏhfḡḏhf]ldnfpg]sfd ePsf]; e0/x}sf]
clg kbf]; ul/Psf]cj:yfn]o; ;]fdf klg pQ/-cfwlgstfjbn]5fḁPsf]cg}}t ug{; lsḡ5 .
cflyḉ lx; fn]dḁf0{/fh̹j c; hlsf]nIo lgwf̌0f / ; f}l cfwf/df kḁ̈:sf/ / b08sf]Joj:yf
ul/Psf]cj:yf 5 .

/fli6o ¿kdf dḁf0{o; ;]fsf]b/a/ḅal ; Argf /fHosf]; Argf;}}Jojl:yt ul/Psf]cyf{ḁ̌b}z xfn
; ḁlotsf]; fofḉjogsfl r/0fdf /x}sf]cj:yfdf ; ḁ, kbḁ̌ / :yflno txdf cfjZos sd̹rf/lx¿sf]
Joj:yfkg, sfof̌ds ljZnḁ̌ff], ; ḁfut ljZnḁ̌ff], hgzlQm ljZnḁ̌ff], lj0lo ljZnḁ̌ff], ; ḏm0fsfnlg
Joj:yfkg sfof̌ḁ̌hgf tof/ ul/Psf]5. ; /sf/sf ; fdx¿sf]ljZnḁ̌ff] u/l ; ḁ, kbḁ̌ / :yfglo
u/l # txdf sfdsf]afḂ8kmḂ8 ug|/ o:t};/sf/sf]ljleḡg txdf cfjZos kg{jf:tljs sd̹rf/l
; ḁ̌of Plsg ug{dḂGqfnoaf6 ; a}sḁ̌blo lgsfox¿;}}; ḁ̌of, ; Ë7g, eḁ̌ts kḔfḉjf/ / / ; fwg
; ḁ̌tsf]ljj/0f dfu ul/Psf]5 . cḞt/flf̹o ¿kdf xḁ̌bljleḡg bḁex¿sf]; fǰlgs ;]fdf sfo̹t
l; len ; eḁx¿sf];]f, ; ljwf, jḁQ ljsf ljsf; ;x¿;}}; u thgḔfds kḁfsf]¿kdf ln0{cḂoog ul/g' / o;
;]fnf0{pḔs}6 agfpg]kbf]; ul/gh]gḁfnsf]lghfdtl ;]fdf klg pQ/-cfwlgstfjb lelqPsf]

emNsf]; Dd dfq eP klg u/fPsf]b]Vg5 .

lghfdtl ;]fsf]lj:tf/ cGtu{ kb]z / :yfglo txdf ; /sf/l ;]fx¿sf]u7g / ; ~rfng, lghfdtl ;]f Plgd}ljleGg k]sf/sf ;]fx¿ Pp6}lghfdtl ;]fdf /fvl .lghfdtl ;]fÜ egl kl/eflift ul/g' km/flsnf]lghfdtl ;]fsf]pbfx/0f xf] .

g]kfnsf]lghfdtl ;]fdf klg ; dofg'; f/ s}j}klg kl/jt{g g}gePsf]cyjf o; df cfwlgstfkl5sf] pQ/-cfwlgstf gcfPsf]g}eGg]klg xf]Üg . lsgls, cfwlgstfnf0{pQ/-cfwlgstfn]k5ofpbf} cfPsf]cj:yfdf ; g\ !(^) sf]bzsdf /l; og gful/s afÜ/; \ln; fgljRn]g]kfnsf]sflÜt ky l:yt axfb\' ejgnf0{ofs P08 otl xfÜh gfdfs/0f u/]h:tf]Psl5gd}rhÜd lghfdtl ;]fdf pQ/-cfwlgstfjfb kmÜ6fpÜ5 eGg]klg xf]Üg .

Ps kl]; 4 nÝs sÜ0fkÜ; fb e08f]/L .df;]hlÜ]n]. lghfdtl ;]fdf goffÜ cfofdÜ gfds k¿:tsdf g]kfn ; /sf/sf k}{; lrj lzÝj//fh /}QdLsf]lj]rf//nf0{pNnÝ ugÜ]Psf]kl]; Ë oxfÜg/ lnÜbf, xfdf]lghfdtl ;]fdf sd{rf/Ldf kg{; Sg] ; Deflj t c; /nf0{g}Ülofgdf /fvÝ Jojl:yt ¿kdf lghfdtl ;]fnf0{k] fsf ¿kdf ljsf; ; ub}nfg]g ;]Dd Plg, sfgg, lgod cg'; f/sf ; ljwfx¿nf0{cÜo ljsl; t dhÜsf]eeÜ]dÜ; dÜgÜklf; ; ul/g'kbf{ ; ul/nf0{ jf:tjdf pQ/-cfwlgs ljrf/ xf]/ o; ljrf//nf0{ Ps dxQÜjk0f{; Üefmjsf]¿kdf ln0{cufl8 a9gkg]Üb]Vg5 .

; gÜ}klg sÜ/f ln/:yfol xbÜg cyfÜ{ l; 4fÜtdf dfq}ge0{; dofg'; f/ rNgkg{klÜkl/jt{g ugÜkg{Ü lsl; dsf] ; dfnÝrgflds gjlgtftÜkmÜ lxBfpg l; sfpÜ5 pQ/-cfwlgstfjfbn] . o; ÜnfÜ0{cfwf/ dfgl xÜbf{; d7 lghfdtl ;]fn]/fi6gfÜ0{cuÜ¿fdf pÇgtlsf]dfugÜlbzfdf n]hfg]; /f ; Üo xfÜ]. t/ lghfdtl sdÜf/f/lx¿nf0{lj÷ ÷@)$^ ; fnkl5 /fhglts cf:yfsf cfwÜf/df ljefhg ul/of]. h; n] ;]fleq b08 / k//:sf/sf]l; 4ÜÜtn]:yfg kfpg ; sÜ . /fhglts txaf6 bxÜ]/ s7f]/ klta4tf cfjZos /x}sf];fy}sfÜf/f/lx¿nf0{x:tlÜk gugÜ/fhglts ; eÜQsf]lj; f/; ug{; Sg' klg o; ;]fsf/sf]pQ/cfwlgstf g}xf].

pNnÝvt nÝs e08f/l; pNnÝvt k::tssf]clGÜtd kf7df, .cfhsf]cfjZostf egÜsf]%) k}f dfnkf]Ütg{uPsl a9l cfdfg]?=!- -Ps_ sf]gf{¿ lbbÜf sdÜf/lnÜ%) k}f lkmtf{{lbP/ pQm cfdfnf0{v·L kfg{; $sf]lbgdf dfq hgtfx¿nf0{; /sf/n]hfrf u/Ü$sf];]f / ; ljwf ; j{he 9Ën]pknÜw u/fpg ; $sf]dx; ; xÜ]lbVg5Ó eGg]lghfdtl ;]fdf pQ/ cfwlgstfsf]emÜNsf u/fpg];Gbe{klÜtÜt ul/Psf]cÆn]; d{ o; ;]fdf gjlgtfsf]vfÜ/nÜsf]dx; ; u/fpbÜ5 . h; n] oyfyÜsf]cÆ dNof° gdf blVg5 eGg]; /fÜfnf0{kli6 u/f0{goff; nfÜnÜs kÜfÜf; f lj; /f; f; f nflu klÜt-; lqmo ; dbfosf]lj; f/; ; df; u//dfq u/Ü$sf]5, clg dfq lghfdtl ;]fdf pQ/-cfwlgstfn]kljÜ

u/\$f]df6g ;lsG5 .

lghfdtl ;]fdf pQ/-cfwlgstfjbsf];f/ klg ;sf/flds dNox¿ ePsf]goff /fHosf]¿k g}xf].
h6g 1fgsf]cle6g cË, ;fdlXs pkefQmfjfb, ;+gf kljlw ;±sf/, nuftf/ kl/jt6g, lg/G6/
klult clg jf:tljstf / sfNklgstfsf lardf /x\$f cj/f\x¿nf0{ufoa u/l k/fgf]kmf/dx¿df
ePsf]lg/fzfnf0{cfzdf ¿kfGt/0f ub\$. cem o; ;]fdf ..tkf0K[hfgxf] \/ eQmfgl ug\f] \e6g]
wf/0ff ljsf; u/l ;dsflng g]t[jsf]l 4f6t / pQ/flng ljZj b}Zo kfejx¿sf];f/; lxtsf]
;]f / ;fj]hlgs ;]f kljfxdf ;<lo ;sf/sf]sd(f/l r6ftlx¿df ljzjf hf§ lbb});±gf, ;~rf/
6\$gfhfhL / sfuhlarsf]kf/:kl/s ;DaGwsf]u7aGwgsf]c6jjf0f u/pg ;s]dfq o; ;]fn]
pQ/-cfwlgstf e6j5 .

lgs}nfdf];dokl5 kl5Nnf lbgx¿df klg gfkmnsf]lghfdtl ;]fdf h] h6g, h;sf]nflu Pg,
sfgg, gllt, lgod jf lghfdtl ;]f ljwfos Nofpg nfluPsf]jf Nofpgkgk{xf] p;sf];f];]f] Pg,
sfgg, gllt, lgod tyf ljwfos kltsf]rfv .kv{/ x7\$ d}dfq ;lldt e0{xbf o; ;]fdf pQ/-
cfwlgstfjfbn]5f?Psf];}Dd efg, clnstf cgej ug{\$d eP klg ;}flG6ts Pj+lojxfl/s klfaf6
dfq ePdf klg o;n]7hf]/fxtsf]cg]l't lbnfpNof]xfhf .

dfly pNn}vt ol / o:tf ljrf/x¿ ;lxt gfkmnsf]lghfdtl ;]fnf0{cem pQ/-cfwlgs agfpg
o; ;]fleq /x\$f unt kj}lQx¿ /f\$g ..h6f lbg ;Sg]sfgg{\$ sf]lgdf0{f u/l sfof6jog ul/g'
cfjZos b}\V5 . h;n]t~sfnlg kl/j}z ;lxt jt6fg ;be{:jlsf/ u/l ;a};]ssf]wf/0ffnf0{
:yfg lbg ;sf] \.

निष्कर्ष :

pQ/-cfwlgstfjfbl b|li6sf]0fn] lghfdtl ;]fdf a}kQ/ lhDd]jf/l lnPsf] ;DkQf{/fi6«;]s clg
jt6fg ;dodf lghfdtl ;]ftkm{cfslift ;DkQf{/hfu¿s ofjx¿df o; ;]ftkm{cfslif6f jl4 ug{
o; ;]fleqsf gsf/flds klfx¿ h6g ;dofg'sh kl/jt6g ug{kg{cj:ydf /x\$f 5g\ltglx¿nf0{
;Waf/ u/l n}hfgkg{wf/0ff o; ;fbsf]/x\$f]b}\V5 . h;n]ubf{lghfdtl ;]f klg kf]6df5lgdddf
cfwfl/t e0{o; ;]fdf klg goff cfofd lelqg u0{lghfdtl ;]fn]gfhf]kl/j}k clg lllfth k}t
u/l o; ;]fsf]V:s\$f]dgfy{gn k6tfh{nl e0{o; ;]fdf cfa4x¿ pTk}/t xb}hfgkf{ ljZj:t
/xg ;lsG5 .

सन्दर्भ सामग्रीहरु:

g];kfnsf]; lj=wfg, sfg'g lstfa Joj:yf ; ldlt, aa/dxn, sf7df8f}.

cofn kf;kfpgf/fo0f -lkPr‡8_ / clwsf/l afns|0f, -@)&!_, lzlffsf cfwf/x¿, lkgfsn klAns}zg, kf‡n÷ afuahf/, sf8df08f} g]kfn .

lghfdtl ;]jf Pf}, @)$(M sfg'g lstfa Joj:yf ; ldlt, aa/dxn, sf7df8f}.

lghfdtl ;]jf lgodfjnl, @)%) M sfg'g lstfa Joj:yf ; ldlt, aa/dxn, sf7df8f}.

k]zf; g ; 'wf/ cfof}sf ljle0fg kltj]bgx¿ .

e08f/l s]0fk|; fb -df; "ñhL_, -@)^% , lghfdtl ;]jfdf goff cfofd, g]kfn ; i6f ; dfh, sflnsf:yfg, sf7df8f}.

; fkfg dfl; Ssf ljle0fg c°x¿ .

http://www.lawcommission.gov.np

http://www.npc.gov.np

http://www.loksewaguide.com

http://www.kirj.ee/public/trames_pdf/2015/issue_4/Trames-2015-4-333-353.pdf

http://upsccivilservices.com/study_resources/download_report/44

https://artsandculture.google.com/entity/postmodernism/m05wkc?hl=en

लैङ्गिक उत्तरदायी बजेटको अवधारणा, विकासक्रम र नेपाल

भुवन झवाली*

विषय प्रवेश:

sg}klg ;dfh, ;fdflhs dfgssf ljleGg cjojx? åf/f lgwf{0f / lgdf0{f ePsf xG5g\ .
;fdfhsf ljleGg dfgs lgdf0{f ug[;fdflhs k[f0fL leq dfgj klg Ps dxTjk0f{cjoj xf]. Pp6f
dfgjsf]?kdf dlxnf / k?if ;dfg -Equal_ xg\t/ p:t}-Same_ eg]xf0{gg\. dlxnf / k?if
alr xg]h}ljs leGgtfsf cfwf/df pglx?sf cfj:ostf klg km/s-km/s xg ;Sb5 . km/s-km/s
cfj:ostfnf0{;Djf\lg ug{/fHosf]dVo bfloTj xf]. o;sf nflu n}Es pQ/bfol ah0n]dlxnf
/ k?ifsf km/s-km/s cfj:ostfnf0{;Djf\lg ub}n}Es dh kjfxls/0f ug{/ cGtJuTjf n}Es
;dftf sfod ug[Wof /fvljf]xG5 .

लैङ्गिक उत्तरदायी बजेटको परिभाषा:

n}Es pQ/bfol ah0nf0{zflAbs cyf{df xbf{aan}Eswæ zAbn]dlxnf / k?ifdf /x}f]h}ljs
leGgtfnf0{dlxnf jf k?ifsf]sdhf[l jf of0otf 7fgL ; fdflhs, ;f#slts / dgf]j}flgs tl/sfn]
;dhaf/f dlxnf / k?ifsf nflu lgwf{[t ug[ul/Psf]el'dsfdf cfwfl't klxrof nf0{jemfp5 .
sg}lglZrt cjlwsf nflu /fHonf0{cfjZos kg[sh ah0sf]cgdfg, cfosf]cfwf/sf]vfhl,
ljleGg zlifsf?df ul/g]ljlgof}hg / vr{ vrsf]clenV / n}vfhf\jf nufotf ;DKf0f{klIfdf
n}Es ;dtfsf]nIo kflKtnf0{s[aIbf /fv] p2Todhs 9Enof]fhgfj4 ?kdf n}Es ljZnifof
; lxt cfly§ >f]tsf];lglZrttf / pknlAwsf];dtdhs ljt/0f / pkofu xg]u/L ul/g]ahf
thf{ klqmof g}n}Es pQ/bfol ah0 k4lt xf].

n}Es pQ/bfol ah0 eg$sf]n}Es ;dftsf]nflu ahfsf];lglZrttf, ahfsf ;j}klqmofdf
n}Es dhkjfxls/0f / pknlJwsf];dtfdhs ljt/0fsf] ;ey}pkefljsf]nflu n}Es ljZnifof
; lxt ofhgfa4?kdf p2Todhs sfo[mdx? thf{ / kfyldsls/0f ub[sfof0mdf 5gf\ u/L nufg
ug[k4lt xf] n}Es ;dftf / cfly§ p[gltalr cyk{0f{;DaGw /x}f]xG5 . To;}h]ljsf; /
nufglsf pknlAw?df dlxnf / k?ifsf];dfg kxr klofpg ljz}f sfof0mdx? / ;f§sf]nflu
>f]t];lglZrttf ug[ckl/xfo{xG5 . o; kbfngsf]nflu n}Es pQ/bfol ah0 Pp6f
dxTjk0f{cflhf/sf]?kdf lnOG5 .

विश्वमा लैङ्गिक उत्तरदायी बजेटको विकासक्रम:

n}Es pQ/bfol ah0sf]ljsf; qmdnf0{lgofNbf klyd ;g\!(*$ df ci6[lnofaf6 z? ePsf]blVG5
dlxnf ah0sf]?kdf . vf;u/L ;g\!((% df ;#Qm /fi6\ 3n]cfof]hgf u/]af]lhÊ ;Ddhg

/ ;g\@))) sf]a0lhË hf8 % ;Ddhg kZrft nËÉs pQ/bfol ah5sf]cjwf/0ffn]ljZjsf]
Wofgfsë6 u/5f]kf0G5 . dlxnf ah0 -Women Budget_, nËÉs ah0 -Gender Budget_, nËÉs
;j0bgzln ah0 -Gender Sensitive Budget_, nËÉs ah0 kxn -Gender Budget Initiative_,
nËÉs pQ/bfol ah0 -Gender Responsive Budget_ h:tf gfdn]xfn ljZjsf () dhÉx?df
of]ah0 nfu'ePsf]blVG5 . cÉo dhÉx?df klg of]ah0 nfu'ug[kpf; e0/x5sf]kf0G5 .

dlxnfx? k?ifsf]thgfdf lzIff :jf:Yo nufotsf cfwf/e't hljgfkÉofUl ;ljwfaf6 kl5 k/5f]
ljZjJofkl cfÉsngsfalr ;g\!((% df ;0Qm /fi65g]lrgsf]j0lhËdf cfofÉhgf u/5f]rfYf]
ljZj dlxnf ;Ddhg -j0lhË ;Ddhg_ df nËÉs dhkjfxls/0fnf0{Ps kdV /0fglltsf]?kdf
ln0{!@ j6f Ifgx?df kl/ctgsf]klÉtj4tf JoQm u/5f]lyof] . f5sf]kfr jifKl5 ;ldIff ubf{
j0lhËª ;Ddhgn]to u/5f klÉtj4tf cg'; f/ ljQlo lijgofÉhg gePsfn]ck0ffs[t pknJl xfl;n
x6 g; s5sf]lgZsif{lgsfn5f]lyof] . tTkZrft\ nËÉs ; dfgtf xfl;n ug{ah5sf]klg Joj:yf
ugKg[dxz; e0{nËÉs pQ/bfol ah0 th0f ljlwsf]kpf0df ljZjsf]Wofg cfs6 ePsf]xf] .

नेपालमा लैङ्गिक उत्तरदायी बजेटको विकासक्रमः
dlxnfsf]glÉj ljsf;, cflY5 cfÉdlge{tf tyf lfdtf clej6 / dlxnf ;zQmls/0fsf nflu
nËÉs pQ/bfol ah5sf]kefjsf/l sfof0jogdf hf8 lbPsf]5 . o;sf nflu gkfndf nËÉs
pQ/bfol ah5sf]ljsf; qmdnf0{xbf{5}7f0{ofhgf -@)#&-$@_ b0V dlxnf ljsf;; sf ljifonf0{ljsf;
ofhgfdf ;dfj0 ug{yflnPsf]/ gjfÉofhgf -@)%$-%(_ b0V nËÉs ;dfgtf / ;zQm/0fsf]
gllt cjn0ag ub5cfPsf]kf0G5 .

cflY5 jif{@)^@÷^# sf]ah0 jQmlodf nËÉs ;dfgtf klt gkfnn]u/5f]/fli60 tyf cGt/fli60
klÉtj4tf sfof0jog ug{; /sf/l vr0f0{nËÉs pQ/bfol agfpg];fÉqofÉmePkZrft ;f5sfjmofnf0{
;÷yfut ?k lbg cy{dÉqfnodf Ps nËÉs pQ/bfol ah0 ;ldÉtsf]u7gsf]Joj:yf ePk5
gkfndf cfkrflÉs ?kdf nËÉs pQ/bfol ah0 kÉffnlsf]klÉqof z? ePsf]blVG5 . cf÷j@)^÷÷^%
sf]ah0 b0V ah0 nËÉs juÉ5/0f -klÉoIf pQ/bfol, ckÉoIf pQ/bfol / t6:y_ u/l ah5nf0{
dÉofÉsg ug[kl/kf6lsf]ljif; ePsf]xf] . xfn tlg j6}txsf ;/sf/x?n]ah0 lgdf0f b0V
sfof0jog tx;Ddsf r/0fx?df o;nf0{kÉfyldstfsf ;fy sfof0jog u/5f 5g\.

लैङ्गिक उत्तरदायी बजेटको आवश्यकताः
nËÉs pQ/bfol ah0 eGgfn]dlxnf / k?if bjjsf cfjZostfnf0{;afÉg ugÉu/l thÉ0f ul/g]
ah0 eGg]ale0f5 . ah0df gllt, sfo0qd, ah0 tyf vr0f nËÉs ;j0bglnnf0{;afÉg ugÉ
kpf; ul/Psf]x0G5 . nËÉs pQ/bfol ah0 glthf pÉdV ah0 kÉffnl xf]/ nËÉs ;dftsf]
gllt Pj+;dli6ut cflY5 glltsf alr ;dÉjo :yflkt ug[dxTjpÉ0fcfÉ/ klg xf] . nËÉs

pQ/bfol ah6 dlxnfsf nflu dfq 5§}ah6 lgdfQf k|qmof xfQg . ah6 tyf sfo(qmdsf ;a} kIfnf0{n}Ës ;j+bgzlntfsf]cfVfn]x6[k|qmof xf]. dlxnf / k?ifsf alrdf /x$f]clwsf/ -Right_ lhDd]f/l / -Responsibility_ / kl/0ffd -Result_ sf]lje6nf0{ljZn}fof u/l ofhgf, ah6 / sfo(qmdx?sf]pknlAw / k]efjx?nf0{n}Ës cfVfn]dNof5g ul/G5 .

pQ/bfol zAbn]h|ljs tyf ; dfhn]lgwf{0f u/]f]el'dsfdf /x$f];sf/fIds / gsf/fIds klfnf0{ ; dfgtfsf cfwf/df ?kf0t/0f ug$f nflu sfo(qmddf larf/ k|ofpg'kg{[n}Ës ;j+bgzlntfsf] klfnf0{hgfp5 . t6:ytfdf cfwfl/t eP/ lgwf{0f ul/g]sfo(qmdaf6 k/fk]{sf b|[v lje]bdf /x$f dlxnfx?n]k?if ; /x ~rfng ug]sfo(qmdn]dlxnf / k?ifsf cfjZostf tyf ; /f}sf/ x?nf0{; afVg ug[u/l pQ/bfol a6gkgj]cfjZostfnf0{0lËt ub5 .

लैङ्गिक उत्तरदायी बजेटका मान्यता र विशेषताहरूः

ah6 lgdfQf sfo{cfkm0df t6:y dflgP klg o;n]kfg[kefj n}Ës?kdf t6:y xbg] . ah6sf] cgdfg, ah6 ;[Iftsf]vfhl tyf ; sng, ljlgofhg / vr{ug[k|qmof h:tf ; a}klfdf of]tYo nfu'xb5 . ljsf;df ; mUg /fHosf tlg}txx? ; 3lo, k|b z / :yfglo txsf ; fy}/fHo afx$sf ljleGg ; fembf/x?sf]nufglnf0{n}Ës ; dfgtfsf]kl/df0ftkm{8fofpg$sf nflu o;sf]lgs}g} dxTjk0f{{eldsf /x5 . To; h]n}Ës pQ/bfol ah6sf dfGotf / ljz[ftfx?nf0{b}vfo adf]hd pNnjV ug{;ls05M

- n}Ës pQ/bfol ah6 dlxnfsf nflu 5§}ah6 ge0{ah6sf ; j}pknlAwdf dlxnf÷k?ifsf] ; Gtlnt ; xeflutf / nfe vffg$k|qmof xf].
- n}Ës pQ/bfol ah6n]n}Ës ; dfgtfsf]glt Pj+;dli6ut cfly$ glltsf alr ; QaGw :yflkt ub5 .
- n}Ës pQ/bfol ah6 k|qmofn]dlxnf / k?ifdf ah6n]kfg[kefjsf]ljZn}f0f ug$f]; fy} ah6 th{f ubf{n}Ës klfsf]; dfofhgsf]; lglZrttf ub5 .
- n}Ës pQ/bfol ah6n]n}Ës dhkjfxLs/0fnf0{a9l cyKQf0{agfp5 .
- ljsf;sf ljleGg ; fembf/x?sf]nufglnf0{n}Ës ; dfgtfsf]kl/0ffdtkm{8fofpg n}Ës pQ/bfol ah6 pkoful xG5 .
- n}Ës pQ/bfol ah6n]n}Ës ljebsf]cGt ub}{; Gtlnt / ; dGgt ; dfh lgdfQf u/l /fHosf]nf} sNof0fsf/L cjwf/0fnf0{d't{{?k lbg ; xofu k@ofpb5 .
- n}Ës c; dfgtf ;$sf°df ;Wf/ Nof0{n}Ës dhkjfxLs/0f sfdo /fVb5 .
- n}Ës lx÷f lj?4 z6o ; xgzlntfsf]glt lng]/fHosf]sfonf0{k]efjsf/L jgfpg d2t ub5 .
- x/}$ Ifqdf dlxnfx?nf0{cfly$ cfTdlge{/tf, Ifdtf ljsf; / dlxnf clwsf/;Da9wL ; j$sf] ; /f}sf/ /xg]jftfj/0f lgdfQf ub5 .

योजना चक्रमा लैंगिक उत्तरदायी बजेट:

यहाँ,

rfYf] ljZj dlxnf ;Ddhgåf/f kfl/t a0lhË sfo{ofhgf -Beijing Platform for Action_ n] n]Ës ; dfgtf / dlxnf ;zQmls/0fsf nflu clusf/ u/]sf]!@ ; /f\$f/sf x/]\$ lfqdf kl]o\$ dh:ssf]gllt, ofhgf ; +yfut Joj:yf / sfo(qmdsf]n]Ës ljinlf0f n]vfhfYof tyf k/LIf0fsf nflu dfu[bz{g u/]sf]/ a0lhË hf8 kfr tyf a0lhË hf8 bzsf ljzif ; Ddhgn]; a}dh:ssf zf; slo k0ffnlnf0f{n]Ës b[i6n]; hbgzln / pQ/bfol agfpg cemlojl:yt kbf; cl3 a9fpg dfu[bz{g u/]5 . dlxnf lj?4 xg]; a}k\Ïsf/sf ebejg cGTo ug][dxf; lGw, !(&(-Convention on Elimination of All Forms of Discrimination against women, 1979_ n]jf:tljs / ;f/e{t n]Ës ; dfgtf, n]Ëstfdf cfwfl/t ;a}lje\$sf]cGTo Pj+n]Ës pQ/bfol Joj:yfsf]kToefel'tsf nflu /fHonf0f{sfgglf tyf g}lts ¿kdf kl[tj4 tNofPsf]5. cGt/f{fi6o >d ;+u7gn]ktkfbg u/]sf]dof{bt >d -Decent Work_ sf]l; 4fIltn]; dt cfkrfl/s Pj+cgfkrfl/s sfodf k0f{ n]Ës ; dfgtfsf nflu n]Ës ljinlf0fsf]clgjfotf kl6 kf/]sf]5 .

ol kl7el'ddf gkfndf klg n]Ës pQ/bfol ah6sf]cjwf/0ffnf0f{:jlsf/ u/l cf¦=@)^@÷^# sf] ah\$ jQmlodf n]Ës pQ/bfol ah6nf0f{; +yfut ug[pNnv eP cg¿k n]Ës pQ/bfol ah\$; ldltsf]u7g eP sf]/ cf¦=@)^\$÷^% sf]ah\$blv n]Ës pQ/bfol ah\$ nfu' ePsf]xf]. cf¦=@)^\$÷^% df klolf n]Ës pQ/bfol ah\$!!#)Ü dfq lyof]eg]cf¦=@)&(÷*) ; Dd cf0kl¦lbf

---

k|Tolf n}Ës pQ/bfol ah¿ $)@%Ü ku¿sf]b]|VÇ5 . s|h ah¿df n}Ës pQ/bfol ah¿sf]cŽ a9bf];¿kdf b]|VÇ5 . t/ o;sf]pknlÄw÷k|efj dÑofsg eg];f|t]cg?k xÇg ;s¿sf]5¿g .

n}Ës c;dgtf x6fpÇb} n}Ës ;dgtf sfod ug{ n}Ës pQ/bfol ah¿ Pp6f dxÇTjk0f{ cf|hf/ xf]tyflk of]ah¿ sfofÇjogf ljle¿g sfgÇgL÷glItut, ; ÷yfut÷;Årgfut, >f]t ;fwg / Joj;yflkslo ; d:ofsf sf/0f gÇkfndf n}Ës pQ/bfol ah¿n]ck]Ilft pknÄwL xfl;n ug{;s¿sf] cj:yf b]|vb} . n}Ës pQ/bfol ah¿ sfofÇjogf b]|VPsf ;d:ofx?nf0{;dfwg ub{of] ah¿sf]k]efjsfl/tf a9fpÇb}nhfg' cfhsf]cfjZostf xf] .

उपसंहार:

n}Ës pQ/bfol ah¿ eÇgfn]dlxnf / k?if bj¿sf cfjZostfnf0{; afÄwg ug[u/l th¿df ul/g] ah¿ eÇg]alemÇ5, hg ah¿df gllt, sfoÇdf, ah¿ tyf vr¿df n}Ës ; j¿bgzlntfnf0{; afÄwg ug[Ìkbf; ul/Psf]xÇÇ5 . n}Ës pQ/bfol ah¿ glthf pÇdV ah¿ kÑffnl xf]/ n}Ës ; dfgtfsf] glIt Pj+; dli6ut cfloÇ§ glItsfalr ; dÇjo :yflkt ug[Ìdxljk0{cf|hf/ klg xf] . o;y{ dlxnfsf nflu dfq 5§}ah¿ lgdfÑff kÇqmof xf|0g . ah¿ tyf sfoÇdsf ; a}klfnf0{n}Ës ; j¿bgzlntfsf]cfVÇfn]x|][klqmof xf]. dlxnf / k?ifsf alrdf /x¿sf]clwsf/ -Right_ lhDdÇj/l / -Responsibility_ / kl/0ffd -Result_ sf]l|je|bnf0{lj|Zn¿f0f u/l ofÄgf, ah¿ / sfoÇdx?sf] pknÄw / k|efjx?nf0{n}Ës cfVÇfn]dÑof;g u/l n}Ës ; dgtf sfod ug{oyÇ7 ?kdf ; j¿ klfn]cfkmÇgf]lhDdÇj/l k/f ug{ ug{; s¿df kl/jf/, ; dfh / /fi6sf]nflu dlxnfn]k¿ofpg]ofÇbfgdf cu¿flÇefl]dsf /xg]s/fdf sÇb0{dt xÇg]5¿g .

सन्दर्भ सामाग्रीहरू:

n}Ës pQ/bfol jh¿ th¿f lbÜbzÇg, @)^(
n}Ës pQ/bfol ah¿ :yfglos/0f /0fgllt, @)&@
kÇwf}k-rjiflÇ ofÄhgf
cfloÇ§ jif{@)&(÷*) sf]ah¿ aÇÇlo

हुलाक प्रशिक्षण केन्द्र, बबरमहल

sfp%6/ tyf 8ffs Joj:yfkg k|Zlf0f sfo§d @* cf}; q-@)&(
ldlt @)&(÷@÷!(b|V @)&(÷@÷@$ ut]; Dd

मुकामः– धनगढी कैलाली

; xefulsf]gfdfjnl

सि.न.	प्रमाणपत्र नं.	पद	कर्मचारीको नाम	कार्यालय
!	$**!	gf÷ =	lbw{fh h}l	xhfs lgb{zgfno, 8f§l
@	$**@	vl/bf/	zDe/fh cf]emf	xhfs lgb{zgfno, 8f§l
#	$**#	vl/bf/	dbg l; * 7u§gf	lhNnf xhfs sfof]no, bfr§f
$	$**$	xNsf/f	gf/fo0f bQ a8'	lhNnf xhfs sfof]no, bfr§f
%	$**%	gf÷ =	/la%b| sdf/ /fjn	lhNnf xhfs sfof]no, s§fnl
^	$**^	vl/bf/	clg; tfdf^a	lhNnf xhfs sfof]no, s§fnl
&	$**&	vl/bf/	lbkf sdf/l h}l	lhNnf xhfs sfof]no, s§fnl
*	$***	gf÷ =	; /fh kf08}	lhNnf xhfs sfof]no, s~rgk/
(	$**(	vl/bf/	lnnfw/ afx/f	lhNnf xhfs sfof]no, s~rgk/
!)	$*()	gf÷ =	k§l axfb/ wfdl	lhNnf xhfs sfof]no, c5fd
!!	$*(!	gf÷ =	5q/fh /fjdl	lhNnf xhfs sfof]no, c5fd
!@	$*(@	xhfsl	hgs axfb/ yfkf	lhNnf xhfs sfof]no, afh/f
!#	$*(#	xNsf/f	gk/fh ; ~Hofn	lhNnf xhfs sfof]no, afh/a
!$	$*($	vl/bf/	x§l/fh hfgl	lhNnf xhfs sfof]no, aem^fa
!%	$*(%	xNsf/f	ladnf aDd l; *	lhNnf xhfs sfof]no, aem^fa
!^	$*(^	vl/bf/	k§fz e§ skf8l	lhNnf xhfs sfof]no, a^}8l
!&	$*(&	gf÷ =	led l; *wfdl	lhNnf xhfs sfof]no, a^}8l
!*	$*(*	gf÷ =	lgdf{ rfwj/l	lhNnf xhfs sfof]no, 88}hw/f
!(	$*((	xNsf/f	lbks ef6	lhNnf xhfs sfof]no, 88}hw/f
@)	$())	vl/bf/	xl/ k|; fb kfb{	lhNnf xhfs sfof]no, afs]
@!	$()!	vl/bf/	zf§ef/fd yf?	lhNnf xhfs sfof]no, alb§f
@@	$()@	vl/bf/	thf/fd rfwj/l	lhNnf xhfs sfof]no, alb§a

ljZj xhfs lbj; ljzif°

हुलाक प्रशिक्षण केन्द्र, बबरमहल

cledlvs/0f tflnd sfo{md !& cf}; q-@)&(

ldlt @)&(÷)#÷)! b]jv @)&(÷)#÷)^ut];0d

मुकामः– धुलिखेल, काभ्रेपलाञ्चोक

; xefulsf] gfdfjnl

सि.न.	प्रमाण पत्र नं.	पद	कर्मचारीको नाम	कार्यालय
!	$()#	gf÷ ½	sdf/ l; ✕ nfdf	uf{j/f xhfs sfof{o, l8Nnlahf/
@	$()$	vl/bf/	u0f{z axfb{/ a:g]	uf{j/f xhfs sfof{o, l8Nnlahf/
#	$()%	vl/bf/	wd{fh zfxl	uf{j/f xhfs sfof{o, l8Nnlahf/,
$	$()^	vl/bf/	ofd aufb{/ a]s6f	uf{j/a xhfs sfof{o, l8Nnlahf/,
%	$()&	vl/bf/	/fh' >]i7	uf{j/a xhfs sfof{o, l8Nnlahf/
^	$()*	vl/bf/	lalgtf /f0f{	uf{j/a xhfs sfof{o, l8Nnlahf/
&	$()(	gf÷ ½	cf0d k]sfz tfdf^a^	lhNnf xhfs sfof{o, tfKnh^a^
*	$(!)	gf÷ ½	efmh/fh clwsf/l	lhNnf xhfs sfof{o,; fjhVl0a'
(	$(!!	gf÷ ½	; lznf uftd	lhNnf xhfs sfof{o, kfFry/
!)	$(!@	gf÷ ½	/~hg /]jldl	lhNnf xhfs sfof{o,/fd]5fk
!!	$(!#	gf÷ ½	afnsj0f l3ld/]	lhNnf xhfs sfof{o,/fd]5fk
!@	$(!$	gf÷ ½	cgk kf8ifh	lhNnf xhfs sfof{o bfhvf
!#	$(!%	gf÷ ½	l8nf/fd kf08]	lhNnf xhfs sfof{o, bfhvf
!$	$(!^	vl/b/f	lhtj]lb] sdf/ kf; jfg	lhNnf xhfs sfof{o, ; Kt/l
!%	$(!&	gf÷ ½	nfnk/f cfrfo{	lhNnf xhfs sfof{o, ; �士jf; ef
!^	$(!*	vl/bf/	czf{u /f0f{	lhNnf xhfs sfof{o, ; ✰jf; ef
!&	$(!(	vl/bf/	la00f' ltl0a; gf	lhNnf xhfs sfof{o, 0nfd
!*	$(@)	gf ; '	xl/ axfb{/ ; bf/	lhNnf xhfs sfof{o wflb^a^

ljZj xhfs lbj; ljz]ff°

हुलाक प्रशिक्षण केन्द्र, बबरमहल

मुकामः– पोखरा, कास्की

; xefuLsf] gfdfjnL

सि.न.	प्रमाण पत्र नं.	पद	कर्मचारीको नाम	कार्यालय
!	$(@!	gf÷ =	sZj kG0y	lhNnf xhfs sfof{no, ?kGbxL
@	$(@@	gf÷ =	ljdn sdf/ rfw/l	lhNnf xhfs sfof{no, ?kGbxL
#	$(@#	gf÷ =	0hf/fon cG; f/l	lhNnf xhfs sfof{no,slknj:t'
$	$(@$	gf÷ =	; lrg kf8]h	lhNnf xhfs sfof{no, tgxf
%	$(@%	gf÷ =	lji0f' k|; fb ltl0D; gf	lhNnf xhfs sfof{no, ndhª
^	$(@^	gf÷ =	cf/tl lu/l s] l=	lhNnf xhfs sfof{no, ndhª
&	$(@&	gf÷ =	jl2dfg lji6	lhNnf xhfs sfof{no,bª]v
*	$(@*	vl/bf/	cd/ axfb/ kg	lhNnf xhfs sfof{no, kjt{
(	$(@(	vl/bf/	kl ksffz s] l=	lhNnf xhfs sfof{no, /ffkf
!)	$(#)	gf÷ =	; hftf zdf{	lhNnf xhfs sfof{no, 0oflUbl
!!	$(#!	vl/bf/	gljg sdf/ ld>	lhNnf xhfs sfof{no dxf0f/l
!@	$(#@	gf÷ =	/~hg sdf/ ofbj	xhfs lgb]zgfno, 8fª
!#	$(##	vl/bf/	cffrn a/fn	xhfs lgb]zgfno,kf}/f
!$	$(#$	vl/bf/	crnf cfrfo{	xhfs lgb]zgfno,kf}/f
!%	$(#%	vl/bf/	rGb| k|; fb e08f/l	xhfs lgb]zgfno,kf}/f
!^	$(#^	vl/bf/	kltef e08f/l	lhNnf xhfs sfof{no, af/f
!&	$(#&	vl/bf/	bljl gkfnl	lhNnf xhfs sfof{no, tgxf

ljZj xhfs lbj; ljzf]ff°

हुलाक प्रशिक्षण केन्द्र, बबरमहल

g\}Ij lfdtf ljsf; tfnld sfof\$d k]yd ; q-@)&(

ldlt @)&(÷)#÷@\$b]lV @)&(÷)#÷@% ut]; Dd

मुकामः– धुलिखेल, काभ्रेपलाञ्चोक

; xefulsf]gfdfjnl

सि.नं.	प्रमाणपत्र नं.	पद	कर्मचारीको नाम	कार्यालय
!	$(#*	lgb]Zs	>l a'4l axfb'/ agdfnf	db\)f ljefu
@	$(#(	pk; lrj	OGb| k|; fb dgfnl	; ~rf/ tyf]̃gf kljlw dGqfno
#	$($)	Joj:yfks	s|0f nD; fn	lkmnf6]lns tyf xhfs l6s6 Joj:yfkg sfof]no
$	$($!	zfvf clws[t	zV/ cfrfo{	xhfs ;]jf ljefu
%	$($@	snf clws[t	k0fsnf lnDa'	xhfs ;]jf ljefu
^	$($#	zfvf clws[t	j; Gt sfsl{	uf]jf/f xhfs sfof]no
&	$($$	zfvf clws[t	8fn k|; fb cfrfo{	xhfs ;]jf ljefu
*	$($%	zfvf clws[t	z/b sdf/ bfxfn	xhfs ;]jf ljefu
(	$($^	zfvf clws[t	dgfh sdf/ /hs	xhfs ;]jf ljefu
!)	$($&	zfvf clws[t	9fn axfb'/ lh=l=	xhfs ;]jf ljefu
!!	$($*	s€=	lbks /fh kf8]n	xhfs ;]jf ljefu
!@	$($(	zfvf clws[t	nldl b{/f	s|Gbb} wgfb\}Z sfof]no
!#	$(%)	zfvf clws[t	/ldl kf8]n	uf]jf/f xhfs sfof]no
!$	$(%!	kdV xhfs clws[t	nldl bjl zdf{	uf]jf/f xhfs sfof]no
!%	$(%@	zfvf clws[t	/fZgl sfsl{	uf]jf/f xhfs sfof]no
!^	$(%#	zfvf clws[t	lj00f' bjl u}]	uf]jf/f xhfs sfof]no
!&	$(%$	zfvf clws[t	u0fZ PB}l	xhfs ;]jf ljefu
!*	$(%%	lgb]Zs	o1/fh e§	xhfs ;]jf ljefu
!(	$(%^	lgb]Zs	ljgfb] sdf/ v8\sf	xhfs ;]jf ljefu
@)	$(%&	xhfs clws[t	0fZj/ gfy ld>	lhNnf xhfs sfof]no, sfe]]
@!	$(%*	pk; lrj	dSGb| zdf{	; ~rf/ tyf]̃gf kljlw dGqfno
@@	$(%(	sfof]no kdV	/fdZj/ kf}V/]h	s|Gbb} wgfb\}Z sfof]no
@#	$(^)	; x ; lra	clgn sdf/ b0f	; ~rf/ tyf]̃gf kljlw dGqfno
@$	$(^!	dxflgb]Zs	uflnu axfb'/ xdfn	;]̃gf tyf k:f/f] ljefu
@%	$(^@	; x ; lra	pb0f/ sdf/ vql	; ~rf/ tyf]̃gf kljlw dGqfno

ljZj xhfs lbj; ljz]ff°

सि.नं.	प्रमाणपत्र नं.	पद	कर्मचारीको नाम	कार्यालय
@^	$(^#	pk; lrj	ksh eth	; ~rf/ tyf ; Jgf kljlw dGqfno
@&	$(^$	dxflgb]s	OGb'l3ld/]	xhfs ; Jf ljefu
@*	$(^%	dVo klzlfs	; latf sfsl{	xhfs klzlf0f s}b|
@(	$(^^	klzlfs	klbkdl0f zdf{rfhfuf0f	xhfs klzlf0f s}b|
#)	$(^&	klzlfs	klaqf l3ld/] vgfn	xhfs klzlf0f s}b|
#!	$(^*	klzlfs	; lht sdf/ s0f{	xhfs klzlf0f s}b|
#@	$(^(	nyvfkfn	ladnf uftd	xhfs klzlf0f s}b|
##	$(&)	gf÷ ÷	; lw/ uftd	xhfs klzlf0f s}b|
#$	$(&!	vl/bf/	/gsf 9uh	xhfs klzlf0f s}b|
#%	$(&@	zfvf clwst	ddtf sdf/l ofbj	uf÷jf/f xhfs sfofhno

हुलाक प्रशिक्षण केन्द्र, बबरमहल

sfof{no   ; ɸfng tyf Joj:yfkg klzlIf0f sfo{qmd- @)&(

ldlt @)&(÷)$÷@(ut]blv #) sfof{bg ;Dd

; xefulsf] gfdfjnl

सि.न.	प्रमाण पत्र नं.	पद	कर्मचारीको नाम	कार्यालय
!	$(&#	gf÷ɽ=	lbks /fh b]sf]6f	; ɸf/ tyf ; f·gf kljlw dГqfno, l÷xb/jf/
@	$(&$	gf÷ɽ=	j;Гt clwsf/l	xhfs ;Jf ljefu, aa/dxn
#	$(&%	vl/bf/	zDe' 8f6fh	db0f ljefu, l÷xb/jf/
$	$(&^	vl/bf/	xdɼrGb| 9sfn	uf£j/f xhfs sfof{no, l8Nnlahf/,
%	$(&&	vl/bf/	bJlgwl nfxgl	uf£j/f xhfs sfof{no, l8Nnlahf/
^	$(&*	vl/bf/	zflGt sdf/l kf8]h	uf£j/f xhfs sfof{no, l8Nnlahf/
&	$(&(	vl/bf/÷=	df¶l kl; fb k/fhhl	uf£j/f xhfs sfof{no, l8Nnlahf/
*	$(*)	vl/bf/	dɦltf e§ rfkfuf0f£	uf£j/f xhfs sfof{no, l8Nnlahf/
(	$(*!	vl/bf/	?b| axfb/ ltdl; gf	xhfs lgb]Izgfno, la/f6gu/
!)	$(*@	vl/bf/	/flhj sdf/ /flxtf	lhNnf xhfs sfof{no, ; ॻg; /l
!!	$(*#	vl/bf/	dlɦtf kfV¥h	lhNnf xhfs sfof{no dsjfgk/
!@	$(*$	vl/bf/	nfॸlॏb| yfkf	lhNnf xhfs sfof{no, h॒nf
!#	$(*%	vl/bf/	/fwf hfॾl	lhNnf xhfs sfof{no, sॻrgk¥
!$	$(*^	vl/bf/	r¥'fdl0ff e08f/l	lhNnf xhfs sfof{no, uNdl
!%	$(*&	vl/bf/	clgz tfdf॑	lhNnf xhfs sfof{no, sॿfnl
!^	$(**	vl/bf/	of¶॑ axfb/ /f0f{	lhNnf xhfs sfof{no, ; fॻVᴰa'
!&	$(*(	vl/bf/	; fॾl sdf/l uf¶Ūt	lhNnf xhfs sfof{no affs]
!*	$(()	vl/bf/	gf/fo0f >l॒7	lhNnf xhfs sfof{no, af/f
!(	$((!	vl/bf/	u? kl; fb gॠf॑	lhNnf xhfs sfof{no, wglff
@)	$((@	vl/bf/	vu॑Ūb| /fh h}l	lhNnf xhfs sfof{no, aemf॑
@!	$((#	vl/bf/	; ॒hgf a/fn	lhNnf xhfs sfof{no, eOꟵk॑k¥
@@	$(($	vl/bf/	ch॑u 9sfn	lhNnf xhfs sfof{no, vfॻf॑
@#	$((%	gf÷ɽ=	ho z॒s/ lwtfn	lhNnf xhfs sfof{no, l8Nkf

---

ljƵj xhfs lbj; ljzॻff°

हुलाक प्रशिक्षण केन्द्र, बबरमहल

sfpG6/ tyf 8ffS Joj:yfkg klzlf0f sfo(md-@)&(, @(cf}; q

ldltM @)&(÷)%÷#! ut]b]v @)&(÷)^÷)% ut]Wd

मुकामः विरगंज, पर्सा

; xeflUsf]gfdfjnL

सि न	प्र.प. नं.	पद	नाम/थर	कार्यालय
!	$((^	vl/bf/	lht0b| sdf/	lhNnf xhfs sfofno, af/f
@	$((&	vl/bf/	ljsf; jfUn]	lhNnf xhfs sfofno, af/f
#	$((*	vl/bf/	l/Gtf sdf/L	lhNnf xhfs sfofno, k; f{
$	$(((	vl/bf/	rGbg 7fs/	lhNnf xhfs sfofno, k; f{
%	%)))	vl/bf/	; lznf bjl lwdfn	lhNnf xhfs sfofno, dsjfgk/
^	%))!	xNsf/f	; lag sdf/ ly^u	lhNnf xhfs sfofno, dsjfgk/
&	%))@	vl/bf/	Hofl jfUn]	lhNnf xhfs sfofno, lrtjg
*	%))#	vl/bf/	; b{k; fb vgfn	lhNnf xhfs sfofno, lrtjg
(	%))$	gf ; '	; lgn sdf/ 7fs/	lhNnf xhfs sfofno, /f}x6
!)	%))%	vl/bf/	uf}/v jxfb/ wnfg	lhNnf xhfs sfofno, /f}x6
!!	%))^	vl/bf/	jfns0f dxtf]	lhNnf xhfs sfofno, dxf]q/L
!@	%))&	xNsf/f	; Gtffb sdf/ kf; jfg	lhNnf xhfs sfofno, dxf]q/L
!#	%))*	gf ; '	pdz sdf/ a:gt	lhNnf xhfs sfofno,; nflx
!$	%))(	xNsf/f	kdfb /fo	lhNnf xhfs sfofno, ; nflx
!%	%)!)	xhfsl	g^u sdf/L ofbj	lhNnf xhfs sfofno, l; /fx
!^	%)!!	xNsf/f	klgtf sdf/L ofbj	lhNnf xhfs sfofno, l; /fx
!&	%)!@	xNsf/f	tf/fbjl kf08]	lhNnf xhfs sfofno, pbok/
!*	%)!#	xhfsl	sNkgf cflnf	lhNnf xhfs sfofno, pbok/
!(	%)!$	xNsf/f	ls/0f yfkf du/	lhNnf xhfs sfofno, /fd5fk
@)	%)!%	xNsf/f	bjsl sfsl{v8sf	lhNnf xhfs sfofno, l; Gwhl

ljZj xhfs lbj; ljzf}ff°

हुलाक कार्यालयहरूको फोन नं र इमेल

सि.न.	बिवरण	फोन नम्बर	इमेल
!	lhNnf xhfs sfoÍno, tfKnÍh^a	)@$-$^)!@#	dpo.taplejung@yahoo.com
@	lhNnf xhfs sfoÍno, kfÍry/	)@$-%@@!)$	panchthardpo@gmail.com
#	lhNnf xhfs sfoÍno, 0Íhfd	)@&-%@))%	ilamjillahulak@gmail.com
$	lhNnf xhfs sfoÍno, emÍfkf	)@#-$%%&&(	districtpostofficejhapa@gmail.com,
%	xhfs lgbÍzgfno, la/f6gu/,df]^a	)@!-%!@^^%)@!-%!$&()	birathulak123@gmail.com
^	lhNnf xhfs sfoÍno, ; Íg; /l	)@%-%@)!))	sunsaripostoffice@gmail.com
&	lhNnf xhfs sfoÍno, wgsÍf	)@^-%@@!%*)@^-%@@^#@	dktdpo@gmail.com
*	lhNnf xhfs sfoÍno, ; Íjf; ef	)@(-%^)!%@	districtpostkhandbari@yahoo.com
(	lhNnf xhfs sfoÍno, efÍhk/	)@(-$@)!!^	bhojpurhulak01@gmail.com
!)	lhNnf xhfs sfoÍno, tÍkyd	)@^-$^)!@$	dpotehrathum@gmail.com
!!	lhNnf xhfs sfoÍno, pbok/	)#%-$@@!#(	hulakudayapur@gmail.com
!@	lhNnf xhfs sfoÍno, cfÍyn9Ëf	)#&-%@)!!#	okhl.dpo@gmail.com
!#	lhNnf xhfs sfoÍno, ; Ít/l	)#!-%@))^&	saptarihulak185@gmail.com
!$	lhNnf xhfs sfoÍno, l; /fxf	)##-%@))!*	sirahahulak@gmail.com
!%	lhNnf xhfs sfoÍno, ; fÍhVÍa'	)#*-%@)$@(	postoffice.solukhumbu@gmail.com
!^	lhNnf xhfs sfoÍno, vfÍ6f^a	)#^-$@)!)(	postofficekhotang@gmail.com
!&	lhNnf xhfs sfoÍno, /fdÍ5fk	)$*-%$))#%	ramechhaphulak@gmail.com
!*	lhNnf xhfs sfoÍno, ; nfÍkl	)$^-%@)!^!	dposarlahi046520161@gmail.com
!(	lhNnf xhfs sfoÍno, l; ÍGwhl	)$&-%@)!@!	dposindhuli121@gmail.com
@)	lhNnf xhfs sfoÍno, wgÍfff	)$!-$@)!^@	dhanushapost@gmail.com
@!	lhNnf xhfs sfoÍno, dxfÍ0/l	)$$-%@))$)	postofficemahottari@gmail.com
@@	lhNnf xhfs sfoÍno, bfÍhvf	)$(-$@!!*)	dolakhapostoffice45500@gmail.com
@#	lhNnf xhfs sfoÍno, lrtjg	)%^-%($#^!)%^-%(%%#)	chitwan.postoffice@gmail.com
@$	lhNnf xhfs sfoÍno, af/f	)%#-%%))$%	barahulak@gmail.com
@%	lhNnf xhfs sfoÍno, k; f{	)%!-%@#@%(	posto.parsa@gmail.com
@^	lhNnf xhfs sfoÍno, dsjfgk/	)%&-%@)###)%&-%@!&#@	dpo.makwanpoor@gmail.com
@&	lhNnf xhfs sfoÍno, /fÍtx6	)%%-%@)!&$	dporautahat7@gmail.com
@*	lhNnf xhfs sfoÍno, /; Íjf	)!)-%$)!$%	postoffice45000@gmail.com
@(	lhNnf xhfs sfoÍno, gjfsfÍt	)!)-%^))(%	npobidur@gmail.com

ljZj xhfs lbj; ljzÍff°

सि.न.	बिवरण	फोन नम्बर	इमेल
#)	lhNnf xhfs sfof{no, wflb^a	)!)-%@)!!$	dpodhading123@gmail.com
#!	lhNnf xhfs sfof{no, l; GwkfNrf{	)!!-^@)!!^	dposindhu@gmail.com
#@	lhNnf xhfs sfof{no, sfe|knf~rf{	)!!-$()!&)	dpokavre11@gmail.com
##	lhNnf xhfs sfof{no, nlntk/	)!-%%@@!#$	postofficeltp@gmail.com
#$	lhNnf xhfs sfof{no, eQmk/	)!-^^!$!%#	dpobkt@gmail.com
#%	uf7jf/f xhfs sfof{no, l8Nnlahf/, sf7df8f}+	)!-$$$#()( )!-$$@(!@$	administration@gpo.gov.np
#^	xhfs lgb{zgfno, kf\/f,sf:sl	)^!-$%^^%))^!-$^%@#%	hulakpaschimanchal@gmail.com
#&	lhNnf xhfs sfof{no, :of^ahf	)^#-$@$!)#)^#-$@$%#)	syangjapostoffice@gmail.com
#*	lhNnf xhfs sfof{no, ndh^a	)^^-%@)!!#	postlamjung@gmail.com
#(	lhNnf xhfs sfof{no, uf\/vf	)^$-$@)!!@	postofficegorkha@gmail.com
$)	lhNnf xhfs sfof{no, dgf^a	)^^-$$)@#%	dpomanang@gmail.com
$!	lhNnf xhfs sfof{no, tgxF	)^%-%^#!!#	tanahunhulak@gmail.com
$@	lhNnf xhfs sfof{no, d':tf^a	)^(-$$))@@	dpomustang2@gmail.com
$#	lhNnf xhfs sfof{no, Dof Ubl	)^(-%@)@@@	districtpostoffice33200@gmail.com
$$	lhNnf xhfs sfof{no, aflUn^a	)^*-%@)!%(	baglung.dpo@gmail.com
$%	lhNnf xhfs sfof{no, kj{t	)^&-$@)!)*	info.parbatpost@gmail.com
$^	lhNnf xhfs sfof{no, c3f\vflrl	)&&-$@)!)*	dpoarg077@gmail.com
$&	lhNnf xhfs sfof{no, uNdl	)&(-%@)!*@	dpostgulmi@gmail.com
$*	lhNnf xhfs sfof{no, kfNkf	)&%-%@)!$^	dpostpalpa@gmail.com
$(	lhNnf xhfs sfof{no, gjnk/f;l	)&*-%@)!)#!)&*-%@)!$!	dpost.parasi@gmail.com
%)	lhNnf xhfs sfof{no, slknast'	)&^-%^)!(#	nepal.dpo.kapilvastu@gmail.com
%!	lhNnf xhfs sfof{no, ?kGbxl	)&!-%&)!^(	dporup.32900@gmail.com
%@	lhNnf xhfs sfof{no, ?sd	)**-%#)!@#	postalofficerukum@gmail.com
%#	lhNnf xhfs sfof{no, /f\lkf	)*^-$$)!@$	dporolpaa@gmail.com
%$	lhNnf xhfs sfof{no, Do7fg	)*^-$@)))^	pyuthandpo@gmail.com
%%	lhNnf xhfs sfof{no, ; Nofg	)**-%@))!!	dposln11@gmail.com
%^	lhNnf xhfs sfof{no, bf^a	)*@-%^))@$	dpodang22400@gmail.com
%&	xhfs lgb{zgfno, ; \vt	)*#-%@)!&%)*#-%@##()	postaldtr234@gmail.com
%*	lhNnf xhfs sfof{no, bjn\	)*(-$@)%*$	dpo.dailekh089420149@gmail.com
%(	lhNnf xhfs sfof{no, hfh/sf\	)*(-$#))*#)*(-$#)@@^	dpojkt@gmail.com

सि.न.	बिवरण	फोन नम्बर	इमेल
^)	lhNnf xhfs sfof]no, alb{of	)*$-$@)!!*	dpobardiya118@gmail.com
^!	lhNnf xhfs sfof]no, afÍs]	)*!-%@)@%#	dpobanke123@gmail.com
^@	lhNnf xhfs sfof]no, x}nf	)*&-^*))!^	bishnubudha@gmail.com
^#	lhNnf xhfs sfof]no, h}nf	)*&-%@))@^	postofficejumla026@gmail.com
^$	lhNnf xhfs sfof]no, dU'	)*&-$^))$%	dpomugu1935@gmail.com
^%	lhNnf xhfs sfof]no, 8f]Nkf	)*&-%%))&%	dpo550075@gmail.com
^^	lhNnf xhfs sfof]no, sflnsf]6	)*&-$$)!)(	dpo.kalikot72@gmail.com
^&	lhNnf xhfs sfof]no, aemfª	)(@-$@!)%@	jihuka.bajhang@gmail.com
^*	lhNnf xhfs sfof]no, afh'/f	)(&-%$!)$^	bajuradpo@gmail.com
^(	xhfs lgb]{zgfno, 8f]6l	)($-$$)!$(	fwrpddipayalpost@gmail.com
&)	lhNnf xhfs sfof]no, c5fd	)(&-^@)!^(	dpoachham5@gmail.com
&!	lhNnf xhfs sfof]no, s}nfnl	)(!-%@!!%@	dpokailali2071@gmail.com
&@	lhNnf xhfs sfof]no, bfrh'nf	)(#-$@)!@)	dpodarchula518@gmail.com
&#	lhNnf xhfs sfof]no, j}t8l	)(%-%@)!#*	baitadipost138@gmail.com
&$	lhNnf xhfs sfof]no, 88]Nw'/f	)(^-$@)!$!	ddlhulak@gmail.com
&%	lhNnf xhfs sfof]no, s~rgk'/	}{(-%@!@$^ }{(-%@)&&(	dpokanchanpur10400@yahoo.com
&^	s}lbb wgfb]z sfof]no, aa/dxn	)!-%#@&%$@)!-%#@()!^	dhanadeshnp@gmail.com
&&	uf}jif/f xhfs sfof]no, k}zf; g zfvf	)!-$$!@(@$)!-$$#@*(!	generalpostofficenepal01@gmail.com
&*	lkmnf6f]lns tyf xhfs l6s6 Joj:yfkg sfof]no, aa/dxn	)!-$@!$!*(%	ticket.mgmt12@gmail.com
&(	lkmnf6f]lns tyf xhfs l6s6 Joj:yfkg sfof]no, l8Nnlahf/	)!-%&!#*@@)!-$@$^%%#	ppsmoworkshopnepal@gmail.com
*)	xhfs k|lzlIf0f s]Gb|, aa/dxn	)!-$@^@&&))!-$@^@%&( )!-$@^#!!@	hulakprashikshan@gmail.com
*!	xhfs ;]jf ljefu aa/dxn		hulaksewabivag013@gmail.com
*@	xhfs ;]jf ljefu -k|zf;g zfvf_ aa/dxn	)!-%#@$!!^	admin@postalservice.gov.np
*#	xhfs ;]jf ljefu -k|zf;g zfvf_ aa/dxn	)!-%#@$!!&	Nepalpost.hulak@gmail.com
*$	xhfs ;]jf ljefu -of]hgf zfvf_ aa/dxn		psdyojana@gmail.com